



# AMRITA UDAAN

MONTHLY NEWSLETTER



a leap forward



## 2ND ANNIVERSARY EDITION



*2 years apart Udaan edition has reached its pinnacle of successful contents filled with insights into social work and social work education. Udaan as the name itself implies has constantly flown with colours, with the strength instilled by its team members and through the contributions it had received persistently. The Udaan team is extending our gratitude to all those who have supported and read the newsletter for the past two years especially the faculty members of Department of Social Work and the students of the Department, and also the faculty member of various other departments  
You all are the strength of Udaan.*



# AMRITA



A LEAP FORWARD

# UDAAN

Monthly Newsletter

October 2021

Volume 03 Issue10

**“Don’t be discouraged by your incapacity to dispel darkness from the world.  
Light your little candle and step forward.”**

-Mata Amritanandmayi Devi



**AMRITA**  
VISHWA VIDYAPEETHAM  
DEEMED TO BE UNIVERSITY

**DEPARTMENT OF SOCIAL WORK  
COIMBATORE CAMPUS**

*ASWAS*

AMRITA SOCIAL WORK  
ASSOCIATION OF ALUMNI AND STUDENTS



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# AMRITA UDAAN

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## ABOUT AMRITA UDAAN

Amrita Udaan is a monthly newsletter of Dept. of Social Work. It is completely managed by the students under the guidance of the Faculty. Mainly it covers the departmental activities, articles on various social issues, book review, movie review, drawings, posters, alumni interviews, guidance and solved previous year question papers of CBSE-NET. The contents are contributed mainly by the students, alumni and faculty members. It is successfully publishing every month from October 2019

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# DEPARTMENTAL ACTIVITIES

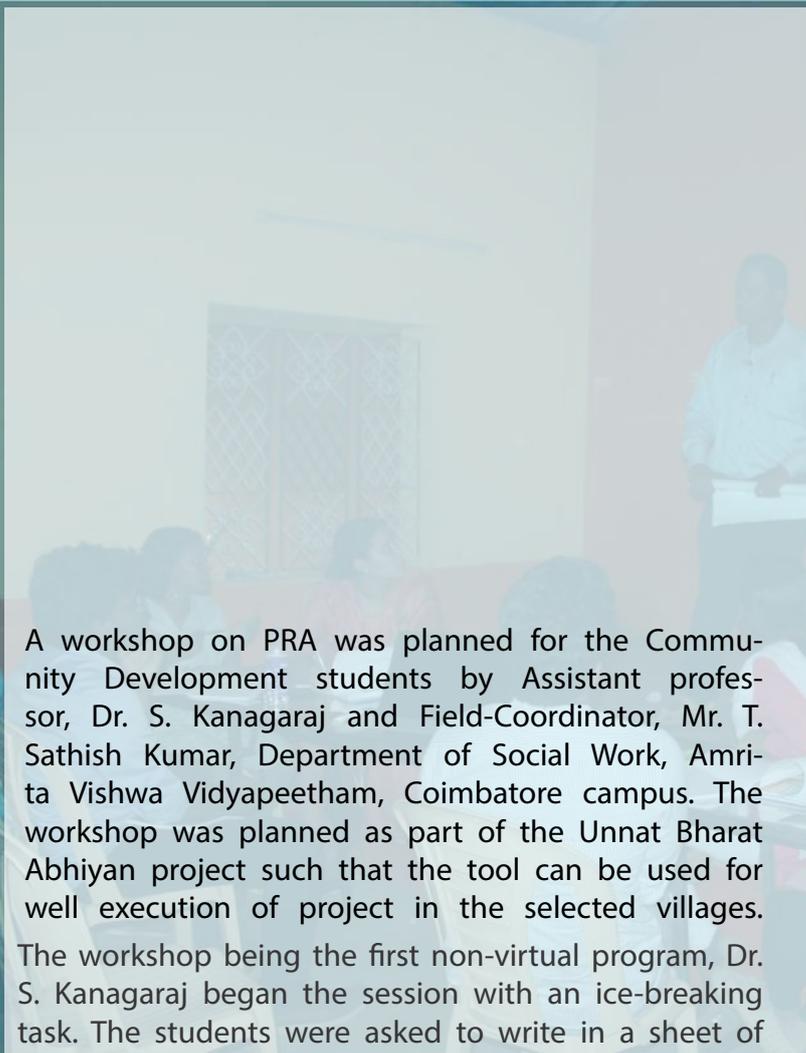
# Participatory Rural Appraisal (PRA) Workshop

Dr. S. Kanagaraj | Mr. T. Sathish Kumar

**Date** : 27th October 2021

**Time** : 9.30. A.M. to 5.30 P.M.

**Venue:** Pichanur Panchayat



A workshop on PRA was planned for the Community Development students by Assistant professor, Dr. S. Kanagaraj and Field-Coordinator, Mr. T. Sathish Kumar, Department of Social Work, Amrita Vishwa Vidyapeetham, Coimbatore campus. The workshop was planned as part of the Unnat Bharat Abhiyan project such that the tool can be used for well execution of project in the selected villages.

The workshop being the first non-virtual program, Dr. S. Kanagaraj began the session with an ice-breaking task. The students were asked to write in a sheet of paper any task that his/ her friend should enact. Later, with a small twist, the written papers were thrown and anyone when called randomly picks-up the paper ball and should do the task that is written on that paper. Important Content of the Workshop: The definition and the principles of Participatory Rural Appraisal was explained in detail by Dr. S. Kanagaraj. The discussion included Chamber's definition of PRA. Earlier, PRA was termed as RRA (Rapid Rural Appraisal), this is due to the fact that, when PRA is used, the essential information and the complete data in a village can be obtained within an hour with the help of the key respondents. PRA is all about analyzing, planning and



bringing the ideas into action by the villagers and in this process the professionals will only be the facilitators. Once the PRA is done it has to be mapped in A4 sheet for future reference which can be analyzed even after years as part of the follow up process. During the workshop, the importance of asking key questions such as boundary, time and location, number of households in the village, various other elements must not be excluded. It is quintessential to keep track of the active and inactive or hesitant participant during PRA. Children, Senior Citizens, Men and Women of the village can participate in PRA.



PRA is important as better decisions can be made and that will be decided by the respondents and will not be imposed by anyone. There is more kind of people participation that stands unique in PRA. The important principle of PRA is triangulation, where the information can be validated by referring to one source to another. There are different maps in PRA tool that helps in easy understanding or identifying or labelling the important resources and facilities available in a village. Maps are important as it is simple and can be easily understood due to its visual presentation. There is a method called participatory census in Participatory Rural Appraisal, that generates the demographic and outline of a geographical area that can be achieved through card method and social map method.

Social map is a mapping that is used for the identification of infrastructure, population, and other essential details of a village. Card method is that, a small sheet of card will be given to each household in which using symbols the details of the household will be collected.

Several other maps and methods that are used for analysing the villages were explained in detail by Assistant professor, Dr. S. Kanagaraj. They are Resource map, Transect walk, Wealth ranking, Time line, Seasonal calendar, Gender sensitization (Daily Schedule), Chapati Diagram or Venn Diagram, Mobility map, Problem tree, and Dream Village – Vision 2030.

The CD Students were divided into groups of three, and were issues with chart, A4 sheets, colours and

sketches. The villages taken by the groups were AD Colony and Veerappanur of Pichanur Panchayat, and Kaliyapuram of Thirumalpalayam Town Panchayat.

Dr. S. Kanagaraj, demonstrated other maps with live examples and it was an engaging session for all the students who participated in every activity with at most energy and eagerness. Each and every important aspect one should follow during PRA was well explained and demonstrated by Dr. S. Kanagaraj and the feedback for the students' activity was given by Sir as well as Field Coordinator Mr. T. Sathish Kumar. Both the faculties ensured that the activities in the workshop includes complete participation of the students.

At the end of the workshop feedbacks were shared by few students.

Swetha K C: "This was the kind of experience that I expected one and half years back and it would have been much more the happiest day if the entire class could have met and attended. Whatever missed was actually fulfilled on this day and I thank Kanagaraj Sir and Sathish Sir for coordinating and initiating such an event and occasion where we could learn and share our ideas as much as possible. The concepts that were taught during the workshop was really helpful and I wish all these are properly implemented by us in the villages."

Anandapadmanabhan H: "I am really happy that we got an opportunity to attend this workshop and us being together in this day. This is probably the first class that was so energetic and whatever taught was so clear and will always remain fresh in mind. I strongly believe and wish that if we could have offline classes rather than online class it would have definitely been the best."

Bala Subramanian S: "I have not experienced that feel of college life in my under graduation. This was the time that I enjoyed college life even though it had only been few days coming to Coimbatore. Online class also made me feel being in a college, but above all offline exposure feels great and helps me gain more knowledge."

Sanjay S: "The workshop was really good and helpful. I prefer and feel that offline classes are effective as online classes makes us feel exhausted within hours. Though the workshop was held for the whole day, it did not drain us as it was engaging. Also, during the group activity I got to learn and look into the different perspective and thought process of my classmates."

Shivaratri Avinash: "This was really a great opportunity for me. I missed this PRA in rural camp during under graduation. So, having this PRA workshop offline feels good. I thank Kanagaraj Sir and Sathish Sir for organizing this workshop. I got to learn more and I am happy to be the Student of Social Work Department."

Prakathi: "The session was interesting and helpful. The kind of interaction and knowledge shared helped me understand different aspects in a new perspective. The live workshop further highlighted that offline class are more effective than online class."

Sl.no	Team	Village name	Activities
1	Anandapadmanabhan H	Kaliyapuram	Social Map, Time-line, Seasonal Calendar (Education and Health)
	Devika K S		
	Prakathi Ramakrishnan		
2	Bala Subramanian S	Veerappanur	Social Map, Time-line, Seasonal Calendar (Year 2020)
	Sandrima K K		
	Shivaratri Avinash		
	Aswini P V		
3	Sanjay S	AD Colony	Social Map, Time-line, Seasonal calendar (Agriculture)
	Swetha K C		
	Saipriya S		

# UBA INAUGURAL AND ORIENTATION PROGRAMME



Amrita Vishwa Vidyapeetham, Coimbatore campus is recently approved as participating institute (Id no. 5558) on 04.06.2021 by the Ministry of Human Resource Development, Government of India for Unnat Bharat Abhiyan 2.0. Inaugural and orientation programme on Unnat Bharat Abhiyan held at Pichanur Panchayat Office, Pichanur on 27.10.2021 from 09.30am to 10.30am. The programme started at 9.30 AM with a prayer by Ms.Swetha K.C., II MSW. The Masters of the ceremony were Ms.Sandrima K.K and Prakathi Ramakrishnan.. Welcome address was delivered by Mr. Bala Subramanian.S., II MSW. He welcomed the Chief Guest, Dr.R.Balaji, Associate Coordinator of UBA and Assistant Professor (HRM) Directorate of Agribusiness Development, TNAU, Coimbatore, on the behalf of the department, other eminent personas, faculty members and students. He also welcomed all the dignitaries who attended the programme Mr.Maruthachalam, President, Pichanur Panchayat, Mr.Senthil Kumar, Vice President, Pichanur Panchayat, Dr.P.Rangasami, Chairperson, Dept. of Social Work, Dr.S.Mahadevan, Deputy Dean, Amrita Vishwa Vidyapeetham, Dr.S.Kanagaraj, Assistant Professor and UBA coordinator,

Mr.T.Sathish Kumar , Faculty, Dept of Social Work Dr.P.Rangasami, the Chairperson of Department of Social work, shared about the various works that are carried out by the department in various villages. The Chairperson also gave information about other collaborations with different departments of the University. He also mentioned the support from the Dean and gave best regards for the UBA programme. Mr.M.Senthil Kumar, the Vice-President of Pichanur Panchayat gave an introduction about the Pichanur Panchayat. According to 2011 Census, the village has a total population of 6261 people were about 1,687 houses. Through his speech the Vice-president gave a detail picture of the Panchayat where interventions are needed where many households face several issues, especially during the lockdown and high rain-fall period. By the end of his speech he gave the assurance for rendering any help.

Dr.S.Kanagaraj gave the introduction of UBA villages which are adopted by the Amrita Vishwa Vidyapeetham. Amrita Vishwa Vidyapeetham has selected the following 5 villages for UBA project. 1. Kaliyapuram, Thirumalayampalayam (TP), 2. Veerappanur, Pichanur Panchayat, 3. Arunthathiyar Street (Ettimadai), Ettimadai (TP), 4. AD colony(Pichanur), Pichanur, 5. MGR colony (Nandhikovil), Pichanur panchayat. During his speech, he stressed the efforts taken by the department to make such dream collaboration manifest into reality and advised to student to utilize such workshops and apply the theories they learn into the field. The Deputy Dean of Amrita Vishwa Vidyapeetham Dr.S.Mahadevan delivered the felicitation speech which was about the involvement of the university in various social issues and the initiatives by the university to enrich better academic practices, like the collaboration with UBA projects and the Deputy Dean also suggested the ways to make the project more effective by collaboration with other departments like Engineering, Physics and Chemistry. He also elaborated on the vision of the university in giving the space to students to apply the things they learn in the classroom and encouraging new innovative ideas of students. Chief Guest Dr.R.Balaji, explained the vision of UBA and its theme. He mentioned various projects that undertaken by UBA in collaboration with various colleges. Through UBA, several projects which mainly ensuring the upliftment of rural areas in the country and providing them a minimum standard of life. They encourage new sustainable innovative methods from students and they can implement such projects with the help of Government funding. While in his speech, our country has introduced several schemes and policies for the rural people in the country but same time people were not aware about such schemes and policies as a mediator the UBA providing a book that included the schemes and act that available in the country. UBA also providing various rewards to the colleges for the best projects. Finally he ended the speech with some intervention methods that adopted while doing projects in rural areas. Mr.T.Satishkumar extended her thanks to all for supporting and cooperating. He especially thanked the Dr.R.Balaji for his presence and giving his valuable time for the programme. The programme concluded with the Tree planation programme in the memory of UBA inauguration. Planted three Saplings in Pichanur Panchayat Office in the presence of faculty members and students.

Group photo with dignitaries



Tree plantation as part of UBA inauguration



Dr.S. Mahadevan presenting memento to the dignitaries



# WEBINAR REPORT ON THE TOPIC “NURTURING COMPASSION FOR OURSELVES AND OTHERS”

Topic: Nurturing compassion for ourselves and others

Resource person: Ms. Sandy Dias Andrade

Date: 8th October 2021

Time: 11:00 AM – 12:00 PM

Platform: Zoom

Number of participants: 70

As part of the World Mental health day celebrated on October 10th, 2021, the Department of Social work, Amrita Vishwa Vidyapeetham, Coimbatore has decided to conduct a webinar on the topic “Nurturing compassion for ourselves and others”. The discussion for this webinar has started within the specialization students of Mental and physical health along with their faculty Dr. V Priya. After meetings and discussions; and considering the availability of the resource person the webinar has been decided to conduct on 8th October 2021. The resource person was invited by Mrs. Abhinaya K C of 2nd MSW. The first meeting for the preparation of the webinar was conducted on 2nd October 2021. Duties for everyone were assigned. Ms. Jothirmayi S (II MSW) was assigned for the documentation purpose. The Master of the ceremony was Ms. Aswini Ajay (2nd MSW). After getting permission from Dr. P Rangaswami (Chairperson, MSW department) one more meeting was held on 7th October 2021. The Mental and Physical specialization students of 2nd MSW have been very active in conducting the webinar under the supervision of Dr. V Priya. All the faculty members and 1st MSW students were also invited to the webinar.

## ABOUT THE EVENT

The webinar on the topic “Nurturing compassion for ourselves and others” was conducted in observance of World Mental Health Day on October 10. The programme started at 11:00 AM. The Master of the ceremony was Ms. Aswini Ajay (2nd MSW). For the blessings of God, the event started with the prayer by Ms. Priya (2nd MSW). The participants include all the 1st and 2nd MSW students along with faculty members Dr. V Priya, Dr. K Umamaheswari, Dr. S Kanagaraj, Mr. T Satishkumar, and Mr. V S Varunanvelu. After the prayer, the welcome address was delivered by Ms. Aswini (2nd MSW). She welcomed all the faculty members, the resource person, and students on behalf of the Department. Felicitation was delivered by Dr. V Priya. She thanked everyone for this opportunity and also welcomed the resource person. Next the Introduction to resource person Ms. Sandy Dias Andrade was given by Mrs. Abhinaya KC (II MSW). Through her words: Ms. Sandy is the founder-director at Just Being and is mindfulness and Presence, an oriented psychotherapist. With over nineteen years of experience in the field, she is internationally certified in Mindfulness-Based Cognitive Therapy (MBCT) from the Center of Mindfulness, University of San Diego, California, USA. She has trained extensively in

World Mental Health Day Oct 10, 2021



Inviting you to the webinar on



**Nurturing Compassion for  
ourselves & others**



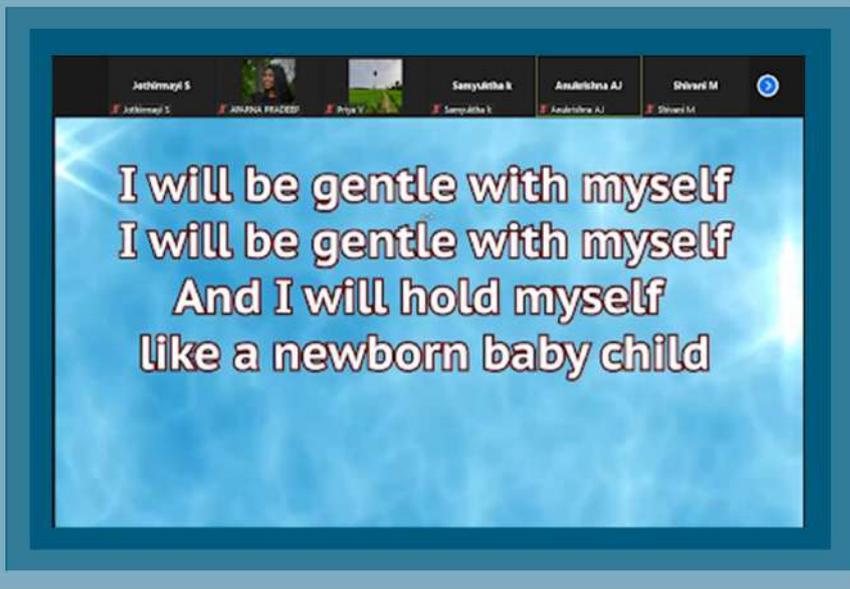
Resource Person: Ms. Sandy Dias Andrade  
Founder & Director, Just Being, Pune.

From 11:00-12:00 PM, 8th October 2021.

Zoom link: <https://us02web.zoom.us/j/83733986396?pwd=RjMjY1VzSk8oR08oZkx1NoZUWTg3dz09>



Acceptance Commitment Therapy (ACT), Integral Somatic Psychology (ISP), Cognitive Therapy, Biodynamic Craniosacral Therapy (BCST), Eugene Gendlin's Focusing, Trauma Resolution work through Somatic approaches and EMDR. Her work is also informed by Internal Family Systems (IFS) and attachment work. She established a helpline service for the Pune-based NGO- Connecting, which is involved in mental health awareness and suicide prevention. Sandy is invited as visiting faculty on many other courses where she teaches the applications of mindfulness and she has vast experience in designing and executing training for mental health professionals, educationists and others. Next, the most awaited session was about to start. The session welcomed us with a song by Karen Drucker 'Gentle with myself'. Ms. Sandy took the stage and thanked everyone for giving this opportunity to her. She started with a simple question: Why do we choose to take this field? She said to take some time to think and then give answers. Some of them answered their views. Ms. Sandy said that it's the way that we choose to help others. Both our inner and outer way is a part of this. Then she asked what is compassion according to you? What is it that comes to mind when we talk about compassion? Compassion is caring for others, said Mr. V S Varunanvelu. Some others said it was a feeling of pity. One said that it is the way of making others feel comfortable, wor-



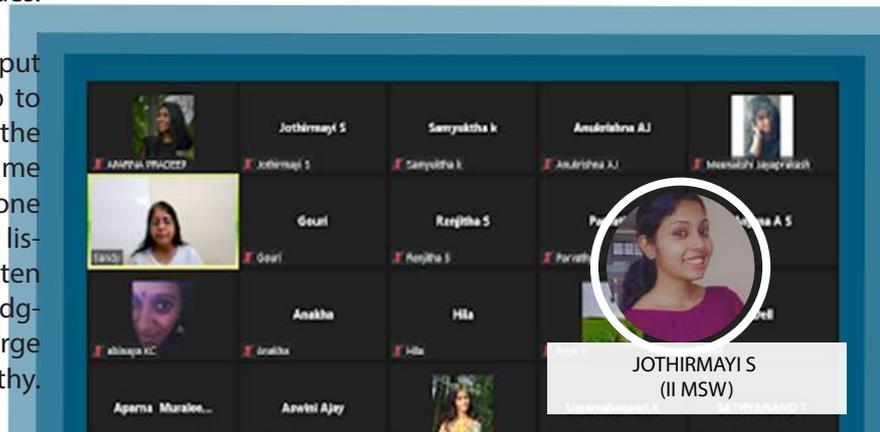
thy, etc. Ms. Sandy told us that Compassion is a universal quality, It is a sense of care. Being empathetic is what I see there, I see in myself. Our heart needs to feel more open and be of support. She said that "You and I have common human experiences, sufferings that we can touch into, that make us motivated to do something for others".

Ms. Sandy continued with the way compassion can be felt. Through her words: Very often when we provide support sometimes our action comes too fast, being willing to do anything. That willingness is compassion. To stay in that place of suffering, willing to endure. Being for them when somebody is suffering. Let's take the theme of Mental health day. Mental health in an unequal world. So the external resources, availability, inequality; everything is present in the world. To see this inequality, To let it touch us, then we feel the pain. Then it makes us question, makes us want to do something. The problem is that most of the time we don't let it touch us. The first step in compassion is to just acknowledge. A researcher quotes about self-compassion that, when we can't do much about anything or anyone's suffering, but still our willingness to stay with that discomfort is true compassion. This can be considered as making the world equal. Simply let it in through just listening. Listen without any judgment, give your complete attention to the speaker. Like Carl Rogers said, listen actively, with empathy, and give your full attention. So let's do it by experience. Start it with your friends or colleagues.

After that, she made pairs from the participants and put them in a room. There is a facility in the Zoom app to make separate rooms for the participants in which the people in the room only can communicate within a time limit. So, Ms. Sandy made everyone in pairs and everyone got a partner. One has to speak and the other has to listen. She allocated us five minutes. She asked us to listen from the heart. And while listening you may feel like judging the person or stopping him or her, but pull that urge and simply listen. Practice confidentiality and empathy.

After the fixed time we got back to the meeting. Then Ms. Sandy asked us to share our experience about listening or talking. Mr. V S Varunanvelu said that it was a nice experience. Students also shared their experiences. They told that they understood that Communication is the key to feeling a connection, even with a stranger. Ms. Sandy added that When we listen we put everything aside. To be there, that's the act of compassion. Next, she asked us to practice compassion by closing our eyes first then listening to the surroundings and then bringing ourselves, our attention to the feet on the ground and our seat. She asked us to feel the contact. Sense our breathing, air passing through our heart. Stay there for a while and show the gesture of kindness by just letting your hand rest on your heart. And she asked us to repeat that I'm here for you, May I be well, May I be peaceful, May I have ease for wellbeing and also wish the same for everyone else. Also, wishing the same for people in difficulty. Wish this from our heart that all may experience well-being. This is the practice of compassion. See kindness, access it, and extend it. Listen .... With that, she concluded her talk and thanked everyone for patient listening and for the opportunity. She notified us about an upcoming event also. After that, Ms. Meenakshi Menon (2nd MSW) delivered a Vote of thanks. She extended thanks to everyone present in the meeting and the resource person for enlightening us with her knowledge. She thanked Dr. P Rangaswami for allowing us to conduct this webinar. Also, she thanked Dr. V Priya for coordinating us to conduct this webinar. The webinar ended with a song about compassion and kindness by Alexia Chullen "The power is here now". It was nice to hear the song. It felt so relaxing and allowed us to feel ourselves.

The webinar ended with that. The feedback form has been posted in the chat box and everyone filled it. After the resource person left, Dr. V Priya extended her thanks to all for supporting and cooperating. She especially thanked the 2nd MSW Mental and Physical students for making the programme a success. The session ended. It was an informative and relaxing session for us all. After all, everyone got a chance to talk or listen to someone after a long time.



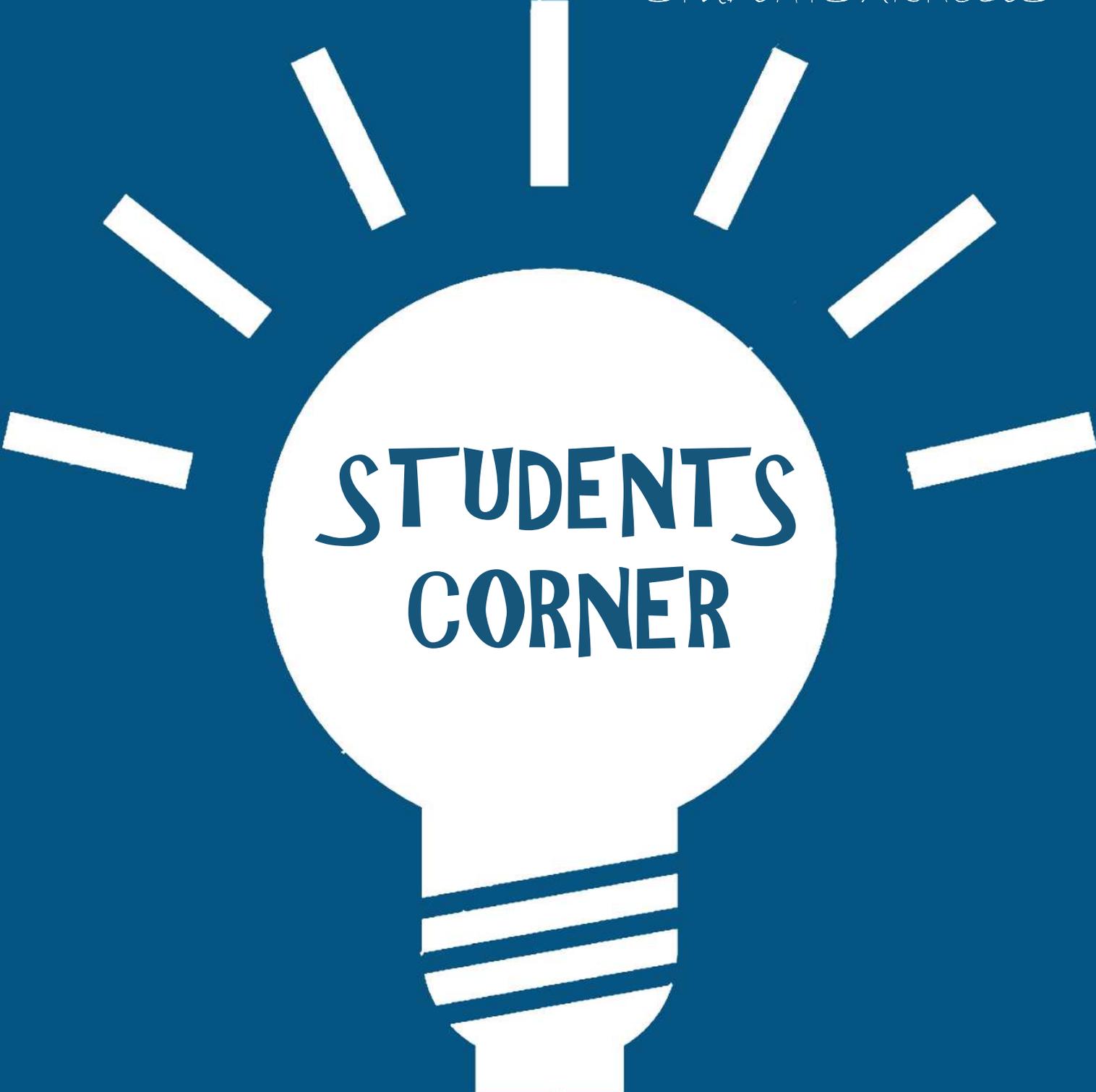
STUDENTS ARTICLES

BOOK REVIEW

MOVIE REVIEW

FIELDWORK EXPERIENCES

STUDENTS ARTICLES



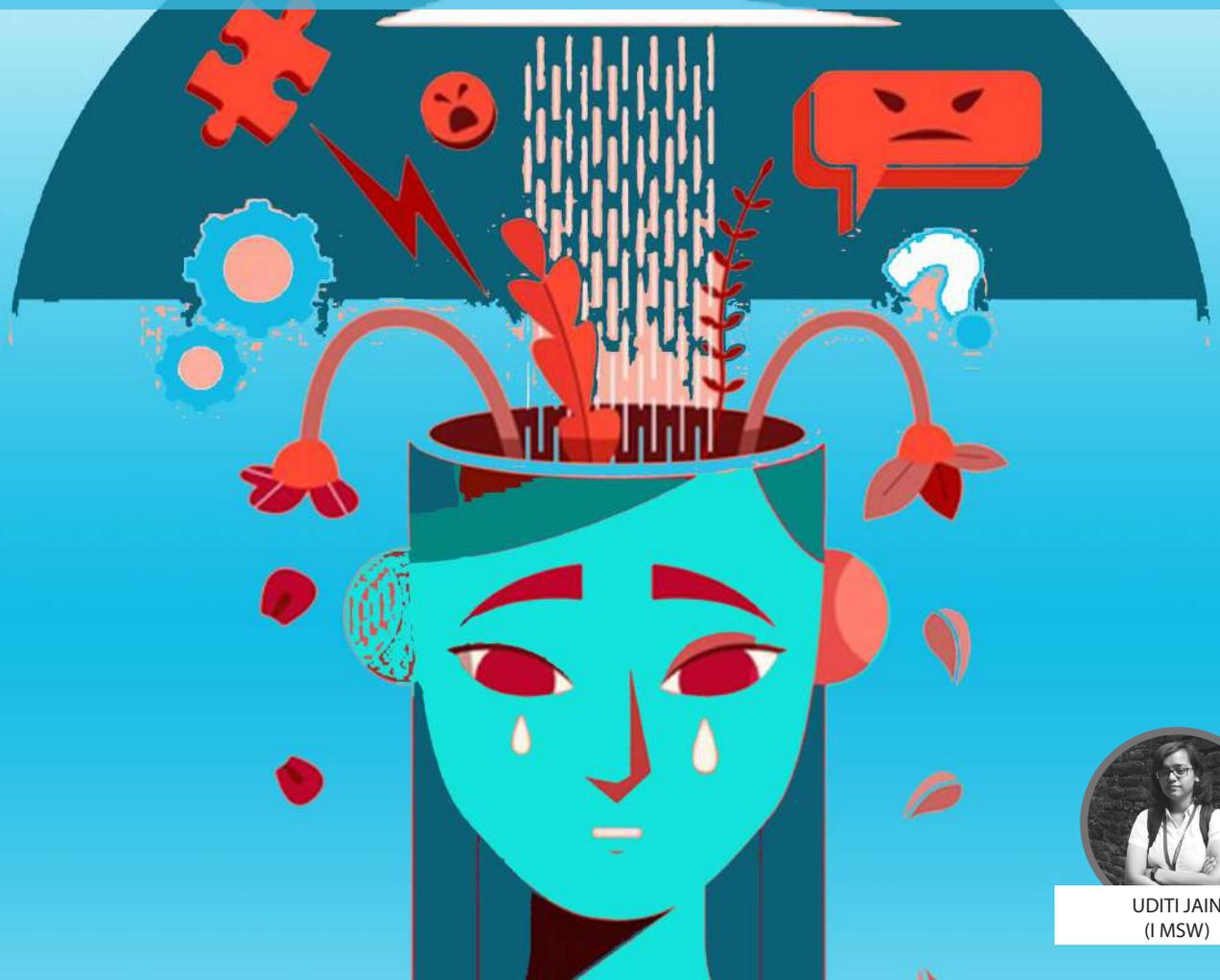
**STUDENTS  
CORNER**

## STUDENTS ARTICLES

# Mental Health of Students in the Era of Digitalization

Traditionally, education revolved around schools, teachers, and print media but since the last couple of decades, many avenues of learning have opened up for students. No aspect in today's life remains untouched by technological advancements which make our lives convenient. Technology has made information easily and readily accessible to all. It has made education reach even the most far away parts of the world. Digital technology has transformed the way young people communicate and interact with each other, express themselves, and access valuable support networks. The era of digitalization has broadened the horizon for everybody.

Since the advent of Covid – 19, most of the educational institutions have shifted to virtual learning and this has resulted in an overwhelming increment in screen time. Unfortunately, the amount of time that students spend on digital technology, inside or outside of their schools, has a negative impact on their mental health. Multiple studies have associated depression and anxiety with increased screen time and increased exposure to social media. Almost three – quarters of teenagers check for messages and/or notifications as soon as they wake up and keep getting distracted by the same throughout the day. Prolonged use of social media disconnects the user from the real world and makes them feel stressed and anxious. In certain situations, students suffer from cyberbullying which may lead to further deterioration of their mental as well as physical health. Investing one's emotions in digital media is not a wise thing to do and it may result in higher levels of depression and anxiety. Though, imagining a world without digital technology has become impossible now, it is high time that we acknowledge its effects on the mental health of students and act upon it. To ensure that we get the benefits out of it while avoiding the negative repercussions, we, as students ourselves, can start by setting a daily limit to our usage of digital devices and increasing face to face interactions with our peers. While it enables us to search for virtually anything and build meaningful connections, it is important to be aware of the negative implications that digital media can have on our overall mental wellbeing.



UDITI JAIN  
(I MSW)



# Trash TREASURE

Through his start-up, Trash to Treasure, Aditya Banger, a 17-year-old college student, transforms plastic bottles, wrappers and converts them into fabrics. His start-up recycles ten tonnes of plastics every day. In 2019, reports estimated that over 3.3 million metric tonnes of plastic was getting piled up in landfills across the country. As an effort to mitigate the burden on Mother Earth, this 17-year-old teenager named Aditya Banger, a resident of Bhilwara, Rajasthan launched his company "Trash to Treasure" in January 2021. Precisely two years ago Aditya who hails from the textile manufacturing background grabbed an opportunity to travel to China with his uncle, the owner of Kanchan India Limited, to see new manufacturing techniques for producing fabric. That is when he came across a unit that was converting large quantities of plastic waste into fabric. He was fascinated that this not only reduces waste going into the landfills

but also produces good quality material and creates employment locally. He was in his 10th grade then and on his return from the trip he discussed his idea of launching a similar company here in his place. His parents and family were quite supportive and he launched his own company whose project got funded by the parent company Kanchan Limited. By January 2021 when things got slowly normalised, Aditya began sourcing plastic wastes from all over the country. He connected with local waste collection centres and purchased PET grade plastic for Rs 40/ kilogram. As per the reports, the venture recycles 1,000 kg of plastic waste every day. To establish his business and make society clean, Aditya aims to collect plastic from as many households and communities as possible. Like they say age is just a number but maturity is your choice. Reference

[www.thebetterindia.com](http://www.thebetterindia.com)



MALATHI IYER  
(I MSW)

# Mental Health is not an Option



## STUDENTS ARTICLES

World Mental Health Day is a precious initiative organized by the World Federation for Mental Health and endorsed by the World Health Organization (WHO). It is celebrated every year in the month of October 10th. The theme for the World Mental Health Day 2021 is "Mental Health in an Unequal World" and the campaign slogan is "Mental Health care for all; Let's make it a reality." The aim of celebrating World Mental Health Day is to raise awareness on mental illness and disorders, educate the masses around the world and raise advocacy and support because there is a huge need for the same.

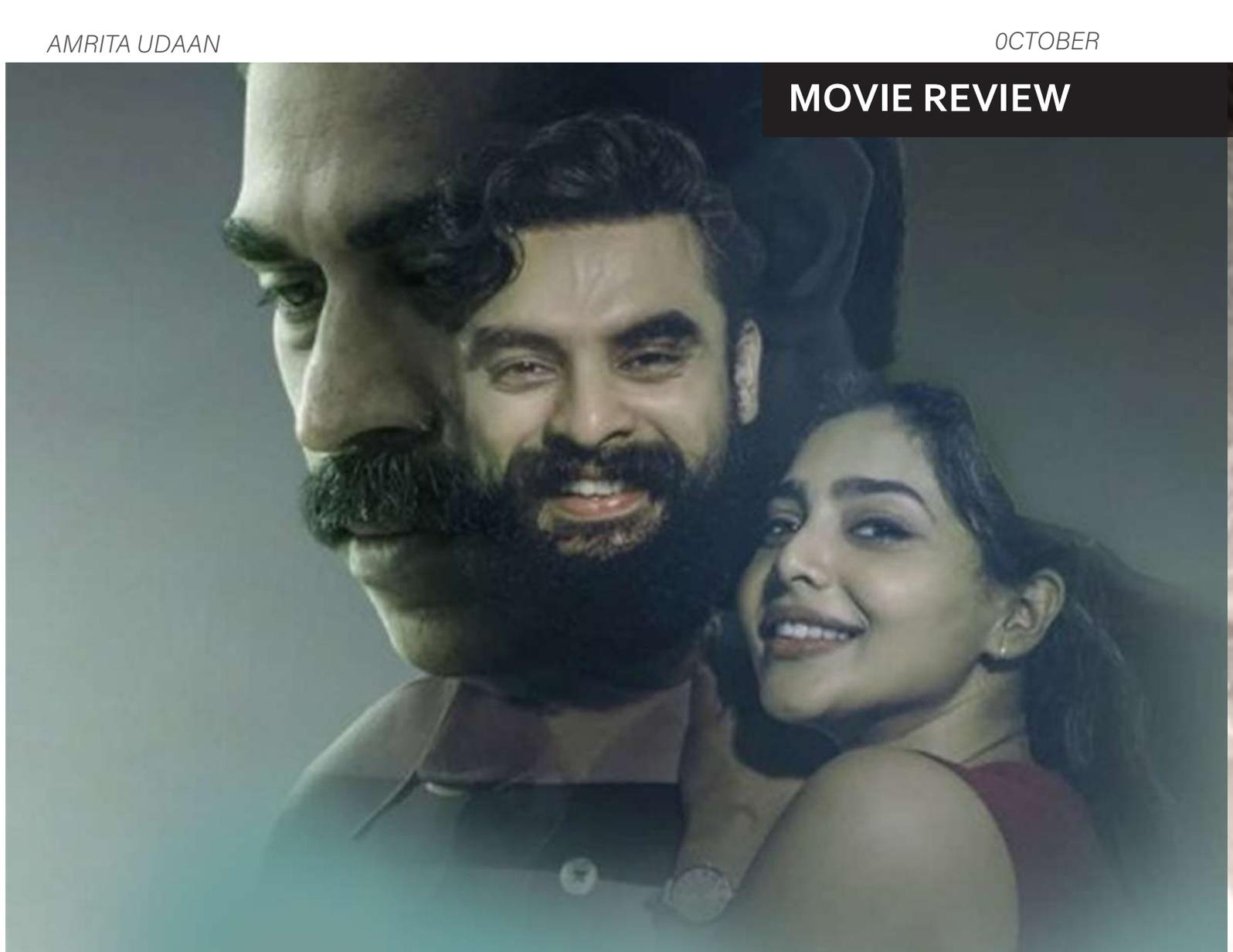
The occurrence of the COVID-19 pandemic has exacerbated the already burned & less accessible mental health care across the country, adding to depression and aggravating other mental health disorders due to stress and isolation.

Here are a few ways to bring more awareness to our lives on account of World Mental Health Day

1. Taking care of our own mental health - Understanding ourselves and our emotions better.
2. Taking time to introspect what helps and drains our mental health.
3. Setting our intentions to make time every often to preserve our mental health. For example, this shall include downtime and in time every day.
4. Choosing to move, exercise, walk or meditate, rest and play are essential to save ourselves from burnout. Finding ways to bring in our hobbies make wonderful ideas too.
5. Knowing when we preserve our own mental health, we also happen to make it easier for others
6. Checking in with friends and families who could be going through tough times even if it is not apparent.
7. Treating ourselves and others with kindness.
8. If a friend or family is willing to open up, we shall sit through the discomfort with unconditional regard and empathy and guide them to a professional if that's necessary.



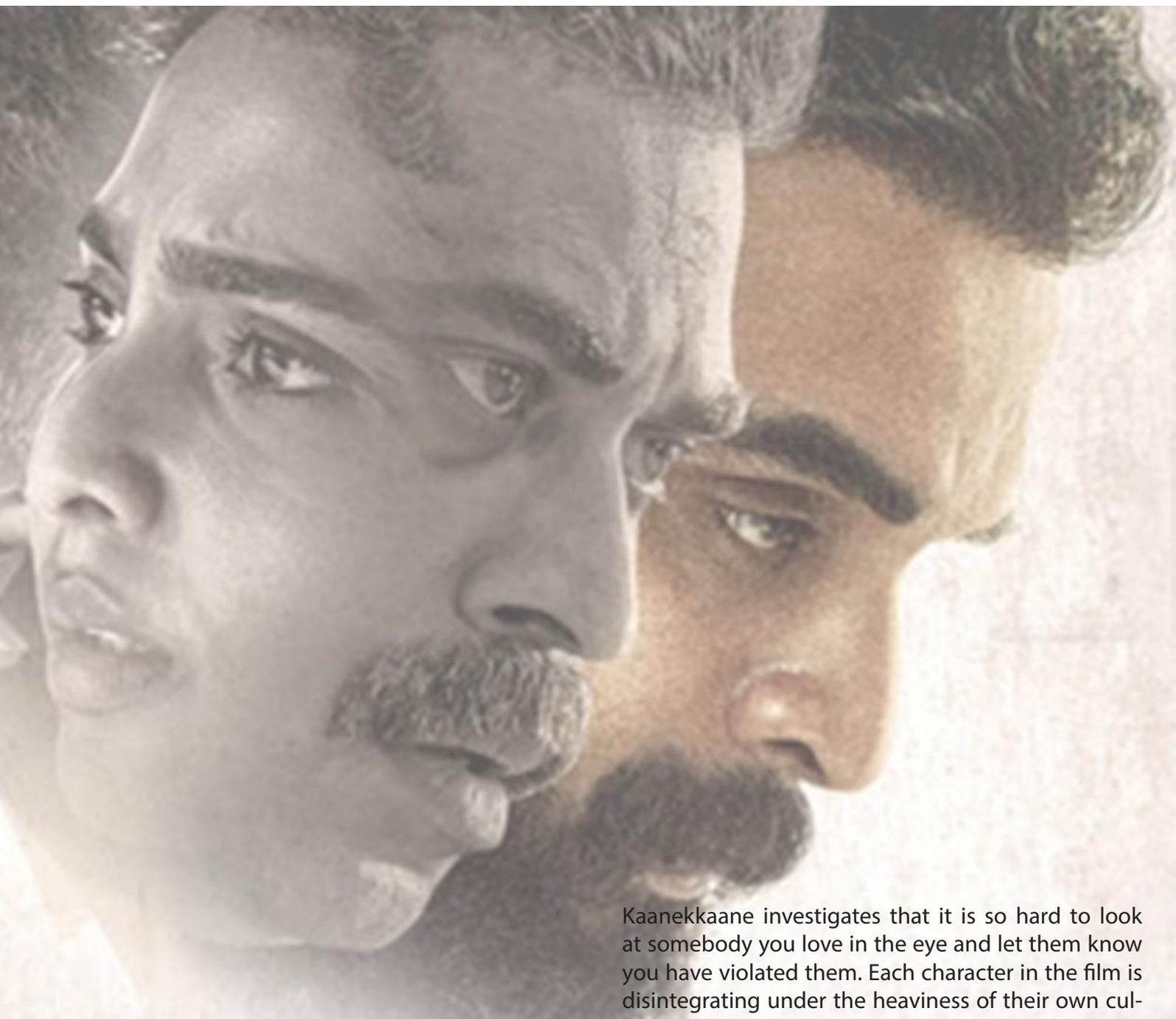
ABINAYA K C  
(II MSW)


 MOVIE REVIEW

# Kaanekkane

“Kaanekkane” is a Malayalam family thriller movie directed by Manu Ashokan. The film stars Tovino Thomas, Suraj Venjaramoodu, and Aishwarya Lekshmi. The plot of Kaanekkaane spins around Suraj’s person (referred to as papa in the film), who visits his Son-in-law, who wedded Sneha (Aishwarya Lekshmi) after the end of his first spouse Sherin (Shruti Ramachandran). The couple also has a little Son, Kuttu. Allen proceeds to wed Sneha (Aishwarya Lekshmi), who really focuses on Kuttu like her own child. Learning the indistinct purposes for Sherin’s passing and the murky behavior of Allen (Tovino Thomas), Suraj’s person speculates something is left untold. Before long he finds the solutions to his inquiries, and how it shudders the existences of the multitude of characters frames the remainder of the story. At the point when Paul visits them interestingly following a time of Sherin’s demise, he

is disturbed to perceive how they have all failed to remember her. Paul visits the couple, principally to invest some quality energy with his grandchild Kuttu. Troubles start when he understands Allen was engaging in extramarital relations with Sneha in any event when he was hitched to Sherin. He likewise tracks down a couple of motivations to puzzle over whether his girl’s passing in a mishap was created, Paul’s daughter Sherin is no more and her significant other Allen has remarried. At the point when he visits the new couple, who is additionally dealing with his grandson, a couple of questions spring up to him, in regards to his girl’s demise. Kaanekkaane rotates around a deprived family. Paul Mathai has lost his daughter Sherin, who was hitched to Allen. She died in a road accident when the car driver who rammed into her bike refused to stop and help her. Paul can’t deal with her passing and needs justice. Where it counts in his heart,



Paul immovably accepts that his girl would have been alive if the driver had hurried her to the medical clinic. According to him, the accident is a misfortune, but refusing to help the victim is nothing short of murder. Paul later discovers that Allen was able to help his wife, Sherin, but that day he deliberately did not help. Still, Allen faces guilt about it. Here Paul points out that it is wrong for the person to be saved not to be saved for his own selfishness. A father's fight to help himself overcome his daughter's death. A man's struggle to live with the death of his wife. A wife's crushed desires of a successful marriage. A child who is in the corner of the real world yet destined to be spoiled for certain jolting facts about his life. These provisions group up together to give us an investigating ride of human feelings and connections.

Kaaneekkaane investigates that it is so hard to look at somebody you love in the eye and let them know you have violated them. Each character in the film is disintegrating under the heaviness of their own culpability. They return and obsess about each choice they at any point made in their lives, trusting they might have accomplished something in an unexpected way. Yet, the boldness and heart to live with the decisions they have made don't come simple. The film dives into the world of melancholy, regret, guilt, and revenge. It passes through various emotions, which in the end become pale, and only happiness remains as a requisite.



RIYA SIBI  
(II MSW)

## Well-Known Social Worker

# S. Ramakrishnan

Ramakrishnan was born in Salem on 06 May 1954. His parents are Siva Subramaiyan and Saraswathi. His spouse's name is Chitra. He has three brothers and one sister. He started his schooling at Thanjavur and later moved to Ayikudi. Ayikudi is located in Tenkasi. In the early 1970s, he joined the mechanical engineering course at the Government College of Technology, Coimbatore. On 10 January 1975, while he was in his fourth year of engineering, he attended a selection interview for naval officers held in Bangalore. During a physical test, he injured his neck following a fall and incurred cervical spine injury that resulted in complete loss of sensations and muscle power below his neck, along with impaired bladder and bowel control. He was initially managed at the air force command hospital, Bangalore, for about three months. He was then shifted to the Military Hospital, Khadki, Pune.

He underwent a course of rehabilitation over the next 10 months in Pune. In 1981, Ramakrishnan started a school for children with disabilities at Ayikudi. The institute was registered as Amar Seva Sangam and was situated on a small piece of land donated by Ramakrishnan's parents. Ramakrishnan lives in Ayikudi with his wife Chitra whom he married in 1994.

It started with a handful of children and involved in a few activities related to polio prevention and rehabilitation, and is now spread over 30 acres of land and houses diverse activities including:

Daycare center for children with cerebral palsy and mental retardation

Siva Saraswathi Vidyala, an integrated high school named after the parents of Ramakrishnan

Rehabilitation center for persons with physical disabilities

Vocational training center

A special study center for Indira Gandhi National Open University

- Hostel for trainees

- Early Intervention Centre for the toddlers between 0-5 years
- Medical Testing Unit
- Schooling for children with disabilities and vocational training for persons with disabilities are being provided free of cost.

He received the following awards.

- In the year 2007 Super Idols, Lifetime Achievement Award
- In the year 2012 Dr. Mary Verghese Award for excellence in empowering ability.
- In the year 2015 Rotary Club of Madras, LifeTime Achiever Award
- In the year 2016 Times of India Amazing Indians award in the category 'Unstoppable Indians'
- In the year 2020 Padma Shri.

Reference

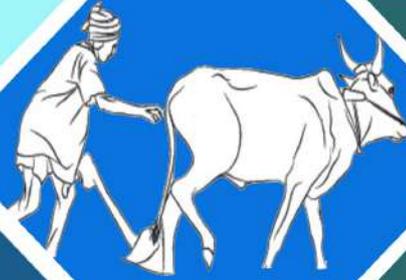
<https://www.giveindia.org/nonprofit/amar-seva-sangam>

<https://www.amarseva.org/about-us/founders>



PRAKATHI RAMAKRISHNAN  
(II MSW)

# SCHIEMES



# ACT

## Protection of Children from Sexual Offences (POCSO) Act, 2012

To all the more capably control the deplorable sexual wrongdoings and offenses done against kids, the Ministry of Women and Child Development presented another Act. Insurance of kids from sexual offenses (POCSO) Act, 2012 was passed by the Indian Parliament on the fourteenth November 2012. This Act is an extensive arrangement of laws to shield kids from sexual maltreatment, porn, badgering. This Act additionally gives for kids' simpler yet successful legal methodology and youngster cordial system for detailing, examining, proof gathering, and so forth The Act additionally accommodates uncommon courts to manage such matters.

### -Essential features of POCSO ACT, 2012

The Act is a rule including 46 segments. The entire Act respects the well-being of kids as an issue of boss significance and expects to help with the solid physical, mental, and social advancement of youngsters. The Act is sexually unbiased and yet guarantees to cover every one of the viewpoints that the main indicated gathering of sex could confront. For instance, managing pregnancy of female youngsters because of any sexual movement is an offense as indicated by the Act. The Act characterizes a kid as any individual beneath the age of eighteen years [Section 2(d)].

Area 2 of the Act characterizes every one of the focal terms like rape, youngster erotic entertainment, penetrative rape, and so forth which are taken from different rules like the Indian Penal Code, 1860, and so on The Act additionally manages the question of kid sexual entertainment and dissemination and ownership of computerized content of such exercises also. The Act prescribes a child-friendly reporting and investigating system. At every step, the mental condition of the abused child is given an extreme and yet much-needed devotion. Section 24 of the Act deals with recording of statement of the abused child, which clearly says:

- (1) The statement of the child shall be recorded at the residence of the child or at a place where he usually resides or at the place of his choice and as far as practicable by a woman police officer, not below the rank of sub-inspector.
- (2) The police officer while recording the statement of the child shall not be in uniform.
- (3) The cop making the examination, will, while analyzing the youngster, guarantee that never of opportunity the kid comes in contact in any capacity with the blame.
- (4) No youngster will be kept in the police headquarters at night under any condition.
- (5) The cop will guarantee that the character of the kid is shielded from the public media, except if in any case coordinated by the Special Court in light of a legitimate concern for the kid.

### -Offenses covered under the act

Penetrative rape

Irritated penetrative rape

Sexual assault

Aggravated sexual assault

Sexual harassment

-Punishments for Offenses covered under the act

· Penetrative rape Imprisonment at least ten years which might stretch out to detainment forever, and fine.

· Bothered penetrative rape Imprisonment at least twenty years which might reach out to detainment forever, and fine.

· Rape Imprisonment at least three years which might reach out to five years, and fine

Exasperated rape detainment is not under five years which might reach out to seven years, and will likewise be responsible to fine.

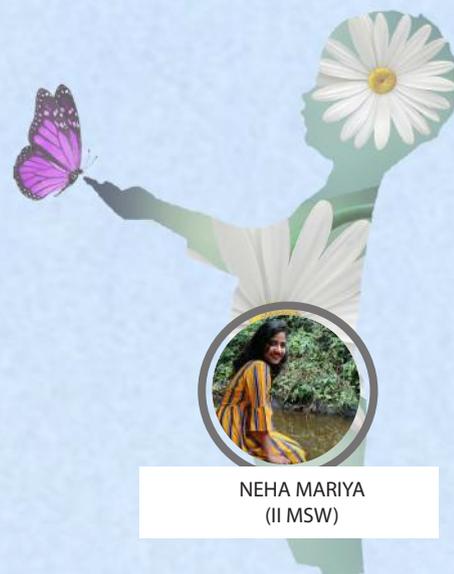
· Inappropriate behavior of the Child-Imprisonment of three years and fine.

· Utilization of Child for Pornographic Purposes-Not under Five years and fine and in case of ensuing conviction, seven years and fine.

There are other arrangements under the Act that recommends the techniques for announcing, examining, treatment of confirmations, and court trials. The Act additionally trains the State Governments to build up uncommon courts for such cases. The Act additionally accommodates discipline for the wrongdoing of abetment. Discipline has additionally been accommodated submitting bogus questions or refuting data with vindictive purpose. The Act has recognized and condemned a scope of inadmissible sexual practices that represent a danger to youngsters. However, to survive and destroy this issue from the grassroots level, legitimate familiarity with this issue is the key.

### • References

- <https://lawlex.org/lex-pedia/summary-of-protection-of-children-from-sexual-offences-pocso-act-2012>
- <https://timesofindia.indiatimes.com/topic/pocso-act>
- <https://vikaspedia.in/education/policies-and-schemes/protection-of-children-from-sexual-offences-act>



NEHA MARIYA  
(II MSW)

# GOVERNMENT SCHEMES

## 1. AYUSHMAN SAHAKAR SCHEME

**OBJECTIVE:** The scheme is to assist provision of affordable and holistic healthcare through hospitals/healthcare/education facilities by cooperative societies and to assist promotion of AYUSH facilities by cooperative societies. The scheme assists cooperative societies meet the objective of National Health Policy and it assists cooperative societies participate in the National Digital Health Mission. To assist cooperative societies provide comprehensive healthcare including education services, insurance and activities related thereto.

**ELIGIBILITY:** Any Cooperative Society registered under any State/ Multi State Cooperative Societies Act in the country, with suitable provision in the bye-laws to undertake services related to hospital/ healthcare/ health education, shall be eligible for the financial assistance subject to fulfilment of guidelines under the scheme.

### SALIENT FEATURES OF THE SCHEME:

It is a scheme of National Cooperative Development Corporation (NCDC) for financial assistance to cooperatives on holistic healthcare infrastructure, education and services.

- o The NCDC was established by an Act of Parliament in 1963 as a statutory Corporation under the Ministry of Agriculture & Farmers Welfare.
- o Functions:
  - ü NCDC is involved in planning, promoting, coordinating and financing of cooperative development programmes at the national level. It provides financial and technical support to cooperative institutions of farmers and other weaker sections associated with agriculture and allied rural economic activities.
  - NCDC Ayushman Sahakar Fund: The NCDC would extend term loans to the tune of Rs.10,000 Crore to prospective cooperatives, including those formed by fresh graduates in any stream of medicine including AYUSH and other traditional practices.
  - Working capital and margin money to meet operational requirements.
  - Interest subvention of 1% to women majority cooperatives.
  - Loan Period: Period of loan will be for 8 years, including 1- 2 years moratorium.
  - The new scheme hopes to promote entrepreneurship among medical graduates who are willing to form a cooperative and serve in rural areas.
  - The scheme aligns itself with the focus of the National Health Policy, 2017, covering the health systems in all their dimensions- investments in health, organization of healthcare services, access to technologies, development of human resources, encouragement of medical pluralism, affordable health care to farmers, etc.

## 2. Parivar Pehchan Patra-Haryana Government Scheme

**Parivar Pehchan Patra Haryana:** Haryana Family Identity Card Scheme has been started by Haryana Chief Minister Manohar Lal Khatter. The purpose of Parivar Pehchan Patra Yojana Haryana is that the citizens of Haryana state can get the benefit of the Central Government Scheme and State Government schemes. Digits of 14 digits will be prepared in this identity card Haryana Parivar Pehchan Patra 2021. These will form a special type of identity card, and every family in Haryana will get its benefit. Family identity card 2021 will distribute all services and benefits to the beneficiaries of the state on the basis of the Economic- Social Caste Certificate. Under the Haryana Family Identity Card Scheme, 45 lakh citizens in Haryana will be given the benefit of this scheme. With it, several government schemes of the state have been linked. Such as Family Pension Yojana, Old Age Pension Yojana, Widow Pension Yojana, Laddi Scheme, Marriage Shagun Scheme, Ration Allotment Scheme, etc. In the upcoming time, Haryana Parivar Pehchan Patra will be used to apply in Pradhan Mantri Awas Yojana, apply for BPL Ration Card, to get unemployment allowance, to apply in Saksham Yojana, and to apply in other government schemes. It is compulsory for each citizen of Haryana to make a family identity card. It is compulsory for each citizen of Haryana to make a family identity card.



SANJAY S  
(II MSW)

# October 2021

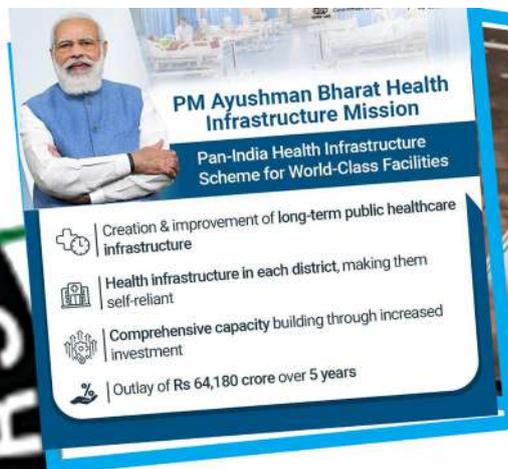


## 1. PM Ayushman Bharat Health Infrastructure Mission

PM Ayushman Bharat Health Infrastructure Mission will be one of the largest pan-India schemes for strengthening healthcare infrastructure across the country. It will be in addition to the National Health Mission. Objective of PM Ayushman Bharat Health Infrastructure Mission: To fill critical gaps in public health infrastructure, especially in critical care facilities and primary care in both the urban and rural areas. Targets to build an IT enabled disease surveillance system by developing a network of surveillance laboratories at block, district, regional and national levels, in Metropolitan areas. Integrated Health Information Portal will be expanded to all States/UTs to connect all public health labs. Work towards building up trained frontline health workforce to respond to any public health emergency. It will provide support for 17,788 rural Health and Wellness Centres in 10 High Focus States. Further, 11,024 urban Health and Wellness Centres will be established in all the States.

## 2. NASA's Lucy mission to probe Jupiter's mysterious Trojan asteroids

NASA is poised to send its first spacecraft to study

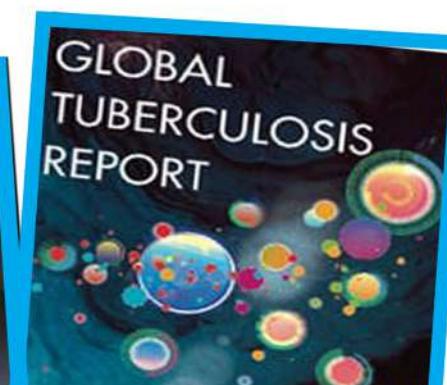


Jupiter's Trojan asteroids to glean new insights into the solar system's formation 4.5 billion years ago. The Jupiter trojans, commonly called Trojan asteroids or simply Trojans, are a large group of asteroids that share the planet Jupiter's orbit around the Sun. Key takeaways

The probe, called Lucy after an ancient fossil that provided insights into the evolution of human species, will launch on October 16 from Cape Canaveral Space Force Station in Florida. Mission: To investigate the group of rocky bodies circling the Sun in two swarms, one preceding Jupiter in its orbital path and the other trailing behind it. After receiving boosts from Earth's gravity, Lucy will embark on a 12-year journey to eight different asteroids — one in the Main Belt between Mars and Jupiter and the seven Trojans. Trojans are present in a very small region of space and are very physically different from one another. The differences indicate how far away from the Sun they might have formed before assuming their present trajectory. Trojan asteroids number more than 7,000 in total. It will be the first solar-powered spaceship to venture this far from the Sun, and will observe more asteroids than any other spacecraft before it.

## 3. i-Drone

The Health Minister launched ICMR's Drone Response and Outreach in North East (i-Drone). The delivery model is aimed at ensuring that life-saving vaccines reach everyone. This is for the first time that a "Make in India" drone has been used in South Asia to transport COVID vaccine over an aerial distance of 15 kms in 12-15 mins from the Bishnupur district hospital to Loktak lake, Karang island in Manipur for administration at the PHC.



#### 4.WHO recommends first anti malarial vaccine

The World Health Organization (WHO) has recommended the widespread rollout of the first malaria vaccine. This could save tens of thousands of children's lives each year across Africa.

##### Key takeaways

A study has also found that when young children were given both the RTS,S and antimalarial drugs there was a 70% reduction in hospitalisation or death.

##### Status of India

India is the only highly endemic country which has reported a decline of 17.6% in 2019 as compared to 2018. India's National Strategic Plan for Malaria Elimination shifted focus from Malaria control to elimination and provided a roadmap to end malaria in 571 districts out of India's 678 districts by 2022. Indian Council of Medical Research (ICMR) has recently established 'Malaria Elimination Research Alliance-India (MERA-India) which is a conglomeration of partners working on malaria control.

#### 5.2021 Global TB report: WHO

According to the 2021 Global TB report released recently by the World Health Organization (WHO), for the first time in over a decade, Tuberculosis (TB) deaths have increased globally. WHO modelling projections suggest that the number of people developing TB and dying from the disease could be much higher in 2021 and 2022.

##### Key findings of the report

**Reduced notifications:** India (41%) was among the top countries which contributed most to the global reduction in TB notifications between 2019 and 2020 which is not a good sign. India, along with Indonesia (14%), the Philippines (12%), China (8%) and 12 other countries, accounted for 93% of the total global drop in notifications.

**Increase in cases:** The WHO estimated that some 4.1 million people currently suffer from TB but had not been diagnosed with it or had not officially reported to the national authorities. This figure is up from 2.9 million in 2019.

**Reduced provision:** There was also a reduction in the provision of TB preventive treatment. Some 2.8 million people accessed this in 2020, a 21% reduction since 2019.

**Drug-resistant TB:** The number of people treated for drug-resistant TB fell by 15%.

**Increased deaths:** In 2020, more people died of TB.

##### Reasons for increase in deaths:

Reallocation of Human, financial and other resources from tackling TB to COVID-19, limiting the availability of essential services.

People struggled to seek care during lockdowns.

##### What is Tuberculosis (TB)?

TB is caused by bacteria (*Mycobacterium tuberculosis*) that most often affect the lungs.

**Transmission:** TB is spread from person to person through the air. When people with TB cough, sneeze or spit, they propel the TB germs into the air.

**Symptoms:** Cough with sputum and blood at times, chest pains, weakness, weight loss, fever and night sweats.

TB is a treatable and curable disease. Multidrug-resistant tuberculosis (MDR-TB) is a form of TB caused by bacteria that do not respond to isoniazid and rifampicin, the 2 most powerful, first-line anti-TB drugs. It is treatable and curable by using second-line drugs. Extensively drug-resistant TB (XDR-TB) is a more serious form of MDR-TB caused by bacteria that do not respond to the most effective second-line anti-TB drugs, often leaving patients without any further treatment options.

##### Initiatives by India

**Eliminating TB by 2025:** India is committed to eliminating tuberculosis by 2025, five years ahead of the global target of 2030.

##### National Tuberculosis Elimination Programme:

To align with the ambitious goal, the programme has been renamed from the Revised National Tuberculosis Control Programme (RNTCP) to National Tuberculosis Elimination Programme (NTEP).

#### 6.Pig kidney transplant in human patient

For the first time, a pig kidney has been transplanted into a human without triggering immediate rejection by the recipient's immune system. This is a potentially major advance that could eventually help alleviate a dire shortage of human organs for transplant.

##### Key takeaways

The procedure was done at NYU Langone Health in New York City. It involved use of a pig whose genes had been altered so that its tissues no longer contained a molecule known to trigger almost immediate rejection.

The genetically altered pig, dubbed GalSafe, was used as the donor. The recipient was a brain-dead patient with signs of kidney dysfunction whose family consented to the experiment before she was due to be taken off of life support.

**Finding:** The team theorized that removing out the pig gene for a carbohydrate that triggers rejection – a sugar molecule, or glycan, called alpha-gal – would prevent the problem.

**Future possibility:** The NYU kidney transplant experiments should pave the way for trials in patients with end-stage kidney failure, possibly in the next year or two.



SANJAY S  
(II MSW)

# INTERNSHIP

## AIQA FOUNDATION

<https://internshala.com>

Work from Home

START DATE: Immediately

DURATION: 3 months

STIPEND: Unpaid

APPLY BY: 17/11/2021

About the Internship : AIQA Foundation or All India Queer Association is an NGO focusing on the empowerment of women and the LGBTQIA+ community in India.

Benefits:-

Certificate

Letter of Recommendation

Flexible working hours

5 days a week

Only those candidates can apply who:

1. are available for the work from home internship between 3/11/2021 and 8/12/2021

2. are available for duration of 3 months

\* Women wanting to start/restart their career can also apply.

<https://internshala.com/internship/detail/social-work-work-from-home-job-internship-at-aiqa-foundation1635934807>

## INAMIGOS FOUNDATION

<https://internshala.com>

Work from Home

START DATE: Immediately

DURATION: 3 weeks

STIPEND: 1000 – 4000/ week

APPLY BY: 15/11/2021

About the Internship : InAmigos Foundation is a non-profit organization working to promote arts, commerce, sports, protection of the environment.

Benefits:-

Certificate

Letter of Recommendation

Flexible working hours

Only those candidates can apply who:

1. are available for the work from home internship between 1/11/2021 and 6/12/2021

2. are available for duration of 3 weeks

<https://internshala.com/internship/detail/virtual-volunteering-work-from-home-job-internship-at-inamigos-foundation1635768963>

## THINK WILDLIFE FOUNDATION

<https://www.linkedin.com/>

START DATE: Immediately

DURATION: 8 weeks

STIPEND: Unpaid

APPLY BY: 12/11/2021

About the Internship : Think Wildlife Foundation is an NGO launched by a group of college students with the aim of supporting wildlife project . It provides an opportunity for Content Internship and Social media. Opportunity to write blogs and handle social media platforms.

Only those candidates can apply who has the genuine aspiration to work for social causes.

[https://www.linkedin.com/jobs/view/social-work-intern-at-sambhaj-a-beginning-to-accomplish-2754628554/?utm\\_campaign=google\\_jobs\\_apply&utm\\_source=google\\_jobs\\_apply&utm\\_medium=organic&originalSubdomain=in](https://www.linkedin.com/jobs/view/social-work-intern-at-sambhaj-a-beginning-to-accomplish-2754628554/?utm_campaign=google_jobs_apply&utm_source=google_jobs_apply&utm_medium=organic&originalSubdomain=in)

## NITI AAYOG, GOVERNMENT OF IN-

<http://fresherplacements.com/>

DURATION: 6 weeks – 6 months

STIPEND: Unpaid

APPLY BY: Online application link will be open from 1st to 10th of every month.

About the Internship :The Interns shall be given exposure to various Verticals/Divisions/Units within NITI Aayog and the exposure to the functioning of the Indian Government.

Only those candidates can apply who:

- 1)Are enrolled with recognized University/ Institution
- 2)Graduates/ Post graduates/ PHD students

<https://www.niti.gov.in/internship>

## OMYSHA FOUNDATION

<https://internshala.com>

Work From Home

START DATE : 15 November - 14 December 21

DURATION : 2 Months

STIPEND : 5000 /month

APPLY BY : 14/12/2021

About the internship : Omysha Foundation is an NGO working towards to achieve the United Nations Sustainable Development Goals. It provides an opportunity to equip the new generation with necessary knowledge and provides a platform to voice ones opinions.

Only those candidates can apply who:

1. are available for the work from home internship between 15/11/2021 and 14/12/2021
2. are available for duration of 2 months

\* Women wanting to start/restart their career can also apply.

Know more & apply : <https://internshala.com/internship/detail/developing-social-awareness-work-from-home-job-internship-at-omysha-foundation1634110344>

## LITTLE HAND FOUNDATION

<https://internshala.com>

Work from Home

START DATE: Immediately

DURATION: 1 month

STIPEND: Unpaid

APPLY BY: 10/11/2021

About the Internship : Little Hand Foundation is a registered non-governmental organization (NGO) working to empower women through educational opportunities and better health facilities. Opportunity to work on generating awareness handling various social responsibilities and so on.

Benefits:-

Certificate

Letter of Recommendation

Flexible working hours

5 days a week

Only those candidates can apply who:

1. are available for the work from home internship between 26/10/2021 and 30/11/2021
2. are available for duration of 1 month

\* Women wanting to start/restart their career can also apply.



PARVATHY R  
(I MSW)

MSW

# JOB OPPORTUNITIES

## Medical Psychiatric Social Worker

**Organisation:** Lata Mangeshkar Medical Foundation  
**Location:** Pune  
**Work Experience:** 1 - 4 years  
**Salary:** Not Disclosed  
**Email id:** <http://www.dmhospital.org>

## 2. Admin in-charge for NGO

**Organisation:** Nectar Infotel Solutions Pvt Ltd.  
**Location:** Raipur CG  
**Work Experience:** 1 - 5 years  
**Salary:** ₹ 1, 75,000 - 3, 00,000 P.A  
**Email id:** [account@nectarinfotel.com](mailto:account@nectarinfotel.com)

## 3. CSR Coordinator/Associate

**Organisation:** SURYODAY SMALL FINANCE BANK LIMITED  
**Location:** Pondicherry/ Puducherry, Chennai, Cuddalore  
**Work Experience:** 0 - 2 years  
**Salary:** Not Disclosed  
**Email id:** [kirankumar.yandrapalli@suryodaybank.com](mailto:kirankumar.yandrapalli@suryodaybank.com)

## 4. Business Development Manager - CSR

**Organisation:** AROH Foundation  
**Location:** Noida, Uttar Pradesh  
**Work Experience:** BSW/MSW with 3-5 years' experience in a similar position in a reputed organization.  
**Salary:** ₹30,000 - ₹45,000 a month  
**Email id:** [arohfoundation@gmail.com](mailto:arohfoundation@gmail.com), [info@aroh.in](mailto:info@aroh.in)

## 5 . Assistant Manager - Operations - Female- job post

**Organisation:** Leap Business Partners  
**Location:** Thiruvananthapuram, Kerala  
**Work Experience:** Fresher and 2 to 4 years  
**Salary:** ₹15,000 - ₹20,000 a month  
**Email id:** [connect@consult-leap.com](mailto:connect@consult-leap.com)

## 6. Principal Manager

**Organisation:** FSSAI  
**Location:** New Delhi  
**Work Experience:** 16 - 20 years  
**Salary:** 123100 - 215900(Per Month)  
**Last date :** 12-11-2021

## 7. Case Worker cum Counsellor ,Project Manager

**Organisation:** Collectorate Araria  
**Location:** Araria  
**Experience:** 3-5 years  
**Salary:** 16000 - 22000(Per Month)  
**Website:** <https://araria.nic.in/collectorate>.  
**Last date:** 20-11-2021

## 8. Business Development executive

**Organisation:** OlaGate Technologies  
**Location:** Pune  
**Experience:** Fresher's  
**Salary:** 10000 - 25000 Monthly  
**Last Date:** 16 Dec 2021  
**Job Type:** Full Time

## 9 .Customer Support Executive

**Organisation:** Tech Mahindra  
**Location:** Pune  
**Experience:** fresher's  
**Last Date:** 12 Dec 2021

## 10. Social Worker

**Organisation:**PlasticsFor Change  
**Location :** Mangalore, Karnataka  
**Salary :** ₹25,000 - ₹28,000 a month  
**Contract length:** 12 months  
**Job Type:** Full-time,contract  
**Experience:**total work: 2 years



DEEPTI M  
(I MSW)

# November

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

2021

# HELLO November

## Important days

- 1st November** – All Saints Day, World Vegan Day
- 4th November** - Diwali
- 5th November** – World Tsunami Awareness Day
- 6th November** – International Day for Preventing the Exploitation of the Environment in War and Armed Conflicts
- 7th November** – Infant Protection Day, National Cancer Awareness Day
- 9th November** – Legal Service Day
- 10th November**– World Science Day for Peace and Development
- 11th November**– National Education Day
- 12th November**– World Pneumonia Day
- 13th November**– World Kindness Day
- 14th November**– World Diabetes Day, Children’s Day
- 16th November**– International Day for Tolerance
- 17th November**– National Epilepsy Day
- 19th November**– International Men’s Day
- 25th November**– International Day for the Elimination of Violence against Women
- 26th November**– Constitution Day of India

# ALUMNI CORNER

**Name**

J.R.Rishi Keshav

**Roll Number**

CB.SW.P2MSW14009

**Batch**

2014-2016

**Mobile number**

9159189172

**Email address**

rishike46@gmail.com

**Present organization details**

Govt of India

**Job title**

PA to Union Minister of State



**How was your life at Amrita?**

Life at Amrita was joyful, enriching and helped in personal and professional development. Amrita gave me platform to utilise and develop my skills.

**What are the key skills that you learned at Amrita helped your career?**

**Organising skills,time management and leadership**

**How is the current scope of Social Work?**

**Scope of Social Work is increasing but choosing the correct path, and organisation is very important.**

**What message you would like to give for the current MSW students?**

**Social work students think that they can only practice in NGO or CSR related projects but there is a larger scope to utilise the skill in other allied departments. One has to go in depth and explore the scopes.**

**What are your key responsibilities in the present job?**

**Confidential**

**Who is/are your inspiration?**

Swami Vivekananda

**Any other thing you would like to share?**

Though for few years i was not in social work field the skills acquired in Social work training was very helpful

# UGC NET ( DECEMBER 2012)

## SOLVED QUESTION PAPER (PAPER-3)

1. Which Indian state has lowest child sex ratio, from among the following?

- (A) Kerala
- (B) Karnataka
- (C) Tamil Nadu
- (D) Punjab

2. Which one of the following is not the professional view of social work?

- (A) Client as object
- (B) Client as citizen
- (C) Client as recipient
- (D) Client as resource

3. The National Rural Employment Guarantee Act came into force in the year

- (A) 1999
- (B) 2001
- (C) 2005
- (D) 2009

4. Who introduced the concept of 'Role Playing'?

- (A) E. Durkheim
- (B) G.H. Mead
- (C) W.I. Thomas
- (D) Sigmund Freud

5. Negative reinforcement leads to

- (A) Extinguish behaviour
- (B) Increase in desired responses
- (C) Eliminate desirable responses
- (D) Learned helplessness

6. Gender related Development Index is used in

- (A) Millenium Development Goals
- (B) World Development Report
- (C) Human Development Report
- (D) None of the above

7. The acronym "BIMARU" represents states

- (A) Bihar, Madhya Pradesh, Rajasthan and U.P.
- (B) Bihar, Maharashtra, Ranchi and U.P.
- (C) Bihar, Mizoram, Rajasthan and U.P.
- (D) None of the above.

8. Bio-magnification is a process

- (A) Where some compounds remain in the eco-system in virtually unchanged form as they are passed from one organism to another by predation.
- (B) When some compounds change their properties and become part of other organism.
- (C) Magnification of compounds with one step after the other.
- (D) Bio degradation of environmental system in which some compounds continuously change their characteristics.

9. Arrange the following Acts in order in which they were enacted. Use the codes given below:

- (i) Child Marriage Restraint Act.
- (ii) Medical Termination of Pregnancy Act
- (iii) Hindu Marriage Act
- (iv) Dowry Prohibition Act

Codes:

- (A) (ii), (i), (iii), (iv)
- (B) (i), (iii), (iv), (ii)
- (C) (iii), (ii), (i), (iv)
- (D) (iv), (iii), (ii), (i)

10. NICP means

- (A) National initiative for child protection.
- (B) National integrative for child program.
- (C) National integrative for child policy.
- (D) National initiative for child planning.

Answer: 1. (D), 2. (B), 3. (C), 4. (B), 5. (B), 6. (C), 7. (A), 8. (A), 9. (B), 10. (A)



PARVATHY R  
(I MSW)



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