

Unit I: Community Mental Health– Scope, concepts and perspectives; Historical Overview of CMH world over and in India; Relevance of CMHS in India, Traditional systems and mental health care in India. Mental disorders in primary health care. Mental health of women, maternity workers, Children and adolescents- school going and out of school, mental health needs of elderly, Special groups-refugees, disaster affected populations, Suicide and attempted suicide, Public mental health education , role of different stakeholders in public health delivery system.

Unit II: Concepts of Rurality, Rural Poverty, Rural Health and Mental Health- Rural health problems and concerns: common communicable and non-communicable diseases; common mental disorders. Urban mental health- functions, policies and programmes. Prevention of mental disorders, Promotion of mental health, International developments in mental health care , Inter-sectoral Collaboration , Role of Non-Governmental Organisations, Challenges for mental healthcare in India. Role of Social Workers in Community Mental Health.

Unit II: Patients Rights and Medical Ethics- Salient features of Consumer Protection Act and Medical Profession 1986, The Medical Termination of Pregnancy Amendment Act, 2002, The Prenatal Diagnostic Techniques (Regulation and Prevention of Misuse) Amendment Act, 2002 The Maternity Benefit Act, 1961: The Narcotics Drugs and Psychotropic Substances (Amendment) Act, 2001: The Transplantation of Human Organs Act, 1994; Drugs and Cosmetics Act, 1940; The Prevention of Food Adulteration Act, 1954. **National Mental Health Program (1982)**- Draft mental health bill (2010) and Legislations in MH impacting CMH – MHA, 1987, PWDA, 1995 & CRPD, 2007 (brief mention of NT Act, RCI etc), NMHP, DMHP, Quality Assurance in mental health care 2000, National Health Policy 2002, The Mental Health Act, 1987, Rights of Persons with Disability Act, 2011.

Unit III: Concepts of Marginalization and Human Rights- Physical health, development and inequality; understanding structural inequalities on physical health services, Rural health problems and concerns: common communicable and non-communicable diseases; common physical disorders, Prevention of physical disorders, Promotion of physical health, International developments in physical health care, Inter-sectoral Collaboration, Role of Non-Governmental Organizations.

Unit IV: Community Mental Health Models in India – Moving beyond the Institutional Model of service delivery, CMH practice integrated with the public health system, Voluntary Sector involvement in CMH programmes, community based rehabilitation models of mental health care.

Unit V: Community Mental Health Program Management and Evaluation - Innovative practice in community mental health - models from other countries. **Community care and extension programmes**- community based programmes and policies, Innovative practice in community health, Effective models in general health. Critical aspects of the health care policies and programmes. Case studies and best practices of physical health care in the country.

Text Books/ References:

1. Agarwal, S.P., Goel, D.S., Ichhpujani, R.L., Salhan, R.N., Shrivatsava, S. (2004). *Mental Health- An Indian perspective(1946-2003)*, Directorate General of Health Services, Ministry of Health and Family Welfare, New Delhi.
2. Chandrashekar,C.R.,Issac, M.K., Kapur, R.L., Parthasarathy, R. (1981). Management of priority mental disorders in the community, *Indian Journal of Psychiatry*. 23: 174-178.
3. Chatterjee,S.,Patel,V.,Chatterjee,A.,Weiss,H.A. (2003). Evaluation of a community based rehabilitation model for chronic schizophrenia in India, *British Journal of Psychiatry*,. 182:57-62.
4. Director General of Health Services: *National Mental Health Programme for India*. New Delhi, Ministry of Health and Family Welfare, 1982.
5. Parthasarathy,R. Chandrasekar,C.R., Issac,M.K. and Prema,T.P. (1981).A profile of the follow-up of the rural mentally ill ,*Indian Journal of Psychiatry*, 23:139-141.
6. Patel, V., Thara, R.(Eds). (2003). *Meeting mental health needs in developing countries: NGO innovations in India*, Sage(India), New Delhi.
7. Ranganathan, S. (1966). *The Empowered Community: a paradigm shift in the treatment of Alcoholism*. TTR Clinical Research Foundation, Madras.