AMRITA UDAAN

UDAAN
U
A LEAP FORWARD

"Those that have an attitude of service towards others are the beauty of society."
- Mata Amritanandamayi Devi

Admissions Open 2020
Integrated MSW

Students Coursera Feedback

Socialwork Profession For Persons With Disabilities [PWD]

Dealing with Learning Disability

Department of Social Work, Coimbatore Campus

Contents

JULY 2020

OUR DEPARTMENT

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Department of Social Work, Coimbatore

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Department of Social Work, Coimbatore

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Department of Social Work, Coimbatore

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M KALYANI RADHAKRISHNAN
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II MSW

SHUTTERBUG CREDITS
RAGHAVADITYA Y
II MSW

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HARIKRISHNAN MG
II MSW

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II MSW

✓ CURRENT AFFAIRS

JUNE 2020

Former Maharashtra CM Shivajirao Patil Nilangekar passed away at 89.
Former Maharashtra Chief Minister Shivajirao Patil Nilangekar passed away on August 5, 2020 due to prolonged illness. He was 89. Shivajirao Patil Nilangekar had served as the Chief Minister of Maharashtra between 1985 and 1986. He had been admitted to a private hospital in Pune on July 16, a day after he tested positive. Nilangekar was a senior Congress leader, who belonged to Latur in the Marathwada region.

Nobel Laureate John Hume passed away
Nobel Peace Prize winner Laureate John Hume passed away on August 3, 2020 following a long period of illness. He was a prominent Northern Ireland politician. The 83-year-old was one of the highest-profile politicians in Northern Ireland for more than 30 years. He was one of the founders of Northern Ireland's Social Democratic and Labour Party (SDLP) in 1970. He led the party from 1979 until 2001. Hume was awarded the Nobel Peace Prize after the 1998 peace deal along with the then leader of the Ulster Unionist Party, David Trimble.

US President bars federal agencies from replacing American nationals with foreign workers
United States President Donald Trump has signed an executive order barring federal government agency from displacing American nationals and citizens with foreign workers. The executive order calls for prohibiting American employers from using H-1B workers to displace Americans in outsourcing contracts. Indians are the largest beneficiaries of the H-1B visa programme. The order will pave way for a policy under which Federal agencies will be required to focus on American labour in lucrative Federal contracts, as it will be unfair to replace perfectly qualified Americans with foreign workers.

Massive explosion rocks Lebanon's capital city Beirut, over 100 killed
A massive explosion rocked Lebanon's capital city Beirut on August 4, 2020. According to reports, around 2,750 tonnes of ammonium nitrate stored in a Beirut port warehouse exploded, devastating large parts of the city. Many countries including Australia, Germany, France and blocs including the European Union have extended financial, medical and search and rescue

support to the nation. The United Nations and the World Health Organisation are sending troops and necessary medical supplies. French President Emmanuel Macron is likely to visit Beirut on August 6th.

RBI Launches " Innovation hub" for Financial Inclusion.

CSIR, UBA-IIT Delhi, Vijnana Bharati sign a tripartite MoU to adopt CSIR technologies for rural development

The MoU aims to provide access to CSIR rural technologies for Unnat Bharat Abhiyan (UBA). It is expected that the adoption of CSIR technologies and related knowledge base are in tune with the people's aspirations in furtherance of initiatives such as UBA and VIBHA.UBA is a national program that functions under the Ministry of Human Resource Development (MHRD) envisioning the transformational change in rural development processes by leveraging knowledge institutions to help build the architecture of an inclusive India.The MoU is needed as an adequate structural network is essential for effective implementation of UBA nationwide.

AIM, Bill and Melinda Gates Foundation, and Wadhwani Foundation launched AIM-iCREST

AIM iCREST an Incubator Capabilities enhancement program for a Robust Ecosystem focused on creating high performing Startups. The partnership will provide global expertise and showcase proven best practices to the AIM's incubator network. AIM iCREST has been designed to enable the incubation ecosys-

tem and act as a growth hack for AIM's Atal and Established incubators across the country.Under the initiative, the AIM's incubators are set to be upscaled and provided requisite support to foster the incubation enterprise economy, that will help them to significantly enhance their performance.

ADB approves USD 3 million to India to fight against COVID-19 pandemic

The new grant is a move by ADB to the Government of India in strengthening its COVID-19 response. It also enhances disease surveillance and helps in early detection, contact tracing, and treatment.It will also further supplement other public health measures.ADB approved a $1.5 billion COVID-19 Active Response and Expenditure Support (CARES) programme. The aim is to support India in its immediate pandemic response efforts, including disease containment and prevention, and social protection measures for the poor and economically vulnerable, particularly women and disadvantaged groups.

SNBNCBS develops a No-touch and Painless device for non-invasive screening of bilirubin level in new-borns

S.N. Bose National Centre For Basic Sciences (SNBNCBS), Kolkata,

an autonomous research Institute under the Department of Science and Technology (DST), Government of India has developed "AJO-Neo", a No-touch and Painless device for non-invasive screening of bilirubin level in new-borns. The device is reliable in measuring bilirubin levels in preterm, and term neonates irrespective of gestational or postnatal age, sex, risk factors, feeding behavior, or skin color.

New Education Policy Aims To Retain Country's Talent, Says PM Modi

On the new National Education Policy, Prime Minister Narendra Modi has said that it aims to retain the talent of this country so that they can help the future generations grow.he NEP was approved by the Union Cabinet in a meeting presided by PM Modi on July 29. The policy replaces 34 year old education policy and is aimed at paving the way for transformational reforms in school and higher education systems.

DEEPTHI MENON, II MSW

ACADEMIC BLOCK - II
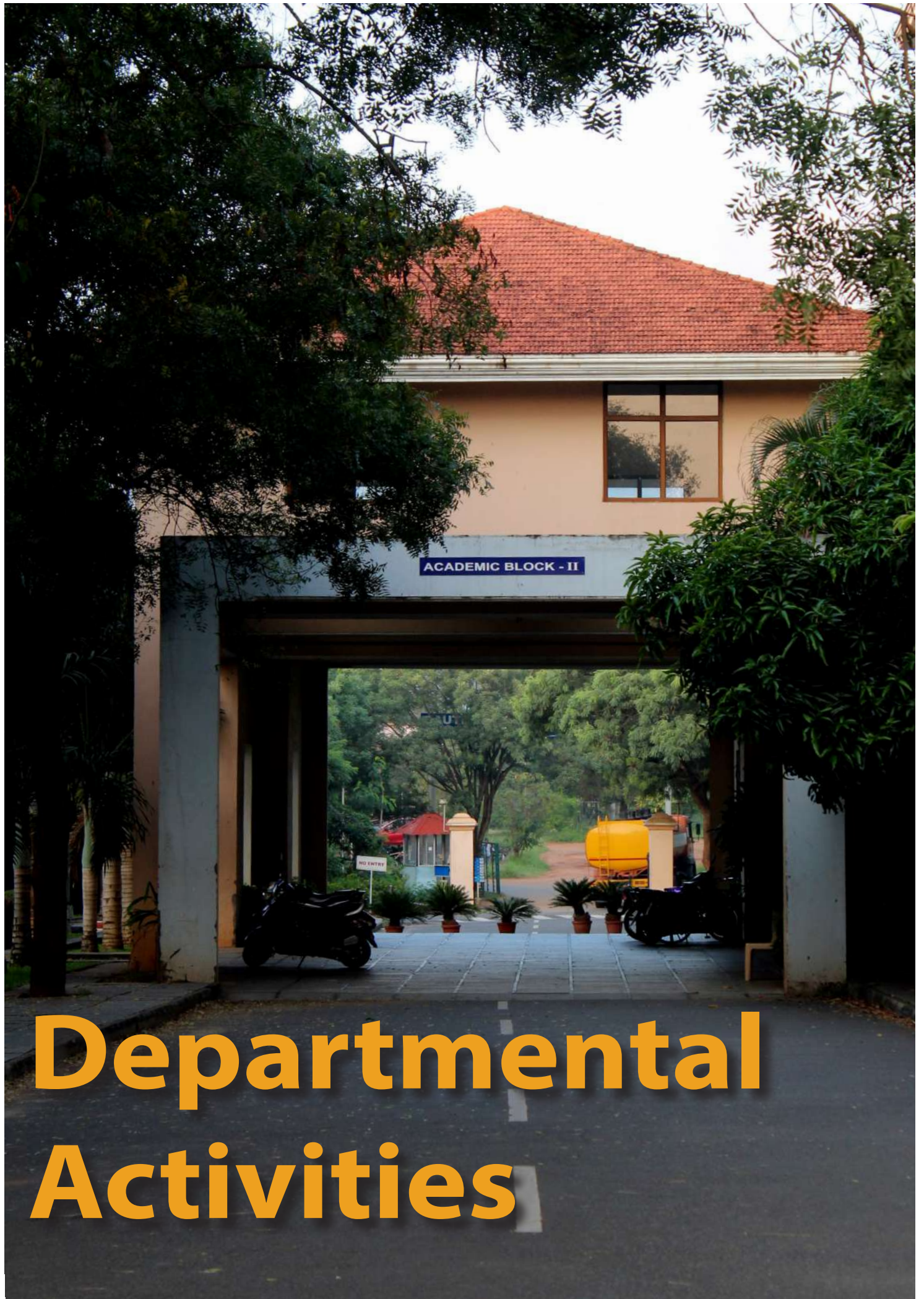
Departmental Activities

"Capacity Building Programme on National Action Plan for Drug Demand Reduction"

Narassima MS
Training Manager
NAPDDR
Department of Social Work
Amrita Vishwa Vidyapeetham

Department of Social Work, Amrita Vishwa Vidyapeetham, Coimbatore conducted a webinar on "Capacity Building Programme on National Action Plan for Drug Demand Reduction" conducted on July 25th, 2020. Target group majorly encompassed social work students, staff and NGOs. Students covered 38% of the participant population while 38% consisted of counsellors, 8% teachers and remaining were from various NGOs. Three resource persons namely Dr. Guru Rajesh Jammy, Mr. Ashok Kumar Mohan, and Dr. L. Ponnuchamy, gave their invaluable presence to share their knowledge.

Webinar kick-off was by Dr. Sasangan Ramanathan, Dean Engineering and Dr. P. Rangasami, Chairperson, Department of Social Work. First session was delivered by Dr. Guru Rajesh Jammy, Associate Research Director, and Assistant Professor, SHARE INDIA – MediCiti Institute ofMedical Sciences, Hyderabad. He covered different types of substances abused and their impacts followed by medical management for people with addiction disorders. The fact that substance use problems lead to addiction and harms oneself and also others (family and society) was unveiled. Participants were exposed to various terminologies related to substances. Some of the predominant drugs and their effects were discussed. This was followed by the medical management session that started with an introduction to clinical assessment. Specific techniques/ procedure employed for clinical assessment were portrayed. Laboratory assessment strategies were discussed subsequently. A detailed lecture on treatment settings was made and it was made clear that most of the treatment settings are outpatient oriented. followed by treatment aimed at promoting abstinence or at least reducing the frequency and severity of relapses, stabilizing acute medical and psychiatric conditions, enhancing motivation for recovery, rendering appropriate treatment for chronic medical and psychiatric conditions, improving occupational functioning, social support and assistance in integrating to society and endorsing maintenance of recovery through structuredtreatment or with the assistance of self-help groups.Apart from these drugs other therapies to treat commonly such as Motivation Enhancement Therapy (MET), relapse prevention counselling, behavioural therapies, group therapies, family therapy, partial hospitalization programs and intensive outpatient pro-

grams, residential treatment, community residential facilities, etc., were quoted. A brief message on Opioids Substitution Therapy (OST) was delivered stating its significance in reducing HIV prevalence among Injecting Drug Users (IDUs) and about establishment of drug de-addiction centers to provide the OST. Strategies of harm reduction were discussed which mentioning the importance to reduce adverse health effects, help drug dependents to reintegrate with society, reduce risk of acquiring HIV through sharing of unsafe equipment, carrying out outreach programs and educating peer groups, drug substitution techniques, etc.

Second session was handled by Mr. Ashok Kumar

Different treatment types and number of responses

Mohan, Research Associate, TIFAC-COREin Cyber Security, Amrita VishwaVidyapeetham. The topics covered in this session included:

[1]   FOMO Driven Social Media Addiction

[2]   Self-Check 2. Self-Check for SMA

[3]   Causes, effects, mitigation and future of SMA

Various dimensions of addiction related to internet technologies, social media and associated crimes and fraudulent were discussed in this session. In the present scenario, people of almost all age groups are highly addicted to and dependent on electronic gadgets for their routine. Especially, social media and mobile phones are being used throughout the day intermittently for several utilities. This has created addiction around the globe to such an extent that people can hardly imagine a day without electronics and communication. Real-life case studies pertaining to social media

misuse and their consequences were discussed. There are a lot of associated problems to social media addiction. Social media allows users to openly share their feelings, values, and thoughts. This digital world provides a communication dialog into emotions. Social media also contributes to discrimination and cyberbullying. This leads to a phenomenon termed as FOMO. No established treatments exist, but from research from the related entity of Internet addiction disorder, treatments have been considered, with further research needed. It is associated with mental health symptoms, such as anxiety and depression, in children and young people. Frequent social media use was shown in a cohort study in 15 and 16-year-olds to have a modest association with self-reported symptoms of attention deficit hyperactivity disorder followed up over two years. One of the best ways to break an addiction to social media is to set boundaries and reduce screen-time; however, if the addiction is too severe you may require professional help.

Third session was driven by Dr. L. Ponnuchamy, Assistant Professor, Dept. of Psychiatric Social Work, National Institute of Mental, Health and Neuro Sciences(NIMHANS), Hosur Road, Bengaluru. The topics covered were Psychosocial problems, Social Work Interventions and Stress management. Psychosocial problems' lecture comprised of discussions and training on psychosocial problems and management at different levels. The problems were categorized at different levels such as individual level, family level, society level and economic level. Various problems at each level were discussed
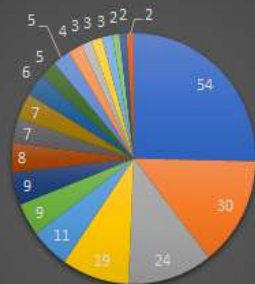
Types of drugs known and the number of respondents
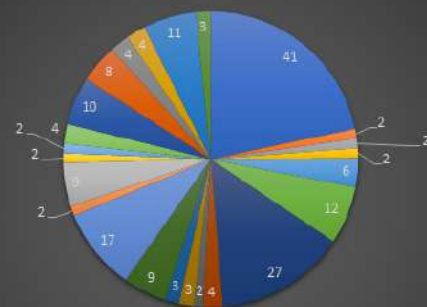
with the participants and inputs were collected from them as well to attain a deeper insight. This was followed by various social work intervention techniques. Group therapy was discussed in detail as it is one of the prominent approaches followed. Commonly formed types of groups such as client groups, family groups, and staff groups were mentioned in brief to the participants. Process flow of group therapy was explained to the participants so as to make the structure clear, which they can implement during their practical sessions. The process trajectory involves sequential steps such as giving a brief, clear introduction about the therapy (answering the questions why it is being held, for whom is it intended to and what are the topics to be discussed). This was followed by the stress management session, which is of high importance considering the higher levels of stress to which people in present generation are exposed. Various factors that lead to stress, symptoms, and treatment methods were discussed.

Govt. of India
Ministry of Social Justice
and Empowerment

Deptartment of
Social Defence Chennai

AMRITA
VISHWA VIDYAPEETHAM
Department of Social Work
Coimbatore Campus

Capacity Building Programme
on National Action Plan for Drug Demand Reduction (NAPDDR)

Organised by:
**Department of Social Work,
Amrita Vishwa Vidyapeetham, Coimbatore
supported by Department of Social Defence,
Govt. of Tamilnadu, Chennai**

Convener

Dr. P. Rangasami
Chairperson
Department of Social Work
Amrita Vishwa Vidyapeetham

Proceeding/ Session

**Date : 25/July/2020
Time : 2:00 PM to 2:30 PM**

Welcome Address : Ms. Namitha Rajeev and Ms.M.Kalyani Radhakrishnan (MSW Students)

Inaugural - Guest of Honor :

Dr. Sasangan Ramanathan
Dean Engineering
Amrita Vishwa Vidyapeetham
Coimbatore – 641112

About Training Programme :

Dr. P. Rangasami
Chairperson

**Programme schedule:
25/July/2020 2:00 PM to 6:00 PM**

No Registration fees
Certificates will be shared through the registered mail ids

Registration link:
https://docs.google.com/forms/d/1nLcgG2DSp8Ld-CJfL7cbqAaP8fgrMRxCT-jnX50FGlrM/edit

"Meeting link will be shared to the registered email ids on July 24, 2020"

Mr. Narassima M. S.
Training Manager,
Phone: +919994425344,
Email: msnarassima@gmail.com

Dr. Guru Rajesh Jammy

Associate Research Director and Assistant Professor, SHARE INDIA – MediCiti Institute of Medical Sciences, Hyderabad.
Topics covered
1. Understanding the Types of Substances and Impact of Use
2. Medical Management for persons with addiction disorders
**25/July/2020
2:30 PM to 3:30 PM**

Mr. Ashok Kumar Mohan

Research Associate, TIFAC-CORE in Cyber Security, Amrita Vishwa Vidyapeetham
Topics covered
Social media and addiction/ overuse
**25/July/2020
3:30 PM to 4:30 PM**

Dr. L. Ponnuchamy

Assistant Professor
Dept. of Psychiatric Social Work
National Institute of Mental Health and Neuro Sciences (NIMHANS)
Hosur Road, Bengaluru
Topics covered
1. Psychosocial problems
2. Social Work Interventions
3. Stress management
**25/July/2020
4:30 PM to 6:00 PM**

Effective Use of Lockdown

"All the II MSW students completed atleast one course from Coursera"

Students Coursera Feedback

As part of the summer internship, we the students from the Department of Social Work, Amrita Vishwa Vidhyapeetham, Ettimadai were instructed to complete an online course from Coursera because of this ongoing pandemic condition. I choose the course on Climate change and water in mountains: A global concern offered by University of Geneva. I am a person who is interested about topics related to climate change and I utilised this opportunity to know more about the above. The mode of evaluation was very efficient and there was also a platform called discussion prompt in which the enrolled candidates can express their views and can also understand the views of other students enrolled for the same course. Classes were taken by qualified lecturers from across the world and thus I got a very good exposure to the topic with the help of different case studies. The course provides information from the base to the advanced terminologies related to climate change. Moreover this course persuade me to think about the role of social Work in the domain of Climate change and its effects on the life of the people.
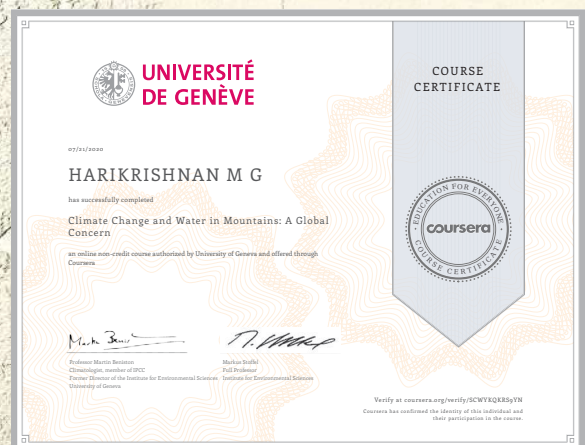
Harikrishnan M G
II MSW

An online course in Coursera platform, when I heard it first I was absolutely in a state of thinking what kind of benefit it can bring into my life or how will I adapt the learning, in case if any, to my practical life etc. I was literally skeptical about the course, but not in a dilemma obviously because it's compulsory. But surprisingly once I enrolled the online course titled "Mind control: Managing your Mental Health during COVID-19" offered by University of Toronto, I amazingly felt that this course would definitely help me personally during this pandemic and going to make myself worthy of keeping my mental health in a perfect way by avoiding unnecessary anxious thoughts and not clouding my mind and brain with all the unwanted information which will later kill my peace of mind. I would like to let you know few of the learnings which will help during this pandemic outbreak in order to manage our mental health; select a way personally, to have relaxation of body and mind, it can be doing yoga, talking to your beloved ones, listening to your calm musics and symphonies etc. Also do not get bothered about the news that shows the negative sides of the outbreak in breaking news sessions instead just have a look and don't be panic about the virus, in case if you are reading, listening or watching the news then after that do listen, watch and read which is entirely a different thing other than news. The course was very informative and useful for me.

The course which I enrolled for learning through Coursera online platform was Psychological First Aid(PFA) offered by John's Hopkins University. The duration of this course was 6 hours. This course gave an description on RAPID model (ie).Rapid listening and Rapport, Assessment, Prioritization, Intervention and Disposition. Psychological First Aid course gave an brief outlook on how to offer effective help to people in traumatic situations by using this RAPID model with suitable simulation videos on each topic. This course helps in understanding that empathy plays an significant role to help the survivor. Also this course helps in recognizing when to facilitate access to further mental health support. Overall the course was very much useful in learning.

Aruna
II MSW

Jerry George
II MSW

The course that I enrolled through the coursera online platform was Psychological First Aid. (PFA) offered by John Hopkins University. Dr. George.S. Everly the professor, center for public health preparedness, Bloomberg school of health and introduced the John Hopkins RAPID psychological first aid programme.Dr. George Everly describes the principles and practices underpinning the psychological model and the course was developed in a period of 5 weeks and it includes the RAPID model, stimulation video and quiz at the end of each module. The course gave an enriching knowledge on the basic components of psychological first aid the RAPID model. It includes Reflective listening and rapport, Assessment, Priotization, intervention, disposition and follow-up.
Psychological first aid (PFA) is an evidence-informed

modular approach to help children, adolescents, adults, and families in the immediate aftermath of a disaster. Individuals effected by a disaster or traumatic incident, whether survivors, witnesses, or respondents to such events, may struggle with or face new challenges following the event. It is designed to mitigate acute distress and assess the need for continued mental health care. It is not a process of diagnostic formulation or a process of therapeutic formulation and intervention and most importantly it is not a therapy.

This course helps to know how to overcome our own stress and to help the people around me. Some times a conversation with someone can make us feel better because we are pour out our problem and empathy place a major role that everyone is needed. The key note of this course is "the best way to care for others is to take care of yourself" While the client narrating the story understand his/her reactions to the event and make sure don't make interfere while narrating and don't rush to a solution. From the disaster all the people are not effected as the same and some people need more time to recover from it and some take less time for recovery because their emotions to that particular event is not same based on that support is given. This course makes me realize understanding others that plays significant role for that empathy is important, through that only only we can help some in need.

Swetha P
II MSW

As a beginner to an online platform of learning, i did had thoughts about how it works but as the application is so much user friendly it made me do my work in there with ease. The course was informative and its application mode of learnings helped me in understanding the subject well. And lastly it gave us an oppurtunity to complete a course from a foreign university which is exciting to think off.

Harikrishnana S
II MSW

Coursera is a world-wide online learning platform founded in 2012 by Stanford computer science Professors.That offers massive open online courses (MOOC), specializations, degrees, professional and master track courses.Coursera works with universities and other organizations to offer online courses, certifications, and degrees in a variety of subjects, such as engineering, data science, machine learning, mathematics, business, computer science, digital marketing, humanities, medicine, biology, social sciences, and others. The lockdown period helped me to explore the knowledge world of coursera and I attended around three courses from universities around the globe by sitting in my room. It is a wonderful platform for students to acquire an extra degree and new skills without stepping into a campus. Many students like me had a dream to study in a foreign university but the financial status won't allow us for such or else you should need a scholarship, but through coursera that dream of mine is accomplished and I got a chance to attend classes from eminent Professors from Well-known universities. I am sure that the time I invested for Coursera is worthy for me in my future. It will surely add advantages for my career and the certificates will enhance the quality of my Resume. Now a days the world lives in online play school students to PhD scholars are attending their classes on their gadgets only, so I think that doing some additional courses in online platforms other than your reg-

ular classes will be very much enrich your knowledge. Eventhough the classes are recorded it wont feel bored and the quiz at the end of the day or each class will help us to rate ourselves on our concentration and attention towards what we were doing. For me the Coursera courses were a huge benefit and I consider the time I spent in doing Coursera courses as most quality time I spent in this Lock down.

Namitha Rajeev
II MSW

As part of the curriculum program the student need to undergo for the summer internship. But due to this COVID-19 pandemic, the department planned to carry out an alternate option. That is to complete one course from Coursera online platform. So as part of these guidelines the course which I choose was the Psychological First Aid offered by Johns Hopkins University. Psychological First Aid course program provided a very different exposure to the student. Many unfamiliar concepts such as surge capacity, triage, etc. was got to know more through this course program. Surge capacity improvement is the most important factor that is to be concentrated and thus building up community resilience is a very important objective that is been put forward. RAPID PFA model developed by Johns Hopkins University provided a different approach for the learners to look into the situation. PFA is not a therapy or a process of diagnostic formulation. It is a program designed specifically for Public Health Personnel, Educators, and Emergency Responders as well as disaster workers. Henceforth it was very effective in getting to know more about a different model like RAPID PFA model and thus how to apply the concepts during an acute distress condition.

Aiswarya T
II MSW

Coursera is a MOOC (Massive Open Online Courses) platform. It offers immense online courses related to develop one's education and career prospects. Various top universities across the world impart the knowledge in the form of courses through coursera, thus giving us access to world class educational providers.

COVID-19 has disturbed our normal social life and the traditional learning and development opportunities were limited because of closure of educational institutions across the world. Keeping in view to continue the students development, Amrita University has taken an initiative to collaborate with Coursera online learning platform and thus given access to its students to wide varied courses at free of cost.

Though e-learning was new to me, but considering the present pandemic, the courses have helped me immensely in gaining knowledge by enrolling in courses offered by world class universities. Overall it was an excellent learning experience which allowed me to learn new things from relevant courses.

Bhanoori Vasu
II MSW

S. No	NAME	ROLL NO	COURSERA COURSE TITLE	UNIVERSITY OFFERED
1	CB.SW.P2MSW19001	AATHIRA T	PSYCHOLOGICAL FIRST AID	JOHNS HOPKINS UNIVERSITY
2	CB.SW.P2MSW19002	ABHIRAMI A S	PSYCHOLOGICAL FIRST AID	JOHNS HOPKINS UNIVERSITY
3	CB.SW.P2MSW19003	AISWARYA.T	PSYCHOLOGICAL FIRST AID	JOHNS HOPKINS UNIVERSITY
4	CB.SW.P2MSW19004	AJOY GILBERT	PSYCHOLOGICAL FIRST AID - JOHN HOPKINS UNIVERSITY	JOHNS HOPKINS UNIVERSITY
5	CB.SW.P2MSW19005	ANAGHA S KUMAR	PSYCHOLOGICAL FIRST AID BY JOHN HOPKINS UNIVERSITY	JOHN HOPKINS UNIVERSITY
6	CB.SW.P2MSW19006	ARATHY PRASAD	PSYCHOLOGICAL FIRST AID	JOHN HOPKINS UNIVERSITY
7	CB.SW.P2MSW19007	ARUN JS	COMMUNITY ORGANIZING FOR SOCIAL JUSTICE	UNIVERSITY OF MICHIGAN
8	CB.SW.P2MSW19008	ARUNA.P.K	PSYCHOLOGICAL FIRST AID	JOHNS HOPKINS UNIVERSITY
9	CB.SW.P2MSW19009	ATHIRA E A	PSYCHOLOGICAL FIRST AID	JOHN HOPKINS UNIVERSITY
10	CB.SW.P2MSW19010	ATHULLYA SEBASTIAN	MIND CONTROL: MANAGING YOUR MENTAL HEALTH DURING COVID-19	UNIVERSITY OF TORONTO
11	CB.SW.P2MSW19011	BHANOORI VASU	COMMUNITY ORGANIZING FOR SOCIAL JUSTICE	UNIVERSITY OF MICHIGAN
12	CB.SW.P2MSW19012	DEEPTHI MENON	COVID-19 CONTACT TRACING	JOHN HOPKINS UNIVERSITY
13	CB.SW.P2MSW19013	M. DEVI MEENAKSHI	CHILDREN'S HUMAN RIGHTS - AN INTERDISCIPLINARY INTRODUCTION	UNIVERSITY OF GENEVA
14	CB.SW.P2MSW19014	EMIN ELSA MATHEW	PSYCHOLOGICAL FIRST AID	JOHN'S HOPKINS UNIVERSITY
15	CB.SW.P2MSW19015	HARI KRISHNAN.S	COVID-19 CONTACT TRACING	JOHNS HOPKINS UNIVERSITY
16	CB.SW.P2MSW19016	HARIKRISHNAN M G	CLIMATE CHANGE AND WATER IN MOUNTAINS: A GLOBAL CONCERN	UNIVERSITY OF GENEVA
17	CB.SW.P2MSW19017	HARSHA R NAIR	MIND CONTROL: MANAGING YOUR MENTAL HEALTH DURING COVID-19	UNIVERSITY OF TORONTO
18	CB.SW.P2MSW19018	JERRY GEORGE	MIND CONTROL-MANAGING YOUR MENTAL HEALTH DURING COVID 19	UNIVERSITY OF TORONTO
19	CB.SW.P2MSW19019	KANNAN M	PSYCHOLOGICAL FIRST AID	JOHNS HOPKINS UNIVERSITY
20	CB.SW.P2MSW19020	KRISHNA UNNI	COVID-19 CONTACT TRACING	JOHNS HOPKINS UNIVERSITY
21	CB.SW.P2MSW19021	M. KALYANI RADHAKRISHNAN	THE SUSTAINABLE DEVELOPMENT GOALS – A GLOBAL, TRANSDISCIPLINARY VISION FOR THE FUTURE.	UNIVERSITY OF COPENHAGEN
22	CB.SW.P2MSW19022	NAFEESATHUL MISRIYA	PSYCHOLOGICAL FIRST AID (PFA)	UNIVERSITY OF COPENHAGEN
23	CB.SW.P2MSW19023	NAMITHA RAJEEV	MIND CONTROL: MANAGING YOUR MENTAL HEALTH DURING COVID-19	JOHNS HOPKINS UNIVERSITY
24	CB.SW.P2MSW19024	C. NANDHAA	PSYCHOLOGICAL FIRST AID	UNIVERSITY OF TORONTO
25	CB.SW.P2MSW19025	NIKHITHA PRASANTH K.P	PSYCHOLOGICAL FIRST AID	JOHNS HOPKINS UNIVERSITY
26	CB.SW.P2MSW19026	RAGHAV SENTHIL	THE SUSTAINABLE DEVELOPMENT GOALS "GLOBAL,TRANSDISCIPLINARY VISION FOR THE FUTURE"	UNIVERSITY OF COPENHAGEN
27	CB.SW.P2MSW19027	RENJIMA.R	THE SUSTAINABLE DEVELOPMENT GOALS – A GLOBAL, TRANSDISCIPLINARY VISION FOR THE FUTURE.	UNIVERSITY OF COPENHAGEN
28	CB.SW.P2MSW19028	SEETHA LAKSHMI. A. P	PSYCHOLOGICAL FIRST AID, JOHNS HOPKINS UNIVERSITY	JOHNS HOPKINGS UNIVERSITY
29	CB.SW.P2MSW19029	SIDDHARTH P	COVID-19 CONTACT TRACING	JOHN HOPKINS UNIVERSITY
30	CB.SW.P2MSW19030	SIDDHARTH SANTHOSH	PSYCHOLOGICAL FIRST AID BY JOHN HOPKINS UNIVERSITY	JOHN HOPKINS UNIVERSITY
31	CB.SW.P2MSW19031	SRUTHI K	PSYCHOLOGICAL FIRST AID	JOHN HOPKINS UNIVERSITY
32	CB.SW.P2MSW19032	SWETHA.P	PSYCHOLOGICAL FIRST AID	JOHNS HOPKINS UNIVERSITY
33	CB.SW.P2MSW19033	RAGHAVADITYA Y.	COVID-19 CONTACT TRACING	JOHNS HOPKINS UNIVERSITY

FACULTY CORNER

National Institute of Disaster Management -International Training Program on Crisis and disaster Management.

NIDM is a premier institute for training and capacity development programs for managing natural disasters in India, on a national as well as regional basis. So as part of this an online International Training Program on Crisis and Disaster Management was organized by the National Institute of Disaster Management (Ministry of Home Affairs, Government of India) in collaboration with the Department of Social Work (Aided), Madras Christian College , Chennai , Tamil Nadu from 9th of July 2020 to 11th of July 2020. The faculties from Amrita Vishwa Vidyapeetham Uma Maheswari K (Asst Professor, Department of Social Work, and Coimbatore) and V.S. Varunanvelu (Faculty Associate, Department of Social Work, Coimbatore) they got an opportunity to be a part of this training program and attended three days International Training Program on Crisis and Disaster Management from 9th of July to 11th of July 2020. The certificate which the faculties received on International Training Program on crisis and Disaster Management is also shared up here.

Webinar by Mr. Ashwin Mathew

Mr. Ashwin Mathew , Ph.D Scholar
Amrita Vishwa Vidyapeetham ,Coimbatore

Dealing with Learning Disability

Ashwin Mathew, PhD. Scholar
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https://youtu.be/Hi1UviVErPE

Learning disabilities or disorders are the umbrella term for a number of learning problems. Learning disability is not a problem with intelligence or motivation. The most common learning disabilities involve problems with reading, writing, and maths, listening and speaking.. Studies suggest that children underperforming in studies either have visual, auditory or learning disabilities. The visual or auditory disabilities have no relation to learning disabilities.

The key aspect in dealing with learning disabilities is to identify them early and get timely help. Scientifically learning disabilities can be identified as early as from 3rd grade. To identify if the child has learning disability or not, the learning disability assessment must be done by a trained psychologist, special educator or psychiatrist. Once identified with learning disability, the child must be guided by a special educator. The children with learning disability can lead normal lives and excel in their careers if they are given correct training at early age. Many famous personalities like Walt Disney, Leonardo da Vinci, Albert Einstein, Carls Darvin, and Agatha Christie had dyslexia and were extremely successful. The CBE syllabus does provide half an hour extra time and exemption to spelling mistakes to students with learning disabilities for which the students must be examined by a government psychiatrist and the report must be given to the CBSE through the school.

The author of this article has gone through the struggle of dyslexia the inability to read and write in school the stress and the psychosocial trauma that the students face is tremendous they are being scolded for mistakes that they make due to their inabilities which is often understood as laziness or foolishness which is not the case. Once they receive formal training they would be taught the common mistakes that they make and they'll be able to overcome it. Learning disabilities are not curable but the children can learn to excel with the disabilities like the people with lifestyle diseases live comfortably the only thing is they need to make some changes in their life. The students with learning disabilities can be identified by a psychologist or a special educator and can be mentored to excel in their own professional and personal lives. Our duty is to identify such kids early and to get them help so that they bloom.

A TALK WITH ALUMNI

1. Name : K.R.Archana Lakshmi
2. Roll Number : P2MSW16010
3. Batch : 2016 - 2018
4. Mobile number : 9715413331
5. Present organization
   details : University of British Columbia, Canada.
   (Graduate Student)
6. Job title : Graduate student persuing Masters in
   Public Policy and GlobalAffairs

7. How was your life at Amrita?
It was really very useful since infrastructure of the institution was very good which helped us out in acquiring more knowledge.

8. What are the key skills that you learned at Amrita helped your career?
Research and documenting skills.

9. How is the current scope of Social Work?
In the recent days the scope for Social Work has highly increased as we the mankind are dealing with n number of issues due to the pandemic such as those related to mental & physical health, livelihood and so on.

10. What message you would like to give for the current MSW students?
Develop your writing and data analytical skills since every international organization such as UN gives first priority to those. Likewise work a lot upon your linkedin profile as it might help you to network easily.

11. What are your key responsibilities in the present job?
As a grad student of a world class institution my key responsibilities are to do a better research, present quality assignments with proper citations and to bring in global news and make discussions at the classroom level.

12. Who is/are your inspiration?
My ex- graduate program director at UBC Shashidharan Enarth who himself is a policy maker and a social activist. As well as Professor V. Priya working in Department of Social Work at Amrita Vishwa Vidyapeetham.

13. Any other thing you would like to share?
I suggest that there should be a separate course for statistical analysis provided through MSW program since many employers at the global level are expecting for those.

ALUMNI CORNER

SOCIALWORK PROFESSION FOR PERSONS WITH DISABILITIES [PWD]

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INTRODUCTION:

The Global definition of Social Work Profession states that , "Social work is a practice-based profession and an academic discipline that promotes social change and development, social cohesion, and the empowerment and liberation of people. Principles of social justice, human rights, collective responsibility and respect for diversities are central to social work. Underpinned by theories of social work, social sciences, humanities and indigenous knowledge, social work engages people and structures to address life challenges and enhance wellbeing." [IFSW &IASSW , 2014][1]

This definition is amplified with all the areas of social work and it goes more close in the area of disability. The social work profession helps to meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. A historic and defining feature of social work is the profession's focus on individual well-being in a social context and the well-being of society. [2] Working with the persons with disabilities can be an extremely worthwhile area of work which involves supporting Persons With Disabilities[PWD] to lead fuller, more independent lives, taking up education and employment opportunities and contributing to their communities. People who have mental or physical disabilities often face a unique set of challenges in their everyday life. The challenges individuals with disabilities face largely depends on their specific impairments as well as their severity.

DISABILITY:

The World Health Organization (WHO) Defines Disability As:

"Disabilities is an umbrella term, covering impairments, activity limitations, and participation restrictions. An impairment is a problem in body function or structure; an activity limitation is a difficulty encountered by an individual in executing a task or action; while a participation restriction is a problem experienced by an individual in involvement in life situations".[WHO] Thus disability is a complex phenomenon, reflecting an interaction between features of a person's body and features of the society in which he or she lives.[3]

The United Nations Conventions on the Rights of Persons with Disabilities defines disability differently. It says:

"Disability results from the interaction between persons with impairments and attitudinal and environmental barriers that hinders their full and effective participation in society on an equal basis with

others".[UNCRC]

Here comes the role of professional social workers to remove such barriers and to ensure equal and effective participation of the persons with disability in the society .

The internationally accepted nomenclature for the person with disabled condition is "Person with disabilities" (PWD), with emphasis on Person (a typical social work practice term) includes all disabilities, physical and intellectual. All other names such as handicapped, physically challenged, differently abled do not emphasize Person and therefore are not of significance.

"As per Census 2011, in India, out of the total population of 121 crore , about 2.68 Cr persons are 'Disabled' (2.21% of the total population). Among them , 1.5 crore are males and 1.18 crore are females . Majority (69%) of the disabled population are residing in rural areas"[4] This data is as per 2011 census only and as years are passing nearly a decade the disability population in India may also be high in number.

The conceptual study had been done to critically analyse the relevance of social work profession with models of disability and to categorize the different roles of social workers for working with Persons With Disabilities.

OBJECTIVES OF THE STUDY:

• To bring out the importance of social work profession for working with Persons With Disabilities.
• To know the relevance of social work profession with the models of disabilities.
• To understand the different roles of social workers for Persons With Disabilities.

Relevance of Social Work with the Models of disability:

Paradigm Shift

Over the past five decades, there has been a paradigm shift both in perceptions and management of disabilities. While the perception has changed from the sympathy/charity model to empathy/opportunity model to full participation to equal rights model, the management of pwd also has shifted from hospital – "medical management" model to "social and comprehensive inclusion" model. This is an area where Professional Social Worker has a major intervention role to play. [5]

EXPERT OR PROFESSIONAL MODEL OF DISABILITY:[6]

The Expert or Professional Model Of Disability has a relevance with social work where the social work professionals roles are in the peak of the need. In this model the social workers follows the process of identifying the impairment and the limitations of the Persons With Disabilities [PWD] through their medical history and takes necessary actions for improving the living position of the PWD. In this model the professionals works with their passive clients for making them active person in the society apart from their disability.

EMPOWERING MODEL OF DISABILITY:[6]

Next model is the empowering model of disability. The empowering model of disability allows for the person with a disability and his/her family to decide the course of their treatment and what services they wish to benefit from. This, in turn, turns the professional into a service provider whose role is to offer guidance and carry out the client's decisions. In other words, this model "empowers" the individual to pursue his/her own goals.

By this model the social work professional works for the Persons With Disabilities for their empowerment which goes with objectives of social work as " Helping People To Help Themselves".

For both these models all the primary and secondary methods of social work such as case work, group work, community organization, social welfare administration, social work action and social research can be applied.

ROLES OF SOCIAL WORKERS FORH PERSONS WITH DISABILITIES:

REHABILITATION SETTING-

• PSYCHOSOCIAL SUPPORT:

An article written by Heather Morrison on February 5, 2020 — in Health news named "When a Physical disability keeps you from getting mental health help "states that "Depression and suicidal ideation are more likely among people with disabilities due to factors like abuse, isolation, and stressors related to poverty,."[7]

Social workers are highly trained professionals working for enhancing the quality of life and

well being of the disable people. Social workers have extensive knowledge on Human behaviour and development. problems in their daily lives . Clinical social workers diagnose and treat mental health conditions. They assist with providing psychological support to the physically disabled people in treating with depression, anxiety and other forms of mental illness. They also act in the time of crisis. With the counselling and therapeutic approach , the social workers can protect the lives of disabled people by making them to understand their life reality.

Thus on providing psychological support through psychosocial intervention the social workers have key role for working with Persons With Disabilities.

Social workers are the only members of rehabilitation teams who have the knowledge and responsibility to focus on the social life and needs of the disabled people. Hereby the social workers looks for the social independence and self - determination of the disabled people.

EMPOWERMENT SETTING-

• EDUCATIONAL SUPPORT:
School Social Workers are trained mental health professionals who can assist with mental health concerns, behavioral concerns, positive behavioral support, academic, and classroom support, consultation with teachers, parents, and administrators as well as provide individual and group counseling/therapy. School social workers are instrumental in furthering the mission of the schools which is to provide a inclusive setting for teaching, learning, and for the attainment of inclusive environment .
With school social workers inclusive education can be achieved to the fullest where they work for students development in all the aspects.

•EMPLOYMENT SUPPORT:
P. Srivastava [2015] done the study on Disability- Its Issues and Challenges . The study states that , in India mainstreaming of Persons With Disabilities [PWD] is a challenging issue. For achieving this task it's necessary to change public attitudes, remove social stigma, provide barrier free environment. Here comes the need for reformation in the area of policy for planning , implementing and monitoring the statutory regulations of PWD at Government, public and institutional level.[8]

Principles stated to be implemented for empowerment of persons with disabilities (PWD) are respect for the inherent dignity, individual autonomy including the freedom to make one's own choices, and independence of persons.The principle reflects a paradigm shift in thinking about disability from a social welfare concern to a human rights issue.[9]

Social workers as a catalyst can be as change makers in the society by working at social welfare administration level too.

SUGGESTIONS AND IMPLICATIONS:
Social work is the practice based dynamic profession which works in all the fields of the society. Here , social work profession for Persons With Disability [PWD] have greater scope to work with, where the social workers work for achieving humanitarian goals. Working with vulnerable community is a path breaking role which ensures the worthy living of the Persons With Disabilities.

The people with disabilities and handicap have the same needs as others. ... Social worker utilizes a variety of skills, techniques and activities consistent with a holistic focus on disabled individuals and their environment.

The social workers as a trained and skilled professionals have to be in all the roles as mentioned and work for Persons With Disabilities thereby , it virtually remove the PWD from vulnerable category and enable them also to sustain in this normal society. It will not make any difference between Person With Disabilities and with Persons Without Disabilities.
In rehabilitation setting , the role of social workers is case manager where they work for the overall development of the Persons With Disabilities.

By providing psychosocial support , the social workers strengthens the will power and confidence for PWD and making them to feel happy for their meaningful life. The social workers have to understand the importance of this role and need to provide their psychosocial support as and when required , because the need for this support goes in silence with Persons With Disabilities. Social workers as counsellors provides psychosocial support to PWD .
In Empowerment setting social workers as facilitators bridge the existing gap and support PWD to

make use of all available resources.

In the educational support , school social workers as a advocate they have to create an inclusive society and to provide with all PWD an inclusive education as it renders the path for removing the discrimination of PWD at early stage itself . Moreover , inclusive education provides an holistic development for the Students With Disabilities which reduces their differences and from becoming vulnerable in the society.

As an educator, organizer , mediator the social workers provides employment support to the Persons With Disabilities .

Social work profession is boom to the Persons With Disabilities which will give them the new world of happiness only if all the roles of social workers are really met with PWD. Even if they are disabled the social workers have the capacity and skill to make them abled with all their supports as making them an independent abled persons out of their disabilities.

Still more social workers should come forward and work in the area of Persons With Disabilities which is in the peak of the need in today's synario. Only by the social workers the darkened life of PWD can be brought to brighter side by making their life fulfilled and meaningful.

CONCLUSION:

Thus this paper conceptualises the role of social workers for the Persons With Disabilities. It discusses the importance of social work profession in the area of disability and the relevance of models of disabilities with social work profession. The role of social workers are categorized on the basis of psychosocial support,rehabilitation support, empowerment support, educational support and employment support. All the aspects of roles of social workers and disabilities are met in this study .With the analysis of this study it clearly highlights the various roles of social workers and how and when they are to be provided for the Persons With Disabilities. This conceptual paper brings out the importance of social work profession in the field of disability, where further more research can be carried on this area whereby the hidden field of vulnerable society can be lifted up by the hands of SOCIAL WORK PROFESSION.

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STUDENTS CORNER

PERCEPTION = COGNITION = ACCEPTANCE = EXPECTATION
POSITIVE MENTALWELLBEING

Mental Health is very much needed in the present situation. In my point of view it is generally related to the Perception, Cognition, Acceptance and Expectation of a person, his/ her level in the above criteria's determine their wellbeing of "Mind". Naturally you can see people criticizing and avoiding other people's behaviour and attitude, it affects their emotion level, when they are in contact with them in the society, it not only creates, interpersonal problem, but also affects their inner peace, if a person starts to complaint, others attitude, he will find difficult to create a positive bond with them, which affects personal as well as professional life. He/she starts to feel unpleasant situation around them. But if the person starts to accept others as they are, and continue a positive relationship with the other people, he will also feel peace inside and others also will feel a positive approach from him/her. This can improve way of living and improve mental peace.

The mental health issues were mostly because of interpersonal problems, this is because of wrong perception about others and situation, which people face. Take an example, if you and your colleague in work spot were good friends, after work, in evening you are visiting beach, at that time your friend also came to beach with his family, when you said a hai, he/she doesn't respond to you, and went off, in this situation people may have a lot of feelings, such as, whether he is jealous of me because I got appreciation from boss today or he ignores me because, he got best worker award from boss today, and feeling headweight. These were the feeling which a person acquires in a disappointing situation. In this scenario, he/she should see from others perspective, for eg: the colleague came with the family, so he might be discussing his family matters, meanwhile he might not focus at us, hence always, when you are in a environment, try to understand others situation and feelings at that time. If the perception, acceptance and cognition were balanced properly with empathetic attitude, interpersonal issues can be managed in a better way.

The important factor is this expectation, which brings lot of emotional troubles in everyone's life. Expectation from friends, intimate partner, colleagues, relatives and from others in the society, most probably leave you in distress because everyone can't satisfy your needs all the time. A best way to manage is, you need to understand their situation but, it is recommended that if you leave all the expectations from others, definitely you will feel inner peace and the happiness in life. The person, whom you need to show compassion and love is "you", yes. If you start to love yourself and accept whatever you have, and appreciate yourself and feel blessed because of it. You will be satisfied in life when you start to expect nothing from others, show compassion towards others, then automatically your mind will be filled with positivity and it reflects back to you from others also.

The key factors, Perception, Cognition, Acceptance and Expectation were carried out properly by people, they will feel real happiness.

According to Zen, life is so simple and our reason for birth is to enjoy, explore and to experience joy in every second in life. Take everything easy and feel blessed for today's life not expecting tomorrow, especially yesterday's success or loss. Today is the truth, that is life.

Accept everything, love everything, all are God's Gift to us.

Nandhaa C
II MSW

UGC - NET JULY 2018
PAPER II SOLVED (90 to 100)

91. Match List – I and List – II and choose the correct answer from the code given.

List – I
(a) Primary Socialization
(b) Secondary Socialization
(c) Anticipatory Socialization
(d) Re-Socialization

List- II
(i) occurs when one learns the attitudes, values and actions appropriate to individuals as members of a particular culture.
(ii) refers to the processes in which a person rehearses for future positions, occupations and social relationships.
(iii) refers to process of learning what is the appropriate behaviour as a member of a smaller group within the larger society.
(iv) refers to process of discarding former behaviour patterns and reflexes accepting new ones as part of a transition in one's life.
Code:
  (a) (b) (c) (d)
(1) (i) (iv) (iii) (ii)
(2) (i) (iii) (ii) (iv)
(3) (ii) (i) (iv) (iii)
(4) (iii) (ii) (i) (iv)

92. Match List – I and List – II and choose the correct answer from the code given.

List - I (Schemes)
(a) NSFDC
(b) PMMSK
(c) SAUBHAGYA
(d) PMAY

List - II (Focus)
(i) economic improvement of SC
(ii) Rural Housing
(iii) empowerment of Women
(iv) electricity

Code:
  (a) (b) (c) (d)
(1) (ii) (iv) (i) (iii)
(2) (i) (iii) (iv) (ii)
(3) (iv) (ii) (iii) (i)
(4) (iii) (i) (ii) (iv)

93. Match List-I and List-II and choose the correct answer from the code given.

List-I (Theories)
(a) Conflict Theory
(b) Functional Theory
(c) Unilinear evolution Theory
(d) Multilinear evolution Theory

List-II (Proponent)
(i) Auguste Comte
(ii) Gerhard lenski. Jr.
(iii) Talcott Parsons
(iv) Karl Marx
Code:
  (a) (b) (c) (d)
(1) (iv) (iii) (i) (ii)
(2) (iv) (ii) (iii) (i)
(3) (ii) (iii) (iv) (i)
(4) (iv) (i) (ii) (iii)

94. Which among the following pair/s is/are correctly matched?
(a) Bowly
(b) Piaget
(c) Erikson
(d) Bandura
(i) Attachment Theory
(ii) Psycho-social Developmental Theory
(iii) Cognitive Developmental Theory
(iv) Social Learning Theory
Code:
(1) (a) and (b) only
(2) (b) and (c) only
(3) (a) and (d) only
(4) (a), (c) and (d) only

95. Match List-I and List-II and choose the correct answer from the code given.

List-I
(a) Rehabilitation Council of India Act
(b) Persons with Disabilities (Equal Opportunities, Protection of Rights and Full Participation) Act
(c) National Trust for the Welfare of the Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple disabilities Act
(d) National Policy for Persons with Disabilities

List-II
(i) 1995
(ii) 1992
(iii) 2006
(iv) 1999
Code:
   (a) (b) (c) (d)
(1) (ii) (i) (iv) (iii)
(2) (i) (ii) (iii) (iv)
(3) (iii) (iv) (ii) (i)
(4) (iv) (iii) (i) (ii)

Read the passage below and answer questions (96-100) that follow based on your understanding of passage.

Globalization refers to the international integration of all processes associated with economic production, distribution, and consumption. The process has been on-going since the period of the Enlightenment and is most reflected in the market and free trade principles associated with the economic theories and contemporary neoconservative economists.

Increasingly, globalization has spread beyond the marketplace and now seeks to harmonize a great variety of social, political, and military systems. A social work based definition of globalization describes the concept as a process of global integration in which diverse peoples, economies, cultures and political processes are increasingly subjected to international influences. Additionally, it was suggested that globalization indicates the emergence of an inclusive worldwide culture, a global economy, and above all, a shared awareness of the world as a single place.

Certainly, modernization and globalization have shaped the development contours and discourse in countries across the globe. These processes and global interdependence have influenced not only international relations and social, political, and economic environments, but have also hugely affected how we conduct international social work education and practice.

Although modernization and globalization in nations across the globe have had positive effects, it has also created a variety of global social challenges. This is particularly the case for developing countries that are frequently the target of external imposition of development programs, strategies, and change processes. Through modernization, many countries have experienced and continue to experience social change and the potential for self-sufficiency.

With the advent of globalization social problems cannot be effectively dealt with by a single country. Unfortunately, most developing countries are falling outside of the beneficial aura of globalization. Therefore, a collaborative effort that transcends national boundaries should be employed in tackling these global social problems.

96. Globalization is an ongoing process associated with:
(a) Production and distribution of goods and services beyond national boundaries
(b) Free trade principles
(c) Tariff barriers
(d) Non-tariff barriers
Code:
(1) (a) and (b) only
(2) (b) and (c) only
(3) (c) and (d) only
(4) (a), (b) and (d) only

97. A social work based definition of globalization encompasses.
(a) Integration of people
(b) Integration of economics
(c) Preservation of cultures
(d) Preservation of political processes
Code:
(1) (a) and (b) only
(2) (c) and (d) only
(3) (a) and (c) only
(4) (b) and (d) only

98. The ultimate goal of globalization is:
(a) Developing a global economy
(b) Developing a global market
(c) Developing a global culture
(d) Developing a shared awareness of the world
Code:
(1) (a), (b), (c) and (d)
(2) (a), (b) and (c) only
(3) (a) and (b) only
(4) (d) only

99. The primary responsibility of Social Work Education in the context of globalization is:
(a) Understanding global economic environment
(b) Understanding global political scenario
(c) Understanding global social context
(d) Understanding international relations
(e) Aligning with international Social Work Education and Practice
Code:
(1) (a), (b), (c), (d) and (e)
(2) (a), (b), (c) and (d) only
(3) (a), (b) and (c) only
(4) (e) only

100. To benefit most from the globalization by the developing countries, what needed is primarily is:
(1) External Development programs
(2) Strategies and change processes from international agencies
(3) Social, Political and Military support
(4) Collaborative effort transcending national boundaries

Answers
91) 2
92) 2
93) 1
94) 3
95) 1
96) 1
97) 1
98) 4
99) 4
100) 4

Important days in the month of August 2020

01 August	- National Mountain Climbing Day
06 August	- Hiroshima Day
08 August	- Quit India Movement Day
09 August	- Nagasaki Day
	- International Day of the World's Indigenous Peoples
12 August	- International Youth Day
15 August	- Independence Day India
19 August	- World Photography Day
	- World Humanitarian Day
20 August	- Sadbhavna Diwas
20 August	- Indian Akshay Urja Day

HariKrishnan MG
II MSW

A Tribute To Our Frontline Workers
Let's Paint Our Stars
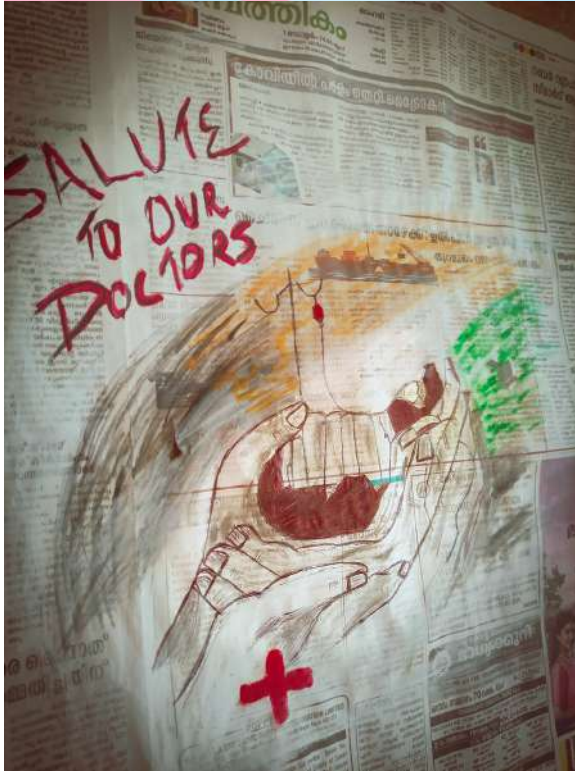
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Hima Varsha
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Jobel Jose
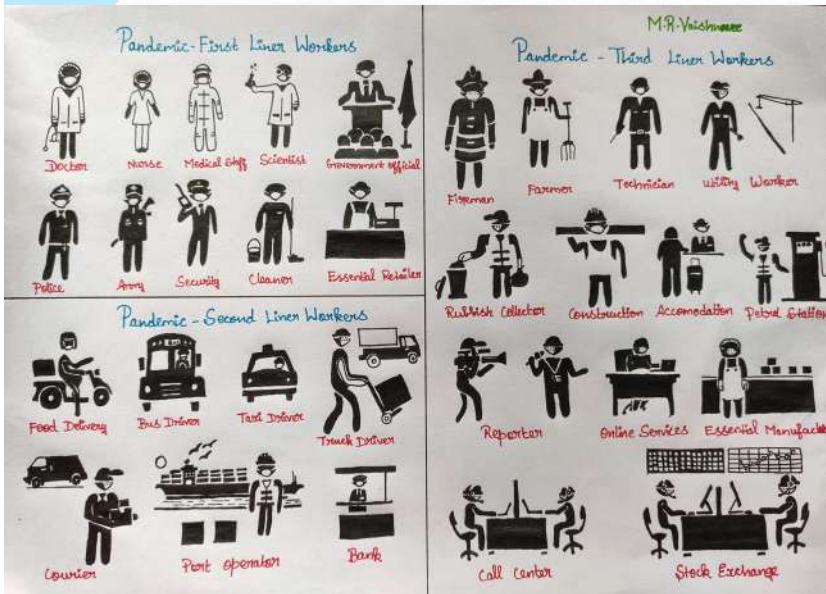
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