

AMRITA/CBE/SOE/02/2022/03

Date: 07.02.2022

CIRCULAR

Amrita Vishwa Vidyapeetham, Coimbatore Campus invites you to the offline event in the campus on **Saturday, 12th February 2022**, in connection with the celebration of the 75th Anniversary of Independence Day Celebrations, the Ministry of Education, Govt. of India, has undertaken a noble project by the name "Azadi Ka Amrit Mahotsav" to perform 75 crores Surya Namaskarams across India, by individuals, groups, organizations and educational institutions to promote a healthy lifestyle practice and as a token of gift to our beloved motherland India.

Cordially invite all residents, teaching faculty, academic administrative staff, lab staff, research scholars of the Coimbatore campus to participate in this mega event. This event will be led by Amrita Darshanam-International Centre for Spiritual Studies, Coimbatore Campus along with Department of Students Welfare.

Event Date: 12th February 2022
Timing: 7:30AM to 8:15AM
Venue: Main Play Ground

It is mandatory for all faculty and staff members to participate. You are requested to register for the event at: <https://forms.gle/Tdo3mCjNcEEuNWNL6>

Further contact:

Mr.B.Senthil Kumar,
Assistant Professor, Amrita Darshanam-International Centre for Spiritual Studies,
Cell: 9790715909

Encls:

1. Handout on Suryanamaskar Practice
2. A Tribute on 75th Anniversary of Independence_75 Crore Suryanamaskar
3. Suryanamaskar Sequence
4. Instruction for the Participants

The university busses will be available at 6:30 AM at respective boarding points in Coimbatore and Palakkad on the day. Breakfast will be provided to all the participants following the event.

Looking forward to your active participation.


Dr Sasangan Ramanathan
Dean- Faculty of Engineering

To:

All employees @ Coimbatore campus