



AMRITA DARPAN

Student Activities at Amrita Coimbatore Campus



>>> HIGHLIGHTS

- **Guru Purnima**
- **Independence Day**
- **International Yoga Day**
- **Spic Macay-Kathakali**
- **Energy Swaraj**



Office of Students Welfare

Office of Students Welfare

AMRITA VISHWA VIDYAPEETHAM, COIMBATORE



Saraswathy Statue, near Academic Block 1



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We celebrated the 75th Independence day with heart full of joy and patriotism



04. Guru Purnima

We celebrated the Guru Purnima with Guru Paduka pooja & bhajans



05 . International Yoga Day

We celebrated the International yoga day for healthy body and happy minds



06 . Energy Swaraj

Inspirational moments with IIT professor Dr. Chentan Solanki

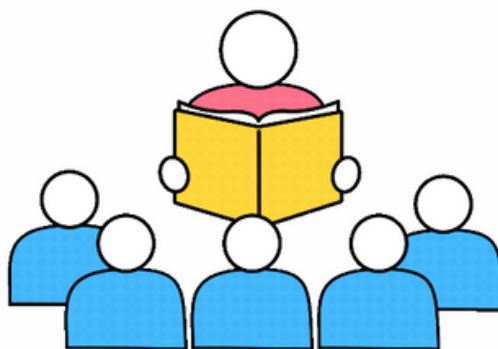
AMMA SAYS...



Youngsters need to understand the purpose of life. They need courage and wisdom to face the challenges of life. With that understanding, they become the light of the world. If we care for them responsibly, mould their whole character with love, then the future of the world will be safe.

Amma says there are two kinds of education: education for life and education for livelihood. She stresses that the most important thing is spirituality, or education for life. But at the same time Amma also emphasizes “education for living.” It is Her wish to bring the two together: creating professionals in all fields with the necessary skills as well as fostering the mental strength and the heart to uplift the world.

“No doubt the modern education system helps our children pursue name, fame and wealth. But is that all human life is about? Is life’s purpose just to study a lot of books, pass competitive exams, obtain a degree, get a job and secure income? Life and living are not the same. For living, we may need a job, money, a home, a car and other creature comforts. However, these alone fail to make life complete. For that, we need love, compassion, tenderness—a heart that knows and responds to the pain of others. We need openmindedness and maturity in thought and action. Education should spread light within and without. Education should equally develop discernment and contemplation. It should develop the curiosity to know the internal world just as much as it does to know the external world. It should teach us to keep our inner eye open just as much as our external eyes. It should also instil awareness and strengthen the deep bond between the student and his nation, the world, his fellow human beings, other creatures and Nature and God.”



SPICMACAY

Kathakali performance by Kalamandalam M.P.S. Namboodiri & Team

"Discovering the Art and Drama of Kathakali: Exploring the Traditional Dance-Drama of Kerala"

SPICMACAY hosted a magnificent Kathakali performance by Kalamandalam M.P.S. Namboodiri and his wonderful team of artists from Kerala on 30th June, 2022 at 6:00PM at Amriteshwari Hall. The ceremony commenced by invoking the blessings of the Almighty with a prayer.

Kalamandalam M.P.S. Namboodiri is a highly distinguished Kathakali Aasan of Kerala. Initiated at the age of 13, he is a product of Kerala Kalamandalam. He retired as Principal of Kerala Kalamandalam. He was trained under Padmabhushan awardee Ramankutty Nair & Padmashree awardee Kalamandalam Gopi.

He has extensively performed abroad and collaborated with world-renowned theatre directors of Denmark, Germany, & USA. He has authored several books and publications and has received Sangeet Natak Academy award in 2013. He is the recipient of Kalamandalam award in 2007 for the best scholarly book on Kathakali.



Independence Day 2022

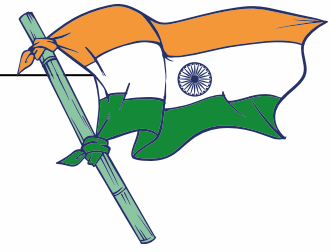
Azadi Ka Amrit Mahotsav

"INDEPENDENCE DAY
CELEBRATIONS ACROSS THE
NATION: HONORING THE
NATION'S FOUNDING AND
LOOKING TOWARD THE
FUTURE"

The 75 Years of Indian Independence was celebrated in the campus from 13th to 15th of August, 2022. As a part of this, Dr. K Sankaran, Registrar, Amrita Vishwa Vidyapeetham, Coimbatore hoisted the National Flag.



During his Speech, he narrated how our ancestors fought, struggled and sacrificed their life to attain freedom from the British. He also touched upon the economic growth before and after independence era, the impact of world wars and wars with neighboring countries in numerous occasions and how we overcame the difficult situations. He also pointed out that India has managed the pandemic period very effectively through the largest vaccination campaign in the world and reminded us of the sacrifice of army, navy and air force.

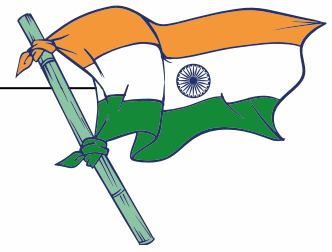


Independence Day 2022

Dignitaries & Oath taking



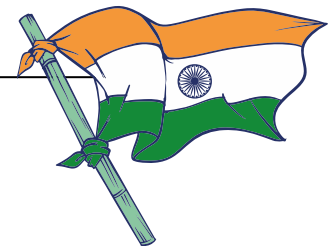
INDEPENDENCE DAY - DIGNATARIES & OATH TAKING



Independance Day 2022

March past & Prize Distribution

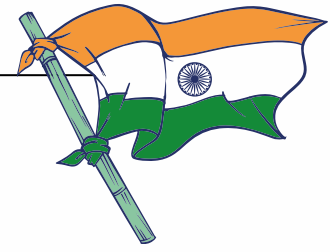




Independance Day 2022

Cultural Programs



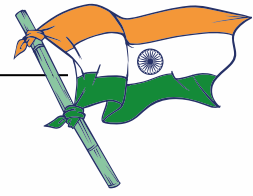


Independance Day 2022

Exhibition

An Exhibition was organized in Amrita Vishwa Vidyapeetham, Coimbatore campus about Luminaries of Indian culture and 75 unsung Heroes of Freedom struggle.





Independence Day 2022

Induction Publicity Exhibition Vehicle (IPEV)



**INDUCTION PUBLICITY EXHIBITION VEHICLE (IPEV) OF INDIAN AIR FORCE-
IPEV EXHIBITION**

Guru Purnima Celebrations

13 July 2022



"INDIA CELEBRATES GURU PURNIMA: HONORING SPIRITUAL TEACHERS AND CELEBRATING KNOWLEDGE"



Guru Purnima is celebrated annually in the month of July. It is a spiritual tradition in Hindu culture dedicated to spiritual and academic teachers. They are evolved or enlightened humans, ready to share their wisdom, with very little or no monetary expectation based on Karma Yoga.

It is a celebration of honoring Guru Vyasa Maharishi and homage to gurus. The celebration is marked by spiritual activities and may include a ritualistic event in honor of the Guru; that is, the teachers which is called as Guru Padhuka Pooja . The Guru Principle is said to be a thousand times more active on the day of Guru Purnima than on any other day.

Following this beautiful tradition, Amrita also celebrated Guru Purnima on 13th July 2022. It was conducted in the Amma's Shrine on AB1 from 6:30 am to 7:45 am. To honour our beloved teachers many events like Gurupadaka Puja, Abhishekam, Bhajans, and Aarathi were conducted and Prasadam was given to all the devotees.



INTERNATIONAL DAY OF YOGA

Awareness-cum countdown programme for International Day of Yoga with the theme "Yoga for Humanity" was jointly conducted by Amrita Darshanam (ICSS) and National Service Scheme (NSS) on 14.06.2022.

On this day, students from various departments participated in the event along with the NSS program coordinator and student coordinators. Around 75 students participated in the programme for International Yoga Day inside the campus. The event started with a prayer, followed by a welcome speech by one of the NSS student coordinators. A short speech and quiz about Yoga were given by Senthil Kumar sir. Followed by the speech, the event was continued with the yoga asanas including surya namaskaras. In the end, vote of thanks was given by NSS Program coordinator and photos of all the participants in the event were taken.

The 8th International Yoga Day is celebrated on 21 June 2022 with the theme 'Yoga for Humanity' across the world with great enthusiasm. Yoga is helping people to stay energetic, have a strong immune system and achieve holistic health. The students, faculty members, non-teaching staff, research scholars and campus residents gathered on the college ground for the celebration of the same. The event was led by Amrita Darshanam-International Centre for Spiritual Studies, Coimbatore Campus along with the Department of Students Welfare and National Service Scheme (NSS).



ENERGY SWARAJ

A 11 year-long Energy Swaraj Yatra (2020- 30)



ENERGY LITERACY TRAINING

for Students

ENERGY SWARAJ YATRA STOPOVER AT AMRITA VISHWA VIDYAPEETHAM, COIMBATORE CAMPUS

Energy Swaraj Yatra solar bus made a stopover at Amrita Vishwa Vidyapeetham, Coimbatore campus on 30 March 2022. This 11 year-long Energy Swaraj Yatra (2020- 30) is being undertaken by Dr. Chetan Singh Solanki, a professor from IIT Bombay, brand ambassador for Solar Energy for Govt. of Madhya Pradesh, and Founder of the Energy Swaraj Foundation. He has pledged not to go home until 2030 and live & travel in the solar bus so as to bring awareness and encourage actions toward climate change mitigation and the adoption of 100% solar energy by the masses.

Prof. Solanki also delivered a thought-provoking presentation on “Energy, Climate change and I” for the benefit of the students. Based on his inputs and suggestions, plans are afoot to reduce electricity consumption by 10%, promote energy literacy training for all students, and ramp up solar power installations in Amrita Vishwa Vidyapeetham, Coimbatore campus



“Business as usual approaches” are not working!

The international climate agreements, conferences, deliberations, and devising frameworks started as early as 1998 with the Kyoto Protocol, up to the Paris Agreement in 2015. There are COP meetings held every year and thousands of NGOs are working to correct climate change but unfortunately, climate change is not stopping, not slowing down rather it is accelerating. Carbon emissions are still rising. It is clear that “business as usual approaches” are not working.

Climate change is real!

The planet has become warmer by 1.1 degrees centigrade. This global warming has caused climate change. The frequency and intensity of natural calamities like heat waves, cyclones, floods, droughts, and forest fires due to human induced climate change have also increased. Have you in your life experienced any changes? Do you think our future generation will suffer more? Do you feel any urgency to correct climate change?

Energy Swaraj Bus

Dr. Chetan Singh Solanki has pledged not to go home until 2030 and live & travel in the solar bus. The bus is his mobile home. It has the facilities to go through all daily activities and its functions will be demonstrated after the talk. The bus is fitted with 3.2 kW solar panels and 6 kWh of battery storage. It has a 3 kVa inverter. Lights, cooler, cookstove, TV, AC, laptop charging inside the bus are all solar-powered. The engine of the bus runs on diesel.



DEADLINE TIME LEFT TO LIMIT GLOBAL WARMING TO 1.5°C

6 YRS 106 DAYS 07:26:37

We are running out of time!

The IPCC report affirms that temperature rise beyond 1.5 degree celsius will start irreversible climate change. The 1.5 degree celsius is the most important number for every human being. It is the number that all climate scientists are keeping an eye on. Did you know how much time is left before global warming touches the 1.5 degree celsius limit?



Invited Talk

Sports Injuries & Rehab

29TH JULY 2022

Dr.A.E.Ajay Gowtham (Consultant Orthopedic Surgeon)

An expert Talk on “SPORTS INJURIES & REHABILITATION” was jointly organized by the Department of Physical Education and AAGNEYA on 29th July, 2022 (Wednesday) between 3.30 pm to 4.30 pm. This event was organized as a part of Fit India Movement activity, an initiative by the Government of India. E-certificate was issued to the participants.

Invited Talk

Stress Management

28TH JUNE 2022, AB1, E-LEARNING STUDIO

Dr C.S.Sowndaram (Assistant Professor & Professional Counsellor)



Our society has witnessed tremendous growth with the vision of living but, with the advancement, a serious concern has taken over the society. It is this distressing fact that we have to confront issues related to our mental health, i.e. stress.

Stress is a very complex phenomenon that we can define in several ways. However, if you put them together, it is basically the wear and tear of daily life. Stress management refers to a wide spectrum of techniques and psychotherapies for controlling a person's stress level, especially chronic stress. If there is effective stress management, we can help one another break the hold of stress on our lives.

Its time to be happy...

In our Office of Students Welfare, we have professional counsellors. Students who wish to get counselling can visit us in AB1, C110.



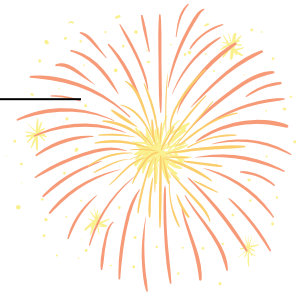


Students Photography Corner



Photo Courtesy : Raghavadithya, MSW Student (2019-21 batch)

Upcoming Events and Celebrations



At Amrita



Gokulashtami



Deeksharambh



19th Convocation



Onam

AMRITA DARPAN

Education for livelihood alone will
never make our life full and
complete. ~Amma



Entries Invited

We invite our students to submit entries -
Articles, Artworks, Photography or Poems to
✉ psw@cb.amrita.edu

For More Details Contact
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