AMRITA UDAAN

A LEAP FORWARD

Monthly Newsletter | MAY 2023 | Volume 05 Issue 05

"Don't be discouraged by your incapacity to dispel darkness from the world. Light your little candle and step forward."
– Mata Amritanandamayi Devi

AMRITA VISHWA VIDYAPEETHAM
DEEMED TO BE UNIVERSITY

DEPARTMENT OF SOCIAL WORK
COIMBATORE CAMPUS

ASWAAS
Amrita Social Work Association of Alumni and Students

CONTENT

DEPARTMENTAL ACTIVTIES	08
STUDENTS' CORNER	21
WELL KNOWN SOCIAL WORKER	23
GOVERNMENT SCHEMES	25
CURRENT AFFAIRS	30
INTERNSHIPS	32
MSW JOB OPPORTUNITIES	34
ALUMNI CORNER	36
UGC NET	37

Department of Social Work

Dr.P.RANGASAMI
CHAIRPERSON

Dr.V.PRIYA
ASSISTANT PROFESSOR

Dr.S.KANAGARAJ
ASSISTANT PROFESSOR

Dr S VELMURUGAN
ASSISTANT PROFESSOR

Mr.T.SATHISHKUMAR
ASSISTANT PROFESSOR

Mr.V.S.VARUNANVELU
ASSISTANT PROFESSOR

Ms. ROOPIKA SREEDHARAN
FACULTY ASSOCIATE

Mrs.AMBIKA BALAKRISHNAN
EXECUTIVE ASSISTANT

FACULTY CHIEF EDITOR
Dr.S. KANAGARAJ
ASSISTANT PROFESSOR

THE TEAM

EDITING DEPARTMENT

UDITI JAIN (HEAD)
(II MSW)

MALATHI M P
(II MSW)

DEPARTMENTAL ACTIVITIES

ARSHIDA M T
(II MSW)

NAYANA I (HEAD)
(II MSW)

SHERIN SUSAN JOHN
(II MSW)

CONTENT CREATORS

PARVATHY R (HEAD)
(II MSW)

DEEPTI M
(II MSW)

STUDENTS CORNER

MEENAKSHI JAYAPRAKASH (HEAD)
(II MSW)

DESIGNING TEAM

ABHIRAMI SHAJ (HEAD)
(II MSW)

ANUSHREE M KRISHNAN
(II MSW)

JUNIOR TEAM

EDITING DEPARTMENT

JAI SWATHIKA S
(I MSW)

INNISAI ARASI. PON
(I MSW)

MEGHA B NAIR
(I MSW)

VINAYA V M
(I MSW)

DEPARTMENTAL ACTIVITIES

DEVIKA G S
(I MSW)

AKHILA L PRASAD
(I MSW)

PAVYA K
(I MSW)

ANUPATMANJARI S
(I MSW)

STUDENTS CORNER

SREELAKSHMI MOHAN
(I MSW)

SREELEKSHMI K
(I MSW)

POOJA JAYARAM
(I MSW)

MANISHA R PILL
(I MSW)

CONTENT CREATORS

APARNA T
(I MSW)

ANJALI
(I MSW)

DESIGNING TEAM

JYOTHILAKSHMI S
(I MSW)

ATHIRA T N
(I MSW)

GOPIKA V S
(I MSW)

KANYA T
(I MSW)

SANDEEP P S
(I MSW)

P KAVIPRIYA
(I MSW)

ABOUT AMRITA UDAAN

Amrita Udaan is the monthly newsletter of the Dept. of Social Work. It is completely managed by the students under the guidance of the Faculty. It mainly covers the departmental activities, articles on various social issues, book review, movie review, drawings, posters, alumni interviews, guidance and solved previous year question papers of UGC-NET. The contents are contributed mainly by the students, alumni and faculty members. It is sucessully publishing every month since October 2019.

Department at a glance

- I MSW - 50
- II MSW - 37
- Faculty Members - 07
- Executive Assistant - 01
- Ph.D scholars - 14
  - Full time - 04
  - Part-time - 10

AMRITA
VISHWA VIDYAPEETHAM
DEEMED TO BE UNIVERSITY UNDER SECTION 3 OF UGC ACT, 1956

7TH RANKED
AMONGST TOP UNIVERSITIES IN INDIA
nirf NATIONAL INSTITUTIONAL RANKING FRAMEWORK
GOVT. OF INDIA 2023

Topping the charts, once again!

6TH Ranked in MEDICAL

10TH Ranked in PHARMACY

12TH Ranked in DENTAL

19TH Ranked in ENGINEERING

30TH Ranked in MANAGEMENT

AMRITA VISHWA VIDYAPEETHAM
DEEMED TO BE UNIVERSITY
Department of Social Work, Coimbatore

With pride and joy we invite for the first ever grand social work alumni meet

"Grand Social Work Alumni Meet 2023"

Grand reunion of batches from 2007 to 2022
[14 batches]

A day to reconnect with your alma mater

Aswaas
Amrita Social Work Association of Alumni and Students

Registration link: https://forms.gle/XLdZoX6MhvKjKCXL6

or Scan to register

Date: July 30, 2023 (Sunday)
Venue: E-Learning studio, AB II, AVV, Coimbatore campus

AMRITA VISHWA VIDYAPEETHAM
DEEMED TO BE UNIVERSITY UNDER SECTION 3 OF UGC ACT, 1956

nirf GOVT. OF INDIA 2022 5TH RANKED UNIVERSITY IN INDIA

NAAC A++ ACCREDITED

Amrita MSW 2023

Delivering Real Value *to* Value-Based Education *through* Global Exposure

- Multi-disciplinary field action projects
- International Ph.D. fellowships and internship opportunities
- Placement and training in social work related projects and programmes of the Mata Amritanandamayi Math
- International Faculties

POSTGRADUATE PROGRAMME (2-YEAR)

Master of Social Work (M.S.W)

SPECIALISATIONS

- Medical and Psychiatric
- Community Development
- Child Rights and Child Protection
- Disaster Management
- Gender
- Communication for Social and Behaviour Change
- Human Rights *(Dual Degree with* THE UNIVERSITY OF ARIZONA *USA)*

"The main purpose of education should be to impart a culture of the heart"

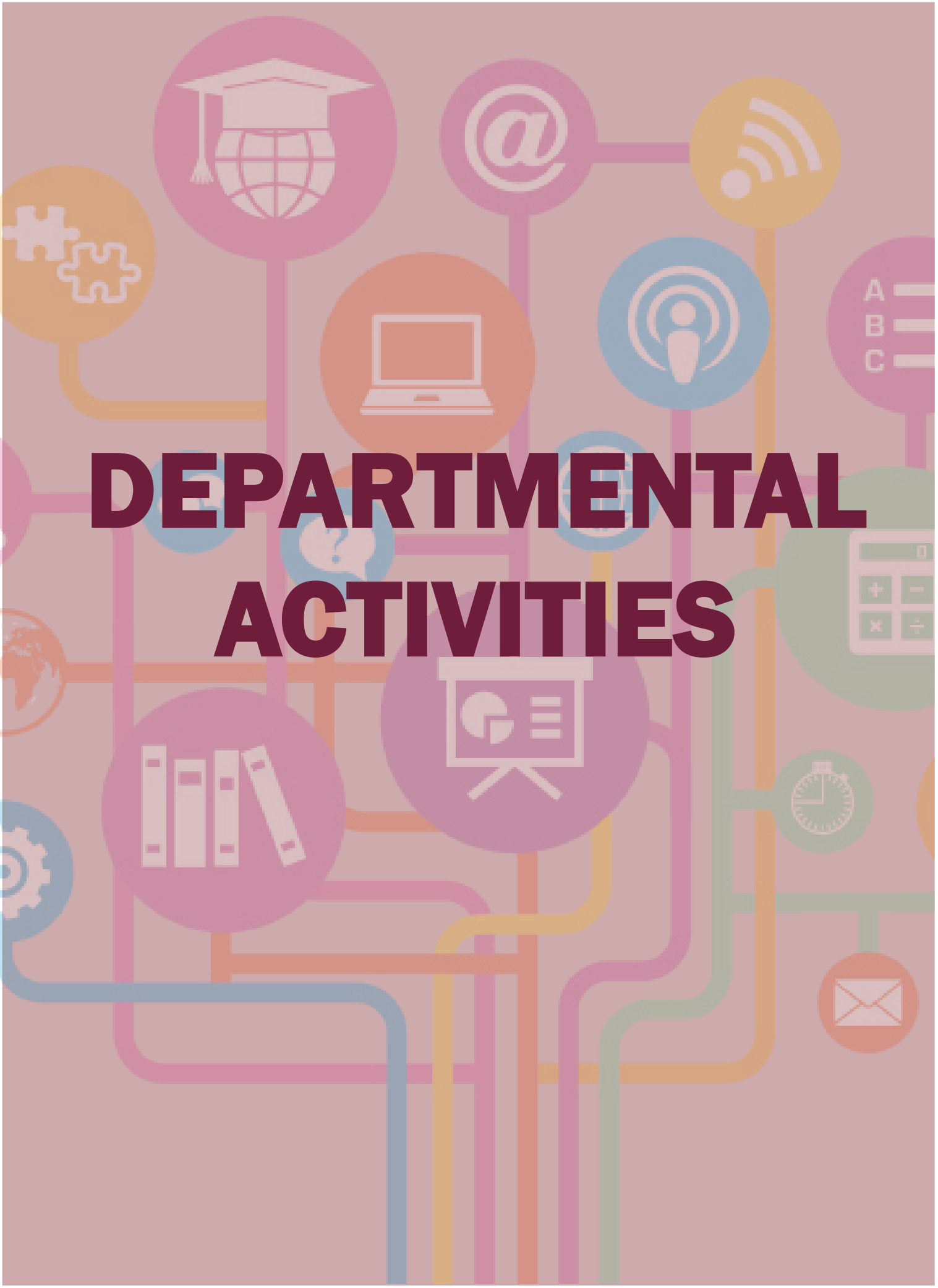
- AMMA, MATA AMRITANANDAMAYI
CHANCELLOR, AMRITA VISHWA VIDYAPEETHAM

amrita.edu/msw

+91 422 268 5851 | +91 95666 43196 | +91 77089 92270
mswadmissions@cb.amrita.edu

APPLY NOW

Education for Life. Education for Living.



DEPARTMENTAL ACTIVITIES

WORKSHOP ON SOCIAL WORK RESEARCH

Workshop on Social Work Research was organised by the Department of Social Work for the 1st MSW students between 2nd and 5th May. On May 2, 2023 at 10:00 am, the inaugural session of the social work research workshop was held in Saraswathi Hall, CIR Block. Dr.P. Rangasami, Chairperson, Department of Social Work, Amrita Vishwa Vidyapeetham, provided an introduction to the workshop. The Chief Guest was Mr. G. Shanmugasundaram, the Deputy Inspector General of Prisons for the Coimbatore range. Dr. N. Audinarayana, a former professor and the head of the Department of Sociology and Population Studies at Bharathiar University in Coimbatore, delivered the special address. Mrs. Bhagirathi, from the Well-Being Foundation, contributed greatly by being present.

Mr. G. Shanmugasundaram inaugurating the workshop

Dr. P Rangasami honouring Dr. N Audinarayana

On 2nd May, 2023, Mr. Audinarayana spoke on a variety of subjects, including the objectivity of research, sources, and the possibility of bias, the significance of social work research, the process of conducting social work research, the nature of social work research, the scope of social work research, the characteristics, steps, and logic of scientific inquiry, among others. During the morning and afternoon sessions, he discussed the qualitative and quantitative approach, its advantages and disadvantages, the formulation and selection of the research problem, its elements, sources, methods for selecting and identifying the problem, etc. Sir instructed the students to choose a subject to research. Students came up with a variety of topics of interest the following day, on May 3, 2023, and discussions on topic selection and formulation of the research problem, framing of objectives, formulation of research questions, their types, development, evaluation, formation, steps, review of literature, functions, etc. continued. Dr. S. Kanagaraj gave a brief introduction to Mendeley Reference Manager on how to install and use the application on the third day of the course.

Dr. N Audinarayana addressing the 1st MSW students

Following that, Mr. Audinarayana continued with his discussion of ideas and attributes, variables, hypotheses, study designs, tools, etc.

On 5th May, 2023, topics including data analysis, its features, and how to utilise the SPSS programme were covered. The session ended by 4.10pm followed by discussions and feedback.

The valedictory session took place by 4.30pm on 5th May, 2023 where Dr.S.Kanagaraj heartily acknowledged Mr.Audinarayana. Mr. Audinarayana and Dr.P. Rangasami gave the students the certificates of completion for the training.

I MSW students attending workshop on Research Methodology

I MSW students and faculties along with Dr. N Audinarayana and Mr. G. Shanmugasundaram

POOJA JAYARAM
(I MSW)

THREE-DAY COMPREHENSIVE TRAINING ON PLANNING INTERVENTION STRATEGIES TO – COMBAT VIOLENCE AGAINST CHILDREN FOR SOCIAL WORK TRAINEES

The three-day comprehensive training for social workers entitled "Planning Intervention Strategies to Combat Violence Against Children" was held on 3rd to 5th May 2023 at Gokulakrishna Hall, CIR. The resource person was Dr. Pooja Kandula, National Child Protection Consultant and Trainer, New Delhi. The training started at 9:00 am. The welcome address was delivered by Dr. P. Rangasami, Chairperson, The Department of Social Work. Mr. V.S. Varunanvelu, Assistant Professor, Department of Social Work briefed the agenda of the three-day comprehensive training.

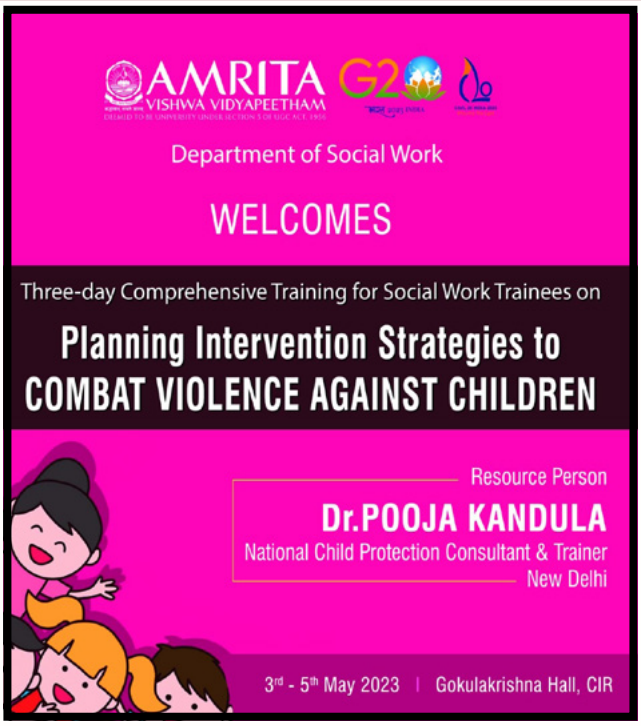
Dr. P Rangasami welcoming Dr. Pooja Kandula

The training started with "Life Skills Education". The session covered the 10 basic life skills (Communication, Interpersonal relationships, Empathy, Self awareness, Problem solving, Decision making, Creativity, Critical thinking, Coping with stress, Coping with emotion) by World Health Organisation (WHO). For the in depth understanding the trainer detailed the aspects with the reference of SAMVAD (Support, Advocacy and Mental Health Interventions for Children in Vulnerable Circumstances and Disaster), Department of Child and Adolescent Psychiatry, NIMHANS. The ten basic life skills categorized into social skills, thinking skills, emotional skills. Then in the afternoon session the social workers divided into groups and activities conducted on life skills. The activities helped the social work students to understand the concept of life skills in a multi-dimentional manner.

Mr V S Varunanvelu briefing the agenda of three-day workshop

Major takeaways from the session on Life Skills Education :

- Life skills are a set of abilities, attitudes and socio-emotional competencies that enable individuals to learn, make informed decisions and exercise rights to lead a healthy and productive life and subsequently become agents of change.
- Children must be provided the opportunity to gain knowledge and develop relevant



values, attitudes and skills that will enable them to participate fully in their society and to continue learning.

- Developing life skills amongst children is critical to lead a dignified life.
- Life skills can be used for preventive, promotive and curative purposes.
- Endorsing the need for a broader and integrated approach to life skills, a comprehensive framework to fashion.
- Policies and programmes that mainstream life skills both in schools and in communities is critical.

The second day of three days comprehensive training started with an ice breaking session at 9:00am. After that Pooja ma'am asked the students to recap yesterday's session. Accordingly, the students talked about their experience and the input they received from yesterday's class. After that Pooja ma'am conducted a class on child protection policy and legislation. Discussion was held in this class about JJ act 14 principles, POCSO act, different legislations existed in India related to child protection with that also held a discussion about the roles and job opportunities of the social workers in different sectors. As part of this session, a discussion was held regarding the mandatory reporting mentioned in the POCSO act. The topic of the debate was mandatory reporting is there and mandatory reporting is not there. The students were divided into two groups and an active debate session was held for 15 minutes. The debate ended at 11:15am and the next session started after a ten minutes tea break. The next session is held based on the topic "Preparation of projects proposal using LFA and project management. In this session a detailed class was taken on the topic of resource mapping, stakeholders/ system for child protection, strategic plan, triangle analysis, theory of change, visioning, values etc. Next the students were divided into 6 groups. One of the students miss. Arshida is take initiative to divide the students into groups. Then some news papers were given to all the groups and they were asked to build the tallest tower using this paper. The winner will be the group that builds the tallest tower. The time allotted for this activity was 15 minutes. All team worked very hard to build their towers. After this game Pooja ma'am said that those who won it did a good job but those who lost should not be disappointed because good constructions always need more time to build. And all the groups were asked

Dr. Pooja Kandula interacting with II MSW Students

to prepare a project proposal after the lunch to solve any social problem other than child protection issues.

After lunch, everyone returned to class at 1:50pm. The afternoon session started with an icebreaking session. After that all the students discussed with their group members and started to do the project proposal of their selected problem scenario. The activity lasted till about 4:30pm. At 4:30, the experience of all group members was shared. Ma'am also said that all the group members should present the project proposal made today. After 5:00pm today's session were over.

The third day of comprehensive training started at 9:00 am. The social work students presented their project proposals in detailed manner. There were six groups and each group presented their content very well. The activity helped the social workers to understand the concept of "Project Formulation and Management". It comprehensively covered the aspects of project formulation and management by explaining project management, basic steps planning, Logical Framework Approach (LFA), conceptualizing and initiating a project, work breakdown structure and scheduling tools.

The afternoon session started at 2:00pm. Pooja ma'am answered the doubts and questions asked by the students on the first day, with that told about what is meant by right to participation of child was explained by showing flow charts etc. After that maam's working experiences were shared with us. Through this, we were able to understand what challenges we have to face while working as a professional social worker and how to face them all. With this all the classes ended and the valedictory session started at 3:00pm. Dr.Rangasami, Chairperson and Dr. S.Kanagaraj, Assistant professor participated in this program. Assistant professor Mr.V.S.Varunanvelu, Assistant Professor delivered the vote of thanks. The valedictory program started with a feedback session. All the students shared their experience from this three days training workshop. After that the certificate distribution was done by chairperson Rangasami sir and Pooja Kandula.

ARSHIDA M T
(II MSW)

RENJITHA S
(II MSW)

CIVIL 20'S "TECHNOLOGY AND SECURITY FOR ONE WORLD SUMMIT"

The Civil 20's Technology and Security for One World Summit was held at Amrita Vishwa Vidyapeetham, Coimbatore on 13/05/2023-14/05/2023. Some of the most influential representatives from Civil Society Organizations participated in this event and shared their insights on tech security and transparency. Many special guests were present at the inauguration including the Honourable Governor of Tamil Nadu, Shri. R.N. Ravi, and Swami Amritaswarupananda Puri as a Civil 20 Troika member.

Governor of Tamil Nadu Shri. R.N. Ravi inaugurating the event

Dr. Vint Cerf, Internet pioneer considered one of the fathers of the Internet, delivered a special keynote on "Connectivity is Everything" during the summit as the first meeting and activity of this alliance. This alliance is intended as a launching pad for evolving the multi-stakeholder policy-making process for security and Internet governance and other pressing issues like digital access, safe harbor, net neutrality, data privacy, fake news, multilingual Internet, and digital rights.

There were other sessions on "The Pillars of Digital Inclusion: Affordability, Financing and Internet Governance" and two engaging panel discussions on "From Cyber Attacks to Cyber Pandemic: Strategies and Solutions for Civil Society Organisations" and "From Exclusion to Empowerment: The Role of Technology in Making Health and Education Accessible to All". The speakers, cybersecurity experts and civil society leaders from around the world shared their perspectives and provided valuable insights and recommendations for addressing current challenges faced by societies today.

The C20 Technology and Security for One World Summit featured several thought-provoking break-

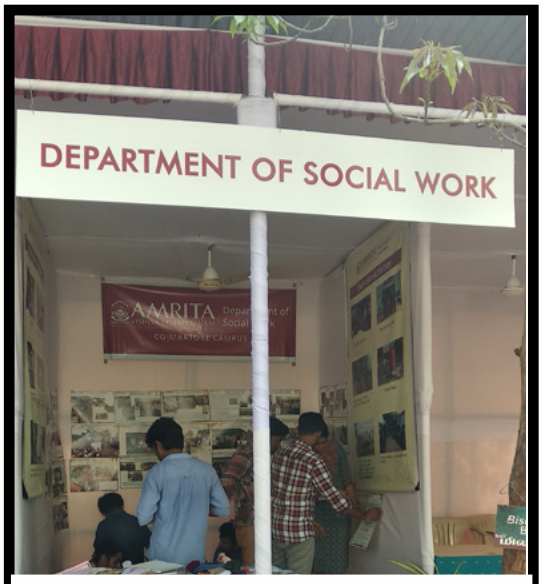
out discussions that sparked meaningful conversations amongst civil society organisation leads.

It includes discussion on topics like Empowering Vulnerable Populations: Challenges and Solutions for Developing Countries, Technology for Good: How to Align Ethics, Values, and Human Centricity with Technology Goals and Outcome, Child Online Safety, Trafficking & Technology Addiction: Policy Guidelines and Recommendations for a Digital World, Technology Financing from the Civil Society perspective.

Dr P Rangasami moderating the session on Gender, Vulnerable Populations and Technology

The event featured esteemed speakers from diverse fields who spoke on the importance of putting humanity first in today's increasingly technology-driven world. They shared from their experiences and made practical recommendations for the public and private sectors alike, leaving participants feeling inspired. There were also cultural events and drone show as a part of the C20 event.

On the second day Dr.P.Rangasami, Chairperson, Dept. of Social Work moderated the session on "Gender, Vulnerable Populations, and Technology: How to Promote Diversity and Equity" .Key discussions were held with the participation of eminent representatives from various civil society organizations.



UBA stall by Department of Social Work

As a part of the C20 programme UBA stall have been put by the Department of Social Work. Students of 1st and 2nd MSW were a part of the stall and explained about the UBA projects that are done in the selected villages namely Aruntha-tiyar Street, Kaliyapuram, MGR Colony, AD Colony and Veer-apanur.

Dr. S Kanagaraj explaining about UBA projects

The valedictory ceremony was conducted on 14th May, 2023. All the participants of Civil Society were present and the overall event was briefed and a short report was presented about the two-day event.

ANUPATMANJARI S
(I MSW)

INTERACTION WITH Prof. BHAVANI RAO R -DEAN, AMRITA SCHOOL FOR SOCIAL AND BEHAVIOURAL SCIENCES

On 14th May 2023 in the afternoon session first and second MSW students along with staff members of the Department of Social Work had an interactive session with Prof. Bhavani Rao R. Dean, Amrita School of Social and Behavioural Science. She discussed the addition of specializations and their scopes. There was also knowledge sharing on some recent issues. It was a great opportunity for the students to clear their doubts.

Dr. P Rangasami welcoming Prof. Bhavani Rao the Dean, S

Prof. Bhavani Rao interacting with I and II MSW students

ANUPATMANJARI S
(I MSW)

FAREWELL FOR MSW 2021-23 BATCH

On 15th May 2023, 1st year students from the Department of Social Work conducted a farewell party "Pinne Kaanaam", which was organized to bid their humble farewell to their beloved seniors, one last time giving them the space to get together and reminisce about their two years memory and journey at Amrita Vishwa Vidyapeetham.

The theme of the event focused on bringing out the essence of a "Carnival" that will appeal to and captivate their young hearts to look back and remember the good times as they take a step forward in life.

The event took place at the Cultural Education Hall, AB II, Amrita Campus, between 3:30 pm and 6:00 pm on a pleasant Monday evening, which was joined by the dignitaries including the Chairperson and department faculty.

The focus of the event was to keep the outgoing students engaged by giving them a platform to have fun with their classmates and share their gratitude and experiences with each other and their professors.

The event began with an entertaining performance by the juniors followed by a faculty speech who shared their valuable and encouraging words. The students put in maximum effort to allow everyone to participate and have their time. It was arranged in such a way that it brought out the emotional and sentimental elements of the whole experience making it an even more memorable and unforgettable event.

The students were presented with a momento for remembrance of their life at Amrita before the event came to its sweet end.

PHOTO GALLERY OF FAREWELL

CARNIVAL

CARNIVAL

CARNIVAL

CLASS 2021-23

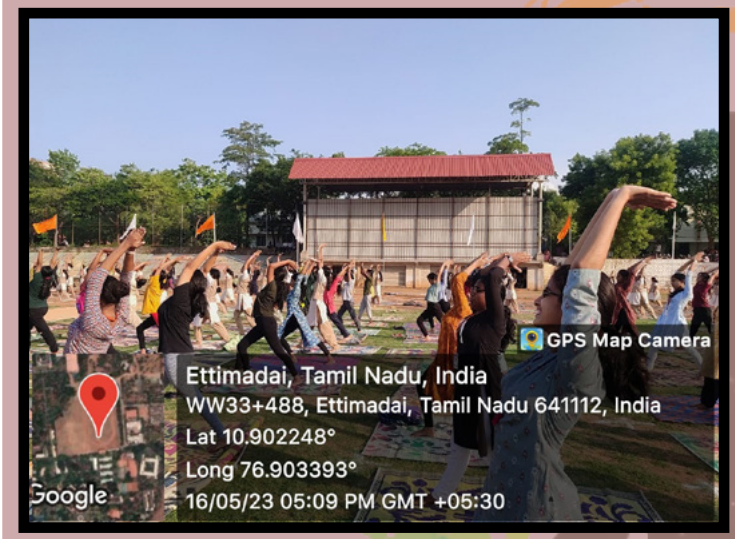
Pinne Kaanaam
PHOTO BOOTH
CLASS 2021-23

Pinne Kaanaam

KANYA T
(I MSW)

999 Challenge

In connection with the C20 activities, 999 challenge was completed in all campuses directing for Integrated holistic health – Mind, body, environment. This challenge includes 9 times Surya namaskar, 9 minutes meditation for 9 days. The challenge began on May 16 in the Coimbatore campus with the inaugural. The session took place in the main ground of Amrita Vishwa Vidyapeetham, Coimbatore campus and students from all departments, staffs participated in the challenge for 9 days (16th May – 26th May 2023). All the students from 1st and 2nd MSW and the department staffs took part in the challenge. The programme was guided by the department of Cultural Education.



I and II MSW students doing yoga as part of 999 challenge

PAVYA K
(I MSW)

WORKSHOP ON PSYCHOTHERAPY, CBT AND MET

On 17.05.2023, the Department of Social Work, Amrita Vishwa Vidyapeetham, Coimbatore, under the guidance of Dr. Priya- Assistant Professor of the department, organised a one-day workshop titled" Psychotherapy, Cognitive Behaviour Therapy and Motivation Enhancement Therapy". The session was handled by Dr. Varsha Vishwanathan, the Consultant Psychiatrist of GKNM Hospital, Coimbatore.

Psychotherapy also known as talk therapy refers to an entire gamut of treatment strategies that are aimed at helping individuals to identify and alter troubling emotions, thoughts and behaviours. It can be conducted in case work as well as group work settings.

This method has its roots in the Western tradition and acquired prominence in the 19th century as a non-invasive and non-restraint therapeutic treatment method. This was developed during the time when Freud began focusing on conditions that appeared to have psychological causes that had its origin in childhood experiences and the unconscious mind.

Dr. Varsha Vishwanathan with Dr. V Priya and Medical and Psychiatry students

II MSW student Aparna presenting momento to Dr. Varsha Vishwanathan

Psychotherapy is a process where a person becomes aware of his automatic thoughts that are harmful or inaccurate. It is used as an alternative to or alongside medicine and other treatment options.

CBT

Cognitive Behaviour Therapy (CBT) is an approach that helps the patient find ways to question their thoughts and how it affects their emotions and behaviour, and bring a change in self-defeating thought patterns. It helps to cope with stress and enhances problem-solving skills. It is associated with development of mindfulness that helps in the improvement of social and communication skills of the clients. Exposure therapy is a kind of CBT that is used to treat Anxiety Spectrum Disorders.

CBT is a means of supportive counselling as well

as a safety plan to help clients having tendencies that are self- harming and suicidal in nature. CBT is used in the treatment of people with depression, alcohol and drug use disorders, eating disorders, marital issues and other severe mental illnesses.

MET

Motivation Enhancement Therapy (MET) is a directive person-centred approach that focuses on improving the individuals' motivation to change. It is done by increasing intrinsic motivation to raise awareness of a problem by adjusting self-defeating thoughts regarding the problem and by enhancing the confidence in the person's ability to change.

Dr. Varsha Vishwanathan interacting with Medical and Psychiatry students.

MET is conducted based on the principle of acceptance, non-judgemental attitude and by the expression of empathy. The therapist is involved in reflective listening and makes the client understand the discrepancy between the individual's desired state of being and their current state of being. The therapists guide them in understanding the current ways that hinder them from achieving their goals by providing a strong incentive for behavioural change. In the process realistic goals are set by the clients themselves and not by the therapist. The solutions to the problem are thus elicited from the clients themselves.

The session handled by Dr. Varsha enriched the students' understanding about the key aspects of Psychotherapy, CBT and MET. There was also a Q&A session at the end where the students raised their questions regarding those approaches that were discussed. Dr. Priya on behalf of the Department of Social Work, extended vote of thanks to Dr. Varsha Vishwanathan before concluding the session.

NAYANA I
(II MSW)

C20 MILLION LIGHT

The "Million Lights Campaign" is a fantastic promotional event hosted by the Amrita University campus in Coimbatore that was held on 30th of May 2023, with the major goal of advancing gender equality. AYUDH organised this event in partnership with working groups operating within the C20 engagement group.

I MSW students team for C20 cultural events

The campus had the privilege of being blessed by the presence of illustrious luminaries who helped launch the event, graced it, and generously supported the cause. The dignitaries were Dr.Gangadharamrita Chaitanya, Dr.Sasangan Ramanathan- Dean of Engineering, Dr. K. Sankaran- Registrar of Amrita University, Coimbatore, and Dr. Satish Menon- Retired Air Commodore and Campus Director.

C20 Logo Formation

The programme started at 6:00pm by lighting the lamp and prayer followed by an introduction on Million lights and gender equality. The cultural events were organised by the Department of Social Work. The cultural events included the art form of Tamil Nadu such as kolattam, oyilattam and a mime on the theme "gender equality". The Department of Social Work has been able to present beautiful cultural programs by maximum utilisation of very short time. The program was successfully completed with the efforts of C20 engagement groups, teachers and students.

The C20 Million Light event started at 6:45 pm and this configuration was the event's high point. On the campus, educators, staff, and students gathered while holding their mobile devices aloft. The C20 emblem was projected onto the ground, signifying unity and support for gender equality. After that, Mrs. Sandhya Menon led the audience in a commitment in favour of gender equality.

Oath was taken by all the participants to treat everyone equally and always practice Gender Equality. The program was successfully completed with the efforts of C20 engagement groups, teachers and students.

PHOTO GALLERY

I MSW students performing skit on gender equality

I MSW students performing Kolattam

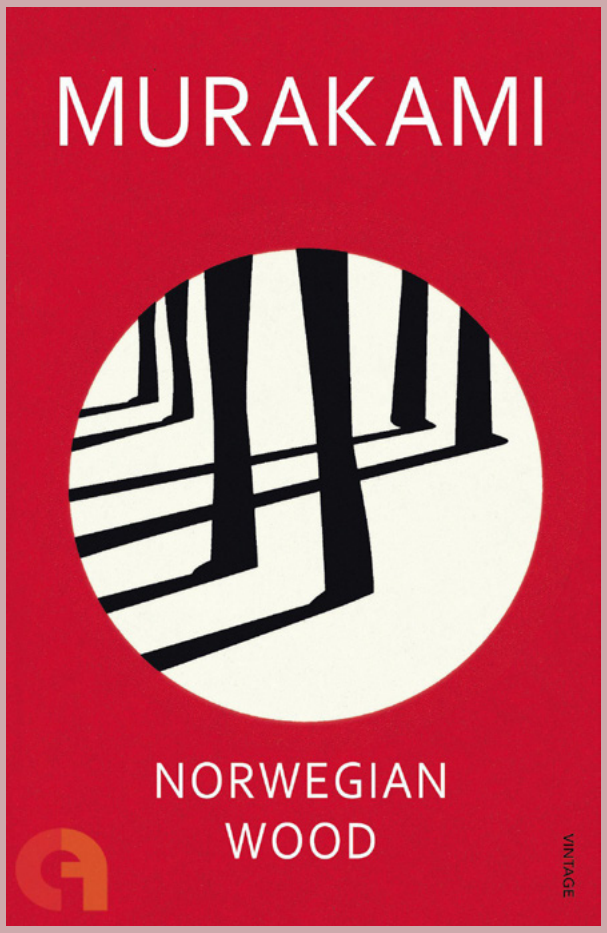
I MSW students performing Oyilattam

AKHILA L PRASAD
(I MSW)

STUDENTS' CORNER

BOOK REVIEW

NORWEGIAN WOOD



"Norwegian Wood" by Haruki Murakami is a mesmerizing and poignant exploration of love, loss, and the complexities of human relationships. Set against the backdrop of 1960s Tokyo, the novel follows Toru Watanabe, a college student grappling with the emotional weight of his past.

Murakami's writing style is characterized by its lyrical prose and introspective tone. He effortlessly weaves together the themes of nostalgia, melancholy, and longing, drawing readers into a world of deep emotions. The story unfolds through Toru's perspective, allowing us to intimately experience his journey as he navigates the labyrinth of his own heart.

One of the novel's primary focuses is the exploration of love and its many forms. Toru finds himself torn between two women: Naoko, his fragile and troubled childhood friend, and Midori, a vivacious and independent young woman. Through these complex relationships, Murakami delves into the intricacies of desire, intimacy, and the blurred boundaries of love.

Additionally, "Norwegian Wood" delves into themes of mental health and the profound impact it has on individuals. Naoko's struggle with depression and her fragile state of mind serve as a poignant reflection of the broader societal issues prevalent during the 1960s. Murakami treats mental illness with empathy and sensitivity, emphasizing the devastating effects it can have on those affected and the people around them.

The novel's pacing Is deliberate, allowing readers to immerse themselves in the introspective nature of the narrative. While the story may lack the fast-paced plotlines typically associated with popular fiction, it compensates with its depth and emotional resonance. Murakami's skillful characterization brings the cast of flawed and vulnerable individuals to life, making them relatable and engaging.

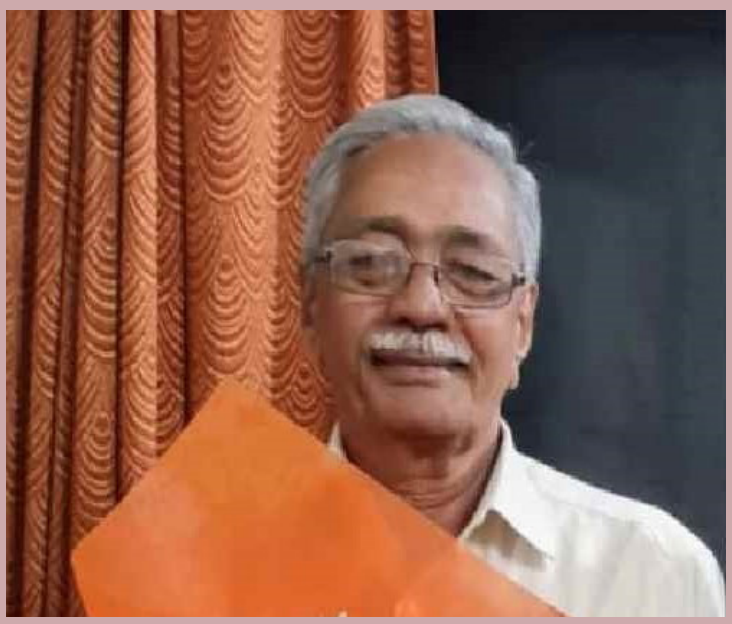
One of the novel's strengths lies in its ability to capture the essence of a specific time and place. The backdrop of 1960s Tokyo serves as a vibrant and contrasting setting, reflecting the societal changes and cultural tensions of the era. From the college campuses to the seedy underbelly of the city, Murakami paints a vivid picture that enhances the overall narrative.

"Norwegian Wood" is a novel that lingers in the mind long after the final page. It is a beautiful and introspective exploration of love, loss, and the fragility of the human spirit. While it may not suit readers seeking fast-paced action, its rich themes, evocative prose, and memorable characters make it a rewarding and thought-provoking read. Murakami's masterful storytelling is on full display, cementing his place as one of the most celebrated contemporary authors.

SREELAKSHMI MOHAN
(I MSW)

WELL- KNOWN SOCIAL WORKER

SHRI. GAJANAN JAGANNATH MANE: A BEACON OF INSPIRATION



A name that resonates with unwavering dedication and selfless service, is a true inspiration to many, Indian Navy veteran Gajanan Jagannath Mane who has been rendering his service to the downtrodden community, especially to Leprosy patients and their families, has been conferred with the Padma Shri award. Born on May 14, 1949, Shri Mane completed his basic education and completed the boiler competency examination that helped him professionally. Mane joined the Indian Navy at the age of 16, inspired by the Indo-China war and the sacrifices made in it by the soldiers. His remarkable achievements and compassionate nature have earned him respect and admiration from all who have had the privilege of knowing him.

From a young age, Mane showed a keen interest in education and a strong desire to uplift those around him. Despite facing numerous financial challenges, he persevered and completed his education, acquiring a degree in social work. This solid foundation laid the groundwork for his lifelong commitment to social welfare and community development.

Mane's impact on society is multifaceted. As a social worker, he initiated various programs aimed at empowering marginalized communities. He spearheaded campaigns for women's rights, advocating for equal opportunities and protection against domestic violence. Through vocational training initiatives, he equipped the youth with essential skills, enabling them to secure sustainable livelihoods. Mane also played a pivotal role in promoting education by establishing schools and scholarships for underprivileged children.

Beyond his work in social welfare, Mane is a champion of environmental conservation. Recognizing the need to preserve nature for future generations, he launched tree plantation drives, organized awareness programs, and actively participated in clean-up campaigns. His efforts have contributed to the restoration of local ecosystems and have inspired countless individuals to take action in preserving our planet.

Mane's selflessness and commitment to service extend to disaster relief and humanitarian efforts. In times of natural calamities or emergencies, he has been at the forefront, organizing relief camps, providing essential supplies, and offering solace to those affected. His compassionate approach

and unwavering support have provided hope and comfort to countless individuals during their darkest hours.

Shri. Gajanan Jagannath Mane's impact extends far beyond the boundaries of his village. His tireless efforts have been recognized and applauded at national and international levels. He has received numerous accolades and awards for his exceptional contributions to society. However, what truly sets Mane apart is his humility and his unwavering belief in the power of collective action. Despite his achievements, he remains grounded and continues to work towards his vision of a just and equitable society. He has been conferred with the prestigious Padma Shri for his altruistic contribution towards eradication and rehabilitation of leprosy patients and their families in Maharashtra.

In conclusion, Shri. Gajanan Jagannath Mane's journey is a testament to the transformative power of determination, compassion, and service. His unwavering commitment to social welfare, environmental conservation, and humanitarian aid serves as a beacon of inspiration for generations to come. Mane's life is a reminder that a single individual, armed with a genuine desire to bring about positive change, can make an indelible impact on the world. As we reflect on his remarkable achievements, let us be inspired to follow in his footsteps and strive for a more compassionate and just society

SREELAKSHMI MOHAN
(I MSW)

SCHEMES AND ACTS

ACTS

INDIAN EVIDENCE ACT 1872

The Imperial Legislative Council of India first approved the Indian Evidence Act (1) in 1872, during the British Raj, and it provides a collection of guidelines and affiliated matters governing the admissibility of substantiation in Indian courts of law. The Indian substantiation Act, also known as Act No. 1 of 1872 (2) and occasionally pertained to as the Indian Evidence Act, 1872, includes 167 vittles' and eleven chapters and went into effect on September 1, 1872. India was also a part of the British Empire. The Indian Evidence Act hasn't changed important throughout more than 125 times since it was legislated, with the exception of many irregular variations.

Emendations:

The 2005 Criminal Law Amendment Act, Act of 2018 (22 of 2018) to Amend the Criminal Law The 2019 Jammu and Kashmir Reorganisation Act. The Indian substantiation Act was legislated and put into effect as a ground- breaking legal measure that fully altered the sundries of what substantiation is permissible in Indian courts of law. The laws governing substantiation up to that point were innovated on the customary legal structures of India's colourful social groupings and communities, and they varied for colourful individualities according to their estate, community, religion, and social standing. An each- inclusive set of laws was established by the Indian substantiation Act. Sir James Fitz James Stephen, who might be considered the father of this comprehensive piece of legislation, put a lot of hard trouble into creating the law, which is largely what it's moment.

INNISAI ARASI. PON
(I MSW)

SCHEMES

CENTRAL SCHEME- THE ATAL PENSION YOJANA

The Atal Pension Yojana was included in the 2015–16 Union Budget by Mr. Arun Jaitley, who was the finance minister at the time. This programme is a pension plan that attempts to offer retirement benefits to members of the unorganized sector of society, such as housekeepers, gardeners, delivery boys, etc. People can apply for this programme even if they work in the private sector or for a company that does not offer pension benefits.

The Pension Fund Regulatory and Development Authority (PFRDA) oversees the functioning of the scheme. This scheme offers choices for receiving a fixed pension ranging from Rs. 1000 to Rs. 5000 for people who attain 60 years of age. Anyone interested in this programme must be between the ages of 18 and 40 and contribute at least for 20 years.

The government would guarantee the minimum pension under the Atal Pension Yojana, meaning that it will cover any gap in actual return on pension contributions that occurs over the period of contributions. The subscriber will receive enhanced scheme benefits if, on the other hand, the real return on pension contributions is higher than the return during the term of contribution for the minimum guaranteed pension.

Each eligible subscriber who joins the plan between 1 June 2015 and 31 March 2016 and who is a member of any other social security scheme will get a co-contribution from the government equal to 50% of the total payment, or Rs. 1000 per year, whichever is less. Neither a beneficiary nor an income tax payer. From the fiscal year 2015–16 through the fiscal year 2019–20, the government will co-contribute for 5 years.

As of right now, members of the National Pension System (NPS) are entitled to tax breaks for their payments as well as investment profits. Additionally, only the subscriber's pension income is considered ordinary income and is taxed at the applicable marginal rate upon the purchase price of an annuity upon exiting the NPS. Similar tax treatment is applicable for subscribers of APY.

VINAYA V M
(I MSW)

HIMAYAT- DEEN DAYAL UPADHYAYA-GRAMEEN KOUSHALYA YOJANA

HIMAYAT is a placement linked skill training programme launched by the Ministry of Rural Development, Jammu and Kashmir in the year 2016. The scheme aims at providing entrepreneurial skills to 30,000 youths of J&K and facilitate financial services to at least 50% over a period of 4 years. The scheme is being implemented by Jammu and Kashmir Entrepreneurship Development Institute in partnership with Entrepreneurship Development Institute of India (EDI) Ahmedabad, as a monitoring agency. This scheme is a part of National Rural Livelihood Mission (NRLM) with major objectives of:
Providing career opportunities for rural youth
Incorporating diversity of income to the poor families in rural areas
FEATURES OF HIMAYAT SCHEME:

- The programme covers both rural and urban people irrespective of their poverty level
- The duration of the course is 3- 12 months
- The training is provided in various sectors like health care, retail, banking and finance, IT, automobile, beauty and wellness etc
- Computer-oriented skills, soft skills, English communication skills, the technical skills needed for the particular job are been provided to the youths

BENEFITS OF THE PROGRAMME:

- The training is free of cost and the trainee will receive all the materials like workbooks, notebooks, study material at free of cost
- The trainees will receive certificate after the completion of the training
- Residential facilities will be provided to the trainees and if not provided 50 rupees per day will be credited to their respective bank accounts if he/ she attends the class
- Trainees will receive post placement support of Rs. 12000 at Rs. 1000/ 2 months

ELIGIBILITY:

- The trainee should have completed class 8 and should be between 18- 35 years
- The age limit for women candidates and candidates belonging to PVTGs, PwDs, transgender and other special groups is 45 years
- The applicant should be a permanent resident of Jammu and Kashmir

DDU-GKY
Deen Dayal Upadhyaya
Grameen Kaushalya Yojana
Empowering India • Powering the World

JAI SWATHIKA S
(I MSW)

CURRENT
AFFAIRS

MAY 2023

1. The Green Shift: The Low Carbon Transition of India's Oil and Gas Sector

In a recent report released by the Energy Transition Advisory Committee (ETAC), titled "The Green Shift: The Low Carbon Transition of India's Oil and Gas Sector," the Ministry of Petroleum and Natural Gas (MoP & NG) emphasized the need for India's energy transition and highlighted various pathways to achieve a low-carbon future. One promising solution highlighted in the report is the use of Compressed Biogas (CBG) as an alternative to imported fossil natural gas. While CBG production has gained momentum globally, with European and North American markets leading the way, India is still in the early stages of implementation. As of March 2023, only 46 out of the planned 5,000 CBG plants have been commissioned under the Sustainable Alternative Towards Affordable Transportation (SATAT) scheme. However, the Union government has set ambitious goals to increase the proportion of gas in the energy mix to 15% by 2030, positioning CBG as a crucial domestic energy source.

2.What is Sengol?

In the upcoming inauguration of the new Parliament building, a significant item called the 'Sengol' sceptre will be installed at a prominent spot. The 'Sengol' sceptre carries significant historical significance as it was gifted to Jawaharlal Nehru, India's inaugural Prime Minister, representing the handover of authority from the British colonial rule. Derived from the Tamil word 'semmai,' which means excellence, the 'Sengol' represents the embodiment of power and authority. To bring the 'Sengol' sceptre to life, Chennai-based jewellers Vummidi Bangaru Chetty undertook the task of crafting this historic symbol. They meticulously designed the five-foot-long sceptre, featuring the majestic figure of Nandi, the divine bull, atop it. Nandi symbolizes 'nyaya,' representing the ideals of justice and fairness.

3. G20 High-Level Principles on Hydrogen

The global shift towards clean and sustainable energy sources is gaining momentum as countries strive to reduce greenhouse gas emissions and combat climate change. In this context, India has proposed a discussion on global standards for 'green, clean, and low carbon' hydrogen at the recent G20 Energy Transition Working Group meeting. India's proposal aims to establish global standards for hydrogen production that align with sustainability goals. The proposed emission limit for hydrogen production is up to 2 kg of carbon dioxide equivalent per kg of hydrogen. Initially, the proposal focused on 'green hydrogen,' but after suggestions from member countries, considerations for 'clean and low carbon' hydrogen were also included.

4. Education Ministry's Workshop Unifying School Boards for Enhanced Assessment

The Ministry of Education recently organized a workshop in New Delhi with the objective of unifying school examination boards across different states and union territories. The workshop aimed to address the need for a common platform and harmonized practices for school assessments and examinations. The workshop revolved around the crucial goal of unifying school examination boards under one umbrella. This initiative seeks to establish a cohesive system that streamlines assessment practices and standards across the educational landscape of the country. By bringing together the diverse boards operating in different states and union territories, the aim is to ensure consistency, fairness, and equity in the evaluation of students' performance.

5. Rayyanah Barnawi

Rayyanah Barnawi made history as the first Arab woman to venture into space. The highly anticipated maiden space mission of Saudi Arabia took place on May 21. Barnawi, along with her co-astronaut Ali al-Qarni, embarked on their journey aboard the SpaceX Falcon 9 rocket. Renowned astronauts Peggy Whitson and John Shoffner joined Barnawi and al-Qarni on this significant mission. Together, they formed a team representing both Saudi Arabia and the United States. The mission held great

importance for Saudi Arabia as it strove to expand its space science education and reduce its reliance on oil, in alignment with the Vision 2030 reform program. This program aimed to create new opportunities and jobs for young Saudis while driving economic diversification.

6.76th World Health Assembly

The 76th World Health Assembly, a significant global health event, is scheduled to be held from May 21 to May 30 in Geneva, Switzerland. This annual assembly serves as a platform for representatives from all member states of the World Health Organization (WHO) to come together and address pressing health issues that affect people worldwide. Among the esteemed participants, Union Health Minister Mansukh Mandaviya will be representing India at this influential gathering. This year's assembly revolves around the theme: "WHO at 75: Saving lives, driving health for all." It underscores the importance of prioritizing global health efforts to ensure the well-being and prosperity of all individuals, irrespective of geographical location or socioeconomic background. The theme emphasizes the need for collaborative action and innovative strategies to address health inequalities and promote universal health coverage.

7. Kudumbashree Celebrates Silver Jubilee

President Droupadi Murmu, during her recent visit to Kerala, inaugurated the silver jubilee celebrations of Kudumbashree, the largest self-help group network in the country. The event celebrating the silver jubilee of Kudumbashree provided the opportunity to assess its accomplishments, examine the quality of life of its members, and plan for future sustainable development goals. As part of the celebrations, President Murmu also released a handbook titled "Chuvadu," which encapsulates the ideas and achievements of Kudumbashree. This handbook provides a roadmap for the future of the organization, showcasing its progress and guiding its future endeavors.

8. RBI Withdraws Rs.2,000 Denomination Notes

The Reserve Bank of India (RBI) has recently taken a significant step by withdrawing the Rs 2000 banknotes from circulation. The RBI has decided to withdraw Rs.2,000 notes as it has fulfilled the currency requirement objective and the availability of alternative denominations. Initially introduced to meet the urgent need for currency after the demonetization exercise in 2016, the printing of these notes ceased in 2018-19 as the objective was achieved and other denominations became adequately available. The Clean Note Policy is an important aspect of the RBI's initiatives to provide the public with good-quality currency notes and coins that incorporate enhanced security features. It aims to ensure that soiled notes are withdrawn from circulation.

9.G-7 Hiroshima Summit

The G7 summit brings together leaders from seven of the world's most powerful democracies to discuss pressing global issues. As the summit rotates among its member countries, this year's meeting is being hosted by Japan. The Group of Seven, composed of Canada, France, Germany, Italy, Japan, the United Kingdom, and the United States, focuses on a wide range of topics, including economic policy, security, climate change, energy, and gender equality. The G7 summit serves as a platform for leaders of the seven member nations to engage in discussions and decision-making processes that shape global policies. With its origins dating back to 1975, when France hosted a meeting of the then-Group of Six nations to address the repercussions of an Arab oil embargo-induced recession, the G7 has evolved to address contemporary global challenges. Canada joined a year later, expanding the group to seven members.

10.Exercise Jal Rahat

The Indian Army's Gajraj Corps, in collaboration with various disaster management groups, recently conducted a joint flood relief drill called 'Exercise Jal Rahat.'The drill took place at Hagrama Bridge on the Manas River in Assam, aiming to enhance flood relief preparedness ahead of the monsoon season. The exercise emphasized coordination among multiple agencies and focused on efficient rescue operations and the utilization of innovative strategies. Exercise Jal Rahat aimed to strengthen the preparedness of flood relief efforts. Recognizing the challenges posed by monsoon floods, the drill focused on improving coordination between different organizations involved in disaster response. Alongside the Indian Army's Gajraj Corps, personnel from Sashastra Seema Bal (SSB), National Disaster Response Force (NDRF), State Disaster Response Force (SDRF), District Disaster Management Authority (DDMA), and police representatives participated in the exercise.

MEGHA B NAIR
(I MSW)

INTERNSHIP

Hamari Pahchan NGO

https://internshala.com
Work From Home
START DATE: Immediately
DURATION: 1 Month
STIPEND: Unpaid
APPLY BY: 24/5/2023
About the Internship: Hamari Pahchan is an NGO that gives a platform to deserving people from across the society. The team is filled with a will to contribute towards the society, focusing on making people happier and filling them with chances of success. Selected intern's take up the responsibility of Working on social media campaigning, Take an active part in the weekly task of writing our suggestions and strategies which will help us in organizational growth and at the same time help the candidate in building strategies and Working on content writing which should be original and will be published on our website as well as other social media handles.
Benefits: -
Certificate
Letter of recommendation
Flexible work hours
Only those candidates can apply who:
1. Are available for the work from home job/internship
2. Can start the work from home job/internship between 10th May '23 and 14th June '23
3. Are available for duration of 1 month
4. Have relevant skills and interests
* Women wanting to start/restart their career can also apply.
To know more & apply:
https://internshala.com/internship/detail/social-entrepreneurship-work-from-home-job-internship-at-hamari-pahchan-ngo1683704610

Indian Social Responsibility Network

https://internshala.com
LOCATION: Delhi
START DATE: Immediately
DURATION: 3 Months
STIPEND: Unpaid
APPLY BY: 2/6/2023
About the Internship: Indian Social Responsibility Network (ISRN) is a multi-dimensional facilitation network working in the domain of CSR and sustainable development in India. Registered under the Indian Trusts Act of 1882, ISRN was founded with a philosophy of relationship building, beyond funding and a vision to facilitate the effective channelization of efforts, skills, resources, and outreach to the corporate, VOs and the government to contribute to the overall development of Indian society. Selected intern's take up the responsibility of Formulating strategies and communication plans, Addressing the queries and feedback from the field, Maintaining, organizing, and analysing the data and reports and Planning and implementation of the C20 program.
Benefits: -
Certificate
Letter of recommendation, Job Offer
Only those candidates can apply who:
1. are available for full time (in-office) internship
2. can start the internship between 18th May'23 and 22nd Jun'23
3. are available for duration of 3 months
4. have relevant skills and interests
* Women wanting to start/restart their career can also apply.
To know more & apply:
https://internshala.com/internship/detail/social-work-c20-internship-in-delhi-at-indian-social-responsibility-network1684474321

Youth Empowerment Foundation

https://internshala.com
LOCATION: Pitampura
START DATE: Immediately
DURATION: 6 Months
STIPEND: 5000 / Month
APPLY BY: 1/6/2023
About the Internship: Youth Empowerment Foundation (YEF) is an NGO that is working for the education of underprivileged children and providing skill training and livelihood programs for the deprived communities. Selected intern's take up the responsibility of conducting promotional activities, assisting the team in fundraising, helping in raising the funds and Handling all sorts of volunteering activities.
Benefits: -
Certificate
Only those candidates can apply who:
1. Are available for full time (in-office) internship
2. Can start the internship between 18/05/23 and 22/0623
3. Are available for duration of 6 months
4. have relevant skills and interests
To know more & apply:
https://internshala.com/internship/detail/social-work-internship-in-pitampura-at-youth-empowerment-foundation1684411880

Raise India Foundation

https://internshala.com
WORK FROM HOME
START DATE: Immediately
DURATION: 6 Weeks
STIPEND: 1,000 /month + Incentives
APPLY BY: 2/6/2023
About the Internship: Raise India Foundation is a nationally registered not-for-profit organization working for the betterment of the underprivileged. The vision is to provide those in need with opportunity, dignity, and hope so that they can change themselves, their family, and their community. From 2019 to 2020, Raise India Foundation directly reached out to 1 million people through 7 projects running across India, mainly in Bihar, Uttar Pradesh, Madhya Pradesh, and Delhi. Selected intern's take up the responsibility of Designing social media campaigns, enhance public relations, creating content for social media pages, working on participation in campaigns organized by the foundation.
Benefits: -
Certificate
Letter of recommendation
Flexible work hours
Only those candidates can apply who:
1. are available for the work from home job/internship
2. can start the work from home job/internship between 18th May'23 and 22nd Jun'23
3. are available for duration of 6 weeks
4. have relevant skills and interests
To know more & apply:
https://internshala.com/internship/detail/social-work-work-from-home-job-internship-at-raise-india-foundation1684471964

Sarvam Foundation

https://internshala.com
Work From Home
START DATE: Immediately
DURATION: 6 Months
STIPEND: Unpaid
APPLY BY: 1/6/2023
About the Internship: Sarvam Shakti, a key project at Sarvam Foundation, is a unique and liberating education program for the urban slum girl child. It focuses on creative education, especially intensive training, in Indian performing arts and yoga. It empowers marginalized girls in India through a skills-based curriculum and well-being program to find confidence, self-worth, and purpose in their lives. Selected intern's take up the responsibility of Developing and implement creative strategies to engage students, Monitoring the progress and attendance of students and support the teaching staff with administrative and teaching tasks.
Benefits: -
Certificate
Letter of recommendation
Flexible work hours
Five days a week
Only those candidates can apply who:
1. Are available for the work from home job/internship
2. Can start the work from home job/internship between 17th May'23 and 21st Jun'23
3. Are available for duration of 6 months
4. Have relevant skills and interests
* Women wanting to start/restart their career can also apply.
To know more & apply:
https://internshala.com/internship/detail/english-tutoring-spoken-written-work-from-home-job-internship-at-sarvam-foundation1684383920

APARNA T
(I MSW)

JOB OPPORTUNITIES

MSW

1. SOCIAL WORKER- CHD Railway Children India (RCI)
Location: Delhi
Work experience: at least 3 years of experience in working on child protection issues
Job Email id: careers.india@railwaychildren.org.in
Apply by: 13 June 2023

2. Community Outreach Worker
Railway Children India (RCI)
Location: Delhi
Work experience: Minimum 2 years of relevant work experience in the development sector. Freshers can also apply
Job Email id: careers.india@railwaychildren.org.in
Apply by: 13 June 2023

3.State Project Coordinator- Convergence Domain
Kudumbashre-NRO
Location: Kerala
Salary: 47,200 per month
Job email id: keralanrorecruitment@gmail.com
Apply by: 19 June 2023

4.Sr. Project Coordinator
Centre for Social and Behaviour Change Communication (SBC3)
Location: Mumbai, Maharashtra
Job Email id: contact(at)centreforsbcc.org
Apply by: 29 June 2023

5.Project Manager- Citizens Foundation
Location: Papum Pare, Tamulpur, Arunachal Pradesh, Assam
Work experience: experience of 8-10 years
Job Email id: jobs(at)citizensfoundation.org
Apply by: 29 June 2023

6.Project Coordinator- Prerak
Location: Rajim, District- Gariaband, Chhattisgarh
Experience: Minimum of 3 to 5+ years of relevant experience in rural livelihood, preferably working with NGOs.
Job Email id: prerakcg(at)gmail.com
Apply by: 15 June 2023

7.Social Worker- Atchayam Trust
Location: Erode, Tamil Nadu
Job Email id:atchayamtrust(at)gmail.com
Apply by: 25 June 2023

8.MEAL Manager- The Catholic Health Association of India (CHAI)
Location: Hyderabad, Telangana
Work experience: Minimum of 7 years of relevant experience
Job website: https://www.surveymonkey.com/r/CGKHMQC
Apply by: 15 June 2023

9.Counsellor- Ganga Social Foundation
Location: Mansa, Punjab
Work experience: 1 year of experience in Counseling/educating under National Health Programmes.
Job Email id: gangasocialfoundation(at)gmail.com
Apply by: 25 June 2023

10. Program Officer- Akshara Centre
Location: Mumbai, Maharashtra
Work experience: Fresher and with experience of 2-3 years
Job Email id: nanditag(at)aksharacentre.org
Apply by: 30 June 2023

ANJALI
(I MSW)

IMPORTANT DATES

June 1:	World Milk Day
June 3:	World Bicycle Day
June 4:	International Day of Innocent Children Victims of Aggression
June 5:	World Environment Day
June 7:	World Food Safety Day
June 8:	World Ocean Day and World Brain Tumour Day
June 12:	Anti-Child Labour Day
June 13:	International Albinism Awareness Day
June 14:	World Blood Donor Day
June 15:	World Wind Day
June 18:	International Father's Day
June 20:	World Refugee Day
June 21:	International Day of Yoga, World Music Day
June 23:	United Nations Public Service Day and International Olympic Day
June 26:	International Day against Drug-Abuse and Illicit Trafficking

ANJALI
(I MSW)

ALUMNI CORNER

Name
Maumita Goswami

Roll number
CB.SW. P2MSW12006

Batch
2012-2014

Mobile number
+447436893811

Email address
maumitagoswami19@gmail.com

Present organisation details

Pursuing higher studies at University of Gloucestershire U K

Job title
Pursuing MBA

How was your life at Amrita?

It was an entirely unique experience to see individuals from all cultures interact freely. With the exception of the temperature and the fact that eating vegetarian food at first was difficult, the two years were well spent.

What are the key skills that you learned at Amrita that helped your career?

Communication, interpersonal, to be empathetic and most important listening skill

How is the current scope of Social Work?

Not sure because I travelled abroad for higher education, although options existed at the time, but the pay was insufficient to support me and advancements were gradual.

What message would you like to give for the current MSW students?

I would advise upgrading yourself with the numerous courses that are offered or events, and socialising is one of the crucial tools. Having an MSW degree is not the end, it is just the beginning. Open your heart and seize any opportunity you can, especially during fieldwork where you may put your theoretical knowledge to use.

What are your key responsibilities in the present job?

I am pursuing my MBA in the United Kingdom

Who is/are your inspiration?

My parents, who have always supported me in all of my endeavours, especially allowing me to pursue a second Master's degree in the United Kingdom.

Anything else you would like to share?

Even though your teachers reprimand you for bothering them, they used to be the happiest people when they saw you improving, so trust yourself and speak out anytime you need help.

UGC NET (JULY 2018) SOLVED QUESTION PAPER (PAPER – 2)

1.Practice wisdom denotes:
a. Skills based on personal experiences of other social workers.
b. Skills based on personal experiences in research.
c. Skills based on personal experience in practice.
d. Skills based on common sense.
2. 'Active Listening' concept was developed by
a. Carl Rogers
b. William Reid
c. Sigmund Freud
d. John Bowlby
3. Which one of the following cannot be dealt by social work as
a. Conscious
b. Pre-conscious
c. Sub-conscious
d. Unconscious
4. Square root of the average of squares of deviations, when such deviations for the Individual items in a series are obtained from arithmetic average is known as :
a. Mean deviation
b. Standard deviation
c. Ranged
d. Skewness
5. Those who tend to be solitary, insensitive and uncaring about others are high on :
a. Assertiveness
b. Agreeableness
c. Manipulation
d. Psychoticism
6. Culture is
a. Genetically transmitted
b. Socially transmitted
c. Politically transmitted
d. Genetically and politically transmitted
7. Peer group is a group whose members share
a. similar playground
b. similar circumstances
c. similar study circle and books
d. similar values
8. Which of the following community approaches was not given by M.G. Ross ?
a. The specific content approach
b. The general content approach
c. The process approach
d. The social planning approach
9. "Functional approach" in social case work was developed by
a. Jessie Teft
b. Otto Rank
c. Gordon Hamilton
d. Talcott Parsons
10. Who among the following is/are best associated with models – social goals, remedial and Reciprocal – of social group work?
a. G. Konopka
b. Tosel and & Rivas
c. Papell and Rothman

Answer 1. (C), 2. (A), 3. (D), 4. (B), 5. (D), 6. (B), 7. (B), 8 (D), 9. (B), 10. (C)

APARNA T
(IMSW)

Contact:
Dept. of Social Work
Amrita Vishwa Vidyapeetham
Amrita Nagar (P.O)
Coimbatore - 641 112. Tamil Nadu-INDIA

Email: msw@amrita.edu , mswudaan@gmail.com,

Website: https://www.amrita.edu/school/socialwork

Facebook https://www.facebook.com/mswamrita

Instagram : https://instagram.com/amrita_msw_coimbatore?igshid=MDM4ZDc5MmU=

Subscribe at : www.youtube.com/mswamrita

Linkdin: https://www.linkedin.com/company/department-of-social-work-amrita-vishwa-vidyapeetham-coimbatore/

Disclaimer

This newsletter is intended only for informational purposes. It does not constitute legal advice, and should not be construed as such. It is intended only for spreading information about the departmental activities. It is only meant for internal circulation. The views and facts expressed are not necessarily in the view of Amrita Vishwa Vidyapeetham.