

Amrita Vishwa Vidyapeetham, Coimbatore
NSS ACTIVITIES REPORT UNIT III

Reports

1. NSS Activities Consolidated Report (2018-2019)

1.1 Regular Activity

Unit Number:III

S.No.	Date	Place of work	Details of works	Hours		Total Hours	Remarks
				From	To		
1	4-12-2018 9-03-2019	COIMBATORE CMCH HOSPITAL	ASHWIN MAHARAJ FOUNDATION HEALTH MIX DISTRIBUTION	9 AM	1 PM	4	Distributing the health mix powder to the cancer patients and educated them on the benefits of taking the health mix
2	2-11-18 30-11-18 04-01-19	COIMBATORE CMCH HOSPITAL	ASHWIN MAHARAJ FOUNDATION MUSIC THERAPY	4 PM	7 PM	3	Conducted the music therapy sessions for the cancer patients
3	12-07-18 26-08-18 16-08-18 27-12-18 30-08-19	ETTIMADAI VILLAGE	TEACHING GOVERNMENT SCHOOL CHILDREN	4 PM	7 PM	3	The children of ettimadai are taught the basics of life, health, hygiene and all school subjects of different classes.
4	21-06-18	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	INTERNATIONAL YOGA DAY	4 PM	6 PM	2	Students were encouraged and educated about the benefits of doing yoga on a regular basis

NSS UNIT III

5	22-06-18	ETTIMADAI VILLAGE	PLANTING THE SAPLINGS	4 PM	7 PM	3	Collected and planted tree saplings at Madha colony Ettimadai Coimbatore
6	19,20,21-07-19	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	KNOW YOUR SELF	4 PM	6 PM	2	Event by SPARK and NSS which inspired the students about the purpose of the life
7	21 - 08 - 18	AMRITA VISHWA VIDYAPEETHAM COIMBATORE And PALAKKAD	KERALA FLOOD RELIEF	4 PM	6 PM	2	NSS students have joined together and packed necessary general good for the Kerala victims which were provided by the college
8	14 -10 -18	GOVERNMENT SCHOOL, ETTIMADAI	PAINTING THE WALLS OF ETTIMADAI GOVT.SCHOOL	9 AM	6 PM	9	Painted and written quotes of great leaders in the walls of ettimadai government school and done Swachh Bharat
9	12-12-18	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	NATIONAL INTEGRITY MOVEMENT	4 PM	6PM	2	NSS volunteers have participated in a rally shouting the slogans of great leaders which motivates one's mind to national integrity
10	13-12-18 17-12-18	AMRITA VISHWA VIDYAPEETHAM	CONCENTRATION TECHNIQUES	4 PM	6 PM	4	Concentration methods were taught by the spark coordinator
11	26 -02 -19	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	NSS ORIENTATON FOR FIRST YEARS AND AMF CERTIFICATE DISTRIBUTION	4 PM	6 PM	2	All the newly joined first year students have been given a brief about the aspirations and motives of NSS and AMF Certificates are distributed for their noble service for distributing health mis and singing for cancer patients.

NSS UNIT III

12	02-03-19 17-03-19	KULANDAİKAL KUDUMBAM, OLD AGE HOMES COIMBATORE	CLOTH COLLECTION FOR OLDAGE HOME	4 PM	8 PM	4	Clothes are collected from all the hostels of the college and from the faculty quarters and distributed in the coimbatoreold age home and kulandaikalkudumbam
13	21-03-19	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	MOTIVATIONAL TALK	4 PM	6 PM	2	DR.Prakashgovindanalumini of MIT has inspired the young and bright engineers of amrita through his experiences

Signature of Programme Officer

(Dr D.Venkataraman)



2.1.2 Regular Activity 2 (UNIT – III)

S.No.	Date	Place of work	Details of works	Hours		Total Hours	Remarks
				From	To		
2	2-11-18 30-11-18 04-01-19	COIMBATORE CMCH HOSPITAL	ASHWIN MAHARAJ FOUNDATION MUSIC THERAPY	4 PM	7 PM	3	Conducted the music therapy sessions for the cancer patients
Proof							

Photo 1



Photo 2



Performing Music for cancer patients at Government Hospital Coimbatore

2.1.3 Regular Activity 3 (UNIT – III)


S.No.	Date	Place of work	Details of works	Hours		Total Hours	Remarks
				From	To		
3	12-07-18 26-08-18 16-08-18 27-12-18 30-08-19	ETTIMADAI VILLAGE	TEACHING GOVERNMENT SCHOOL CHILDREN	4 PM	7 PM	3	The children of ettimadai are taught the basics of life, health, hygiene and all school subjects of different classes.
Proof							
Photo 1							

Photo 2



Photo 3



Teaching for Government School children at ettimadai village

Photo 4



Photo 5



Photo 6



2.1.4 Regular Activity 4 (UNIT – III)


S.No.	Date	Place of work	Details of works	Hours		Total Hours	Remarks
				From	To		
4	21-06-18	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	INTERNATIONAL YOGA DAY	4 PM	6 PM	2	Students were encouraged and educated about the benefits of doing yoga on a regular basis
Proof							
Photo 1							
				Group photo of the students who took part on International day of Yoga			

Photo 2



Photo 3



2.1.5 Regular Activity 5 (UNIT – III)

S.No.	Date	Place of work	Details of works	Hours		Total Hours	Remarks
				From	To		
5	22-06-18	ETTIMADAI VILLAGE	PLANTING THE SAPLINGS	4 PM	7 PM	3	Collected and planted tree saplings at Madha colony Ettimadai, Coimbatore.



Photo 1

Tree planting at Ettimadai village

Photo 2





Photo 3



Photo 4

2.1.6 Regular Activity 6 (UNIT – III)


S.No.	Date	Place of work	Details of works	Hours		Total Hours	Remarks
				From	To		
6	19,20,21-07-19	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	KNOW YOUR SELF	4 PM	6 PM	6	Event by SPARK and NSS which inspired the students about the purpose of the life
Proof							
Photo 1							



Photo 2

Talk by Mr Raghu spark Coordinator on the topic” know yourself”

2.1.7 Regular Activity 7 (UNIT – III)

S.No.	Date	Place of work	Details of works	Hours		Total Hours	Remarks
				From	To		
7	21 - 08 - 18	AMRITA VISHWA VIDYAPEETHAM COIMBATORE And PALAKKAD	KERALA FLOOD RELIEF	4 PM	6 PM	2	NSS students have joined together and packed necessary general good for the Kerala victims which were provided by the college



Photo 1



Photo 2



Photo 3

2.1.8 Regular Activity 8 (UNIT – III)

S.No.	Date	Place of work	Details of works	Hours		Total Hours	Remarks
				From	To		
8	14 -10 -18	GOVERNMENT SCHOOL, ETTIMADAI	PAINTING THE WALLS OF ETTIMADAI GOVT.SCHOOL	9 AM	6 PM	9	Painted and written quotes of great leaders in the walls of ettimadai government school and done Swachh Bharat



Photo 1

Group photo who took part in wall painting

Photo 2

Tree planting



Photo 3



Drawing and writing our national leaders quotes



Photo 4



Photo 5

2.1.9 Regular Activity 9 (UNIT – III)


S.No.	Date	Place of work	Details of works	Hours		Total Hours	Remarks
				From	To		
9	12-12-18	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	NATIONAL INTEGRITY MOVEMENT	4 PM	6 PM	2	NSS volunteers have participated in a rally shouting the slogans of great leaders which motivates one's mind to national integrity
Photo 1							
				rally shouting the slogans to promote national integrity			

Photo 2



Photo 3



2.1.10 Regular Activity 10 (UNIT – III)

S.No.	Date	Place of work	Details of works	Hours		Total Hours	Remarks
				From	To		
10	13-12-18 17-12-18	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	CONCENTRATION TECHNIQUES	4 PM	6 PM	4	Concentration methods were taught by the spark coordinator

Photo 1



Spark coordinators talking about concentration techniques

Photo 2



2.1.11 Regular Activity 11 (UNIT – III)

S.No.	Date	Place of work	Details of works	Hours		Total Hours	Remarks
				From	To		

11	26 -02 -19	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	NSS ORIENTATON FOR FIRST YEARS AND AMF CERTIFICATE	4 PM	6 PM	2	All the newly joined first year students have been given a brief about the aspirations and motives of NSS and AMF Certificates are distributed for their noble service for distributing health mis and singing for cancer patients.
----	------------	--	---	------	------	---	---

Photo 1



First year Orientation and AMF Certificate distribution

Photo 2



Photo 3



Photo 4



2.1.12 Regular Activity 12 (UNIT – III)

S.No.	Date	Place of work	Details of works	Hours		Total Hours	Remarks
				From	To		
12	02-03-19 17-03-19	KULANDAICAL KUDUMBAM, OLD AGE HOMES COIMBATORE	CLOTH COLLECTION FOR OLDAGE HOME	4 PM	8 PM	4	Clothes are collected from all the hostels of the college and from the faculty quarters and distributed in the coimbatore old age home and kulandaikalkudumbam



Photo 1

Some of the Collected Clothes



Photo 2

During Segregation



Photo 3

After Segregating the clothes



Photo 4

During the visit to old age home



Photo 5

2.1.13 Regular Activity 13

S.No.	Date	Place of work	Details of works	Hours		Total Hours	Remarks
				From	To		
13	21-03-19	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	MOTIVATIONAL TALK	4 PM	6 PM	2	DR.Prakashgovindanalumini of MIT has inspired the young and bright engineers of amrita through his experiences



Photo 1

DrPrakeshGovindan – MIT Alumnus



Photo 2

Photo 3



Photo 4

