

Surrender and living in the present are one and the same."
-- Mata Amritanandamayi Devi



THIRD ANNIVERSARY EDITION

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OCTOBER 2022

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ABOUT AMRITA UDAAN

Amrita Udaan is the monthly newsletter of the Dept. of Social Work. It is completely managed by the students under the guidance of the Faculty. It mainly covers the departmental activities, articles on various social issues, book review, movie review, drawings, posters, alumni interviews, guidance and solved previous year question papers of UGC-NET. The contents are contributed mainly by the students, alumni and faculty members. It is successfully publishing every month since October 2019.

Department at a glance

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DEPARTMENTAL ACTIVITIES



Convocation 2022

14th batch (2020 – 2022) 40 MSW students graduated at the 19th Convocation at Coimbatore campus.

19th Convocation event was held at the Coimbatore campus on October 6, 2022. Thiru R.N. Ravi, Honorable Governor of Tamil Nadu, was the chief guest and Thiru Dattatri Salagame, President and CEO of Bosch Global Software Technologies, was the Guest of Honour. Sampujya Swami Purnamritananda Puri, General Secretary of the Mata Amritanandamayi Math, presided over the event. The graduates belonged to multiple disciplines, including Engineering, Computing, Business, Arts and Humanities, Physical Sciences, Mass Communication and Social Work.



Congratulations to all the graduates and medal winners!

1	CB.SW.P2MSW20007	Aswini Ajay	9.72	First Rank	Gold Medal	2020-22
2	CB.SW.P2MSW20017	Jothirmayi S	9.73 (737.5)	Second Rank	Silver Medal	2020-22
3	CB.SW.P2MSW20035	Surya Suresh	9.73(737.5)	Second Rank	Silver Medal	2020-22
4	CB.SW.P2MSW20018	Meenakshi D H	9.69	Fourth Rank		2020-22
5	CB.SW.P2MSW20036	Swetha K C	9.62	Fifth Rank		2020-22



Dr. S. Kanagaraj
(Assistant Professor)

II MSW Students Participated in “Modern E-tools and Techniques for Research Article & Thesis Writing”

The Department of Biochemistry of Kongunadu Arts and Science College (Autonomous) had conducted a one week short-term course on “Modern E-tools and Techniques for Research Article & Thesis Writing” from 06.10.2022 to 11.10.2022. The resource persons for the course were Dr. S. Indran (Research Scientist) and Mr. P. Senthamaraikannan (Assistant Professor). Five students of MSW II, Uditi Jain, Nayana I, Abhirami Shaj, Sakthi Sree K, and Malathi MP, participated in this online short-term course. They were taught about the following E-tools:

- Google Scholar
- Microsoft Academic Search
- Journal Finder
- Mendeley
- Turnitin
- ProQuest RefWorks
- Academia
- Z-lib
- ResearchGate
- Zotero
- Ref-N-Write
- QuillBot
- Grammarly
- EndNote
- Microsoft Visio
- Originlab
- ImageJ
- Edrawmax

The students gained a vast amount of knowledge from this short-term course and were able to incorporate the learnings in their own thesis.



Report on Gokulashtami Celebrations-2022

The whole campus was basked in the glory of Krishna when it celebrated Gokulashtami of 2022. The week-long celebration began with the oratory brilliance of Shri Shankar Kumaran who talked on the topic "Krishna-the all-time Rockstar" on October 11th. The days followed saw the dance performance by Natyasudha club members, music performance by Ragasudha club members and instrumental performance by Nadam club members. When the events like creative writing, elocution, debate, painting, rangoli, spot photography, quiz, skit, mime, pencil sketching, digital sketching, painting, and short film-making helped the students to bring out their literary and artistic genius, those events like solo light music, and group music, classical music, instrumental music, solo and group dance brought out the resplendence and effulgence in the participants.

The 18th October which was the seventh day of the fiesta, started with Nagarasankeerathanam. The grandeur of the floats that narrated the story of Lord Krishna along with the embellishment of the campus using all decorative pieces that sang of the magnificence of Krishna metamorphosed the campus into real Vrindavan.



2022/10/13 16:41 Coimbatore, Tamil Nadu



2022/10/18 13:15



The procession held at the campus by the different departments of the university was a delight to the eye as various floats picturised the various aspects of the Lord like Shant bhava where, the loving God becomes the supreme governor, Dasya bhava that portrayed the lord as the master, Sakhya bhava that saw the lord as a close friend and Vatsalya bhava where the lord becomes one's child.

The procession was followed by prasad distribution. The event spread its hues by dance and music competitions held at the college ground. The gala reached its zenith as the sports events were flagged off and the much-awaited sport event, the tug-of-war(girls) was won by the Integrated (Sciences/Maths/MSW). The former half of night was that of suspense for each department as they were thirstily awaiting the result of the whole event and the latter half broke into ecstasy and revelry when the Integrated of which the MSW also played a pivotal role was declared the overall winners under the category of Major Departments. The runners up were the department of Electrical and Electronics Engineering (EEE).

By - Nayana I (MSW II)



NAYANA
II MSW

2022-10-18 12:25

UBA Amrita participated In Social Audit of MGNREGA held during Special Gram Sabha Meeting at Mavuthampathy panchayat of Madukkarai panchayat union, Coimbatore District

The Social Work trainees and UBA volunteers participated in the Special Gram Sabha meeting on the social audit of Mahatma Gandhi National Rural Employment Guarantee Act for the year 2020-2021 and 2021-2022 at Mavuthampathy panchayat building complex on 21.10.2022 at 11.00 AM. Mrs. Dhanalakshmi, the BRP(Block Resource Person), was the official who conducted the social audit as well as the meeting alongwith panchayat officials and beneficiaries.

In the meeting conducted, it was told that there were flaws found during the social audit of MNREGA and minutes were recorded to resolve all of them.

The resource person Mrs.Dhanalakshmi addressed the social work trainees, UBA volunteers gave some insights on the social audit of MNREGA. She explained the process undergone by the audit team for the auditing of MNREGA.The following are the activities done by them before conducting the special gram sabha meeting on the last day. Regional co-ordination committee meeting was conducted on 10.10.2022.

They trained the rural resource trainers on 11.10.2022.

On 12.10.2022 co-ordination committee meeting was conducted at the village panchayat.

Awareness about social audit was given to the village residents. The documents related to the social audit will be checked and the defects would be identified, rectified and compiled on 13.10.2022.

Local social audit resource officers met the workers individually on 14.10.2022 and compared the job card with the accompanying documents and later discussed with the beneficiaries and identified the deficiencies and compiled the report.

On 17.10.2022 the local social audit resource met the workers individually and compared the job card with the attached documents and then discussion happened with the beneficiaries.

Field survey was conducted to measure and identify the defects and finally made the compiled report on 18.10.2022.

On 19.10.2022, the performed field measurements and made a report.

Preparation of social audit report was made done on 20.10.2022.

The final day of audit was to conduct the special gram sabha meeting on 21.10.2022.

Then the trainees interacted with the President of the Mavuthampathy panchayat and took a group photo.



Dr S Kanagaraj
(Assistant Professor)

MSW I Orientation Visits

MSW I students visited various organisations as part of observation visit:

20.10.2022: Coimbatore Cancer Foundation (CCF)

27.10.2022: Weaker Section and Tribal Rehabilitation Charitable Trust (WESTRIC)



LARSEN & TOUBRO

லார்ஸன் & டூப்ரோ | கோயம்புத்தூர் சுகாதார மையம் | தொழிற்பயிற்சி மையம்

Coimbatore Health Centre

Vocational Training Centre





STUDENTS' CORNER



Kantara: a Spiritual Thriller Depicting the Identity Culture of the Depressed Caste



The director successfully used strong commercial elements to bring "Kantara," a story with deep roots, to life. The sequences that have received the most attention are those that are tied to the tradition of 'Buta Kola' also referred to as daiva kola and the music. The ritual dance performance is prevalent among the Hindus of Tulu Nadu of Karnataka and Kasaragod in northern Kerala. The dance is performed in homage to the regional deities that the Tulu-speaking community worships and has impacted 'Yakshagana' folk theatre. It is strongly related to the 'Theyyam' of near-by Malayalam-speaking populations.

The word Kantara means 'mysterious forest,' which refers to the story's focus on the landscape and deeply ingrained culture. In addition to its story and box office draw, the film celebrates and familiarizes the ritual performance of the downtrodden. The Kola is performed by communities like the Nalike, Pambada, or Parawa that are at the bottom of the social hierarchy. Similar to this, the caste system has shaped and been included in the rituals and traditions of the customary Theyyam performance.

The Theyyam is performed by historically underrepresented groups such as the Vannan, Malayan, Velan, and Mavilan communities, whom the state has designated as Scheduled Castes and Scheduled Tribes. On the other side, the ceremony is typically performed in sacred shrines that belong to the society as a whole or in the ancestral homes of the Nambuthiri, Nair, Thiyya, or other dominant castes.

The upper-caste individuals are also responsible for and are required to bow down to this lower-caste dance god, at least during the duration of the ritual

performance, the folk art experience a temporary inversion of caste hierarchies. Devotees are permitted to converse with, touch, and even hug the god, who will then offer them comfort and guidance. There is a brief inversion of the social order even as the caste system determines the ritual in and of itself. But the moment the actor takes off his makeup and costume, the status quo is frequently restored. Rishab Shetty, Achyuth Kumar, Kishore, and Sapthami Gowda delivered standout performances. The conflict between nature and humanity was the focus of the movie, which was set in an isolated forest village.

The depiction of class politics, which is inescapable in Indian culture, is the central theme of Kantara. The fight between the wealthy and the poor is depicted in the movie, along with how a landowner from an upper caste took the tribal people's land and denied them their rights.

The mythical component of Kantara strikes a connection with viewers. The story's foundation is the extremely clear explanation of the connection between faith and culture. Because of how well the story is presented, the supernatural components are taken seriously by the audience.

The exhilarating imagery and the disappearance of the kola, or god, into the crux after fulfilling the devotee's prayer in the climax scene symbolize the mythological idea of returning to mother earth.



Rajeev Ramakrishnan
(Research Scholar - Department of
Social Work)

Trauma and Trauma Healing



People can experience trauma in many different ways and reasons. Trauma victims may have seen their homes or communities destroyed, or suffered physical abuse such as rape, torture, or other forms of violence. Trauma can also result from serious threats or harm to loved ones. Individuals are often overwhelmed by these extreme events, which limits both their ability to live and function in society.

Trauma can have a variety of cognitive, emotional, physical, and behavioral effects on individuals. Trauma can get out of control. Human rights violations create great trauma, which can fuel further human rights violations. Feelings of trauma can create feelings of frustration and revenge, which can create chains of violence and perpetuate victimhood in all aspects of conflict. Many argue that trauma will not go away unless you actively deal with it. This depends on the

complete elucidation of the details of the crime. Psychological recovery and healing can only occur in a safe environment by allowing survivors to be heard and space to relive all the details of the traumatic event. It should be made clear that you cannot. The goal of trauma healing is to recognize the experience and integrate it into some kind of personal (or collective) rebirth. Healing requires a focus on the victim. The goal of trauma healing is to regain control of the victim's life. There are three stages that trauma victims go through as part of the healing process: Security, verification, reconnection.

By - Meenakshi Jayaprakash (MSW II)



MEENAKSHI JAYAPRAKASH
(II MSW)

Well Known Social Worker

MEDHA PATKAR

Medha Patkar is an Indian social activist known chiefly for her work with people displaced by the Narmada Valley Development Project (NVDP), a large-scale plan to dam the Narmada River and its tributaries in the Indian states of Madhya Pradesh, Gujarat, and Maharashtra. An advocate of human rights, Patkar founded her campaigns on two basic tenets in the Indian constitution: the rights to life and to livelihood.

The background to Patkar's activism took place during the 1960s and early '70s, when the Indian government was promoting dam building as a route to modernization. The harnessing of river water was to provide water for drinking and irrigation and for generating electricity in impoverished areas. It would also, however, displace hundreds of thousands of people. In 1979 the NVDP—which proposed the construction of thousands of dams on the Narmada and its tributaries—was granted approval. In 1985 Patkar visited villages in the Narmada valley that were to be submerged after the completion of the Sardar Sarovar Dam in southeastern Gujarat, one of the largest of the planned projects. There she became aware of indifference exhibited by local government officials toward the people affected by the project. In 1986 she and her supporters organized marches and protests against the local government entity that was seeking financial grants from the World Bank for the Sardar Sarovar project. In that same year Patkar established the organization Narmada Dharangrastra Samiti, which in 1989 became the Narmada Bachao Andolan (NBA). The NBA's major aim was to provide project information and legal representation to the concerned residents of the Narmada valley.

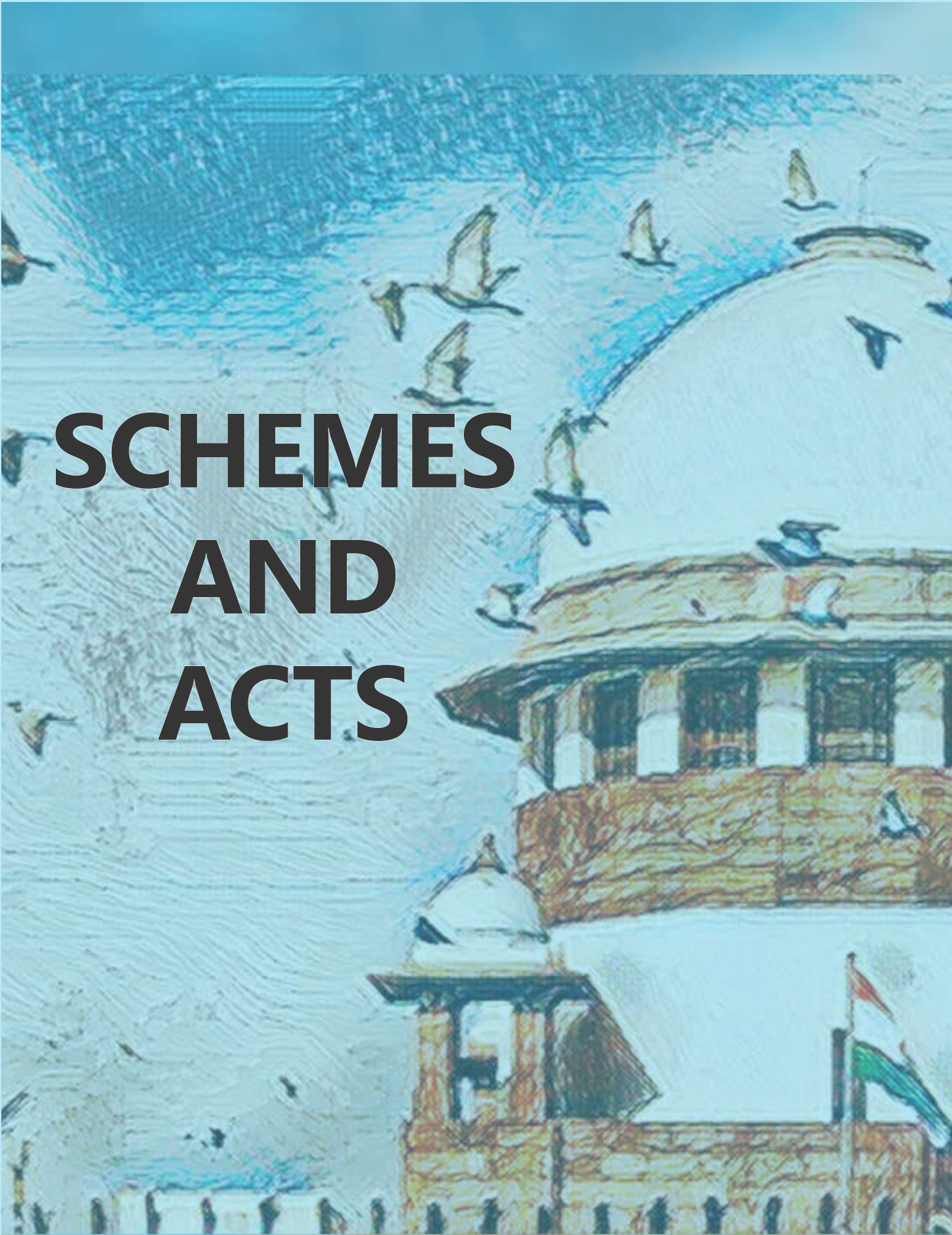
Through the NBA, Patkar sought help for those rendered homeless and without livelihoods because of the construction of the Sardar Sarovar and other large dams along the Narmada. In 1990 Patkar led NBA members and some 3,000 people displaced by dam projects on a march from northern Madhya Pradesh toward the Sardar Sarovar dam site, but they were

stopped at the Gujarat border by police and pro-dam activists. However, after further protest and opposition, including hunger strikes, Patkar and the NBA achieved a breakthrough in 1993 when the World Bank withdrew from the project.

In 1996 Patkar founded the National Alliance of People's Movements (NAPM), an agglomeration of progressive social bodies opposed to globalization policies. She was a representative to the World Commission on Dams, the first independent global advisory body on dam-related issues of water, power, and alternatives; the commission was set up in 1998 and in 2000 issued its influential final report, which contained recommendations on improving development outcomes. Patkar also worked with local communities to develop alternatives for energy generation, water harvesting, and education, and she created a system of residential and day schools in villages of Maharashtra, Madhya Pradesh, and Gujarat. She was recognized internationally for her work.



Vinaya VM
(MSW I)



SCHEMES AND ACTS

The Transgender Persons (Protection of Rights) Act, 2019

The Transgender Persons (Protection of Rights) Act, 2019, is a nascent law that came into being in November 2019. The Act, as the name says, is for the protection of rights of a transgender person. In the Act, a transgender person is defined as a person whose present gender does not match their gender by birth. The Act came into being after the recognition of the history of discrimination and oppression of transgender people based on their gender identity.

The important provisions of the Act are the following:

1. **Definition of Transgender Persons:** The Act defines Transgendered Persons as persons whose gender does not match with the gender of those persons at birth. They include trans-man or trans-woman, a person with intersex variations, gender queer persons and persons having such socio-cultural identities such as kinner, hijra, aravani and jogta.

2. **Prohibition against discrimination:** This law prohibits any person from discriminating against any transgender person. Under this, discrimination means the denial of services or unfair treatment in educational establishments and services, unfair treatment in relation to employment and discrimination while hiring transgender people, unfair treatment with regard to access to any goods, accommodation, services, facilities, privileges or opportunities that are available to the general public for use or have generally been available for use by the general public, unfair treatment with regard to the right to reside, purchase, rent or occupy any property and denial of access to government or private establishments.

3. **Recognition of identity of transgender persons:** As per this Act, a transgender person has a right to a gender identity that is self-perceived. This means a trans person will be identified by the gender identity they choose and attribute to themselves. After this, a trans person can choose to make an application to the District Magistrate for issuing an identity certificate as a transgender person. If a child, that is, any person under 18 years of age is making such an application, then the same is to be handled by their parent or guardian. Once this certificate is issued, if

a transgender person undergoes a sex-reassignment surgery to change their identity, then they can make an application to the District Magistrate to revise their identity certificate.

4. **Welfare measures by government:** The Act prescribes that the government should take appropriate steps to secure the full and effective participation of the transgender community and their inclusion in society. For this, welfare measures must be taken to protect the rights and interests of a trans person and their access to the same must be facilitated.

5. **Education, Social Security and Health:** Every education institutional that is funded or recognised by the state or central government must support have inclusive opportunities in education, sports and recreational activities for transgender students. Further, the Government must also formulate welfare schemes and programmes to facilitate and the livelihood of trans persons and provide them with vocational training and opportunities for self employment. In relation to health the Government must set up a separate human immunodeficiency virus sero-surveillance centres to conduct tests and provide treatment for HIV in accordance with National AIDS Control Organisation (NATCO) guidelines.

6. **National Council for Transgender Persons:** The Act provides for the establishment of the National Council for Transgender Persons. The National Council has the task of advising the central government on the formulation of policies for trans persons, review the same and redress the grievances of trans persons.

7. **Penalties:** If a person is found to discriminate against transgender persons or denies them equal opportunities, then the same person shall be liable to be punished with an imprisonment term of not less than 6 months which may be extended to two years with a fine.



UDITI JAIN
(II MSW)

SCHEMES

Pradhan Mantri Street Vendors Atmanirbhar Nidhi Scheme (PM SVANidhi)

PM SVANidhi is a central government scheme launched by Ministry of Housing and Urban Affairs (MoHUA) on 1st of June 2020. This scheme aims to provide loans with collateral free working capital upto 10000rs for 1 year tenure to approximately 50 lakh street vendors. It is to help street vendors and hawkers to revive their businesses who were affected due to COVID-19 pandemic. It was planned to be implemented only till March 2022 but later it was extended to December 2024 with the approval of Cabinet Committee on Economic Affairs. The beneficiaries of this scheme are street vendors and hawkers belonging to urban, peri-urban and rural areas. To get benefitted by this scheme they should be engaged in vending on or before March 24, 2020. The eligibility criteria for availing loans are street vendors who possess certificate of vending or identity card. The scheme is applicable for beneficiaries belonging to only those States and Union Territories which have notified Rules and Scheme under Street Vendors (Protection of Livelihood and Regulation of Street Vending) Act, 2014. The vendors will get interest subsidy of 7 percent who repay their loans early or on time. They will also receive monthly cashback of Rs 50 – 100 as an incentive through prescribed digital transaction. The vendors also have high chances of getting higher loans if they repay their first loan on time. Some of lending institutions of PM SVANidhi Scheme are Scheduled Commercial Banks, Regional Rural Banks, Cooperative Banks. Small Industries Development Bank of India (SIDBI) is the implementation partner of MoHUA for administration of scheme.



Jai Swathika
(MSW I)

Tamil Nadu Pudhumai Pen Scheme

The government of Tamil Nadu has launched the Muvalur Ramamirtham Ammaiyar Memorial Higher Education assurance scheme called “Pudhumai Pen” on October 5, 2022 across Tamil Nadu. The schemes goal is to increase the number of female students who finish their education in public schools to enrol in higher education by providing them financial aid.

The programme encourages female students’ parents to support their daughters’ further education rather than having them get married off at a young age. In accordance with the programme, 25% of the female students enrolling in higher education across Tamil Nadu will receive a Rs. 1000 scholarship. The scholarship is directly credited to the student’s bank accounts. Students are being issued debit cards too.

For 2022, it is reported that around 3 lakh girl students have applied under this scheme. It is envisaged that 9,981 government school girl students who enroll in engineering courses for the year 2022 under the 7.5 percent reservation will be given higher education assistance of Rs.1000 per month. Each year, 6 lakh women are expected to benefit from the programme, which has a budget of Rs 698 crore.

The primary eligibility conditions for this scheme is to be a citizen of India residing in the state of Tamil Nadu. The Applicant must be a student and should have studied in a government school from 6th to 12th grade. For the applicant to receive benefits from this scheme, she must be a woman. Students in open universities and distance education are not eligible for this scheme.



Megha B Nair
(MSW I)

October 2022

CURRENT AFFAIRS



1. YUVA 2.0:

The Central Government recently launched the YUVA 2.0 scheme. The second edition of the Young, Upcoming and Versatile Authors (YUVA) scheme was launched by the Union Ministry of Education as part of Azadi Ka Amrit Mahotsav or India at 75 project. The scheme is a mentoring programme for young and budding authors below the age of 30. Its objective is to promote the culture of reading and writing across India and showcase Indian writing at the international level.

It aims to bring the perspective of the Indian youth on the theme "Democracy (institutions, events, people, constitutional values past, present and future)." It will benefit budding authors capable of writing on a wide-range of subjects focused on the promotion of Indian culture, heritage, and knowledge across the globe.

2. The World Habitat Day 2022 is observed on October 3.

The World Habitat Day is observed on the first Monday of October.

The purpose of this initiative is to promote the fundamental right to have adequate shelter. The theme for this year is "Mind the Gap. Leave No One and Place Behind." The host city for the 2022 edition is Balikesir, Turkey. It focuses on the problem of rising inequalities and challenges in cities and other human settlements. This issue has been worsened because of the triple Cs – coronavirus (COVID-19) pandemic, climate, and crisis. These three Cs have halted the progress made towards poverty alleviation. The day calls for the prioritisation of addressing urban poverty and inequality and promotion of local actions focusing on achieving the Sustainable Development Goals.

3. First indigenously developed LCH:

The first indigenously-developed multirole light combat helicopters named Prachand were inducted into the Indian Air Force. Prachand was formally inducted

into the 143 Helicopter Unit – an IAF fleet in Jodhpur Base, Rajasthan. Of the 15 helicopters brought from the LSP, 10 were for the Air Force and the rest were for the Indian Army. The LCH was developed after around 20 years of research and development post Kargil War. The name Prachand means "fierce." It was designed and developed by the state-owned defence company Hindustan Aeronautics Limited (HAL).

4. herSTART Initiative:

herSTART was recently launched by President of India, Draupadi Murmu. herSTART is an initiative implemented by the Gujarat University Startup and Entrepreneurship Council (GUSEC). It is supported by the state government of Gujarat, the Central Government, and the United Nations International Children's Emergency Fund (UNICEF). The Department for Promotion of Industry and Internal Trade (DPIIT) recognized it as a key driving initiative of the Gujarat Startup Ecosystem in the States Startup Rankings Framework Report of 2022. The purpose of herSTART is to aid women-led startups to scale up. It will connect women-led startups with private and government platforms. The newly launched platform will also help women entrepreneurs' innovative ideas to take off.

5. Cheetah Task Force:

The Central Government has constituted a task force to monitor the cheetah introduction project in Kuno National Park and other designated areas. The Union Ministry of Environment, Forest and Climate Change has set up a task force to supervise the cheetah introduction project in Kuno National

Park in Madhya Pradesh as well as in other designated areas where the cheetahs can be introduced. The functioning of the Cheetah Task Force will be facilitated by the National Tiger Conservation Authority (NTCA). The task force will remain operational for a period of 2 years.

It is empowered to appoint a subcommittee to regularly visit the cheetah introduction areas as and when decided by the task force.

The task force will be involved in reviewing and monitoring the health status of cheetahs and the maintenance of their quarantine areas and soft release enclosures. It will also monitor the protection status of the entire area where the cheetahs will roam and the adherence of forest and veterinary officials to the set protocols in these areas.

6. Tele-MANAS initiative:

On World Mental Health Day (October 10, 2022), the Indian Government launched the Tele-MANAS initiative.

Launched by the Union Ministry of Health and Family Welfare, Tele Mental Health Assistance and Networking Across States (Tele-MANAS) initiative is a round-the-clock mental health service that aims to increase access to mental healthcare across India. The Tele-MANAS will boost access to mental healthcare across the country by providing a nationwide network offering counselling, consultation with specialists and e-prescriptions. It aims to make mental healthcare services accessible to even the remotest and difficult-to-reach terrains in the country.

The initiative was first announced by the Central Government during the 2022-23 Budget, while acknowledging that the COVID-19 pandemic has exacerbated the mental health crisis in India. Initially, the service will be launched in 20 states and union territories. It will later be expanded to include other parts of the country as well.

7. Living Planet Report 2022:

Living Planet Report 2022 found drastic decline in the global wildlife population. Living Planet Report 2022 is a joint endeavour of the World Wildlife Fund and Zoological Society of London. According to the flagship publication, there has been a 69 per cent decline in the global wildlife population between the years 1970 and 2018. This does not mean that 69 per cent of individual animals across the world has declined. The report gives an average of changes in population sizes of different species of animals and not of the number of creatures lost.

It measures the relative size of the decline in each an-

imal population and averages it. The report analysed almost 32,000 populations of 5,230 species.

8. World Green City Award 2022:

Hyderabad recently received the prestigious World Green City Award 2022. Hyderabad has beaten the cities like Paris, Bogota, Mexico City, Montreal, and Fortaleza to receive the World Green City Award 2022 – the best across all six categories.

Hyderabad received the award at the International Association of Horticulture Producers (AIPH) 2022.

The six categories of award are Living Green for Biodiversity, Living Green for Climate Change, Living Green for Health and Wellbeing, Living Green for Water, Living Green for Social Cohesion and Living Green for Economic Recovery and Inclusive Growth.

Hyderabad won “Living Green for Economic Recovery and Inclusive Growth” during the AIPH event.

“Living Green for Economic Recovery and Inclusive Growth” category focuses on creating systems and solutions that allow all of the city’s residents to overcome economic distress and grow.

9. WHO: Lack of exercise to cost world \$27 billion each year:

The report by the World Health Organisation titled “Global status report on physical activity 2022” revealed that less than half of the 194 countries studied have a concrete national policy when it comes to promotion of physical activities.

Of these, less than 40 per cent of them have functional policies.

While nearly all countries have a system for monitoring adult exercise, only 75 percent of them monitor adolescent activity. Less than 30 per cent monitor physical activities of children under the age of 5. The number of cases of diabetes, dementia and high blood pressure is expected to increase by the end of this decade and there will be a significant increase in expenses for addressing these issues. The report revealed that regular exercises can minimise the health risks by almost 30 per cent.

It estimated that the lack of exercise and healthy physical activities can cost governments around the world more than 27 billion USD each year.



MALATHI M P
(II MSW)

INTERNSHIP

Youth Empowerment Foundation

<https://internshala.com>

Location : Delhi

START DATE : Immediately

DURATION : 2 month

STIPEND : Unpaid

APPLY BY : 17/ 11/2022

About the Internship : Youth Empowerment Foundation (YEF) is an NGO that is working for the education of underprivileged children and providing skill training and livelihood programs for the deprived communities . They engage the youth in volunteering work so that they can develop leadership skills .

Benefits :-

Certificate

Only those candidates can apply who :

1. are available for part time job/ internship between 3/11/2022 and 8/12/2022
2. are available for duration of 2 months

*women wanting to start/restart their career can also apply

To know more & apply :

<https://internshala.com/internship/detail/social-work-part-time-job-internship-at-Delhi-in-youth-empowerment-foundation1667469935>

<https://internshala.com>

Arms of Hope People Foundation

Work from Home

START DATE : Immediately

DURATION : 3 Months

STIPEND : Unpaid

APPLY BY : 18/11/2022

About the internship : Arms of hope people Foundation is an India based non profit focused on social equality by preparing low- income populations to succeed as successful students and independent workers. It is to design and deliver education solution that equip young people with the skills to attain quality education, overcome gender inequities, and drive development in their communities .

Benefits :-

Certificate

Only those candidates can apply who:

1. can start the work from home job/internship between 3/11/2022 and 8/12/2022
2. are available for duration of 3 months
3. have relevant skills and interests

*Women wanting to start/restart their career can also apply

To know more & apply:

<https://internshala.com/internship/detail/volunteering-social-entrepreneurship-work-from-home-job-internship-at-arms-of-hope-people-foundation1667566959>

Citizens Association for Child

<https://internshala.com>

Work From Home

START DATE : Immediately

DURATION : 1 month

STIPEND : unpaid

APPLY BY : 18/11/2022

About the internship : Citizens Association For Child Rights (CACR) is a non –profit organization registered in 2013 under section 8 of the companies Act , 2013, and is also the development partner of UNICEF. Their work is directed towards bringing about behavioural changes amongst children by including good hygiene practices and guiding them towards implementing the practices for life.

Benefits :-

Certificate

Only those candidates can apply who :

1. are available for the work from home job/internship
2. can start the work from home job/internship between 4/11/2022 and 9/12/2022
3. are available for duration of 1 month

*Women wanting to start/restart their career can also apply

To know more & apply:

<https://internshala.com/internship/detail/fundraising-work-from-home-job-internship-at-citizens-association-for-child-rights16667540263>

Speak up World Foundation

<https://internshala.com>

Work from Home

START DATE : Immediately

DURATION : 3 months

STIPEND : unpaid

APPLY BY : 18/11/2022

About the internship : Speak Up Foundation is a non-profit organization founded in December 2021. It is registered under section 8 of the Government of India . speak Up NGO is dedicated to improving

our society by raising the impoverished and empowering youth.

Benefits :-

Certificate

Only those candidates can apply who :

1. are available for the work from home job/internship
2. can start the work from home job/internship between 3/11/2022 and 8/12/2022

3. are available for duration of 3 months

4. have relevant skills and interests

*Women wanting to start/restart their career can also apply.

To know more & apply :

<https://internshala.com/internship/detail/human-resources-hr-work-from-home-job-internship-at-speak-up-world-foundation1667480783>

Suryoday Foundation

<https://internshala.com>

Location: Navi Mumbai, Belapur

START DATE: Immediately

DURATION: 3 months

STIPEND: 8000-10000/ month

APPLY BY: 24/11/2022

About the Internship: Suryoday Foundation is a not-for-profit organization with headquarters in Belapur, New Mumbai. They work for promoting inclusive growth of urban, rural, and tribal low-income underserved communities. Selected intern's take up the responsibility of conducting regular financial education training and maintaining reports and records

with quality

Only those candidates can apply who:

1. are available for full time (in-office) internship between 10/11/2022 and 15/11/2022
2. are available for a duration of 3 months

To know more & apply:

<https://internshala.com/internship/detail/program-field-internship-in-navi-mumbai-belapur-at-suryoday-foundation1668086537>

Responsible Charity

<https://internshala.com>

Location: Pune, Pimpri-Chinchwad, Aundh, Sangvi, Khadki, Shivajinagar, Kasarwadi

START DATE: Immediately

DURATION: 3 months

STIPEND: 800-2000/month

APPLY BY: 24/11/2022

About the Internship: Responsible Charity is a humanist charity empowering families out of poverty in slum communities and villages in India. The selected interns should take up the responsibility of teaching the unprivileged and disadvantaged youths from in and around the slums of Pune, assisting in activities that enhance lateral and critical thinking , and conducting field visits to the houses of the students living in the slum communities and gather data .

Benefits:-

Certificate

Letter of Recommendation

Informal dress code

Only those candidates can apply who:

1. are available for part time job/internship between 10/11/2022 and 15/12/2022
2. are available for a duration of 3 months

* Women wanting to start/restart their career can also apply.

To know more and apply:

<https://internshala.com/internship/detail/teaching-part-time-job-internship-at-multiple-locations-in-responsible-charity1668054461>



PARVATHY R
(II MSW)

JOB OPPORTUNITIES

MSW

1. Female Residential social worker

Jeevodaya society
Location: Itarasi, Madhya Pradesh
Work Experience : min 3 years experience
Email Id : jobs.jeevodaya@gmail.com
Apply by : 15-11-2022

2. Community Mobilizer

Dr AV Baliga Memorial Trust
Location: Jamia Nagar ,Okhla Delhi
Work Experience : 1 year experience
Email Id : jobs.baligatrust@gmail.com
Apply by : 16-11-2022

3. Facilitator

New Resolution India
Location: Delhi
Work Experience: Min 1 year experience in facilitation /social work
Salary: 2 Lac to 3 Lac
Email Id: hemanti@brightfutureindia.org
Apply by : 20-11-2022

4. Facilitator/Trainer

Bright Future India
Location: Mumbai , Maharashtra

Work experience: Min 1 year of experience in facilitation/ social work
Email Id: sachink@brightfutureindia.org
Apply by: 9-12-2022

5. Social worker Heeals

Location: Gurgaon ,Haryana
Email id: communications@heeals.org
Apply by: 2-12-2022

6. Program Coordinator/Social worker

Udayan Care
Location :Delhi,UttarPradesh
Email Id: mansi.sharma@udayancare.org
Apply by : 4-12-2022

7. Polyvalent Social Worker-Female

TARA Girls
Location: Delhi
Email Id: olivia@taraindia.org
Apply by:16-11-2022

8. Assistant HR officer

Hindustan Aeronautics Limited
Location: Lucknow, Uttar Pradesh
Experience: freshers can also apply

Website : hal-india.co.in
Last date to apply: 29-11-2022

9. Women Empowerment Program Coordinator Alert India

Location: Mumbai, Maharashtra
Work Experience : Professional Experience in Social Work, Counselling ,Law or related
Salary: Rs 30000+travel and communication allowance + PF + Mediclaim +Leave encashment
Email id: mumbaitom1.interaide@gmail.com
Apply by : 17-11-2022

10. Field Coordinator AIIMS

Location : Delhi
Work experience : Freshers can also apply
Email id: aiims.reg@gmail.com
Last date to apply: 28-11-2022



DEEPTI M
(II MSW)

IMPORTANT DATES

October 2022 Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			NOVEMBER 2022				December 2022 Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
		1	2	3	4	5			
6	7	8	9	10	11	12			
13	14	15	16	17	18	19			
20	21	22	23	24	25	26			
27	28	29	30						

7caldender.com/en/

7 November - National Cancer Awareness Day; Infant Protection Day

9 November - National Legal Service Day

13 November – World Kindness Day

14 November – Children's Day in India;
World diabetes day

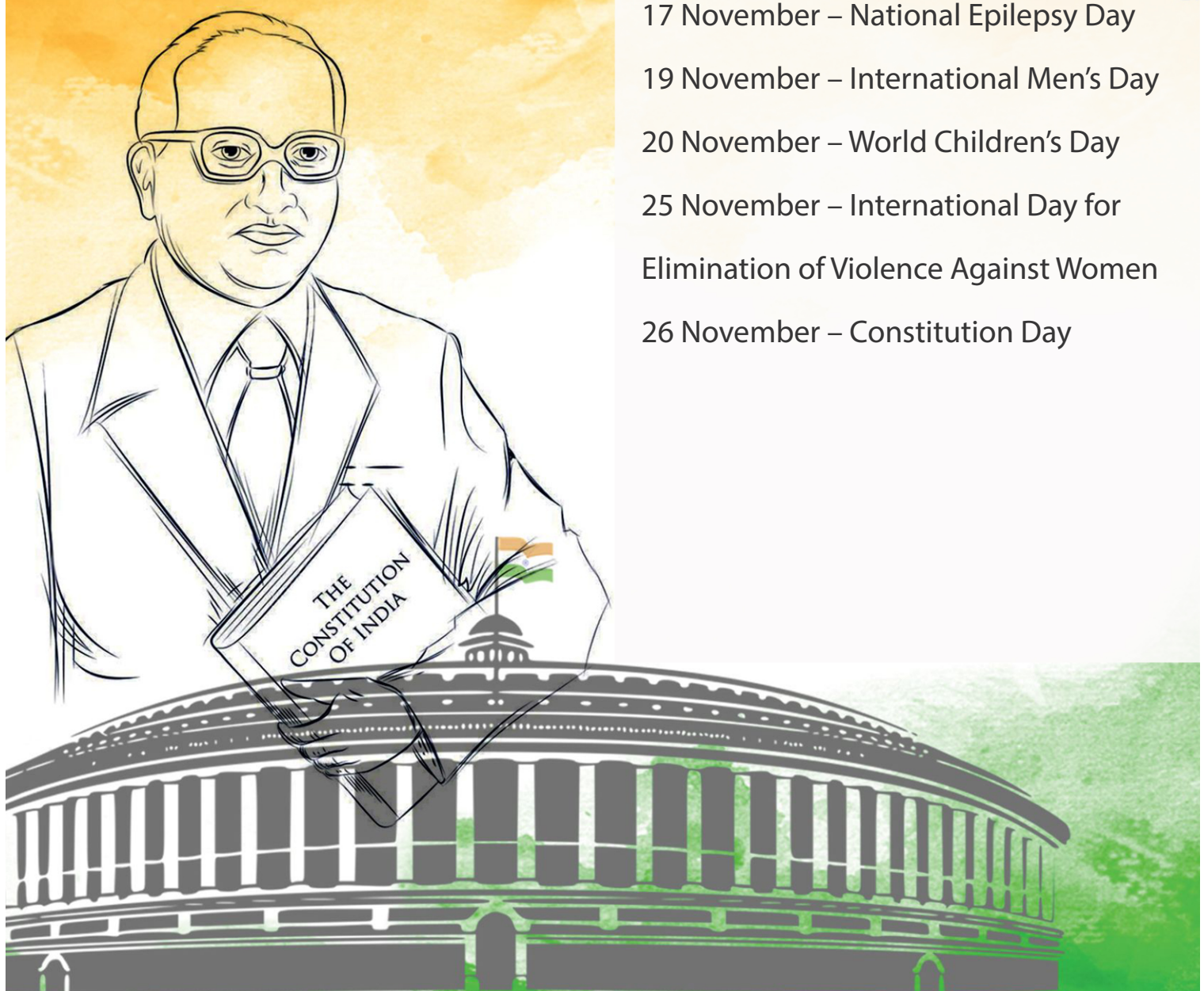
17 November – National Epilepsy Day

19 November – International Men's Day

20 November – World Children's Day

25 November – International Day for
Elimination of Violence Against Women

26 November – Constitution Day



ALUMNI CORNER

Name

K Jishnu Pawan

Roll number

CB.SW.P2MSW16016

Batch

2016 - 2018

Mobile number

7356839368

Email address

jishnupawan770@gmail.com

Present Organisation Details

Achutha Menon Center for Health
Science Studies, Sreechitra Tirunal
Institute of Medical Sciences and
Technology, Thiruvananthapuram

Job Title

PhD Scholar (UGC JRF)



How was your life at Amrita? -

I would rather like to answer the question using a present tense, as I believe the experiences that emerged throughout those two year journey at Amrita have enabled me to enhance many of my capabilities that have been useful till today and will remain usefull till the rest of my life. There have been moments of joy and wonderful memories in the campus and I had experienced few of the best peer relationship during those two years.

What are the key skills that you learned at Amrita which helped you in your career? -

Skills have emerged from the vast exposure that I had experienced during my post graduation period, there were opportunities within and outside the campus to develop skills, as most of us were rigorously exposed to opportunities to develop our leadership and organization capabilities.

How is the current scope of Social Work? -

I personally believe that Social Work is an ocean of opportunities. It has a wide scope that cannot be listed here. I myself am an example of how vast the scope of social work can be as it has landed me to pursue a PhD in Public Health in an institute of national importance.

What message would you like to give for the current MSW students? -

Have a divergent view of life that has limitless possibilities.

What are your key responsibilities in the present job? -

I am a UGC JRF pursuing PhD in Health Sciences at AMCHSS (CENTER OF EXCELLENCE IN PUBLIC HEALTH), my core area of research is empowement and resilient thinking.

Who is/are your inspiration(s)? -

It is impossible to list all those who have inspired me, but I will always and still be inspired by my brother who is the reason why I have been pursuing a challenge to understand what is resilience and how it can empower individuals and organizations.

Any other thing that you would like to share? - Wish all the readers all the best and have a wonderful career ahead.

UGC NET (JUNE 2013)

SOLVED QUESTION PAPER (PAPER-2)

1. . Which Indian state has the lowest child sex ratio , among the following ?
 - a. Kerala
 - b. Karnataka
 - c. Tamil Nadu
 - d. Punjab
2. The tendency to commit crime repeatedly without any sense of repentance is called
 - a. De facto action
 - b. Terrorism
 - c. Return –back
 - d. Recidivism
3. Which of the following is recognized as decade for Natural Disaster Reduction ?
 - a. 1980s
 - b.1990s
 - c.1970s
 - d.1960s
4. Who introduced the concept of 'Role Playing' ?
 - a. E . Durkheim
 - b. G.H Mead
 - c. W.I Thomas
 - d. Sigmund Freud
5. Negative reinforcement leads to
 - a. Extinguish Behaviour
 - b. Increase in desired responses
 - c. Eliminate desirable responses
 - d. Learned Helplessness
6. The model of Social Policy called 'residual welfare' has been advanced by
 - a. Norman Ginsburg
 - b. Richard Titmus
 - c. Lewis
 - d. David Danison
7. "Felt difficulty in fulfilling role obligation " is known as
 - a. Inter role
 - b. Role variation
 - c. Role Strain
 - d. Role ambiguity
8. Who has divided Family into " Family Of Orientation and " Family Of Procreation "?
 - a. Murdock
 - b. Kapadia
 - c. Robertson
 - d. Warner
9. The strength of association between two variables is called
 - a. Correlation
 - b. Inference
 - c. Hypothesis
 - d. None of the above
- 10 .Who developed the Physical Quality of Life Index ?
 - a. Richard Estes
 - b. D. M . Morris
 - c. Md . Yunus
 - d. Amartya Sen

Answer: 1 (D) , 2 (D) , 3 (B) , 4 (B) , 5. (B) , 6 .(B) , 7 (C) , 8 (C) , 9 (A) , 10 (B)



PARVATHY R
(I IMSW)



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Instagram : Amrita Dept of SocialWork
Subscribe at : www.youtube.com/mswamrita

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