# AMRITA UUDAAN

**Monthly Newsletter** 

February 2022

Volume 04 Issue 02





Amrita Social Work Association of Alumni and Students

# **FEBRUARY 2022**

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## Department of Social Work



### THE TEAM

# AMRITA UDAAN







SANJAY S (II MSW)



MEENAKSHI D H (II MSW)(HEAD)

# DEPARTMENTAL ACTIVITIES



JOSEPH PRAKASH (II MSW) (HEAD)



HILA (II MSW)



PRAKATHI RAMAKRISHNAN (II MSW)

### STUDENTS CORNER



SREELAKHSMITS (II MSW)



AKHIL SANTHOSH (II MSW)(HEAD)

# **CONTENT CREATORS**



PARAM KUMAR SINGH (II MSW)(HEAD)



ASWINI AJAY (II MSW)

### DESIGNING TEAM



ANJU BABU (II MSW) (HEAD)



SANDRIMA K K (II MSW)



GISHA K J (II MSW)

### **JUNIOR AMRITA UDAAN TEAM**

### **EDITING DEPARTMENT**











**DEPARTMENTAL** 

**CONTENT CREATORS** 







MEENAKSHI JAYAPRAKASH

(HEAD) (IMSW)



**DESIGNING TEAM** 



ANUSHREE M KRISHNAN COIMBATORE CAMPUS

### **ABOUT AMRITA UDAAN**

Amrita Udaan is the monthly newsletter of the Dept. of Social Work. It is completely managed by the students under the guidance of the Faculty. It mainly covers the departmental activities, articles on various social issues, book review, movie review, drawings, posters, alumni interviews, guidance and solved previous year question papers of UGC-NET. The contents are contributed mainly by the students, alumni and faculty members. It is sucessully publishing every month from October 2019.

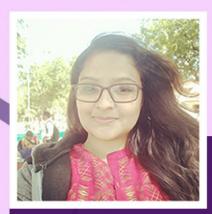
### Department at a glance

•	IMSW	-	38
•	II MSW	-	43
•	<b>Faculty Members</b>	-	06
•	<b>Executive Assistant</b>	-	01
•	Ph.D scholars	_	15
	Full time		02
	Part-time		13
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# Departmental Activities



### **ASWAAS Election**



SHERIN SUSAN JOHN
VICE PRESIDENT



UDITI JAIN
JOINT SECRETARY



GOKUL RAJ **JOINT TREASURER** 

Date - 07/02/2022 Time - 03:00 PM to 03:30 PM

Platform - MS Teams

The Department of Social Work, Amrita Vishwa Vidyapeetham, Coimbatore conducted the annual election of Amrita Social Work Association of Alumni and Students (ASWAAS) to elect the first year MSW students for the positions of Vice President, Joint Secretary, and Joint Treasurer. Mr. T. Sathishkumar began the program by presenting a slideshow about ASWAAS. Ms. Meenakshi D H, the Secretary of ASWAAS, introduced the first year students to the functioning of ASWAAS. After that, the first year students were invited to self nominate for the different positions, and then the election took place. Ms. Sherin Susan John was elected for the position of Vice President, Ms. Uditi Jain was elected for the position of Joint Secretary, and Mr. Gokul Raj was elected for the position of Joint Treasurer. The new office bearers were congratulated by all. With that, Mr. Akhil Santhosh gave the vote of thanks and ended the program.

Current office bearers of ASWAAS President - Anandapadmanabhan H
Secretary - Meenakshi D H
Treasurer - Akhil Santhosh
Vice President - Sherin Susan John
Joint Secretary - Uditi Jain
Joint Treasurer - Gokul Raj M



# Webinar on 'The Power of Resilience in Life and Community Development'

A live Webinar



Speaker:

Mr. Tamilalagan

Social Activist

BSC, MSW, LLB

# THE POWER OF RESILIENCE IN LIFE AND COMMUNITY DEVELOPMENT

# FRIDAY 25 FEBRUARY 2022 11:30 AM to 12:30 PM Via MS Teams

### **Student Team:**

Neeraja M S Sakthi Sree K Sai Ram T C

Parvathy R Samyuktha K Roshan Renji Cherian

Faculty in Charge: Dr. S Kanagaraj

A webinar on "The Power of Resilience in Life and Community Development" was conducted by team 'The Hope' to develop resilience power and organising skill in first and second-year MSW students initiated by course faculty, Dr. S Kanagaraj as a part of the Community Development curriculum. Team 'The Hope' consisted of Ms. Neeraja M S, Ms. Parvathy R, Mr. Roshan Renji Cherian, Mr. Sai Ram T C, Ms. Sakthi Sree K, and Ms. Samyuktha K. The members were dedicated and came up with a perfect organising plan and agenda to conduct the webinar successfully under the guidance of Dr. S Kanagaraj.

Mr.Tamilalagan, a social activist, dancer, swimmer, national paralympic champion, a social worker who has completed his B.Sc., MSW and currently pursuing final year LLB, was the resource person for the webinar. The master of ceremony was Ms. Parvathy R. The webinar commenced with the prayer song by Ms. Neeraja M S. The welcome address and resource person introduction was given by Ms. Parvathy R and Ms. Neeraja M S respectively.

Dr.S Kanagaraj, assistant professor of the department of Social Work, felicitated the gathering. The introduction to the resource person started with an inspiring video of him. The resource person lost his leg at the age of twelve in a tragic accident and he showcased his life as a real-life example to climb up the ladder of life without seeking the sympathy of anyone around and that 'trying' attitude of him helped him to be the best in everything he did. That's how he became a renowned dancer, paralympic gold medallist, cyclist, and a kind-hearted social worker. Mr. Tamilalagan's one piece of advice to the young blood was to have a determinant and an endless trying mind and asked the crowd to display one's abilities rather than disabilities. Life is uncertain and one should always have the resilience power to overcome and get along with life rather than being hopeless with what life brings. He was a felicitous resource person to speak on the topic. The vote of thanks was given by Ms. Sakthi Sree K at the end of the session. A total of 64 participants including faculty members attended the session. Participants filled out the feedback form and 85% of the feedback was above very good which was a token of appreciation for the organising team to conduct more webinars in near future.





PARVATHY R (I MSW)

# Webinar on 'Children and Adolescents during the Pandemic'

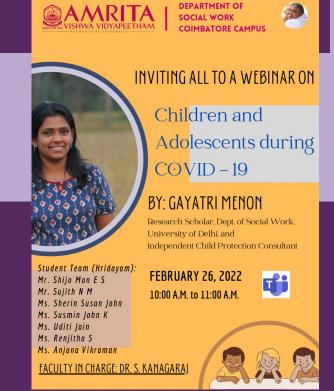
Date: 26/02/2022 (Saturday) Platform: Microsoft Teams Time: 10:00 A.M. to 11:00 A.M. Number of Participants: 42

Resource Person: Ms. Gayatri Menon

The webinar was conducted to explore the potential impacts of the pandemic on children and adolescents, for the MSW students. The webinar was initiated by course faculty, Dr. S Kanagaraj as a part of the Community Development curriculum. The webinar was conducted by the first MSW students. In total there were six student teams, out of which, Team Hridayam conducted this webinar. The team consisted of Mr. Shijo Mon E S, Mr. Sujith N M, Ms. Sherin Susan John, Ms. Susmin John K, Ms. Uditi Jain, Ms. Renjitha S, and Ms. Anjana Vikraman. All the team members were enthusiastic and committed. And they came up with a well-organised work, under the guidance of Dr. S Kanagaraj.

Ms. Gayatri Menon is an Independent Child Protection Consultant. Currently, she is a Research Scholar under the Department of Social Work at the University of Delhi. Previously she worked as the assistant professor of social work in Rajagiri college of social sciences, Kochi, Kerala. She has also worked in various renowned organisations across the country. The master of ceremony was Ms. Susmin John K. The event officially began with the prayer song by Mr. Sujith N M. The welcome address was given by Ms. Susmin John K. Dr. S. Kanagaraj, Asst. Professor

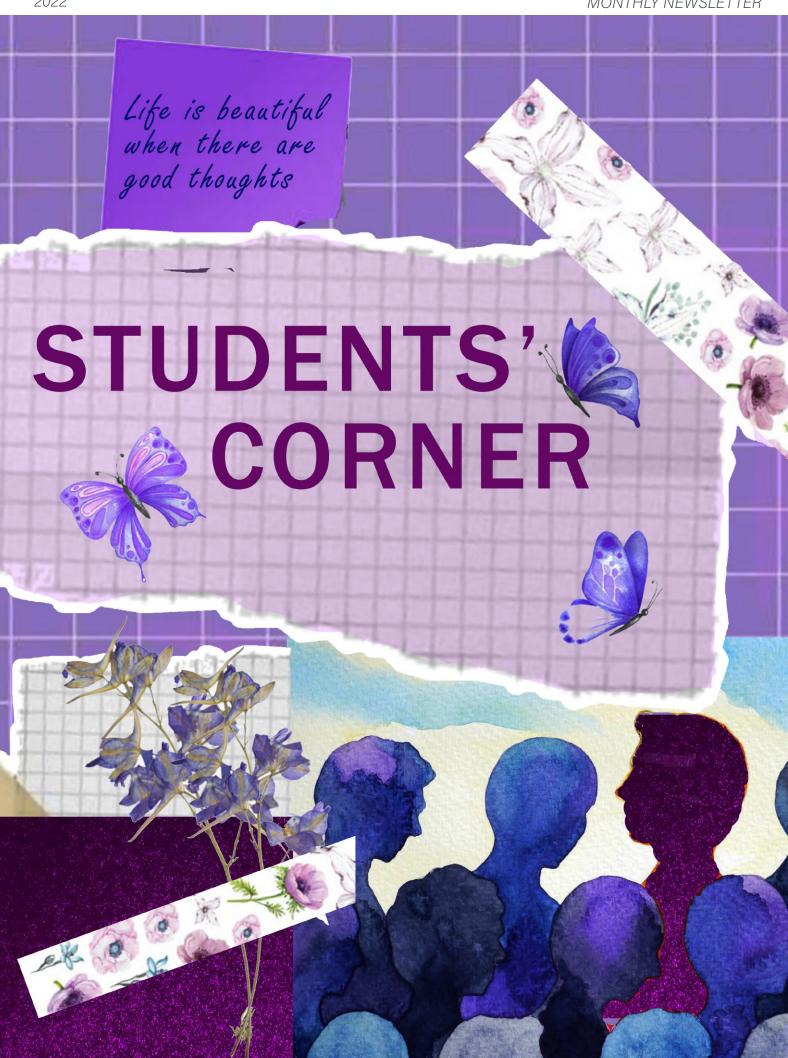




of the Department of Social Work, felicitated the gathering. Ms. Sherin Susan John introduced the resource person to the participants.

After the introduction, the resource person gave an overview of the topic. We got an insight into the situations that children and adolescents go through. She was also able to cover some major areas like both the positive and negative impacts of Covid -19, impact of Covid-19 on children, impact of Covid-19 on adolescents, and so on. Ms. Gayatri Menon gave us a clear picture of the topic. After that, there was an interactive session, where many of our doubts were cleared. She was the most appropriate resource person to speak on the topic. The vote of thanks was given by Ms. Anjana Vikraman at the end of the session. After that, the participants filled out the feedback form and the majority of the feedback was very good which was a token of appreciation for the organising team to conduct more webinars in near future.

SHERIN SUSAN JOHN (1 MSW)



### **Understanding** Intergenerational **Trauma**

Lately, there is an increase in the number of posts discussing intergenerational trauma. Social media platforms have brought this under looked issue to the spotlight. Similar to how genes, tradition and heirlooms are passed down, trauma is also passed down. What is intergenerational trauma? Intergenerational trauma is the trauma that gets passed down from one generation to the next as the result of experiencing a traumatic event. Here, the traumatic event may concern an individual or a family or the community as a whole. (It results in the loss of a sense of safety.) However, intergenerational trauma cannot be understood from face value. It manifests through subtle and covert forms of one's behaviour (eg. anxiety, slow self-esteem, depression etc.)

The effects of intergenerational trauma are negative in nature and often leads to dysfunction in the families. This dysfunction continues in the future generation of the family. To name a few, the following are the effects of dysfunction: poor or lack of emotional bonding within the family, mild to severe mental illnesses, personality disorders, repeated patterns of unhealthy behaviours etc. The effects of dysfunction are always passed on, irrespective of the fact they are mostly negative in nature. More often than not, the impact is strongest on children.

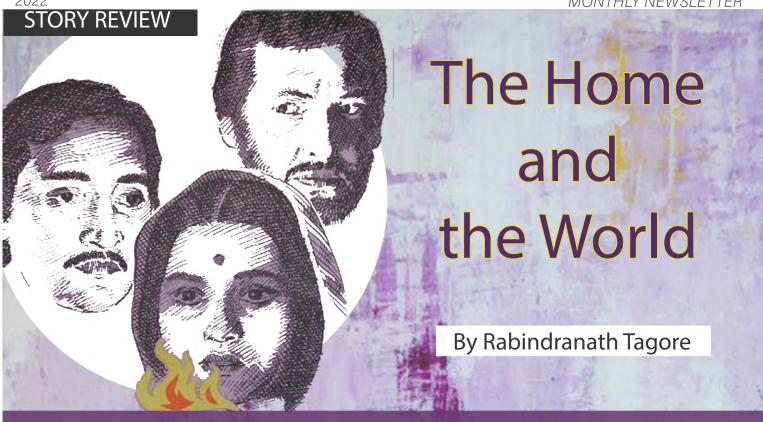
Trauma survivors can either repeat the cycle or break the cycle and create a new narrative. The latter happens when any member of the family chooses to acknowledge what has happened and work through the issues. It is important to work through the cycle of intergenerational trauma as it paves the way for healthier habits and patterns of living and growing for the future generations.

Here are a few ways through which one can recognize and find ways to work through trauma:

- Communicate: Communication helps understand the situations endured by the family and the ways they managed or coped with the problems.
- Pay attention to the minute details they may give away information about patterns in the family that might be repeated.
- Develop a sense of empathy.
- Seek professional help (if needed). This can help one get a better understanding of what has been learnt and find ways to navigate through the prob-

It is to be noted that breaking intergenerational trauma can be frowned upon in the beginning as anything other than what has been practised is unacceptable. It requires a lot of mental strength and willpower to break the cycle and rewrite the narrative.



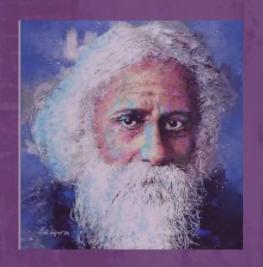


Tagore, in The Home and the World presents an interesting allegory of Indian politics in the early twentieth century. Nikhil wants his wife to enter into the outer world and for which he introduces her to Sandip, an active leader in the Swadeshi movement. Bimala soon becomes immersed in the revolutionary fervour of Swadeshi and finds herself torn between the duties of home and the world. Thus, The Home and the World is a tragic example of the conflict between realism and ide-

Though Nikhil and Bimala enjoy a peaceful marriage, Nikhil wants her to enter the outer world, believing their love is true only if they recognize one another in the outer world. When Bimala attends a Swadeshi rally led by Sandip Babu, she insists he visit Nikhil's estate. Bimala and Sandip are attracted to one another, so Sandip decides to make his headquarters at the estate.

Bimala becomes intimately involved with the Swadeshi movement because of her desire to work with Sandip. Sandip is obviously interested in Bimala, and Bimala begins to question her marriage to Nikhil because Sandip represents everything she wants in a man. At Sandip's request, Bimala steals 6000 rupees from Nikhil's safe for the Cause, but Sandip's subsequent behaviour makes her feel torn as though she is two people, one who is appalled by Sandip and one who is attracted to him.

Through the novel, Tagore brings out the confusions and internal conflicts in the mind of a woman who tries to step out of her home to the world. The novel also puts forth questions on the idea of femininity, masculinity and freedom. Tagore also gives a glimpse of the new India through the character of Amulya who represents the leaders of new India who are corrupt and deceitful.





NAYANA

### **WELL KNOWN SOCIAL WORKER**



### Sugathakumari

The Poet and Activist who spoke for the Women and the Soil

Sugathakumari was born on January 22, 1934 in the town of Aranmula in Pathanamthitta district in Kerala. She was the middle of the three daughters born to poet Bodheswaran and scholar V.K. Karthiyayini. Her parents instilled the love of reading, writing and poetry in her from a young age. Sugathakumari was educated in Thiruvanathapuram.

She was one of the most active campaigners of the Save Silent Valley Movement when it took shape in the 1970s. Silent Valley – a tropical evergreen forest in Palakkad district – was at the time proposed by the Kerala State Electricity Board (KSEB) to host a hydroelectric dam. Environmentalists all over the world fought against the proposal that would not only destroy part of the forest but also threaten the lives of endangered lion-tailed macaques. Sugathakumari

wrote a poem – Marathinu Sthuti (Hymn to a Tree) -- which was recited at every other protest to save the Silent Valley.

It was also in Palakkad that Sugathakumari and a few others created Krishnavanam, converting a stretch of barren land in Attappady to a natural forest.

In the years that followed, she became one of the first people that environmentalists in the state called when there was any sort of threat to nature. Even in her advanced years, she'd be the first to go and stand before a tree when authorities wanted to cut it without fair reason.

In 2006, when she was awarded the Padma Shri for her works of poetry, she told a reporter that she was walking away from everything, she had seen too much and a lot of it did not seem important to her anymore. But in 2018, when five nuns protest-

ed in Ernakulam against the bishop accused of raping their colleague, the then 84-year-old Sugathakumari thawed. She took part in a protest in support of the nuns outside the Secretariat and simply said that it was her duty to be with them.

She raised her voice for oppressed women time and again, leading to the opening of Abhaya in 1985. It became a home for destitute women and a daycare centre for people with mental health issues. Sugathakumari was moved by the plight of the patients at government hospitals for the mentally ill. "The most significant achievement of Abhaya was that after 150 years of isolation, the mental hospitals of the State were thrown open to public scrutiny. As a result, the mental health scenario of Kerala has undergone a healthy change," says the website of the organisation. They later expanded to care for drug addicts, children in distress and women who didn't find their own homes safe.

In 1996, she became the first chairperson of the Kerala State Women's Commission. Pained by the stories of dowry deaths and domestic violence and child sexual abuse, she wrote several poems, including one titled Vanitha Commission, about those disturbing days.

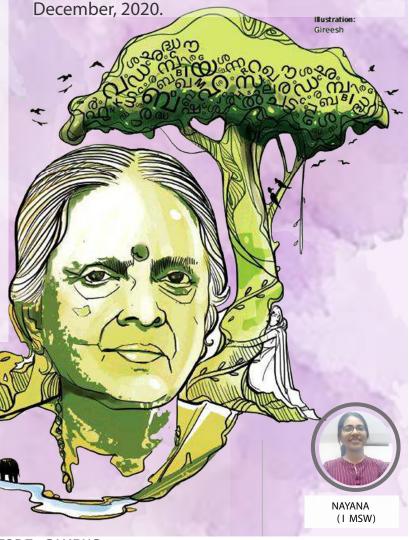
Through all of her activism, Sugathakumari wrote — poetry has been her tool for every fight. Themes of Mother Nature appeared regularly in her poems. Like many women poets, she had first published as a young woman under a pseudonym. A decade later — in

the late 1960s — she would win her first Kerala Sahitya Akademi award for Pathirapookkal (Flowers of Midnight). Another decade later, she would win the Kendra Sahitya Akademi Award for Raathrimazha (Night Rain).

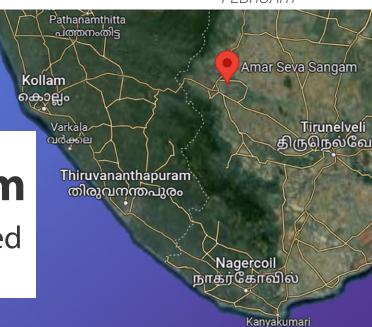
Muthuchippi (Pearl Oyster), Paavam Maanavahridayam (Poor Human Heart), Irul Chirakukal (Wings of Darkness), Thulaavarshappacha (Green Monsoon), and Radha Evide (Where is Radha) are some of her other noted works.

The poems brought her more recognitions - Odakkuzhal Award in 1982, Vayalar Award in '84, Asan Prize in 1991, Lalithambika Sahitya Award in 2001, Ezhuthachan and Basheer Awards in 2009 among many others. Most recently she won the ONV Literary Award in 2017 and Kadammanitta Ramakrishnan Award in 2019.

The great Malayalam poet, writer, literary critic and environmentalist passed away on 23rd



### **WELL KNOWN SOCIAL NGO**



Amar Seva Sangam
- Valley for the disabled

Amarseva – Live to Serve

Amar Seva Sangam (ASSA) was established by Mr. Ramakrishnan, in the international year of the Disabled (1981) to cater to disability management focusing on rural areas. ASSA is a premier organisation in the field of disability management focusing on rural areas, located in Ayikudy Village in Tirunelveli District in South Tamil Nadu.

Their approach is to establish a centralised resource centre to act as a catalyst for change in the development of differently abled and intellectually challenged. They do this by involving the village community in the process. Key Persons – Shri.S. Ramakrishnan (Founder), Shri.S. Shankara Raman (Hon.Secretary)

Founder (Real Hero)- In his final year college Shri.S. Ramakrishnan decided to appear for the Indian Navy selection but fate had decreed otherwise. He fell from a height during the selections and suffered multiple spine injuries that left him a quadriplegic for life. However, the accident opened a different arena in his life. Shri.S. Ramakrishnan, a young 21-year-old quadra boldly established the organisation in 1981 to showcase what mind power can deliver to change the society. Sri S. Sankara Raman, a Chartered Accountant and a wheelchair user, affected by muscular dystrophy, joined him in 1992. Their dream is to build a Valley for the disabled where equality prevails among all. He



named the organisation after Air Marshal Dr Amarjith Singh Chahal of the Naval Hospital at Pune who motivated and inspired him to use his brain and energy to lead a positive life.

In the year 2021, Shri.S. Ramakrishnan was awarded Padma Shri in the field of Social Work.

Programmes run by the organisation

- 1. Institution Based Rehabilitation through residential, day-care, out and in patient services including disability assessment, aids and appliances across all age groups for all disabilities.
- 2. Educating physically challenged from nursery to post graduation.

- 3. Skill Development of Disabled through free vocational training in Computer, Advanced Information Technology, Typewriting, Notebook Making and Book Binding, Tailoring & Garment making, Handicrafts, Cell Phone Servicing, Servicing of Home appliances, Soft Skill Training.
- 4. Integrated Training and Development Centre for the Physically Challenged.
- 5. Village Based Rehabilitation for mobilising communities for inclusion of disabled persons.
- 6. Advocating the rights of disability.

**Contact Address** 

Shri.Shankara Raman Sriniyasan Sulochana Gardens, Tenkasi Road, Ayikudy-627852. mail@amarseva.org



FEBRUARY

# **Schemes and Acts**



### **ACT**

# Juvenile Justice (Care and Protection of Children) Act, 2015

As per the existing law, a juvenile is any individual below the age of 18 and any child below the age of 7 cannot be convicted under any law for any crime.

The Juvenile Justice Act of 2015 replaced the Juvenile Delinguency Law and the Juvenile Justice (Care and Protection of Children) Act of 2000. It introduced many changes to the existing law based on the requirements of the day and making the juvenile justice system more responsive to the changing circumstances of society. The Act changed the nomenclature from 'juvenile' to 'child' or 'child in conflict with law'. It also removed the negative connotation associated with the word 'juvenile'. The Act seeks to hold the child accused of crime accountable, not through punishments, but through counselling. The Act defines orphaned, surrendered, and abandoned children. It also defines petty, serious, and heinous crimes by children. An important provision of the Act is that it provides for children between the age of 16 - 18 to be treated as adults in case of heinous crimes. It provides more clarity to the functions and powers of the Juvenile Justice Board and the Child Welfare Commission. The Central Adoption Resource Authority (CARA) was granted the status of statutory body to enable it to perform its function more effectively. All Child Care Institutes across India were to get themselves registered under the Act within six months from the date of commencement of the Act. Recently, a bill has been passed in both the houses of the Parliament which seeks to amend the Juvenile Justice (Care and Protection of Children) Act, 2015. The Statement of Objects and Reasons of the 2021 bill states that adoption cases have witnessed significant delay in courts. Further, it states that adoption cases are non-adversarial in nature and can be dealt with through a well laid out process. It also ensures that no Child Care Institute can be opened without the sanction of the District Magistrate.

### **SCHEMES**

### **Aapda Mitra Scheme**

National Disaster Management Authority has been implementing Aapda Mitra scheme since May 2016 with a focus on training of 6000 community volunteers in disaster response in selected 30 most flood prone districts of 25 States of India. The scheme aims to provide the community volunteers with the skills that they would need to respond to their community's immediate needs in the aftermath of a disaster thereby enabling them to undertake basic relief and rescue tasks during emergency situations such as floods, flash-floods and urban flooding.

The objectives of the scheme:

Development and Standardisation of training modules at National Level;

Development of Information Knowledge Management System at National level linked to States/UTs;

Training institutions to be empanelled by respective States/UTs at the State/UT level;

To train 6000 community volunteers in life saving skills of disaster response (flood relief and rescue), coordination, assistance, and provide personal protective equipment and emergency responder kits;

To create a Community Emergency Stockpile/Reserve at the district/block level containing essential light search and rescue equipment, medical first aid kits, etc.;

To disseminate training and education tools developed under the project to a greater number of flood prone districts in subsequent phases of the scheme.

The trained volunteers provided the following services during the COVID-19 pandemic under the guidance of District Administrations, which were/is commendable:

Distributed ration and monitored temperature.

Home delivery of essential items such as food, ration, medicines for women headed households, senior citizens, disabled people.

Logistic support in running and monitoring quarantine & isolation centres and homes of suspect cases.

Dissemination of information & awareness generation by IEC material, campaigns at public places and at doorsteps to reach the last mile.

Preparation & Distribution of Food among the needy like migrants, homeless, in slum clusters & remote rural areas. Conducted an awareness drive to educate rural communities.

Volunteers ensured people wear masks and distributed essential items to the community and to migrant labourers.

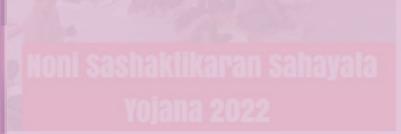
### Mukhyamantri Noni Sashaktikaran Yojana (Chhattisgarh)

Mukhyamantri Noni Sashaktikaran Yojana was recently launched by the Government of Chhattisgarh to provide financial assistance to first two daughters of labourers of the state. Under this scheme, the state government will provide an assistance amount of INR 20,000 to each daughter of the registered labourer. The assistance amount will be directly transferred to the bank account of the beneficiary. It aims to provide financial security to the girls and help them to become self-reliant.

Eligibility The applicant must be a per

The applicant must be a permanent resident of Chhattisgarh state.

The applicant must be a daughter of a labourer.
The labourer must be registered under Chhattisgarh
Building and Other Construction Workers Welfare
Board.





UDITI JAIN (I MSW)

### **FEBRUARY 2022**

# CURRENT AFFAIRS

1. Hoysala Temples are India's nomination for World Heritage Tag

The Sacred Ensembles of the Hoysala – the famed Hoysala temples of Belur, Halebid, and Somananthpura in the state of Karnataka – has been finalised as India's nomination for consideration as World Heritage 2022-23.

2. The Ministry of Defence makes induction of women fighter pilots in the Indian Air Force a permanent scheme.

Over six years after the Indian Air Force had started accepting women pilots on an experimental basis, the Ministry of Defence has decided to convert it into a permanent scheme. Last year has given a major boost to women joining the armed forces, as, after intervention from the Supreme Court, women have been allowed to join the National Defence Academy, that feeds officers into the three forces.

3. The Ministry of Education has prepared a Learning Recovery Plan (LRP) for the academic session 2022 - 23. To ensure a continuum of learning and mitigate the impact caused by the pandemic, states and UTs have been asked to incorporate the LRP guidelines to salvage the school education system. Measures taken under LRP include identifying and locating out-of-school children and drop-outs from each grade. It also aims at ensuring implementation of bridge courses and school readiness modules for secondary classes.

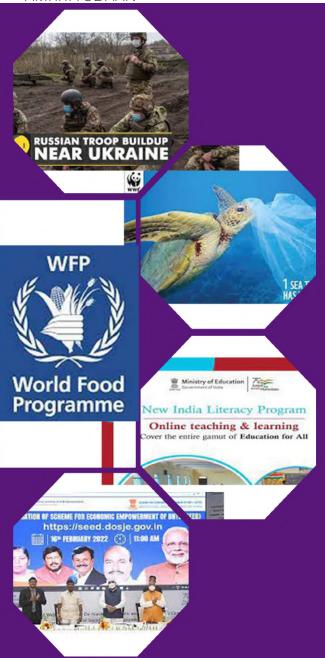
4. The Ministry of Health and Family Welfare launches Intensified Mission Indradhanush (IMI) 4.0.

While the pace of routine immunisation has slowed down due to Covid-19 pandemic, IMI 4.0 will immensely contribute in filling the gaps and make lasting gains towards universal immunisation. It will ensure that Routine Immunisation services reach unvaccinated and partially vaccinated children and pregnant women.

5. India signs an agreement with World Food Programme (WFP)

The agreement is signed for the distribution of 50,000 metric ton of wheat that it has committed to sending to Afghanistan as part of humanitarian assistance. According to the Ministry of External Affair, the supply will be affected by the Food Corporation of India (FCI) and transported from Attari (India) to Jalalabad (Afghanistan) by Afghan transporters.





6. Indian Space Research Organisation (ISRO) targets to launch Chandrayaan 3 in August 2022

ISRO has planned for a third lunar mission after its lander rover failed to soft-land on the surface of the moon in 2019. A soft-landing will make India the fourth country to do so and the first country to do so near the lunar South Pole. India had previously crashed a probe at what is now called the Jawahar point on the moon. The third mission will carry only a modified lander and rover and will use the orbiter of the Chandrayaan 2 mission to communicate with the earth.

7. Union Minister for Social Justice and Empowerment launches the 'Scheme for Economic Empowerment of DNTS' (SEED).

It is an umbrella scheme for the empowerment and welfare of the most deprived and economically weaker Indian communities viz. denotified tribes (DNTs), nomadic tribes (NTs), and semi nomadic tribes (SNTs). It has been formulated with four components which affect their livelihood.

8. The Ministry of Education launches 'New India Literacy Programme', a new scheme of adult education.

The Central Government has approved the 'New India Literacy Programme' which will be implemented for the 2022-27 financial year covering all aspects of Adult Education to align them with the National Education Policy, NEP 2020. The Education Ministry has announced that it will rename the term 'Adult Education' which is for non-literates 15 years and above and call it 'Education for All'.

9. Plastic pollution in oceans is growing dramatically, World Wildlife Fund (WWF) warns.

WWF has released a report titled 'Impacts of Plastic Pollutions in the Oceans on Marine Species, Diversity and Ecosystems' which measures the impact of plastic and microplastic in the ocean. The report found out that 88% of marine species are affected by severe contamination of plastic in ocean and that plastic production will double by 2040 which will result in four times increase in plastic waste in the ocean. The report calls upon countries to adopt a global treaty on plastics that is binding, ambitious, and holds states to a common standard of action.

10. Russian forces launch military assault on neighbouring Ukraine.

The balance of power in the region, Ukraine being a crucial buffer between Russia and the West, Ukraine's bid for NATO membership and Russian interests in the Black Sea accompanied by the protests in the Ukraine are the major causes of the ongoing conflict. The conflict is now the largest attack by one state on another in Europe since the Second World War, and the first since the Balkan conflict in the 1990s.



### **INTERNSHIP**

### MARPU FOUNDATION

https://internshala.com

Work from Home

START DATE: Immediately

**DURATION: 3 weeks** STIPEND: Unpaid APPLY BY: 07/03/2022

About the Internship: Marpu Foundation is a youth-run non-governmental organisation (NGO) working towards making the youth become global citizens to target diverse issues of the society.

Benefits:-Certificate

Letter of Recommendation

Flexible working hours

5 days a week

Only those candidates can apply who:

1. are available for the work from home internship between 21/02/2022 and 28/03/2022

2. are available for duration of 3 weeks

To know more & apply: https://internshala.com/internship/detail/social-work-workfrom-home-job-internship-at-marpu-founda-

tion1645422988

### HANDOUT FOUNDATION

https://internshala.com

Work from Home

START DATE: Immediately

**DURATION: 6 weeks** STIPEND: Unpaid APPLY BY: 07/03/2022

About the Internship: Handout Foundation is an NGO working for the public interest, awareness, and care around the state. The selected interns will get an opportunity to solve social issues, spread awareness, conduct surveys and reporting and updating.

Benefits:-Certificate Letter of Recommendation Flexible working hours

5 days a week

Only those candidates can apply who:

1. are available for the work from home internship between 20/02/2022and 27/03/2022

2. are available for duration of 6 weeks

\* Women wanting to start/restart their career can also apply.

To know more & apply: https://internshala.com/internship/detail/virtual-volunteering-work-from-home-job-internship-at-handout-foundation1645362643

### **INAMIGOS FOUNDATION**

https://internshala.com

Work from Home

START DATE: Immediately **DURATION: 3 weeks** STIPEND: 1000-4000/week APPLY BY: 27/03/2022

About the Internship: InAmigos Foundation is a non-profit to promote arts, commerce, sports, protection of the environment, and all. The selected interns will get an opportunity to connect volunteers and raise donations and participate in the events organised.

Benefits:-

Certificate

Letter of Recommendation

Flexible working hours

Only those candidates can apply who:

1. are available for the work from home internship between 20/02/2022 and 27/03/2022

2. are available for duration of 3 weeks

To know more & apply: https://internshala.com/internship/detail/virtual-volunteering-work-from-home-job-internship-at-inamigos-foundation1645377861

**FFRRUARY** AMRITA UDAAN

### **INAMIGOS FOUNDATION**

https://internshala.com Work from Home

START DATE: Immediately **DURATION: 3 weeks** STIPEND: 1000-4000/week APPLY BY: 27/03/2022

About the Internship: InAmigos Foundation is a non-profit to promote arts, commerce, sports, and protection of the environment. The selected interns will get an opportunity to uplift the society by providing the right information and treatment for the underprivileged.

Benefits:-Certificate

Letter of Recommendation

Flexible work hours

Only those candidates can apply

who:

1. are available for part time job/ internship between 20/02/2022 and 27/03/2022

2. are available for duration of 3 weeks

To know more & apply: https:// internshala.com/internship/ detail/community-influencing-work-from-home-job-internship-at-inamigos-foundation1645377845

### LITTLE HAND FOUNDATION

https://internshala.com START DATE: Immediately **DURATION: 1 month** STIPEND: Unpaid APPLY BY: 06/03/2022

About the Internship: Little Hand Foundation is a non-governmental organisation to empower women through educational opportunities and to promote equality among all sectors of society. The selected interns will get an opportunity to promote initiatives on various social media platforms and handle social responsibilities and so on.

Benefits:-Certificate Letter of Recommendation Flexible working hours

5 days a week

Only those candidates can apply who:

- 1. are available for part time job/internship between 20/02/2022 and 27/03/2022
- 2. are available for duration of 1 month
- \* Women wanting to start/restart their career can also apply.
- To know more & apply: https://internshala. com/internship/detail/social-work-work-fromhome-job-internship-at-little-hand-foundation1645331760

### PARWARISH CARES FOUNDATION

https://internshala.com

Location: Delhi

**START DATE: Immediately DURATION:** months STIPEND: 10000/month APPLY BY: 08/03/2022

About the internship: Parwarish Cares Foundation works towards empowering children, teachers, and parents through several sessions on holistic social and emotional growth. The selected interns will get an opportunity to create an awareness on child sexual abuse and also to lead Aao Baat Karein sessions at NGOs and other organizations.

Benefits: -Certificate Only those candidates can apply who:

1. are available for the work in office internship between 21/02/2022 and 28/03/2022

2. are available for duration of 6 months

To know more & apply: https://internshala.com/ internship/detail/social-work-internship-in-delhi-at-parwarish-cares-foundation1645433953



# JOB OPPORTUNITIES

### 1. Outreach Coordinator Kshamata

Location: Thane, Maharashtra Work experience: at least 2-3 vears

Female Candidates only Email id: bharathy@kshamata.

orq

Apply by: 26 Mar 2022

### 2. MIS cum Monitoring Officer Mahatma Gandhi Sewa Ashram

Location: Sheopur, Madhya Pradesh

Experience: Minimum 3 years Email id: senu.mgsa@gmail.

Salary: Depends on experience and last drawn.

Apply by: 10 Mar 2022

### 3. Male HR and Administrator Jeevodaya Society

Location: Itarsi, Madhya Pradesh

Work experience: 5 years' experience in HR work NGO sector Email id: jobs.jeevodaya@gmail. com

Apply by: 23 Mar 2022

### 4. Model Distribution Divisions (MDD) - Communication Lead Development Alternatives

Location: Uttar Pradesh Professional Experience: A minimum of 5 - 6 years

Email id: ssengupta@devalt.org

Apply by: 20 Mar 2022

### 5. Assistant Social Worker Jyoti Home

Location: South Delhi, Delhi Email id: jyotihome12@gmail.

Apply by: 14 Mar 2022

### 6. Project Manager Gramin Vikas Sewa Samiti

Location: Basti, Uttar Pradesh Salary: 10,000.00/Month Email id: graminup@gmail.com Apply by: 19 Mar 2022

### 7. Program Associate -Andhra Pradesh

Noora Health Location: Andhra Pradesh SALARY: 25,000 - 55,000 INR NO. OF VACANCIES: 01 Apply by: 19 Mar 2022 Email id:People@noorahealth.

### 8. Assistant Director Atmashakti Trust

Location: Noida, Uttar Pradesh Work Experience: Having 12 to 15 years of working experience in related fields.

Email id: communications@ atmashaktitrust.com Apply by: 15 Mar 2022

### 9. Head Member Services Disability NGOs Alliance (DNA)

Location: Bengaluru, Karna-

Experience: total work: 7

years (Required)

Salary: 50,000.00 - 55,000.00

per month

Apply by: 11 Mar 2022 E mail: ceo@dna-india.org

### 10. Program Officer Vidarbha Nature Conservation Society

Location: Armori, Maharash-

Experience: Minimum 3 Year experience in Village based/ livelihood project.

Salary: 20k-25k (as per expe-

rience)

Email id: vncs.ngp5@gmail.

Apply by: 14 Mar 2022



# IMPORTANT DATES

2022

### March

Sun Mon Tue Wed Thu Fri Sat

1 2 3 4 5

6 7 8 9 10 11 12

**13** 14 15 16 17 18 **19** 

20 21 22 23 24 25 26

27 28 29 30 31

1st March - Zero Discrimination Day;

World Civil Defence Day

3rd March - World Wildlife Day;

World Hearing Day

4th March - National Safety Day

8 March - International Women's

Day

10 March - CISF Raising Day

13 March - No Smoking Day (Sec-

ond Wednesday of March)

14 March - Pi Day; International Day

of Action for Rivers

15 March - World Consumer Rights

Day

16 March - National Vaccination Day

18 March - Ordnance Factories Day.

20 March - International Day of Hap-

piness; World Sparrow Day

21 March - World Forestry Day;

World Down syndrome Day; World

**Poetry Day** 

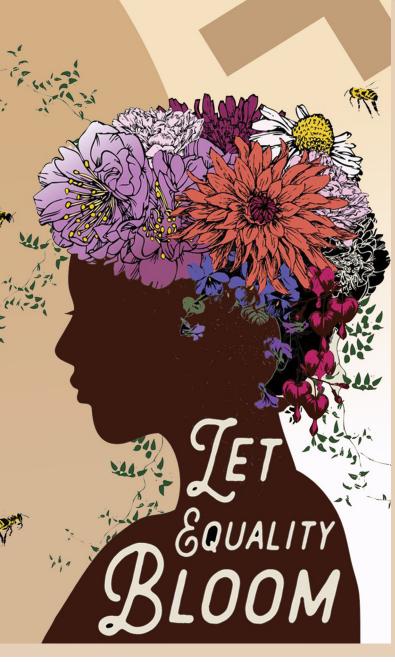
22 March - World Water Day

23rd March - World Meteorological

Day

24 March - World Tuberculosis Day

27 March - World Theatre Day



# **ALUMNI CORNER**

### How was your life at Amrita?

It was really enriching especially because of the visiting faculties who had decades of experience as practitioners and are one of the key leaders in the discipline of social work, research and law. Personally to me the constant feedback and guidance given during the time of field work and research really complemented the theory classes. Having said this, I would like to give credit to my visiting faculties and Mr. Nagalingam who endeavoured to always push my limits and motivate me.

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Present Organisation Details
Leher
Job Title
Consultant



What are the key skills that you learned at Amrita that helped your career?

- 1. Built a foundation of understanding of what is and what is not social work. The ethics of the profession, the practice of group work, social case work methodology and its principles sticks to my brain till date while I'm working on cases of children who have entered the legal system, while I conduct activities in group with children, and while I do outreach and documentation. I ensure children are presented and represented always in a respectful and dignified manner and their thoughts and opinions always considered and heard.
- 2. Learnt conducting outreach, mobilising and communicating well with communities sensitively while understanding local dynamics
- 3. Under research need to give certain terms/words definitions for purpose of study, what methodology to pick, how to extract info to quantitative data, analysis, and preparing final report with recommendations
- 4. How to read and understand law (Acts)
- 5. Build a foundational understanding and practised on the field-child rights and protection

### How is the current scope of Social Work?

- It has a lot of scope in the sphere of research, policy/law making, working as government officials, strengthening and building community-led mechanisms for community development, implementation of laws and working in coordination with government etc.

What message would you like to give for the current MSW students?

Please strengthen your foundational understanding of social work which includes imbibing its ethics. Other things which are demanded in today's world are research, documentation skills (it holds a power of using it as an advocacy tool), case

work, group work (understanding its power and the varied ways of creatively conducting it that is impactful and stays with the participants) and effectively working with communities to help them own their issues and capacitating them to become leaders (for this we must first capacitate ourselves to be the leader & not a dictator or a hero to the rescue). We must also learn to read and interpret law and analyse it. Finally follow people from the profession on social media to learn how they advocate, write their opinions etc.

### What are your key responsibilities in the present job?

I am on the program implementation side of our work in Leher; a child rights organisation. I have been involved in research, contributed in making suggestions in the amendments invited from civil society in Juvenile Justice Model Rules, training our partner organisations on topics related to child rights/protection, renewing the organisation's child safeguarding policy, guiding partner organisations in preventive work on child protection undertaken in communities

### Who is/are your inspiration(s)?

I am inspired by the work of the organisations with whom I have worked i.e., Prerana and Leher. I also love the work of Anant Kumar Asthana, Govind Beniwal, HAQ, Adv. Maharukh.

### Any other thing you would like to share?

The students need to be placed in varied kinds of settings during their field work and motivated to utilise their vacations to do internships in different geographies and organisations to gain exposure and experience of working on ground. This is what I did after each semester during my time through placement arranged by my visiting faculty.

# UGC NET (JUNE 2009) SOLVED QUESTION PAPER (PAPER – 1)

- 1) Chandrayan I was launched on 22nd October, 2008 in India from
- a. Bangalore
- b. Sriharikota
- c. Chennai
- d. Ahmedabad
- 2) Environmental impact assessment is an objective analysis of the probable changes in:
- a. physical characteristics of the environment
- b. biophysical characteristics of the environment
- c. socio-economic characteristics of the environment
- d. all the above
- 3) Bog is a wetland that receives water from
- a. nearby water bodies
- b. melting
- c. rainfall only
- d. sea only
- 4) Which of the following regions is in the very highrisk zone of earthquakes?
- a. Central Indian Highland
- b. Coastal region
- c. Himalayan region
- d. Indian desert
- 5) Indian coastal areas experienced Tsunami disaster in the year:
- a. 2005
- b. 2004
- c. 2006
- d. 2007

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- 6) The Kothari Commission's report was entitled on:
- a. Education and National Development
- b. Learning to be adventure
- c. Diversification of Education
- d. Education and socialisation in democracy
- 7) Which of the following is not a Dualmode University?
- a. Delhi University
- b. Bangalore University
- c. Madras University
- d. Indira Gandhi National Open University
- 8) Which part of the Constitution of India is known as "Code of Administrators"?
- a. Part I
- b. Part II
- c. Part III
- d. Part IV
- 9) Which article of the constitution provides safeguards to Naga Customary and their social practices against any act of Parliament?
- a. Article 371 A
- b. Article 371 B.
- c. Article 371 C
- d. Article 263.
- 10) Which one of the following is not the tool of good governance?
- a. Right to information
- b. Citizens' Charter
- c. Social Auditing
- d. Judicial Activism



Answer: 1. (B), 2. (D), 3. (C), 4. (C), 5. (B), 6. (A), 7. (D), 8. (D), 9. (A), 10. (D)



### Contact:

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> Instagram : Amrita Dept of SocialWork Subscribe at : <a href="https://www.youtube.com/mswamrita">www.youtube.com/mswamrita</a>

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