

Organised by
Nutrition Sustenance Forum

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TIME: 9 AM to 5 PM

Detailed programme schedule attached behind

22 SEPTEMBER 2022 (THURSDAY)

<u>Time</u>	<u>Programme</u>	<u>Place</u>
4 pm to 5 pm	Curtain Raiser - Nutri Hunt	AB2 lobby

23 SEPTEMBER 2022 (FRIDAY)

9 am to 5 pm	Nutri Expo	AB2 E-106
9 am to 5 pm	Wellness Clinic	AB2 E-106
3 pm to 4 pm	The Health Chef- Cooking Competition	AB2 FSN Lab
3 pm to 4 pm	Foodography	AB2 E-106

24 SEPTEMBER 2022 (SATURDAY)

3 pm to 4 pm	The Ultimate Food Quiz	AB2 E-405
4 to 4:30 pm	Prize Distribution	Sandeepani hall

KNOW ABOUT NUTRITIOUS FOODS
WIN EXCITING PRICES!

CHECK YOUR BMI