

**POST EVENT SUMMARY REPORT – NSS ETTIMADAI (AWARENESS-CUM
COUNTDOWN PROGRAMME FOR INTERNATIONAL YOGA DAY) (14/06/2022) - 2022**

DATE	EVENT	TOPIC	PLATFORM
14/06/2022	(Awareness-cum countdown programme for International Yoga Day)	Introduction and Yoga Asanas	Physical meet

4:45 PM – 4:50 PM	Prayer
4:50 PM – 4:55 PM	Welcome speech
4:55 PM – 5:05 PM	Quiz and Speech by Senthil Kumar Sir
5:05 PM – 5:45 PM	Yoga Asanas and Surya Namaskaras
5:45PM – 5:55 PM	Vote Of Thanks
5:55 PM – 6:00 PM	Group Photo

SCHEDULE

On the 14th of June 2022, an Awareness-cum countdown programme for International Yoga Day Event was conducted on the occasion of International Yoga Day. Students from various departments participated in the event along with the NSS program coordinator and student coordinators. Around 75 students participated in the Awareness-cum countdown programme for International Yoga Day inside the campus.

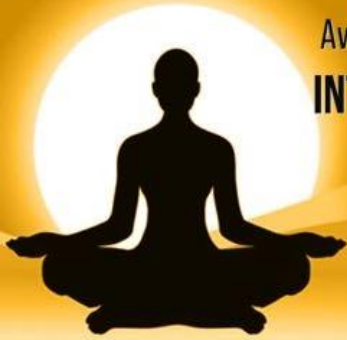
The event started with the prayer, followed by a welcome speech by one of the NSS student coordinators. A short Speech and quiz about Yoga were given by our respected Senthil Kumar sir. Followed by the speech, the event was continued with the yoga asanas including surya namaskaras.

In the end, vote of thanks was given by NSS Program coordinator and Photos were taken by all participants in the event.

Yoga... ...FOR HUMANITY

Amrita Darshanam (ICSS) and National Service Scheme (NSS)
Jointly Organizing

Awareness-cum countdown programme for
INTERNATIONAL DAY OF YOGA - 2022



14 June, 2022 | 5:00pm - 6:00pm | Main play ground









