Amrita Vishwa Vidyapeetham, Coimbatore NSS ACTIVITIES REPORT UNIT III

Reports

1. NSS Activities Consolidated Report (2018-2019)

1.1 Regular Activity

Unit Number:III

S.No.	Date	Place of work	Details of works	Ηοι	irs	Total	Remarks
				From	То	Hours	
1	4-12-2018 9-03-2019	COIMBATORE CMCH HOSPITAL	ASHWIN MAHARAJ FOUNDATION HEALTH MIX DISTRIBUTION	9 AM	1 PM	4	Distributing the health mix powder to the cancer patients and educated them on the benefits of taking the health mix
2	2-11-18 30-11-18 04-01-19	COIMBATORE CMCH HOSPITAL	ASHWIN MAHARAJ FOUNDATION MUSIC THERAPY	4 PM	7 PM	3	Conducted the music therapy sessions for the cancer patients
3	12-07-18 26-08-18 16-08-18 27-12-18 30-08-19	ETTIMADAI VILLAGE	TEACHING GOVERNMENT SCHOOL CHILDREN	4 PM	7 PM	3	The children of ettimadai are taught the basics of life, health, hygiene and all school subjects of different classes.
4	21-06-18	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	INTERNATIONAL YOGA DAY	4 PM	6 PM	2	Students were encouraged and educated about the benefits of doing yoga on a regular basis

5	22-06-18	ETTIMADAI	PLANTING THE	4 PM	7 PM	3	Collected and planted tree saplings at
		VILLAGE	SAPLINGS				Madha colony Ettimadai Coimbatore
6	19,20,21-	AMRITA VISHWA	KNOW YOUR SELF	4 PM	6 PM	2	Event by SPARK and NSS which
	07-19	VIDYAPEETHAM					inspired the students about the purpose of
		COIMBATORE					the life
7	21 - 08 - 18	AMRITA VISHWA	KERALA FLOOD	4 PM	6 PM	2	NSS students have joined together and
		VIDYAPEETHAM	RELIEF				packed necessary general good for the
		COIMBATORE And					Kerala victims which were provided by
		PALAKKAD					the college
8	14 -10 -18	GOVERNMENT	PAINTING THE	9 AM	6 PM	9	Painted and written quotes of great leaders
		SCHOOL,	WALLS OF				in the walls of ettimadai government
		ETTIMADAI	ETTIMADAI				school and done Swachh Bharat
			GOVT.SCHOOL				
9	12-12-18	AMRITA VISHWA	NATIONAL	4 PM	6PM	2	NSS volunteers have participated in a
		VIDYAPEETHAM	INTEGRITY				rally shouting the slogans of great leaders
		COIMBATORE	MOVEMENT				which motivates one's mind to national
							integrity
10	13-12-18	AMRITA VISHWA	CONCENTRATION	4 PM	6 PM	4	Concentration methods were taught by the
	17-12-18	VIDYAPEETHAM	TECHNIQUES				spark coordinator
11	26 -02 -19	AMRITA VISHWA	NSS ORIENTATON	4 PM	6 PM	2	All the newly joined first year students
		VIDYAPEETHAM	FOR FIRST YEARS				have been given a brief about the
		COIMBATORE	AND AMF				aspirations and motives of NSS and AMF
			CERTIFICATE				Certificates are distributed for their noble
			DISTRIBUTION				service for distributing health mis and
							singing for cancer patients.

12	02-03-19	KULANDAIKAL	CLOTH	4 PM	8 PM	4	Clothes are collected from all the hostels
	17-03-19	KUDUMBAM, OLD	COLLECTION FOR				of the college and from the faculty
		AGE HOMES	OLDAGE HOME				quarters and distributed in the
		COIMBATORE					coimbatoreold age home and
							kulandaikalkudumbam
13	21-03-19	AMRITA VISHWA	MOTIVATIONAL	4 PM	6 PM	2	DR.Prakashgovindanalumini of MIT has
		VIDYAPEETHAM	TALK				inspired the young and bright engineers of
		COIMBATORE					amrita through his experiences

Signature of Programme Officer

(Dr <u>D.Venkataraman)</u>

2. Detailed Report (UNIT – III) 2.1.1 Regular Activity 1

	Date	Place of work	Details of works	H	ours	Total Hours	Remarks
S.No.	Duit	Thee of work	Details of works	From	То		Kennar KS
1	4-12-2018	COIMBATORE	ASHWIN	9 AM	1 PM	4	Distributing
	9-03-2019	CMCH HOSPITAL	MAHARAJ				the health mix
			FOUNDATION				powder to the
			HEALTH MIX				cancer patients
			DISTRIBUTION				and educated
							them on the
							benefits of
							taking the
							health mix
Proof			I	1	1	1	



2.1.2 Regular Activity 2 (UNIT – III)

S.No.	Date	Place of work	Details of works	Н	ours	Total	Remarks
5.110.	Date			From	То	Hours	Kennar KS
2	2-11-18	COIMBATORE	ASHWIN MAHARAJ	4 PM	7 PM	3	Conducted the
	30-11-18	CMCH HOSPITAL	FOUNDATION				music therapy
	04-01-19		MUSIC THERAPY				sessions for the
							cancer patients
Proof		1	1	1	1	1	



Performing Music for cancer patients at Government Hospital Coimbatore

2.1.3 Regular Activity 3 (UNIT – III)

S.No.	Date	Place of work	Details of works	Hours	Total	Remarks	
5.110.	Date	I face of work	Details of works	From	То	Hours	Kennai KS
3	12-07-18	ETTIMADAI	TEACHING	4 PM	7 PM	3	The children of
	26-08-18	VILLAGE	GOVERNMENT				ettimadai are taught
	16-08-18		SCHOOL CHILDREN				the basics of life,
	27-12-18						health, hygiene and
	30-08-19						all school subjects
							of different classes.
					Nation	NSS al Service S Colmbatore Camps	Scheme
Photo 1							

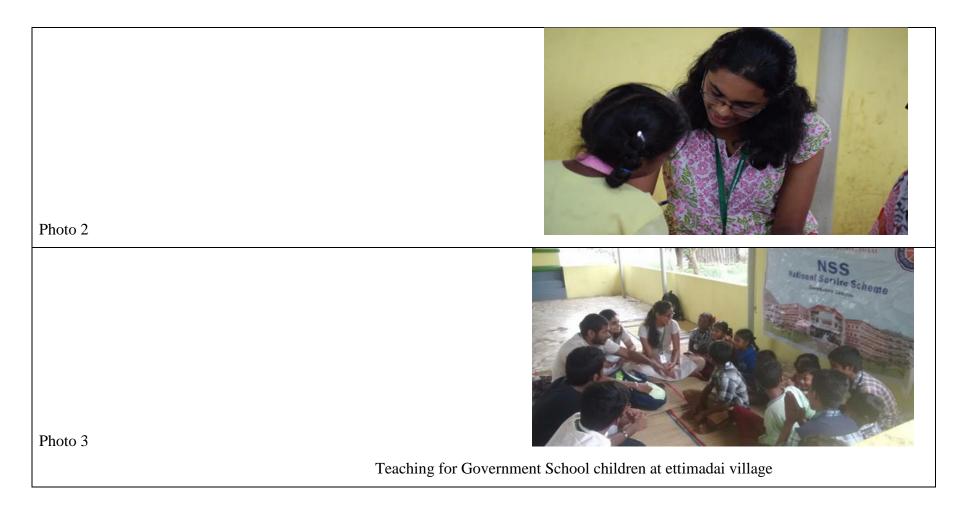
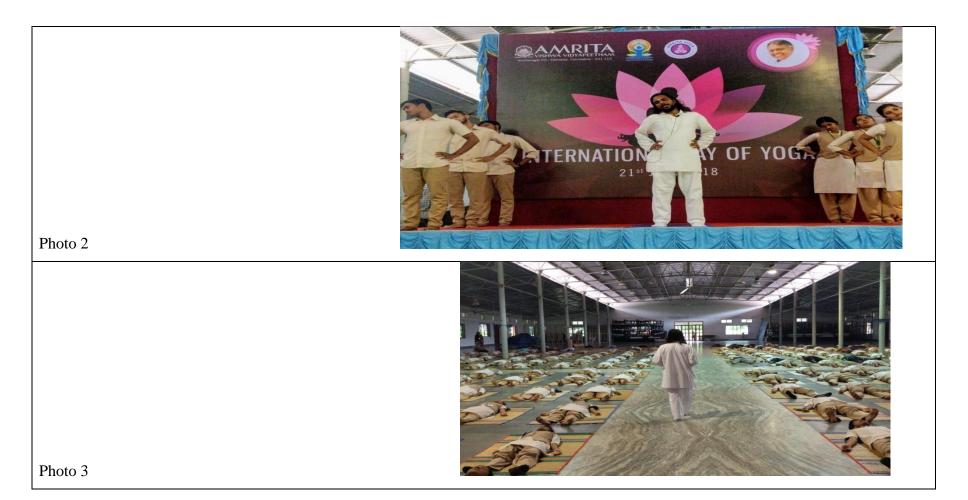


Photo 4	
Photo 5	



2.1.4 Regular Activity 4 (UNIT – III)

S.No.	Date	Place of work	Details of works		Hours Tot		Remarks	
5.110.	Date	r lace of work	Details of works	From	То	Hours	i i i i i i i i i i i i i i i i i i i	
4	21-06-18	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	INTERNATIONAL YOGA DAY	4 PM	6 PM	2	Students were encouraged and educated about the benefits of doing yoga on a regular basis	
Proof								
Photo 1								
			Group photo of	the studen	ts who took pa	art on Internati	onal day of Yoga	



2.1.5 Regular Activity 5 (UNIT – III)

S.No.	Date	Place of work	Details of works	H	lours	Total	Remarks
5.110.	Date	Trace of work	Details of works	From	То	Hours	Kennar K5
5	22-06-18	ETTIMADAI	PLANTING THE	4 PM	7 PM	3	Collected and planted
		VILLAGE	SAPLINGS				tree saplings at Madha
							colony Ettimadai,
							Coimbatore.
Photo 1					Tree pla	nting at Ettim	adai village







2.1.6 Regular Activity 6 (UNIT – III)

S.No.	Date 19,20,21-07-19	AMRITA VISHWA	Details of works	From	То	Hours	Remarks
6	19,20,21-07-19	AMRITA VISHWA					
			KNOW YOUR SELF	4 PM	6 PM	6	Event by SPARK and
		VIDYAPEETHAM					NSS which inspired the
		COIMBATORE					students about the
							purpose of the life
Proof					I		
			Control of the second s	CHEME			



2.1.7 Regular Activity 7 (UNIT – III)

				H	ours	Total	
S.No.	Date	Place of work	Details of works	From	То	Hours	Remarks
7	21 - 08 - 18	AMRITA VISHWA	KERALA FLOOD RELIEF	4 PM	6 PM	2	NSS students have
		VIDYAPEETHAM					joined together and
		COIMBATORE And					packed necessary
		PALAKKAD					general good for the
							Kerala victims which
							were provided by the
							college





2.1.8 Regular Activity 8 (UNIT – III)

				I	Iours	Total	
S.No.	Date	Place of work	Details of works	From	То	Hours	Remarks
8	14 -10 -18	GOVERNMENT SCHOOL, ETTIMADAI	PAINTING THE WALLS OF ETTIMADAI GOVT.SCHOOL	9 AM	6 PM	9	Painted and written quotes of great leaders in the walls of ettimadai government school and done Swachh Bharat
	Argenerererererererererererererererererer						







2.1.9 Regular Activity 9 (UNIT – III)

				Н	lours		Remarks
S.No.	Date	Place of work	Details of works	From	То	Total Hours	
9	12-12-18	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	NATIONAL INTEGRITY MOVEMENT	4 PM	6 PM	2	NSS volunteers have participated in a rally shouting the slogans of great leaders which motivates one's mind to national integrity
Photo 1						MAIN	RITA NUVARPEEHAM V BALLY Y V BALY Y V BALLY Y V BALLY Y V BALLY Y V BALLY Y V BALLY Y V BALLY Y
				rally shouting t	the slogans to pron	note national	integrity



2.1.10 Regular Activity 10 (UNIT – III)

S.No.	Date	Place of work	Details of works	Hours		Total	Remarks		
				From	То	Hours			
10	13-12-18 17-12-18	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	CONCENTRATION TECHNIQUES	4 PM	6 PM	4	Concentration methods were taught by the spark coordinator		
Photo 1									



2.1.11 Regular Activity 11 (UNIT – III)

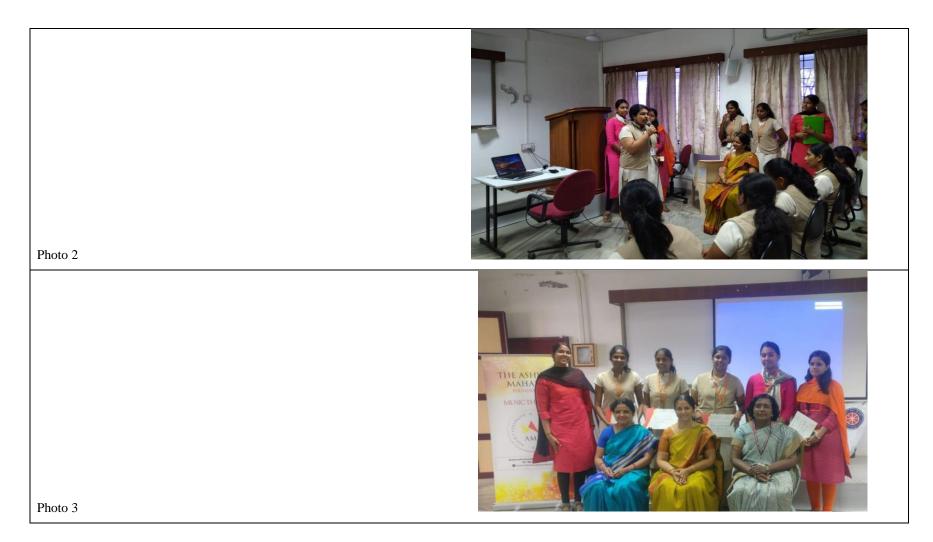
S.No.	Date	Place of work	Details of works	Hours		Total	Remarks
0.110	Duit			From	То	Hours	

11	26 -02 -19	AMRITA	NSS	4 PM	6 PM	2	All the newly joined first year students have been
		VISHWA	ORIENTATON				given a brief about the aspirations and motives of
		VIDYAPEETHAM	FOR FIRST				NSS and AMF Certificates are distributed for their
		COIMBATORE	YEARS AND				noble service for distributing health mis and singing
			AMF				for cancer patients.
			CERTIFICATE				

Photo 1



First year Orientation and AMF Certificate distribution





2.1.12 Regular Activity 12 (UNIT – III)

S.No.	Date	Place of work	Details of works	Hours		Total	Remarks
5.110.				From	То	Hours	Keinai KS
	02-03-19	KULANDAIKAL	CLOTH	4 PM	8 PM	4	Clothes are collected from all the hostels of the
	17-03-19	KUDUMBAM, COLLECTION					college and from the faculty quarters and distributed
		OLD AGE	FOR OLDAGE				in the coimbatore old age home and
12		HOMES	HOME				kulandaikalkudumbam
		COIMBATORE					









2.1.13 Regular Activity 13

S.No.	Date	Place of work	Details of works	Hours		Total	Remarks
5.110.	Date		Details of works		То	Hours	
13	21-03-19	AMRITA VISHWA VIDYAPEETHAM COIMBATORE	MOTIVATIONAL TALK	4 PM	6 PM	2	DR.Prakashgovindanalumini of MIT has inspired the young and bright engineers of amrita through his experiences



