

# AMRITA UDAAN



A LEAP FORWARD

Monthly Newsletter

SEPTEMBER 2022

Volume 04 Issue 09

Our efforts to remove hatred and indifference from the world begin by trying to remove them from our own mind.  
-- Mata Amritanandamayi Devi



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SEPTEMBER 2022



# Department of Social Work



**Dr.P.RANGASAMI**  
CHAIRPERSON



**Dr.V.PRIYA**  
ASSISTANT PROFESSOR



**Dr.S.KANAGARAJ**  
ASSISTANT PROFESSOR



**Dr S VELMURUGAN**  
ASSISTANT PROFESSOR



**Mr.T.SATHISHKUMAR**  
ASSISTANT PROFESSOR



**Mr.V.S.VARUNANVELU**  
ASSISTANT PROFESSOR



**Mrs.AMBIKA  
BALAKRISHNAN**  
EXECUTIVE ASSISTANT



# THE TEAM

## EDITING DEPARTMENT



**FACULTY CHIEF EDITOR**  
Dr.S. KANAGARAJ  
ASSISTANT PROFESSOR



UDITI JAIN ( HEAD )  
( I MSW )



MALATHI M P  
( I MSW )



NAYANA I ( HEAD )  
( I MSW )



ARSHIDA M T  
( I MSW )



SHERIN SUSAN JOHN  
( I MSW )

## DEPARTMENTAL ACTIVITIES

## CONTENT CREATORS



PARVATHY R ( HEAD )  
( I MSW )



DEEPTI M  
( I MSW )



MEENAKSHI JAYAPRAKASH  
( HEAD ) ( I MSW )

## STUDENTS' CORNER

## DESIGNING TEAM



ABHIRAMI SHAJ ( HEAD )  
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ANUSHREE M KRISHNAN  
( I MSW )



## ABOUT AMRITA UDAAN

Amrita Udaan is the monthly newsletter of the Dept. of Social Work. It is completely managed by the students under the guidance of the Faculty. It mainly covers the departmental activities, articles on various social issues, book review, movie review, drawings, posters, alumni interviews, guidance and solved previous year question papers of UGC-NET. The contents are contributed mainly by the students, alumni and faculty members. It is successfully publishing every month since October 2019.

## Department at a glance

• <b>I MSW</b>	<b>- 53</b>
• <b>II MSW</b>	<b>- 37</b>
• <b>Faculty Members</b>	<b>- 06</b>
• <b>Executive Assistant</b>	<b>- 01</b>
• <b>Ph.D scholars</b>	<b>- 15</b>
<b>Full time</b>	<b>- 02</b>
<b>Part-time</b>	<b>- 13</b>

# Departmental Activities





# Dr. S. Velmurugan has joined the Department of Social Work, Amrita Vishwa Vidyapeetham, as an Assistant Professor.

After completing Master of Social Work, Dr. S. Velmurugan worked with different NGOs like Craft Council of India, Care India and Hand in Hand which were all based in Tamil Nadu. Soon afterwards, in order to pursue higher studies, specifically to do an M.Phil in Psychiatric Social Work, he joined NIMHANS, Bangalore in 2009. Later, he got his PhD degree from Indian Institute of Science, Bangalore in 2018. After being in the corporate sector for a year, he soon moved to academia and worked as an Assistant Professor for three years.

As he could earn all the degrees starting from Post Graduation till his Doctoral from various reputed institutions, he decided to choose Amrita Vishwa Vidyapeetham over other colleges as it is a world-class institution. He believes that his time here would help in contributing to academia as well as enrich his personal knowledge.

The team of Udaan heartily welcomes Dr. S. Velmurugan!



NAYANA  
II MSW

# The Department of Social Work, Amrita Vishwa Vidyapeetham, conducted the orientation session for the 16th batch of Master of Social Work on 15th September, 2022



The Department of Social Work, Amrita Vishwa Vidyapeetham, conducted the orientation session for the 16th batch of Master of Social Work on 15th September, 2022. The session was chaired by Dr. V. Priya and attended by Dr. S. Kanagaraj, Mr. T. Sathish Kumar, and Mr. V. Varunanvelu. A total of 56 students were present in the session. The students were given a brief introduction about the field of Social Work and the expectations from a Social Worker. They were also briefed about the department and the various department-level activities that take place as a part of the curriculum. Apart from that, each faculty member imparted their knowledge on how to excel in the field of academia while balancing several tasks at once.



UDITI JAIN  
(II MSW)



# Social Work faculty members participate in Mastery Over Mind (MAOM) pedagogy workshop



Dr. S. Kanagaraj and Mr. V. S. Varunan Velu, faculty members from Dept. of Social Work, Amrita Vishwa Vidyapeetham, Coimbatore campus participated in one-day pedagogy workshop on teaching and delivering MAstery Over Mind (MAOM) course on September 17, 2022 at Amritapuri Campus. Around 150 faculty members from Amrita campuses at Coimbatore, Amritapuri, Kochi, Bengaluru, Mysuru, Chennai, Amaravati.

The workshop commenced with a lamp lighting and a benedictory address by Pujya Swami Shubamritananda Puri of the Mata Amritanandamayi Math, who also led a guided meditation session followed by a Q&A session. A short video showcased the milestones of MAOM highlighting students' feedback from our recent sessions.

The pedagogy illustration was led by MAOM co-ordinator and Amrita Darshanam professor, Brahmacharini Deepthi V Valsan. Sessions on the introduction to MAOM, stress management science of meditation, effects of meditation on communication, relationship and compassion-driven actions were delivered by Dr. Deepak Gupta, Professor, Amrita School of Business, Dr. Shobhana Madhavan, Professor, Amrita School of Business, Prof Udhayakumar, Brahmachari Chandrasekhar, Dr. Ramya Neelamegham (IIM Bangalore), and Mr. Sandeep Bodda (Amrita Mind Brain Centre). Participants also attended the evening session at the Amritapuri Ashram with our Chancellor Amma. MAstery Over Mind (MAOM) is a University-wide

initiative at Amrita Vishwa Vidyapeetham for stress management, good health and well-being of all students, faculty members and staff. With roots from Indian culture, this course and program is part of our efforts for sustainable stress reduction (UN SDG -3) and introduces immediate and long-term benefits of ancient tradition-based stress reduction methods. This year, all the first year undergraduate and postgraduate students comprising 4000 students from 140 batches are being trained through a 2-credit course. Based on a meditation technique offered by our Chancellor and world-renowned humanitarian and spiritual leader, Sri Mata Amritanandamayi Devi (Amma), MAstery Over Mind Program is offered free of cost for all members of Amrita.



Dr. S. Kanagaraj  
(Assistant Professor)



# Udaan Orientation cum Induction Meeting

On 19.09.2022, the Orientation cum Induction Meeting for Amrita Udaan was held in Room D-401. Dr. S. Kanagaraj, Faculty Chief Editor, presided over the meeting. The purpose of this meeting was to orient the MSW I students regarding the monthly newsletter and its different departments. An experience sharing session via MS Teams with the previous position-holders of Udaan was also carried out to give the students a bird's eye-view of Udaan. Mr. Arun JS John, Mr. Harikrishna MG, Ms. Meenakshi DH, and Ms. Aswini Ajay, despite their busy schedules, joined the session and boosted the morale of the juniors. Ms. Uditi Jain, Student Chief Editor, explained about the humble beginnings of Udaan and gave an overview about the different departments of Udaan. Later, the members of each department were invited to give a detailed orientation about their department and the work that is carried out by them.

A Google form was later sent to the students and 27 students volunteered to join Amrita Udaan.



**Ettimadai, Tamil Nadu, India**

**AB2 extension, Amrita Vishwa Vidyapeetham, Ettimadai, Tamil Nadu 641112, India**

**Lat 10.904446°**

**Long 76.89874°**

**19/09/22 03:08 PM GMT +05:30**



UDITI JAIN  
(II MSW)



# Invited talk by Dr. Priya V on Sensitization on Gender and Safe learning environment for children at Sainik School, Amaravathinagar, Tamil Nadu



The Sainik School at Amaravathinagar in Tirupur, Tamil Nadu conducted a Coordination Committee meeting for the Internal Complaints Committee and Student Safeguarding Advisory Committee on 20.09.2022. Dr. Priya V, Assistant professor was invited as an external member of the Internal Complaints Committee which was to ensure a Safe workplace for the women at the Sainik School. She was also invited to be an external member of the Student Safeguarding Advisory Committee to ensure a safe learning environment for the cadets in the school.

Dr. Priya V conducted an awareness session on Gender sensitization for the teachers and the staff at the Sainik school focusing on the highlights of Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act 2013. The faculty were also oriented on the rights of children with reference to the Protection of Children from Sexual Offences Act 2012. The session began with an introduction of Dr. Priya V by Capt (IN) K Nirmal Raghu VSM, Principal, Sainik School, Amaravathinagar, Tirupur, Tamil Nadu. Wg. Commander Deepthi Upadhyaya, Vice Principal, Sainik School also attended the program. Capt (IN) K Nirmal Raghu VSM emphasized that the crime rates and abuse against children are on the rise and there is a urgent need to address it by creating awareness among the stakeholders on protecting children and understanding their rights.

30 members including the teachers and staff attended the sensitization programme from 2: 00 pm to 4:00 pm. The topics that were discussed included the types of harassment that a woman can face in the workplace and the kind of redressal system that is available in the organization now, to whom it has to be reported and the confidentiality of the identity of the aggrieved person. The session also gave insights into the need for protecting the rights of the child; how it results in the holistic development of the child. Creating awareness among the stakeholders on protecting children and understanding their rights will help in enhancing the quality of life of children. The participants raised questions on tackling the misleading reports given by children against teachers. The penalties and the punishments that are imposed on those who abuse children were also clarified. The session ended at 4:00 pm and Capt (IN) K Nirmal Raghu VSM presented a memento to Dr. Priya V.



Dr. V. Priya  
(Assistant Professor)

# Breaking Records, Creating History: Sreerag Rajan clinches Gold in the Annual Sports Meet



In the Annual Sports Meet, Sreerag Rajan of MSW II represented Chinmayi House in the High Jump event. Competing against several agile athletes of all the houses, Sreerag not only managed to win the Gold medal but also broke the 20 years-old record by jumping over the bar which was set at 1.74 metres. The Department of Social Work and the entire team of Udaan heartily congratulates Sreerag Rajan for achieving this feat.



UDITI JAIN  
(II MSW)



# Report of Rural Camp 2022 - Daksha' 22

The Department of Social Work, Amrita Vishwa Vidyapeetham, Coimbatore campus organized a 7 day tribal/rural camp for 37 MSW 2021 batch students from 23.09.2022 to 29.09.2022 in association with Nilgiris Adivasi Welfare Association (NAWA), Kotagiri, The Nilgiris. The social work trainees were accompanied by Dr. V. Priya, Assistant Professor, Department of Social Work, Amrita Vishwa Vidyapeetham, Coimbatore and Mr. V. S. Varunanvelu, Assistant Professor, Department of Social Work, Amrita Vishwa Vidyapeetham, Coimbatore.

During the above period, the camp was conducted in Kolikarai village in Kotagiri. Kolikarai is located in the midst of a coffee estate and a reserve forest under Mudumalai Tiger Reserve. This village is inhabited by Irula tribes of Nilgiris. Female social work trainees stayed in Dr.Narasimman Hospital (exclusively for tribal population and managed by NAWA) and male social work trainees stayed in ICDS Anganwadi center. Social work trainees were grouped into various committees in order to plan and execute the camp activities.

The following are the highlights of the Camp

23.09.2022: Inauguration of the camp by Mr.Vijay kumar, Director, Education & Finance, NAWA, Kotagiri.

24.09.2022:

Orientation programme at NAWA. Mr. Prabhakaran, Administrative officer of NAWA conducted a session on management and administration.

Dr. Laxmana Bharathi, Senior Scientist, NAWA – ICMR Sickle Cell project, conducted a sensitization session on sickle cell and sickle cell anemia.

Mr. Subramaniam, Coordinator, NAWA – Childline 1098, oriented the trainees about the functioning of Childline in Kotagiri region and discussed the problems faced by children in this region.

Dr. Alwas, Secretary of NAWA discussed the role of social workers and skills & competencies requested for a social worker.

The social work trainees visited TANTEA – Quinshola Tea Factory. This factory is managed by Tamilnadu Tea Plantation Corporation under Government of Tamilnadu. This corporation was established for the rehabilitation of Srilankan Repatriates. During the visit, Mrs. Hemalatha, Assistant Conservator of Forest (ACF) & Manager i/c, orientated the trainees regarding the processing of tea leaves in Quinshola factory.

Evaluation of the day was done by Dr. P. Rangasami, Associate Professor & Chairperson, Department of Social Work, Amrita Vishwa Vidyapeetham, Coimbatore.



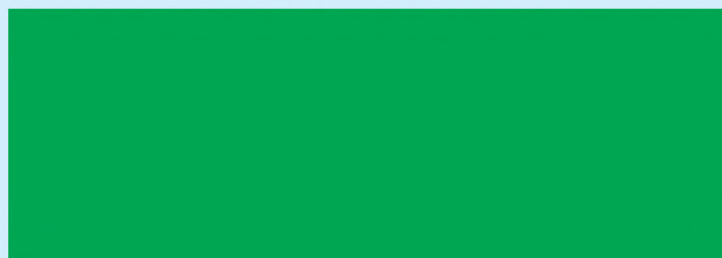


25.09.2022: Dr. V. Priya and Mr. V. S. Varunanvelu orientated the social work trainees about Participatory Rural Appraisal (PRA). The trainees, under the guidance of Dr. P. Rangasami, practiced PRA in Kolithurai (Kurumba Village 3 kms from Kolikarai) and Athipadi (1 km from Kolikarai). During this field exercise, the trainees hiked 7 kms in the reserve forest.

26.09.2022:

Mr. S. Ajay, Associate Coordinator of WWF India, conducted an E-PRA session for the social work trainees using the E – PRA tools such as Google Earth, Q-GiS and Kobo Collect.

In the noon, the trainees explored and applied PRA techniques in Kolikararai village.



27.09.2022: Trainees travelled to Ooty to visit various Government departments and Stakeholders.

Visited District Adi Dravidar and Tribal Welfare Department – Ms. Suganthi Parimala, Deputy Collector & Adi Dravidar and Tribal Welfare officer, Ms. Manimegalai, Special Tahsildar, orientated the trainees on the welfare schemes and programmes for the development of tribal population.

Visited Indian Institute of Social and Water Conservation, Ooty. During the visit Dr. Kannan, Principal Scientist and Dr. Sudhir, Senior Scientist, oriented the trainees on the mandate and objectives of the institute, activities being carried out and the role of social workers in prevention of soil degradation and water conservation.







Visited Pagalkod Mund (Toda tribal settlement) an Eco Tourism spot managed by Toda tribe. During the visit trainees integrated with the Toda tribes and they were also oriented about the Toda cultural practices, Toda temple and significance of Toda buffalo.

Interaction with Dr. Monika Rana, IAS, Project Director of Special Area Development Programme. During the interaction she explained the programmes being implemented under this scheme and also the internship opportunities for MSW students in SADP.

28.09.2022:

Social work trainees visited the Mettukal tribal village of Sholumattam panchayat. During the visit Project staff from NAWA ICMR – Sickle cell project and tribal people infected by sickle cell were also present. The trainees had an interaction with the infected people and understood the problems being faced by them.

Visited NAWA ICMR Sickle cell lab. Trainees viewed the microscopic sickle cells in the lab and were oriented about the screening and detection process of identifying Sickle cell trait and carrier.

29.09.2022: Valedictory session – The social work trainees and the faculty members shared their experiences and reflections about the Tribal/Rural Camp - 2022.



Mr. V. S. Varunanvelu  
(Assistant Professor)



# I MSW Orientation Visits

I MSW students visited various organisations and tribals villages as part of observation visit:

22.09.2022 Chinnampathy and Pudupathy tribal villages

27.09.2022 Chinmaya Organisation for Rural Development (CORD), Thennamanallur. Dr.Meera Krishna, Director, CORD, Siruvani oriented the students.

29.09.2022 Rural Extension Service Trust (REST), Singanallur. Mr.D.Srinivasan, Chief Operating Officer, oriented the students.







# *Student's Corner*

# SETTING BOUNDARIES

The concept of setting boundaries has become popular lately and for a good reason too. In a time where mental health issues are on the rise, setting boundaries is said to be a crucial aspect. Setting boundaries is said to help one stay true to oneself without having to compromise on one's health and well-being. A set boundary ensures mental and emotional stability. It helps uphold the individuality of the person who sets the boundary.

It is important to note that boundaries need not only be emotional or psychological, but physical too. A lack of boundaries leads to burnout, irrespective of the aspect. This means resentment, jealousy, anger get pent up, adversely affecting one's state of mind. In general, lack of boundaries negatively affects all aspects of life.

It's very easy to talk about setting boundaries, but what about actually setting and implementing the boundaries? That's the tough part. Most people struggle with setting boundaries. Setting boundar-

ies requires a lot of mental strength. It also comes with consequences. If properly set, boundaries can have many benefits. Also, it is beneficial to ensure that boundaries set should be healthy in nature. And boundaries set may vary, depending upon the nature of the relationship.

One thing nobody talks about is the loneliness that comes with setting boundaries. One thing to be remembered is that a boundary is like a double edged sword. Setting a boundary can lead to negative feelings of loneliness and isolation.

A form of openly practising communication, to assert oneself and one's values, the term 'boundary' is a metaphor – within-bounds meaning acceptable and out-of-bounds meaning unacceptable.

Setting boundaries may be difficult at first, but in the long run, it proves purposeful and beneficial to an individual. It gets lonely, but it's worth it!




MEENAKSHI JAYAPRAKASH  
( II MSW )



# Komal - A film on Child Sexual Abuse

(Trigger Warning: Mention of Child Sexual Abuse)



Komal is a short film on child sexual abuse, from Child-Line. The film revolves around a nine year old school going girl, Komal who is lively and enjoys life to the fullest. One day, her father's old friend moves into the empty place next door. Komal eventually finds herself spending a lot of time with him and having fun until one day, he proposes a secret game to her and touches her inappropriately. A heartbroken Komal is noticed at school by her teachers and her mother is informed. The story then goes on to portray intervention from Child-Line for Komal at home and another awareness session for children at school regarding good and bad touch. The film is a work of animation, which is capable of capturing as well as keeping a child's attention to be watched. The concept of touch (safe and unsafe) and contacting ChildLine are explained in the film. One of the best highlights in the film is acknowledgement that boys too get abused. In a society where girls are told to keep mum and boys are asked to be tough, the message given by this short film is important. This child friendly film can be shown anywhere to bring about awareness to children. (It is available on YouTube as well as the ChildLine website)



MEENAKSHI JAYAPRAKASH  
( II MSW )

## WELL KNOWN SOCIAL WORKER

**KAMALA BHASIN***The Feminist Icon of India*

—  
Emma Goldman's famous quote personifies the character of the charismatic feminist from India, Kamla Bhasin who was an early leader of the women's movement in India.

"I increasingly found amongst the poor, women were poorer... Amongst the excluded, women were more excluded. So even though I didn't begin my journey as a feminist activist, I slowly became one without even knowing the word 'feminist' at that time." says Kamla Bhasin

Born in 1946, Bhasin studied first in her homeland, Rajasthan, then at the University of Munster in Germany. She began her career as a lecturer at the Orientation Center of the German Foundation for Developing Countries in Bad Honnef and went on to work for the United Nations from 1976 to 2001, supporting innovative NGO initiatives aimed at the development and empowerment of those at the margins, especially women from the Dalit and indigenous communities.

She wrote extensively for newspapers on the impact of development programs on people in the rural hinterlands of India. Her publications—which number over thirty-five, including eight children's books—include *Borders and Boundaries: Women in India's Partition*, *Some Questions on Feminism and Its Relevance in South Asia*, *What is Patriarchy?* and numerous books for young people in English and several regional languages. But it is in her poetry and songs that her message spread widely across borders of caste and class: She wrote more than two hundred songs, many during feminist workshops, which have been sung at protests and events across South Asia. Bhasin played an integral role in the



second wave of feminism, a prominent voice in the women's movement in India and other South Asian countries from the 1970s to the present. She developed the idea of celebrating November 30 as South Asian Women's Day, as part of the global 16 Days of Activism Against Gender-Based Violence commemorated

each year from Nov. 25 to Dec. 10. She was also instrumental in bringing to her nation the 'One Billion Rising' global campaign to end sexual violence, launched in 2012 by Eve Ensler.

Bhasin co-founded 'Jagori', a pioneering women's collective in 1984 with six compatriots from the women's movement. It focused on taking feminist consciousness to rural areas and small towns and bringing activism and theory closer to each other.

Later she also created the renowned South Asian feminist organization Sangat—the South Asian Network of Gender Activists and Trainers—that works on many issues related to gender and class equality, democracy, diversity, human rights, and communal harmony; through training programs for women across Asia. It has had enormous success in communicating complex feminist concepts to a wide audience through song and dance, poetry, art and music.

In 2002 Bhasin quit her job at the United Nations to work full-time with the underprivileged in her homeland. She refused to accept the notion that feminism was merely a Western concept and hence one to be disregarded in the Global South.

By – Sakthi Sree K (MSW II)



SHAKTHI SREE K  
II MSW

# SCHEMES AND ACTS





# The Protection of Women from Domestic Violence Act, 2005

The Protection of Women from Domestic Violence Act, 2005 was enacted by the Parliament of India to provide for more effective protection of the rights of women guaranteed under the Constitution who are victims of violence of any kind occurring within the family and other related incidents.

Under this Act, domestic violence includes the following:

**Physical abuse** – It means any act or conduct which is of such a nature as to cause bodily pain, harm, or danger to life, limb, or health or impair the health or development of the aggrieved person and includes assault, criminal intimidation and criminal force.

**Sexual abuse** – It includes any conduct of a sexual nature that abuses, humiliates, degrades or otherwise violates the dignity of a woman.

**Verbal and emotional abuse** – It includes insults, ridicule, humiliation, name-calling and insults or ridicule specially with regard to not having a child or a male child; and repeated threats to cause physical pain to any person in whom the aggrieved person is interested.

**Economic abuse** – It includes activities such as not providing money for maintaining the woman or her children, not providing food, clothes, medicines, etc., deprivation of all or any economic or financial resources, forcing the woman out of the house, preventing from accessing or using any part of the house, preventing or obstructing one from carrying on employment, etc.

**Salient Features of Protection of Women from Domestic Violence Act, 2005 (PWDVA):**

Recognising that a woman requires assistance with legal procedures and other forms of sup-

port, the PWDVA allows for the appointment of Protection Officers, and recognises the role of Service Providers in providing medical, shelter, legal, counselling and other kinds of support services.

This act provides only temporary and emergency relief.

It is a law in response to the needs of the woman.

It has certain crossovers from civil to criminal law – so when the protection order or Magistrate's order is violated, the criminal law will start.

The shelter homes and the medical facility are under a legal obligation to provide shelter or medical facility to the aggrieved person.

The Act does not make any changes in the existing personal law regime on family matters.

The reliefs under the Act are in addition to existing laws and have been recognised with the objective of empowering a woman to tide over an emergency situation.

Having obtained relief under the law, a woman can still go for relief under other laws later.

The Act includes provisions for making Domestic Incident Reports, which will serve as important records at the stage of evidence taking.

The manner in which the applications for orders under the Act have also been mentioned in the Act.

Finally, the Act provides that the breach of an order obtained is a criminal offence.





## SCHEMES

## Vanbandhu Kalyan Yojana

The Government of India, Ministry of Tribal Affairs has launched Vanbandhu Kalyan Yojana (VKY) for welfare of Tribals. This process envisages to ensure that all the intended benefits of goods and services under various programmes/schemes of Central as well as State Governments actually reach the target groups by convergence of resources through appropriate institutional mechanisms.

Objectives of VKY -

Improving the quality of life in tribal areas

Improving the quality of education

Qualitative and sustainable employment for tribal families

Bridging infrastructure gaps with focus on quality

Protection of tribal culture and heritage

Components of VKY -

Qualitative & Sustainable Employment.

Quality Education & Higher Education.

Accelerated Economic Development of tribal areas.



## Rajasthan Vridhjan Krishak Samman Pension Scheme

The Government of Rajasthan has launched Vridhjan Krishak Samman Pension Scheme 2022. Under this scheme, the state government will provide Rs. 750 to Rs. 1000 per month to old age farmers who are residents of Rajasthan and are below the poverty line.

This scheme will cover approximately around 11 Lakh small and marginal farmers, and the budget of the scheme will be Rs. 990 crore. The scheme will include all small and marginal farmers who are not availing the benefits of any other social security schemes.

The minimum age limit to avail the benefit of this scheme is 55 years old for women farmers and 58 years old for men farmers who will receive Rs. 750 per month. All farmers above the age of 75 will receive Rs. 1000 per month.



**Rajasthan Vridhjan Krishak Samman Pension Scheme**



**UDITI JAIN**  
(II MSW)



# CURRENT AFFAIRS

## 1. Rajasthan Handicrafts Policy-2022:

The Rajasthan cabinet has recently approved the "Rajasthan Handicrafts Policy-2022". Through this policy, work will be done for the upliftment of handicrafts in the state and participation in the development of the state will be ensured by empowering them. With this policy, new employment opportunities will increase in the state. Along with this, the extinct handicrafts will be revived.

Under this, a national level handicrafts week will be organised every year in December, in which handicrafts men will be rewarded. At the same time, e-marketing, social security, loan facility, scholarship, assistance for participation in fairs, expansion of infrastructure facilities in ShilpGram, Handicraft Park, Museum, Design Centre, Sales Centre for brand building of handicrafts.

## 2. Indian Navy's new ensign:

Prime Minister Narendra Modi recently unveiled the new ensign of the Indian Navy which takes inspiration from the seal of the great Indian emperor Chhatrapati Shivaji Maharaj. This new ensign has two main components: the canton national ensign in the upper left, and a navy blue-gold octagon in the centre of the fly side away from the staff.

St. George's Cross has been removed from this new ensign. Now the tricolour is drawn in the top left. Next to it is the emblem of Ashoka in gold on a blue background. Below it is written 'Sham no Varunah' in Sanskrit language. It means that Varuna, the god of water, is auspicious for us.

The blue octagonal shape in this new ensign represents the eight directions, symbolising the multi-faceted reach and multi-functional operational capability of the Indian Navy, while the anchor symbol represents "firmness."



## 3. 2022 Ramon Magsaysay Award recipients: Ramon Magsaysay Awards were announced recently.

This year the award will go to Sothiara Chim, Psychiatrist (Cambodia), Tadashi Hattori, Ophthalmologist (Japan), Bernadette Madrid, Paediatrician (Philippines) and Gary Benchehib, activist, and filmmaker (Indonesia).

About the Award:

The award is considered as the Nobel Prize of Asia. It was established in 1957. The Award recognizes and honours individuals that have achieved distinction in their field and help others generously. The Award has been given in five categories namely journalism, government service, public service, literature, and creative communication

## 4. Pallathuruthy Boat Club (PBC) wins 68th edition of Nehru Trophy Boat Race:

Pallathuruthy Boat Club recently won the 68th edition of the Nehru Trophy for a boat race held on the Punnamada Lake in Alappuzha district of Kerala. This edition of the Boat Race, held after a gap of two years due to the COVID-19 pandemic, was flagged off by DK Joshi, the Lieutenant Governor of Andaman and Nicobar.

In this competition 'Mahadevikadu Kattil Thekethil' of Pallathuruthy Boat Club won the trophy while 'Nadubhagam' of Kumarakom of NCDL Boat Club won the runner-up title. In this, the boat of Pallathuruthy Boat Club won the title by covering a distance of 1.15 km in 4.30.77 minutes. This is Pallathuruthy's hat-trick title win in the Nehru Trophy with Santhosh Chacko as the captain of this boat.



### 5. Delhi model School Plan' in Tamil Nadu:

Tamil Nadu Chief Minister MK Stalin inaugurated the School of Excellence and Model School scheme in the state in the presence of Delhi Chief Minister Arvind Kejriwal. This scheme is based on the Delhi Model School Scheme.

Under this scheme, 26 schools of excellence and 15 model schools of the state have been included in the first phase. These schools will be named Thagaisal Palligal and Mathiri Pallikal Model School in Tamil language. Under this scheme, all girl students studying in classes 6 to 12 in government schools will be paid Rs 1,000 directly into their bank accounts till the uninterrupted completion of bachelor's degree, diploma and ITI courses.

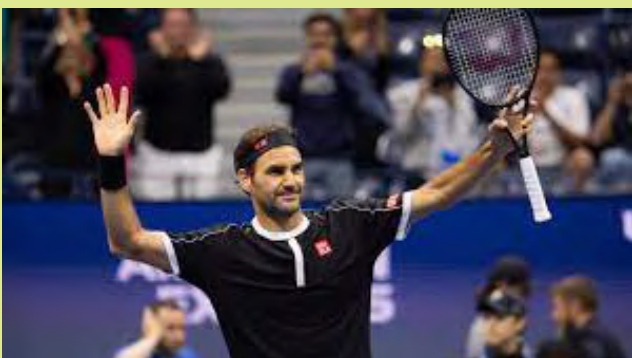
### 6. Kerala: Expert committee to study human rabies deaths:

Recently, Kerala Health Minister Veena George has issued orders to set up an expert committee to study human rabies deaths in Kerala following a rise in cases of stray dog bites in Kerala. According to the Kerala Health Ministry data, more than 95,000 people were bitten by dogs in eight months this year and 14 people died compared to 11 last year. Of the 14 deaths, five had taken the rabies vaccine.

The figures for the last five years also show that the cases in the state have been rising steadily: from 1,48,899 in 2019 to 1,21,529 as of August 2022. Rabies deaths are also on the rise: from nine cases in 2018 to 14 deaths in August 2022

### 7. Roger Federer Retires:

On September 15, 2022, Roger Federer announced his retirement from international tennis. The Laver Cup, which is set to commence on September 23, will be Roger Federer's final tournament. He was the first person in the world to win 20 grand slam titles. These are 8 Wimbledon, 6 Australian, 5 US Open and a solitary French title. He held the world's top spot in the ATP ranking for more time than any other player except Novak Djokovic. Federer has been in 31 major finals, 1 less than Djokovic, including a record 10 in a row.



### 8. September 15: International Day of Democracy:

International Day of Democracy is observed every year on September 15 across the world to strengthen democracies and highlight their importance. The International Day of Democracy 2022 focused on highlighting the key role played by media freedom in safeguarding democracy, maintaining peace and achieving 2030 Sustainable Development Goals. It was observed with the theme "Protecting Press Freedom for Democracy".

### 9. 77th session of the United Nations General Assembly:

The 77th session of the United Nations General Assembly (UNGA77) opened on September 13 and will include a high-level debate organised from September 20 to 26 this year. The theme of the UNGA 77 is "A watershed moment: transformative solutions to interlocking challenges". The theme recognizes the shared roots of global crises like COVID-19, climate change and conflict and highlights the importance of building global sustainability and resilience. The event is being organised at the UN Headquarters in New York. Discussions will be held among the world leaders on crisis in Ukraine, climate change, food security, access to education and gender equality. All 193 UN members will be represented at this event.

### 10. JALDOOT App:

The Indian government recently launched the JALDOOT App and JALDOOT App e-brochure. The JALDOOT application was jointly developed by union ministries of Panchayat and Rural Development. This app can be used by Gram Rojgar Sahyak to measure the water level in a well twice a year before and after monsoon. It enables the systematic collection of data on groundwater levels and storing them in a central digital database for analysis. This data can be used for the implementation of Gram Panchayat Development Plan and Mahatma Gandhi National Rural Employment Guarantee Act (MGNREGA). Using this app, water levels of 2 to 3 wells in a village will be captured. The water levels in open wells will be measured twice a year – from May 1 to 31 as pre-monsoon water level and again from October 1 to 31 as post-monsoon level.



MALATHI M P  
(II MSW)

# INTERNSHIPS

## Simmi Foundation Organisation

<https://internshala.com>

Work from Home

START DATE: Immediately

DURATION: 2 weeks

STIPEND: Unpaid

APPLY BY: 14/10/2022

About the Internship: Simmi Foundation is a not-for-profit, non-governmental organisation that aims to work for the upliftment and betterment of society. Selected intern's take up the responsibility of Initiating various activities in rural areas, deliver presentations or reports, undertake volunteer tasks or social activities etc.

Benefits:-

Certificate

Letter of recommendation

Flexible work hours

5 days a week

Only those candidates can apply who:

1. are available for work from home job/internship between 30/09/2022 and 04/11/2022

2. are available for a duration of 2 weeks

\* Women wanting to start/restart their career can also apply.

To know more & apply: <https://internshala.com/internship/detail/volunteering-college-work-from-home-job-internship-at-simmi-foundation-organization1664517182>

## INDIA Redefined

<https://internshala.com>

Work from Home

START DATE: Immediately

DURATION: 4 weeks

STIPEND: Unpaid

APPLY BY: 17/10/2022

About the Internship: Founded in 2009 with the aim of trying something on an audacious scale by people like us without any finance and achieving some significant milestones. Selected intern's get an opportunity to do social work activities, raise funds, and work on social media marketing.

Benefits:-

Certificate

Only those candidates can apply who:

1. are available for the work from home job/ internship between 02/10/2022 and 06/11/2022

2. are available for a duration of 4 weeks

To know more & apply: <https://internshala.com/internship/detail/social-work-work-from-home-job-internship-at-india-redefined1664792220>

## Hamari Pahchan NGO

Hamari Pahchan NGO

<https://internshala.com>

Work from Home

START DATE: Immediately

DURATION: 1 month

STIPEND: Unpaid

APPLY BY: 14/10/2022

About the Internship : Hamari Pahchan is an NGO that gives a platform to deserving people from across society. Selected interns get an opportunity to work on social media campaigning, conduct awareness activities, research activities, content writing, Project Management, and so on.

Benefits:-

Certificate

Letter of recommendation

Flexible working hours

Only those candidates can apply who:

1. are available for work from home job/internship between 09/09/2022 and 14/10/2022

2. are available for duration of 1 month

\* Women wanting to start/restart their career can also apply.

To know more & apply: <https://internshala.com/internship/detail/social-entrepreneurship-work-from-home-job-internship-at-hamari-pahchan-ngo1662720803>



## INDIA Redefined

<https://internshala.com>  
 Work from Home  
 START DATE: Immediately  
 DURATION: 2 months  
 STIPEND: Unpaid  
 APPLY BY: 17/10/2022

About the Internship Founded in 2009 with the aim of trying something on an audacious scale by people like us without any finance and achieving some significant milestones. Selected

intern's get an opportunity to work on a monsoon campaign, conduct educational street plays, old age care, work for the visually handicapped, help underprivileged people start small-scale businesses and so on.  
 Benefits:-  
 Certificate  
 Only those candidates can apply who:

1. are available for home job/internship between 02/10/2022 and 06/11/2022
  2. are available for duration of 2 months
- To know more & apply: <https://internshala.com/internship/detail/social-work-cure-india-campaign-work-from-home-job-internship-at-india-redefined1664790818>

## Right Squad Solutions

<https://internshala.com>  
 Location: Bangalore  
 START DATE: Immediately  
 DURATION: 6 months  
 STIPEND: 8000/month  
 APPLY BY: 17/10/2022

About the Internship : Right Squad Solutions is a group of highly skilled and motivated individuals who work closely with their customers in the healthcare sector to understand their core requirements and deliver superior results in a timely manner. The selected interns get an opportunity to plan and implement the CSR activities, report the activities, approach the local NGOs and so on.

Benefits:-  
 Certificate  
 Letter of Recommendation  
 Flexible working hours  
 Only those candidates can apply who:  
 1. are available for full time (in-office) internship between 30/09/2022 and 04/11/2022  
 2. are available for duration of 6 months  
 \* Women wanting to start/restart their career can also apply.  
 To know more & apply: <https://internshala.com/internship/detail/sociology-social-work-internship-in-bangalore-at-rightsquad-solutions1664771815>

## Youth Empowerment Foundation

<https://internshala.com>  
 Location: Delhi  
 START DATE: Immediately  
 DURATION: 3 months  
 STIPEND: Unpaid  
 APPLY BY : 15/10/2022

About the Fellowship: Youth Empowerment Foundation (YEF) is an NGO that is working for the education of underprivileged children and providing skill training and livelihood programs for the deprived communities. The selected interns get an opportunity to conduct promotional activities, assist in fundraising, promotion of NGO and so on.

Benefits: -  
 Certificate

Only those candidates can apply who:  
 1. are available for part time job/internship between 01/10/2022 and 05/11/2022  
 2. are available for duration of 3 months  
 \* Women wanting to start/restart their career can also apply.  
 To know more & apply : <https://internshala.com/internship/detail/social-work-part-time-job-internship-at-delhi-in-youth-empowerment-foundation1664589218>



PARVATHY R  
(II MSW)

# JOB OPPORTUNITIES

# MSW

## 1. Placement Coordinator

Pahal-Nurturing Lives  
Location: Maharashtra  
Email id: yprohit@gmail.com  
Apply by: 04 Nov 2022

## 2. Child Welfare Officer - Female

Tara Boys  
Location: Greater Kailash-2, Delhi  
Salary: Rs 30000 CTC per month (negotiable as per experience)  
Email- syed@taraindia.org  
Apply by: 20 Oct 2022

## 3. Coordinator Community Programs

Community Foundation for Children and Aging (CFCA)  
Location: Prayagraj, Uttar Pradesh, Delhi  
Email id: cfcadelhijobs@gmail.com  
Apply by: 22 Oct 2022

## 4. Project Manager

National Smallholder Poultry Development Trust (NSPD Trust)  
Location: Keonjhar, Odisha  
CTC: 8.4 Lakhs per annum + 10% annual increment  
Email id: nspdt.hr@gmail.com  
Apply by: 27 Oct 2022

## 5. Project Officer

Baif Institute For Sustainable Livelihoods And Development  
Location: Munger/Patna/Begusarai, Bihar  
Relevant Experience: Fresher / Preferred to experience in Rural Development  
Email id: bisld.bihar@baif.org.in  
Apply by: 25 Oct 2022

## 6. Program Manager

Myna Mahila Foundation  
Location: Mumbai, Maharashtra  
Work experience: preferred 5+ years of work experience in the development sector.  
Email id: work@mynafoundation.com  
Apply by: 31 Oct 2022

## 7. Counsellor: Women Shelter Home

Mahila Samiti  
Location: Madhya Pradesh  
Salary: Rs. 10000/- PM.  
Email id: msamiti1961@gmail.com  
Apply by: 17 Oct 2022

## 8. Project Coordinator

Maheshwari Education Trust  
Location: Noida, Uttar Pradesh  
Qualification - MSW  
Experience - 0-1 year  
Email id: maheshwarieducationtrust@gmail.com

## 9. Project Coordinators (PC Female Only)

DESIRE Society  
Location: Gurugram & Bengaluru, Haryana, Karnataka  
Remuneration: Negotiable and depends on the candidate's competence and experience levels.  
Email id: jobsatdesire@gmail.com

**Apply by: 20 Oct 2022**

10. Several Positions  
Kartik Shikshan Sansthan  
Location: Moradabad, Uttar Pradesh  
Email: - kartikeducation@rediffmail.com  
Contact no: 9415429426  
Email id: kartikeducation@rediffmail.com



DEEPTI M  
(II MSW)





# October

## 2022

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### IMPORTANT DATES

2 October - Gandhi Jayanti; International Day of Non-Violence

4 October - World Animal Welfare Day

5 October - World Teachers' Day

8 October - Indian Air Force Day

10 October - World Mental Health Day

11 October - International Day of the Girl Child

13 October - International Day for Disaster Risk Reduction

15 October - World Students' Day

16 October - World Food Day

17 October - International Day for the Eradication of Poverty

24 October - United Nations Day

31 October - National Unity Day

# ALUMNI CORNER

## Name

Archana Vipinachandran

## Roll number

CB.SW.P2MSW17013

## Batch

2017- 2019

## Mobile number

8300897913

## Email address

archanavipinachandran270@gmail.com

## Present Organisation Details

Shelter Home Program, Canada

## Job Title

Social Service Worker



How was your life at Amrita?

It was good. I had a lot of beautiful moments.

What are the key skills that you learned at Amrita that helped your career?

Amrita moulded me to help determine my personality. It built my confidence and shaped me. Skills such as task management, capacity building, and mobilising are few of the key skills that I learnt at Amrita.

What are the key skills that you learned at Amrita which helped you in your career?

Professionalism, rapport building, coordination and management skills.

How is the current scope of Social Work?

Social Work has a great scope in the world. If one has good skills, then it is a great opportunity in this field to succeed in life and help others.

What message would you like to give for the current MSW students?

Don't be stressed. Be free and try to understand what social work is rather than just studying it. Outside world is different from what you get to experience in college life. Once you are out of college and at your job, it is going to be very interesting as you get to experience a lot of new things which will help

you to identify what you are capable of and what you can improve. Keep trying for opportunities and do enjoy the great ambience and life at college. Take part in as many as programs. Grab opportunities that help you enjoy things and learn from them.

What are your key responsibilities in the present job?

- Client intake and conduct assessment.
- Provide a safe environment for clients.
- Maintain occupational health and safety standards.
- Providing harm reduction as needed.
- Ensuring compliance with policies, regulations, and procedures.
- Prepare shift reports noting observations on clients.

Who is/are your inspiration(s)?

It's probably myself because of the experience and the self confidence I gained from my 1st job.

Any other thing you would like to share?

Enjoy your college life and do plan your career too. But don't be too stressed.



# UGC NET ( SEPT 2013) UGC SOLVED QUESTION PAPER (PAPER – 3)

1. Classical conditioning technique used to eliminate phobias, is used in
  - a. Generalisation
  - b. Operant conditioning
  - c. Spontaneous recovery
  - d. Systematic desensitisation
2. Behaviour that is contrary to the standards of conduct or social expectations of a group or society, is defined by
  - a. Elliot and Merill
  - b. Fuller and Myers
  - c. Louise Weston
  - d. Ogburne
3. One of the following theories propounds childhood experiences influence the adult behaviour:
  - a. Person-Centred theory
  - b. Behaviour modification theory
  - c. Psychoanalytic theory
  - d. Existential theory
4. A declarative statement of relationship between or among variables is called
  - a. Concept
  - b. Value
  - c. Hypothesis
  - d. None of the above
5. The extent of difference between population parameters and the sample statistic is called
  - a. Sampling error
  - b. Statistic
  - c. Sampling bias
  - d. None of the above
6. Quartile deviation is also known as
  - a. Range
  - b. Mode
  - c. Semi-inter quartile range
  - d. None of these
7. The time interval between invasion by an infectious agent and appearance of first sign or symptom of the disease in question is called
  - a. Quarantine
  - b. Inoculation
  - c. Incubation period
  - d. None of the above
8. Quota sampling is the method of
  - a. Non-probability sampling
  - b. Area sampling
  - c. Simple random sampling
  - d. The lottery method
9. Emotional insulation is
  - a. covering himself from physical threats
  - b. involves the justification for inappropriate behaviour.
  - c. a manoeuvre aimed at withholding an emotional investment in a desired but unlikely outcome.
  - d. involves the use of abstractions as a way of avoiding feelings and distancing one's self from emotional pain
10. Which of the following is not an ascribed status?
  - a. Age
  - b. Caste
  - c. Sex
  - d. Knowledge

Answer: 1. (D), 2. (C), 3. (C), 4. (C), 5. (A), 6. (C), 7. (C), 8. (A), 9. (C), 10. (D)



PARVATHY R  
(I IMSW)



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Website: <https://www.amrita.edu/school/socialwork>  
Like us at facebook <https://www.facebook.com/mswamrita>  
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