

AMRITA UDAAN



Monthly Newsletter

APRIL 2022

Volume 04 Issue 04

“Don’t be discouraged by your incapacity to dispel darkness from the world. Light your little candle and step forward.”



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APRIL 2022

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DEPARTMENTAL ACTIVITIES



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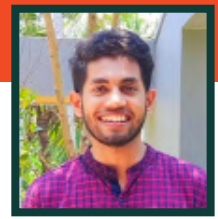


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ABOUT AMRITA UDAAN

Amrita Udaan is the monthly newsletter of the Dept. of Social Work. It is completely managed by the students under the guidance of the Faculty. It mainly covers the departmental activities, articles on various social issues, book review, movie review, drawings, posters, alumni interviews, guidance and solved previous year question papers of UGC-NET. The contents are contributed mainly by the students, alumni and faculty members. It is successfully publishing every month from October 2019.

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DEPARTMENTAL ACTIVITIES

Report of Workshop on Approaches and Models for Sustainable Rural Development in India



LIGHTENING LAMPS

Date: 04th to 06th April 2022

Venue: Amrita Vishwa Vidyapeetham

Day 1: Approaches and Models for Sustainable Rural Development in India



RELEASING OF WORKSHOP MODULES

Inaugural programme

The workshop started with the lighting of the lamp by the esteemed dignitaries and a small prayer was recited by Bramhachari Nikhileshamrita Chaitanya. After that the welcome address was given by Dr. S. Kanagaraj, the workshop coordinator and Asst Professor, Dept. of Social Work. Dr. P. Rangasami, Chairperson, Dept of Social Work, briefed about the workshop. Dr. Sasangan Ramanathan, Dean – Engineering, gave the presidential address. Prof. P. Kanagasabapathy, Chairman I/c, Indian

Council of Social Science Research (ICSSR), New Delhi, gave the Chief guest address. He specially emphasised the Indian model of economy contributing to sustainable rural India. After that vote of thanks was proposed by Dr. K. Umamaheswari, Asst Professor, Dept. of Social Work.

Resource Person(s):

Dr. Manikandan, Gandhigram Rural Institute (Deemed to be University), Dindugal



AMRITA
VISHWA VIDYAPEETHAM
DEEMED TO BE UNIVERSITY
Department of Social Work
Ettimadai, Coimbatore-641112

3 DAY WORKSHOP

APPROACHES AND MODELS FOR SUSTAINABLE RURAL DEVELOPMENT IN INDIA

04th-06th April 2022

Venue: E Learning Studio, AB I



AMRITA
VISHWA VIDYAPEETHAM
DEEMED TO BE UNIVERSITY
DEPARTMENT OF SOCIAL WORK
ETTIMADAI, COIMBATORE - 641112

PROGRAMME AGENDA
A THREE-DAY WORKSHOP ON
APPROACHES AND MODELS FOR SUSTAINABLE RURAL DEVELOPMENT IN INDIA
INAUGURATION

9.30 am - 9.33am	Prayer	Ms.Jothirmayi (II MSW)
9.33 am - 9.35am	Lighting the lamp	
9.35 am - 9.40am	Welcome Address	Dr.S.Kanagaraj Assistant Professor
9.40 am - 9.45am	About the Workshop	Dr.P.Rangasami Chairperson, Dept.of Social Work
9.45 am - 9.50am	Introduction of Dean	Mr.V.S.Varunavelu Assistant Professor
9.50 am -10.00am	Presidential Address	Dr.Sasangan Ramanathan Dean, Amrita School of Engineering
10.00am -10.05am	Introduction of Chief Guest	Dr.V.Priya Assistant Professor
10.05 am-10.20 am	Chief Guest Address	Prof.P.Kanagasabapathi Chairman-ICSSR, New Delhi
10.20 am -10.25am	Resource Person Address	Dr.R.Ramesh Associate Professor, NIRDPR, Hyderabad
10.25am -10.27am	Releasing of Workshop Module	
10.27am - 10.30am	Vote of Thanks	Dr.K.Umamaheswari Assistant Professor

Master of Ceremony: Ms Swetha KC (II MSW)

WORKSHOP INVITATION FRONT AND BACK

Dr. S. Manivel, Gandhigram Rural Institute (Deemed to be University), Dindugal

Dr. R. Ramesh, National Institute of Rural Development and Panchayati Raj, Hyderabad

The resource person(s) covered the following topics

Day 1: 04.04.2022

Sustainable Development, Evolution of the concept of Sustainable Development, Models & Approaches

es in Sustainable Development, Macro-perspectives & Micro-Perspectives on SDGs Economic Efficiency Versus Environmental Prudence in the light of Intergenerational Equity in resource use, PRA Techniques and methods

Day 2: 05.04.2022

Contemporary Rural Development Issues, Major Rural Development Programmes, Social Audit of Rural Development Programmes, Preparations for a Case Analysis – based on a case reported, Students present their observations and judgements about the case they analyse Technologies in Rural Development, Evolving Concepts and Measurements on Poverty and Quality of Life, Theory of Broken Windows

Day 3: 06.04.2022

Tribal Issues and Development, SDGs in Indian context, and localising SDGs: Leave no one behind, Students Debate: Who is responsible for the ultimate cause of garbage heap on street corners or corrupt institutions in a country?, Role of PRIs in Rural development, Open Session.

RESOURCE PERSON ADDRESS BY DR. RAMESH

A valedictory session took place to mark the end of the 3-day workshop on 06.04.2022. A felicitation address was given by the Chairperson, Dr. P. Rangasami, followed by a report reading that was done by Mr. Surya Suresh, highlighting the concepts and ideas covered during the three days of the workshop. The chief guest, Dr. Balamurugan, Chairperson, Dept of EEE addressed the gathering. This was followed by addresses of the resource persons of the workshop, Dr. Manivel, Dr. Manikandan, and Dr. Ramesh. After this, mementos were given to the resource persons and the chief guest by the faculty members of the Department. Towards the end of the session, feedback from students regarding their experience of the workshop was sought. Followed by this, certificates were distributed to the students by the Chief guest and the resource persons. Finally, a vote of thanks was given by Dr. S. Kanagaraj. A group photograph was taken with all the participants to mark the event's end.



ADDRESS BY RESOURCE PERSONS DURING VALEDICTORY FUNCTION



GROUP PHOTOGRAPH WITH THE DIGNITRIES

Report of Rural / Tribal Camp – Daksha 2022



Dr.Muniraju SP, (NITI Ayog) with II MSW students

As part of the curriculum, Dept. of Social Work, Amrita Vishwa Vidyapeetham organised Rural / Tribal Camp – Daksha 2022 for II MSW Students from 4th – 9th April 2022 at Coimbatore & Kotagiri in Association with Nilgiri Adivasi Welfare Association (NAWA), Kotagiri. Rural/Tribal camp provides an opportunity for every single student in the batch to own up tasks, plan, schedule, coordinate, execute and implement them all by themselves, presenting the scope to troubleshoot problems, manage conflicts and differences, honing decision-making skills, problem solving abilities, inculcating the values of simple living and holding humane values closer.

Day 1: 04.04.2022

Resource persons covered the topics on sustainable rural development

Dr. Manikandan, Gandhigram Rural Institute (deemed to be University), Dindugal

Dr. S. Manivel, Gandhigram Rural Institute (deemed to be University), Dindugal

Dr. R. Ramesh, National Institute of Rural Development and Panchayati Raj, Hyderabad

Sustainable Development, Evolution of the concept of Sustainable Development, Models & Approaches in Sustainable Development, Macro-perspectives & Micro-Perspectives on SDGs

Economic Efficiency Versus Environmental Prudence in the light of Intergenerational Equity in resource use, PRA Techniques and methods

Day 2: 05.04.2022

Contemporary Rural Development Issues, Major Rural Development Programmes, Social Audit of Rural Development Programmes, Preparations for a Case Analysis – based on a case reported, Students present their observations and judgements about the case they analyse Technologies in Rural Development, Evolving Concepts and Measurements on Poverty and Quality of Life, Theory of Broken Windows

Day 3: 06.04.2022

Tribal Issues and Development, SDGs in Indian context, and localising SDGs: Leave no one behind, Students Debate: Who is responsible for the ultimate cause of garbage heap on street corners or corrupt institutions in a country?, Role of PRIs in Rural development, Open Session



Students interaction with a resident of Chinnampathy village
tree plantation

Day 4: 07.04.2022

Plastic awareness rally at Pichanur in association with Pichannur Panchayat Union Primary School. The next visit was a village named Chinnampathy. A transact walk was conducted through the village. The students interacted with a person in the village where he explained about the houses built by the government, the education system of the village, main occupation of villagers and the main problems and difficulties faced by them. The main problems were lack of security from attacks by wild animals. Apart from that they had less access to healthcare and transport facilities.

Tree plantation was done in association with Namma Navakkarai NGO in the presence of the Secretary of the NGO, Mr. Saravanan.

Day 5: 08.04.2022

The students visited Tribal Research Centre, Ooty. Orientation was given by Dr. Udhayakumar, Director, Tribal Research Institute. Videos describing the culture, dressing, hairstyle, marriage, etc. of the Toda tribe were also shown. After this session, the students were given a chance to meet the representatives from four different tribes. After that students visited the Integrated Child Development Scheme, Collectorate, Ooty. An orientation was given by the Head of ICDS, Ms. Devakumari. She explained about the important programmes carried out by the department.





Rally at Pichanur panchayat

Day 6: 09.04.2022

Orientation session in the NAWA camp. Faculty supervisors Dr. S Kanagaraj and Dr. K Umamaheswari guided the students. In the session an introduction about NAWA programs were given by different dignitaries associated with NAWA. A detailed orientation about NAWA was given by Mr. Muthuswami (Senior Childline Program Coordinator). Next, Mr. Vadivelu, Principle of Community College gave us an orientation session. The Community college offers courses on yoga, acupuncture, naturopathy etc. Mr Balasubramanian took the floor next and shared some useful knowledge about traditional medicine. A vote of thanks was proposed by Ms. Nayana S S of 2nd MSW. She thanked everyone for the patient's listening and support. After that the students interacted with the resource persons. It was a nice experience to be a part of NAWA and know all the details about such a wonderful organisation. After that the students visited Kodanad PHC. Dr. Ramya ex-

plained the process and working of the PHC.

The first three days workshop on sustainable development was hands-on with different activities, debates, brainstorming events, visuals and a mix of lectures that added a variety and covered wider aspects on sustainability, the importance of it and its application. The attendees were introduced to many new terminologies and fruitful discussions from the resource persons and also within themselves. Not only the assigned topic, but trainees also learnt time management, sticking to each person's roles and responsibilities, taking care of accommodation, refreshment and food, travel and stay, documentation, running through the program and executing, managing finance, fixing plan changes and making it smoother to implement as a team.

The tribal camp was also quite educational and inspiring to know the history and nature and the recent developments. This offered students a quite deeper insight of the other side that isn't exposed to day to day life. Thus the camp was a success and the trainees also had their share of

Representing Amrita Vishwa Vidyapeetham at Mini National Conference



Dr.P.Rangasami, Associate Professor & Chairperson and Dr.S.Kanagaraj, Asst. Professor represented Amrita Vishwa Vidyapeetham at Mini National Conference on Mentoring and Institutional Social Responsibility at Sathyam hall, PSG College of Arts and Science, Coimbatore on 19.04.2022 organised by Mahatma Gandhi National Council of Rural Education, Dept. of Higher Education, Ministry of Education, Government of India. Mr. Naveen, representative from MGNCRE, convened the conference. Dr.S.Kanagaraj highlighted the green campus activities of the campus. Dr.P.Rangasami gave an overview of various funded projects opportunities. Representatives of more than 18 institutes across Tamilnadu



Three Day Comprehensive Training on Integrating Psychosocial Care With Child Protection For Social Work Trainees – Report



Three-day workshop on “Comprehensive Training on Integrating Psychosocial Care with Child Protection for Social Work Trainees” was held on 21 to 23 April 2022 at Gokulakrishna hall. The workshop started at 10:00 am with prayer. The welcome address given by Mr. Varunan-velu, Assistant Professor, Department of Social Work. Dr. P. Rangasami, Chairperson of the department gave an introduction to the workshop and special address given by Dr. Puja Kandula, National Child Protection Consultant and Trainer, New Delhi. The workshop was inaugurated by Dr.M.S. Muthusamy IPS, Deputy Inspector General of Police, Coimbatore Range. Vote of thanks given by Dr. K. Umamaheswari, Assistant Professor, Department of Social Work.

The workshop was organised to sensitize social work trainee on the issues faced by the children and their well-being. The workshop shall cover topics based on four themes- “Children & Childhood”, “Communication Skills with Children”, “Common Child and Adolescent Mental Health Problem”, “Balancing the Law and Child’s best interest: navigating field realities and Challenges. Understanding the role of CWC and JJB while working with vulnerable children and supporting them with necessary formats and assessments”.

The workshop could create a great impact among the students. There were several major sessions and outcomes from the workshop. Children and childhood



power and rights, applying the child development lens identifying emotional and behaviour problems and context- child’s experience and inner voice, basic communication and counseling techniques with children, identifying common child and adolescent mental health issues these were the sessions. The major outcomes were reconnecting with childhood, issues of power hierarchies relating to children, introduction to child rights-oriented thinking, introduction to five domains of development, impact of protection risk on child development, understanding the adolescent brain, understanding the child’s Psychosocial and risk context and experiences, linking the children’s context and experiences and emotions / behaviours, understanding common mental health issues among children and different ways to identify these mental health issues to support children in vulnerable circumstances, role and responsibilities as per the Juvenile Justice (Care and Protection) Act, 2015, Protection of Children from Sexual Offences Act, 2012, Child Marriage and Labour ITPA.

The workshop was very effective and fruitful. It gave a panoramic view on integrating child protection with Psychosocial care. The ice breaking activities which conducted in between the workshop were real energy boosters which made the workshop more vibrant and amicable.



ARSHIDHA MT
I MSW

Report on farewell party given to 2020-2022 batch of MSW students



A farewell party for the 2020-2022 batch of MSW students was conducted on 28th April, 2022 at the I MSW classroom from 2:30 pm to 6:30pm.

The felicitation address was given by Dr. P. Rangasami, Chairperson of the Department of Social Work. The

master-of-the-ceremony was Aparna Pradeep of I MSW. Megha Narayanan of I MSW gave the welcome speech to the second year students. All the professors were invited to share their experiences with the students. Dr. S. Kanagaraj, Assistant Professor of the Department of Social Work, shared a powerpoint presentation about the field visits and rural camp.

The second part of the programme was tinged with dance, music and games. The I MSW students decorated the class for their seniors and the class was turned into a rendezvous for all the fun filled activities and laughter when the games were conducted. The II MSW students could take a walk down their memory lane which brought tears to their eyes.

The vote of thanks was delivered by Hridhi S. Shibu of I MSW and the programme ended with the distribution of refreshments. The I MSW students also prepared an autograph plate for the second year students for them to imprint their memories and cherish it for a lifetime.



NAYANA
I MSW

STUDENTS' CORNER

Welcome Home: A Guide to Building a Home for Your Soul by Najwa Zebian.



"Even after you realise that your home is within you, you'll still abandon yourself sometimes seeking emotional safety and home in others. Don't be hard on yourself. Remember that once you build that home within, it will always welcome you when you decide to come back to yourself." - Najwa Zebian.

In this book, poet Najwa Zebian shares with her readers her concept of home: home is a place of safety where one can embrace one's vulnerability and discover one's self-worth. Best known as her debut book of inspiration, she shows the readers how to find home within themselves rather than looking for or building homes within others. The concept of home is beautifully explained through this book in which she narrates her story. The reader learns how to live their authentic truth and make a home for themselves within.



MEENAKSHI JAYAPRAKASH
(I MSW)

Empathy: A boon or a bane ?

The word empathy can be defined as 'the capacity to place oneself in another's position.'

The word 'empathy' has become more popular in usage today, but are we aware of what it really means to be empathetic ?

The effects of empathy go much deeper than we think. And more often than not, people tend to confuse empathy with sympathy.

Why is empathy so important ? Empathy is important for a multitude of reasons.

It helps build relationships without which man fails to thrive. It aids in the flourishing of interpersonal relationships. On a global scale, it is what makes people rush to each other's aid in times of disasters.

However, there are situations where empathy may not be the most helpful. If a person gets too overwhelmed with emotion, there is a probability to show anti social behaviour. Sometimes, empathy can be a reason for people to be taken advantage of.

Empathy is a very useful trait as it often helps in understanding others and may provide means to help. However, this need not be true in all cases. Sometimes, feelings of empathy need to be kept aside for survival. Stay humane.



MEENAKSHI JAYAPRAKASH
(I MSW)

WELL KNOWN SOCIAL WORKER



Sudha Varghese



Sudha Varghese was born to a prosperous family in the Kottayam district of Kerala on 5 September 1944. In 1965, she moved to Bihar to work for the poor with the sisters of Notre Dame at the Notre Dame Academy. She trained there for a few years, during which she learned English and Hindi. She resigned from her job as a teacher in the convent, and in 1986 moved into a complex of mud and brick houses used by the lowest castes in India, to educate the Musahar. From that time, she built schools and a home, and in 1989 obtained

Sudha Varghese, also known as Sister Sudha, is a social worker and Catholic nun in India who has devoted herself to the Musahar, the Dalit of Bihar and Uttar Pradesh, one of the Scheduled Castes and who are considered the “untouchables”. She resides and works in Jamsaut, a village in Patna district. She is sometimes called didi, which means elder sister. She is the chief executive officer of Nari Gunjan (“woman’s voice”), a not-for-profit organisation that provides education, literacy, vocational training, healthcare, advocacy and life skills for Dalit girls and women in Bihar.

a law degree from a school in Bangalore to “fight cases for women who have faced abuse”, particularly cases of rape, sexual harassment, and violence against women. She was also in a demonstration supporting the victim of the 2012 Delhi gang-rape case.

As a middle school student in India, Sudha Varghese was paging through a magazine when she saw a photo that changed her life. It was a picture of a ramshackle hut on a roadside in Bihar State. This was where some of India’s poorest families live, a caption explained. The

image stuck with her. Raised in a prosperous family in Kerala, Sudha couldn't imagine living in such conditions. Something, she thought, needed to be done to help the poor. And she decided she would be the one to do it and she dedicated all her efforts, resources, time, love, and whatever she had, to the needy ones. Sudha's family didn't support her plans. But she didn't give up. She joined a religious order, became a Catholic nun, and started doing charitable work. A few years later, disappointed that she wasn't doing enough to help the poorest, Sudha struck out on her own. She moved to Bihar to live in a community like the one she saw in that photograph. The people who lived there, she learned, were the Musahar. Musahar literally means "rat eaters." In India's earlier caste system, they were viewed as the "untouchables." They could not own land and worked as poorly paid farm labourers. Most never had the opportunity to go to school. Sudha asked some Musahar villagers for a place to stay. They offered her a grain shed. And so began a lifetime of work to improve their lives.

Sudha focused her efforts on the Musahar women and girls. They suffered from discrimination, and often violence. Sudha worked with them so that they could stand up for their rights. She helped them get funding for hand pumps so they could have access to clean water. She also encouraged them to ask for higher wages. But the biggest challenge Musahar women faced, Sudha says, was how they had come to see themselves. Entering a room, they would look at the ground and always take a back seat. They thought they were not worthy of respect, she said. Changing mindsets is never easy. And while she could work with the adult women, it was even more important to work with girls, she decided. They needed an education in a school that would help them redefine their self-image by believing in themselves and their potential for greatness. No school like that existed, so Sudha



decided to open one herself. She named it Prerna, which means "inspiration" in Hindi. Prerna school offers reading, writing, maths, history, and science. But Sudha wanted her students to learn how to stand up for themselves and be confident. So, she also added karate to the curriculum. The girls proved to be talented martial artists. Some have even competed in the world karate championships in Japan. Sudha also teaches them yoga, drawing, painting, and singing. Her goal is to create well-rounded young women ready to pursue their dreams. More than 5,000 girls have graduated from her program. During COVID-19, her school, like all schools in India, was forced to close for many months. Sudha and the other teacher tried to stay in touch as best they could through online classes, although many girls didn't have access to mobile phones. There is still much more work to be done to improve the lives of this community. Many families still live in poverty and are marginalised. With the aid of Sudha's school and other efforts from the Bihar Government, Musahar girls are now pursuing their dreams of studying to become doctors, engineers, lawyers, and leaders in their community.



PARVATHY R
(I MSW)

WELL KNOWN NGO

GOONJ

Founded in 1999 by Indian Social Entrepreneur, Anshu Gupta – known as The Clothing Man – Goonj aims to use urban discard as a tool to alleviate financial poverty and enhance the dignity of people and communities financially impoverished in India. Over two decades, Goonj's work has ranged from rural regeneration projects to emergency relief, all linked in some way to the use of discarded, recycled materials sourced mainly from India's cities. The award-winning impact of Goonj's work has benefited hundreds of communities and millions of individuals across India; saving lives, reducing financial poverty and empowering communities.

Goonj has five core initiatives:

Cloth for Work – providing useable, recycled materials in reward for community regeneration of their local environment

School to School – re-distributing under-used materials from affluent city schools to local village schools and pupils without resources.

Not Just a Piece of Cloth – providing clean, recycled cotton cloth to provide hygienic, dignified solutions for women during menstruation.

Rahat – Disaster relief and rehabilitation including reduction of deaths through non-availability of clothing

Green by Goonj – the organisation's unique brand of recycled goods made of anything from torn jeans to audio tapes and scrap printer paper.

Goonj works in eight key sectors:

Water – from cleaning irrigation channels, to digging wells and building flood defences

Access & Infrastructure – Goonj empowers communities to improve local villages and the surrounding area by supporting and educating them to build bridges,

install electricity, improve roads and enhance public buildings.

Education – from providing recycled teaching materials or school shoes, to helping rebuild schools after floods, Goonj has played a key role in improving rural education.

Environment – Goonj's development of a 'circular economy' has helped improve both the local and global environment through the creative use of waste materials – including clothing, textiles and even plastic banners.

Sanitation – Goonj has played an important role in helping communities improve the levels of hygiene and sanitation in entire villages, schools and individual homes.

Health – The Goonj menstrual hygiene initiative has improved, and even saved, the lives of millions of women across India's rural communities, simply through the recycling of cotton cloth.

Livelihood – Millions of tons of cloth waste is generated by Indian cities. Goonj empowers rural communities to take a creative approach to recycling the waste, creating jobs and uniting people at the same time.

Disaster Relief & Rehab – In a country frequently hit by floods, freezing winters and superheated summers, Goonj provides material and expertise to help rural communities in times of crisis and empower them to recover and rebuild afterwards.



UDITI JAIN
(I MSW)

The Environment (Protection) Act, 1986

The Environment (Protection) Act, 1986 authorises the central government to protect and improve environmental quality, control and reduce pollution from all sources, and prohibit or restrict the setting and /or operation of any industrial facility on environmental grounds. It was enacted in 1986 with the objective of providing for the protection and improvement of the environment. It empowers the Central Government to establish authorities charged with the mandate of preventing environmental pollution in all its forms and to tackle specific environmental problems that are peculiar to different parts of the country. It also implements the decisions made at the UN Conference on Human Environment that was held in Stockholm in the year 1972. To take strict actions against all those who harm the environment. The Act covers all forms of pollution; air, water, soil and noise. It provides the safety standards for the presence of various pollutants in the environment. It prohibits the use of hazardous material unless prior permission is taken from the Central Government. The Act was last amended in 1991.

The chief aims and objectives of the Environment Protection Act, 1986 are listed below.

1. Implementing the decisions made at the United Nations Conference on Human Environment held in Stockholm.
2. Creation of a government authority to regulate industry that can issue direct orders including closure orders.
3. Coordinating activities of different agencies that are operating under the existing laws.
4. Enacting regular laws for the protection of the environment.
5. Imposing punishments and penalties on those who endanger the environment, safety and health. For each failure or contravention, the punishment includes a prison term of up to five years or a fine of up to Rs. 1 lakh, or both. This can also be extended for up to seven years in some cases.
6. Engaging in the sustainable development of the environment.
7. Attaining protection of the right to life under Article 21 of the Constitution.

SCHEMES

National Crèche Scheme

The National Crèche Scheme is a centrally sponsored scheme being implemented by the Ministry of Women and Child Development. It was launched in 2017 with the aim to provide day care facilities to children (age group of 6 months to 6 years) of working mothers.

The salient features of the National Crèche Scheme are as follows:

daycare facilities.

early stimulation for children below 3 years and pre-school education for 3 to 6 years old children.

supplementary nutrition

growth monitoring

health check-up and immunisation

Crèches shall be open for 26 days in a month and for seven and a half hours per day. The number of children in the crèche should not be more than 25 per crèche with 1 worker and 1 helper. Of these, at least 40 percent of children should, preferably, be below 3 years of age.

User Charges -

For BPL families: Rs. 20 per child per month.

For families with income (both parents) of up to Rs. 12,000 per month: Rs. 100 per child per month.

For families with income (both parents) of above Rs. 12,000 per month: Rs. 200 per child per month.

Regular and strict monitoring is conducted at different levels to ensure effective running of the Scheme and also that the beneficiaries are delivered services.

Mukhyamantri Bal Sandarbh Yojana (Chhattisgarh)

Mukhyamantri Bal Sandarbh Yojana is the scheme by Government of Chhattisgarh under which the main motive is to eradicate malnutrition from the society by organising health checkups and providing free health treatments to the children severely affected by malnutrition.

Benefits of Mukhyamantri Bal Sandarbh Yojana:

Better health: The scheme ensures the better health of the children which leads to a better tomorrow.

Low death rate: Since the prime target of the scheme is to reduce malnutrition from the state, there will be a decrease in the death rate of children.

Excellent tracking: There is excellent tracking of the scheme's performance which reduces the chances of corruption.

Free medication: The scheme also provides free medication of up to Rs. 500 to each beneficiary.

Eligibility for Mukhyamantri Bal Sandarbh Yojana:

- Any child affected by malnutrition is eligible
- Child must be from BPL family
- Must be a resident of Chhattisgarh state



UDITI JAIN
(I MSW)

CURRENT AFFAIRS

1. Tamil Nadu: Panel for State Education Policy:

The government of Tamil Nadu has recently formed a 13-member panel to frame the education policy of the state. This panel will be headed by retired Delhi High Court Chief Justice D Murugesan. The idea of the new state education policy was announced in the Budget but the idea was first mooted in response to the Centre's move of implementing the National Education Policy. The state's school education minister, Anbil Mahesh Poyyamozi in December 2021 had stated that the draft of this education policy will be prepared in a few months' time by the panel of experts and it will be self-explanatory to the state's position toward the NEP of the center.

2. Asian Development Outlook (ADO) 2022:

India's GDP growth has been forecasted by the Asian Development Bank (ADB) to 7.5 per cent in 2022-23 from 2021-22's estimated 8.9 per cent. The report has also suggested that the growth will pick up and reach 8 per cent in 2023-2024. The Russia-Ukraine conflict's implications have been factored in by the ADB for India. Due to this crisis oil prices will rise.

The COVID-19 pandemic's severity will also subside with the rise in the rate of vaccination.

3. Weapons of Mass Destruction (Amendment) Bill:

The Lok Sabha has passed the Weapons of Mass Destruction and their Delivery Systems (Prohibition of Unlawful Activities) Amendment Bill, 2022. The Bill has been passed to amend the Weapons of Mass Destruction and their Delivery Systems (Prohibition of Unlawful Ac-

tivities) Act, 2005. In accordance with India's international commitments, the amendment bill was passed to prohibit the financing of the spread of weapons of mass destruction and their delivery systems.

The 2005 Act prohibited the transport, manufacturing, and transfer of weapons of mass destruction and their delivery systems.

4. Palm Oil Crisis in Indonesia:

Indonesia, the largest producer, and exporter of palm oil is experiencing domestic shortages so much that the government has been forced to put curbs on shipments and introduce price controls. There are two possible reasons for the palm oil crisis in Indonesia. The first is due to supply disruptions in other cooking oils like soya bean and sunflower. Russia and Ukraine together account for around 80 percent of the global sunflower oil trade and the crisis has caused a closure in exports. Also, the sanctions against Russia have also curtailed the sunflower oil trade. The second factor is the use of palm oil as a bio-fuel.

5. NHA Health Benefit Package 2022:

A new version of the Health Benefit Package 2022, has been launched by the National Health Authority under the Ayushman Bharat Pradhan Mantri Jan Arogya Yojana. Under this scheme, differential pricing has been introduced that is based on city type and the level of care.

This package was launched on the 7th of April 2022 at a two-day meeting that was held at Mahabalipuram, Tamil Nadu.

6. Shehbaz Sharif- New Prime Minister of Pakistan:

On 11th April 2022, Shehbaz Sharif took oath as Pakistan's 23rd prime minister. Senate chairperson Sadiq Sanjarani administered the oath to Sharif. After Shah Mehmood Qureshi, the former foreign minister announced that his party Pakistan Tehreek-i-Insaaf will be boycotting the PM polls, Shehbaz Sharif was elected as the Prime Minister unopposed. Imran Khan was removed from the post on 9th April 2022 following a no-confidence vote in the night. After his removal, Imran Khan has alleged a conspiracy by the US to topple his government.

7. World Bank on India's Learning Poverty:

During the COVID-19 pandemic, the education sector was one of the many sectors that took a massive hit. India and many other countries had to shut down colleges and schools while encouraging online classes. But, during the pandemic, there were irregularities and its effects were felt by the students especially the ones from the marginalized communities. Learning poverty is defined by the World Bank as the inability of a child to read a simple text by the age of 10. The organization has stated that many children across the globe are not proficient in reading properly. Across the world, more than 260 million children do not attend school and this is deepening the crisis further. Learning Poverty can be mainly found in developing countries across the world, including India.

8. 'SVANidhi se Samriddhi' Program:

The 'SVANidhi se Samriddhi' program has been launched by the Ministry of Housing and Urban Affairs (MoHUA) in additional 126 cities across 14 States and UTs of India. Despite the COVID-19 pandemic-related challenges in 2020-21, this program was successful in providing social security benefits to lakhs of street vendors and their families across the country thus protecting them from the livelihood's risks.

9. 'Tree City of the World' Tag:

The United Nations Food and Agriculture Organization (UN-FAO) along with Arbor Day Foundation has recognized Hyderabad and Mumbai jointly as the '2021 Tree City of the World.' The recognition has been won by the two Indian cities due to their commitment to maintaining and growing greenery and urban trees so as to build resilient, healthy, and happy cities. This is the first time Mumbai has made it to the list. Hyderabad has been featured on this list for the second consecutive year.

10. Mumbai: Inaugural of First Digital Bus Service:

On 20th April 2022, Aaditya Thackeray, the state environment minister of Maharashtra inaugurated Mumbai's first completely digital bus on the route of Gateway of India to Church gate having a unique 'Tap-in Tap-out' feature. The first bus service in India that went completely digital is the Brihanmumbai Electricity Supply and Transport (BEST).

This feature will be implemented in all 10 buses on this route and will later be expanded to all 438 routes across the city.



MALATHI M P
(I MSW)

INTERNSHIP

INAMIGOS FOUNDATION

<https://internshala.com>

Work from home

START DATE: Immediately

DURATION: 3 weeks

STIPEND: 1000 - 5000/week

APPLY BY: 25/05/2022

About the Internship: InAmigos Foundation is a non-profit organisation to promote arts, commerce, sports, and protection of the environment. The selected interns will get an opportunity to motivate and support society through community influencing.

Benefits:-

Certificate

Letter of Recommendation

Flexible working hours

Only those candidates can apply who:

1. are available for the work from home internship between 11/05/2022 and 15/06/2022

2. are available for a duration of 3 weeks

To know more & apply: <https://internshala.com/internship/detail/community-influencing-work-from-home-job-internship-at-inamigos-foundation> 1652212636

HEMKUNT FOUNDATION

<https://internshala.com>

Location: Gurgaon

START DATE: Immediately

DURATION: 3 months

STIPEND: 5000/ month

APPLY BY: 20/05/2022

About the Internship : Hemkunt Foundation is an NGO working towards creating access to social justice, healthcare, education, and skill development. It provides livelihoods, disaster relief, access to basic human rights, and education to all.

Benefits:-

Certificate

Free snacks & Beverages

Only those candidates can apply who:

1. are available for full time (in-office) internship between 04/05/2022 and 08/06/2022

2. are available for duration of 3 months

* Women wanting to start/restart their career can also apply.

To know more & apply: <https://internshala.com/internship/detail/social-work-internship-in-gurgaon-at-hemkunt-foundation> 1651658530

MANGALKARI PUBLIC WELFARE

<https://internshala.com>

Work From Home

START DATE: Immediately

DURATION: 1 month

STIPEND: Unpaid

APPLY BY: 19/05/2022

About the Internship : Mangalkari Public Welfare Trust, works to help the people in need. Their mission is to curb blindness, offer eye surgeries to the needy, reduce hunger & food wastage, and help the underprivileged.

Benefits:-

Certificate

Letter of recommendation

Flexible working hours

Only those candidates can apply who:

1 are available for the work from home internship between 03/05/2022 and 07/06/2022

2. are available for duration of 1 month

To know more & apply: <https://internshala.com/internship/detail/ngo-volunteering-work-from-home-job-internship-at-mangalkari-public-welfare-trust> 1651737359

INDIA REDEFINED

<https://internshala.com>
Work From Home
START DATE: Immediately
DURATION: 4 week
STIPEND: Unpaid
APPLY BY: 18/05/2022

About the Internship : INDIA Redefined is a non governmental organisation which endeavours to create a happy India by creating a collaborative

model for Citizens, Corporates, NGOs and Government which are the four pillars of a nation.

Benefits:-
Certificate

Only those candidates can apply who:

1. are available for home job/internship internship between 03/05/2022 and 07/06/2022

2. are available for duration of 1 month

To know more & apply: <https://internshala.com/internship/detail/social-work-work-from-home-job-internship-at-india-redefined1651585023>

INAMIGOS FOUNDATION

<https://internshala.com>
Work From Home
START DATE: Immediately
DURATION: 3 weeks
STIPEND: 1000 – 4000/ week
APPLY BY: 25/05/2022

About the Internship : InAmigos Foundation is a non-profit organisation to promote arts, commerce, sports, and protection of the environment. The selected interns will

get an opportunity to motivate and support society through virtual volunteering.

Benefits:-

Certificate

Letter of Recommendation

Flexible working hours

5 days a week

Only those candidates can apply who:

1. are available for home job/internship between

TODAY'S KALAM FOUNDATION

11/05/2022 and 15/06/2022

2. are available for duration of 3 weeks

To know more & apply: <https://internshala.com/internship/detail/virtual-volunteering-work-from-home-job-internship-at-ina2>

<https://internshala.com>

Work From Home

START DATE: Immediately

DURATION: 2 months

STIPEND: 1000/ month + incentives

APPLY BY : 19/05/2022

About the internship: Today's Kalam Foundation is an NGO for members to extend their support for the benefit of the society, where intellectuals from diverse fields will effectively communicate and arrive at programs to cater to needs of the underprivileged sectors. The selected interns will get an

opportunity for social activity management.

Benefits: -

Certificate

5 days a week

Flexible working hours

Only those candidates can apply who:

1. are available for work from home job/internship between 05/05/2022 and 09/06/2022

2. are available for duration of 2 months

* Women wanting to start/restart their career can also apply.

To know more & apply : <https://internshala.com/internship/detail/social-activity-management-work-from-home-job-internship-at-todays-kalam-foundation1651749959>



PARVATHY R
(I MSW)

JOB OPPORTUNITIES

1. Project Specialist (Rural Enterprise)

Aga Khan Rural Support Programme (India)
Location: Madhya Pradesh
Experience- Minimum 3-4 years of experience in Managing entrepreneurship
Website: http://www.akrspin-dia.org.in/career_careerpage
Apply by: 22 May 2022

2. J Centre Coordinator (MSW)

Delhi Council for Child Welfare
Location: Delhi
Remuneration: Rs. 20,000/- Per month consolidated
Email id: delhi.council@gmail.com
Apply by: 21 May 2022

3. Deputy Director – Child Protection

Save the Children
Location: Gurgaon, Haryana
Experience: Min. 13 years of experience
Email id: recruitment@savethechildren.in
Apply by: 19 May 2022

4. Social Worker

Doctors without Borders/ Médecins sans Frontiers (MSF)
Location: Jahangirpuri, Delhi
Salary Gross (INR): 36,540/- per month (non-negotiable)
Experience: Essential: Basic counselling skills are required
Email id: Delhi-hrm-assist@oca.msf.org
Apply by: 22 May 2022

5. Communication Associate

Jesuit Research and Development Society (JRDS)
Location: Delhi
Experience: 7 - 10 Years
Salary: 45000/-pm based on prior experience and qualification of the candidate.
Email id: espprogramofficer@gmail.com
Apply by: 15 Apr 2022

6. Assistant Project Coordinator

All India Dalit Mahila Adhikar Manch
Location: Delhi, Delhi
Experience: A minimum of three years of experience of working in the field of human rights and social justice
Email id: sindhuk@ncdhr.org.in
Apply by: 20 Jun 2022

7. Program Coordinator

Academy for Severe Handicaps and Autism
Location: Bangalore, Karnataka
Email id: atg.asha@gmail.com
Apply by: 01 Jun 2022

8. Program Implementation Officer

Bhartiya Grameen Mahila Sangh - Life Skills
Location: Indore, Madhya Pradesh
Monthly Salary: Commensurate with experience.
Apply by: 18 May 2022

9. Senior Associate Quality Education

Shantilal Muttha Foundation
Location: Pune, Maharashtra
Experience: Minimum 15 years of experience of working in the education sector
Email id: meenal.dashputre@gmail.com
Apply by: 22 May 2022

10. Block Coordinators

Bhartiya Gaon Seva
Location: Hardoi, Uttar Pradesh
Experience - 1 Year working in Rural Development/Social Development/NGO
Salary- As per Previous Experience
Email id: Sudhanshu.mishra@bhartiyaagaonseva.com
Apply by: 20 May 2022



DEEPTI M
(I MSW)

IMPORTANT DATES

May 2022

No.	Sun	Mon	Tue	Wed	Thu	Fri	Sat
18	1	2	3	4	5 <small>Cinco de Mayo</small>	6	7
19	8 <small>Mother's Day</small>	9	10	11	12	13	14
20	15	16	17	18	19	20	21
21	22	23	24	25	26	27	28
22	29	30 <small>Memorial Day</small>	31				

1st May - International Labour Day

3rd May - Press Freedom Day

4th May - Coal miner's day

8th May (2nd Sunday) - Mother's Day

8th May - World Red Cross Day

9th May - Victory day

11th May - National Technology Day

12th May - International Nurses day

14th May - World Migratory Bird day

15th May - International Day of the Family

17th May - World Telecommunication Day (Information Society Day)

21st May - Anti-terrorism day

24th May - Commonwealth Day

31st May - Anti-Tobacco Day



ALUMNI CORNER

Name

Steni Elsabath Abraham

Roll number

CB.SW.P2MSW17030

Batch

2017-2019

Mobile number

9074161291

Email address

stenielsabathabraham@gmail.com

Present Organisation Details

Karnataka Health Promotion Trust

Job Title

Mental Health Counsellor



How was your life at Amrita?

My life in Amrita taught me the tough skills of life, discipline, friendship, sincerity, dedication, struggles, experiences, Joy and commitment. My Amrita life was sweet and Wonderful indeed.

What are the key skills that you learned at Amrita that helped your career?

I have learnt a lot of things in Amrita, but the most important skill would be public speaking as it has helped me to come out of my shell and be more confident. The other skill would be my organising skill, which has helped me to mould my career in a better way.

How is the current scope of Social Work?

In my opinion Social work in today's world has established itself as a significant full fledged profession and also it is indeed a noble gesture to indulge in working for others or tend a helping hand to those who may not be as privileged as we are. The scope of social work is very wide. There is a dire need for people who can provide help to the disadvantaged members of the society.

What message would you like to give for the current MSW students?

The daily life of a social work student can be filled with any number of combinations of studying, internships, group projects, classwork, down time and self care but I think your daily life as a social work student is embodying empathy, banishing bias and learning how to proactively overcome your own obstacles and those of your new clients.

What are your key responsibilities in the present job?

Currently I'm working as a Mental Health counsellor

- Leads groups and individual psychotherapy sessions
- Develops a strong working relationship with patients.
- Helps patients set and reach their therapeutic goals.
- Advices patients on healthy coping mechanisms
- Keep detailed psychotherapy and progress notes.

Who is/are your inspiration(s)?

My parents are my biggest inspiration. They pushed me when I believed that I could not achieve success or meet my goals. I never had confidence in myself and I would always give up easily when a task was too difficult and also my teachers in Amrita played a vital role in moulding my shape of what I am now.

Any other thing you would like to share?

Each day on our campus began with a new life and ended with new lessons. Time in campus will fly soon.. So enjoy each fraction of second in the campus and try to gain your knowledge as a weapon for your future.

UGC NET (JUNE 2009) SOLVED QUESTION PAPER (PAPER – 1)

1. Greater the handicap of the students coming to the educational institutions, the greater the demand on the:

- a. Family
- b. Society
- c. Teacher
- d. State

2. Which of the following statements is not true in the context of participatory research?

- a. It recognizes knowledge as power
- b. It emphasises on people as experts.
- c. It is a collective process of enquiry
- d. Its sole purpose is production of knowledge.

3. Which of the following statements is true in the context of the testing of a hypothesis?

- a. It is only the alternative hypothesis that can be tested
- b. It is only the null hypothesis that can be tested.
- c. Both, the alternative and the null hypotheses can be tested
- d. Both, the alternative and the null hypotheses cannot be tested

4. A researcher is interested in studying the prospects of a particular political party in an urban area. What tool should he prefer for the study?

- a. Rating scale
- b. Interview
- c. Questionnaire
- d. Schedule

5. Ethical norms in research do not involve guidelines for:

- a. Thesis format
- b. Copyright
- c. Patenting policy
- d. Data sharing policies

6. Most often, the teacher - student communication is

- a. Spurious
- b. Critical
- c. Utilitarian
- d. Confrontational

7. P and Q are brothers. R and S are sisters. The son of P is brother of S. Q is related to R as:

- a. Son
- b. Brother
- c. Uncle
- d. Father

8. Which of the following pollutants can cause cancer in humans?

- a. Pesticides
- b. Mercury
- c. Lead
- d. Ozone

9. Which of the following phenomena is not a natural hazard?

- a. Wildfire
- b. Lightning
- c. Landslide
- d. Chemical contamination

10. Which among the following States has the highest number of seats in the Lok Sabha?

- a. Maharashtra
- b. Rajasthan
- c. Tamil Nadu
- d. West Bengal

Answer: Answer: 1. (C), 2. (D), 3. (B), 4. (C), 5. (A), 6. (C), 7. (C), 8. (A), 9. (D), 10. (A)



PARVATHY R
(I MSW)



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Subscribe at : www.youtube.com/mswamrita

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