



## NATIONAL SERVICE SCHEME-UNIT III

### NSS -Awareness session regarding “Distraction is a choice”

Date	Event	Venue
08/08/2019	NSS -Awareness session regarding “Distraction is a choice”	Amrita Vishwa vidyapeetham ,Ettimadai

Distraction is the process of diverting the attention from a desired area of focus which happens in most of the young minds. To overcome distractions a session was conducted by NSS unit 3.



Session was conducted by our alumni Mr. Srikanth. He is a data scientist. Speaker started the program by sharing his experiences to amritans and he also shared many of his life experiences especially the struggles and problems he faced during his job interviews and how he had overcome it. He started talking regarding distractions we face in our day-to-day life and discuss a few methods in order to get rid off distractions. He mainly emphasized on habits and attitude which helps us from not getting distracted. The session was very useful to young minds present there. It was an interactive session. Students over there shared their views on session and asked queries. Finally, vote of thanks was delivered by NSS student coordinator N.V.S Prashanth.

The session took place under the guidance of CSE Department Faculty Dr. Venkatraman D.

