



Event Title: Music Therapy for Cancer Patients , Government Hospital, Coimbatore

Date: 16th Aug'23

Venue: General Hospital, Coimbatore

Team Members: Keerthika V, Sudharsan V, Ganesh K

Introduction:

The objective of this event was to uplift the spirits of cancer patients through the medium of music. The event aimed to create a positive impact on the patient's overall well-being by offering them a momentary escape from their challenges and connecting them with the therapeutic power of music.

Event Overview:

The music therapy session was organized in collaboration with Ashwin Maharaj Foundation and the Coimbatore General Hospital's medical staff and administration. The NSS team, consisting of three volunteers, brought together their musical talents to create an atmosphere of joy and comfort for the patients.

Activities:

- 1. Planning:** The team prepared for the event by selecting a repertoire of songs known for their nostalgic and soothing melodies. These songs were intended to invoke positive emotions and provide a sense of familiarity to the patients.
- 2. Patient Interaction:** To personalize the experience, team members visited each patient to understand their musical preferences. This allowed the team to curate a playlist that resonated with the patients on an individual level.
- 3. Challenges and Sensitivity:** While the patients responded positively to the music therapy, there were instances of emotional distress. The team responded with sensitivity, providing comfort and support to the patients.

Acknowledgments:

We extend our heartfelt gratitude to the NSS group of Amrita Vishwa Vidyapeetham, Coimbatore, for providing us with the opportunity and support to organize this event. We also express our appreciation to the medical staff and administration of Coimbatore General Hospital for their cooperation and assistance throughout the event.

Conclusion:

This music therapy event not only brought smiles to the faces of cancer patients but also brought meaning to the time the team spent, by showcasing the transformative power of service and the universality of music as a means of healing and connection.



The volunteers engaged in the rendition of songs with the dual purpose of alleviating the discomfort experienced by cancer patients and fostering a therapeutic environment.