

AMRITA UDAAN

A LEAP FORWARD



MONTHLY NEWSLETTER

JANUARY 2020

VOLUME 04

ISSUE 01

The art of adaptability-
The social worker's superpower

MSW 2020
ADMISSIONS OPEN



HOW COLLEGE STUDENTS CAN CHOOSE THE RIGHT INTERNSHIP

Social work students of Amrita Vishwa Vidyapeetham were placed into various organization for completing the 15 days winter internship as part of the academic curriculum

•ALUMNI FEED BACK
•UGC - NET

DEPARTMENTAL ACTIVITIES
STUDENTS ACHIEVEMENTS
IMPORTANT DAYS

Praise for UDAAN from alumni

9

UGC -NET

On behalf of University Grants Commission (UGC), the National Eligibility Test (NET) is conducted for determining the eligibility of Indian nationals for the Eligibility

11

II MSW student Abhijith KU cleared UGC-NET exam in first attempt

CONTENT

January 2020

| | |
|---|-----------|
| The Art of Adaptability – The Social Worker’s Superpower | 4 |
| Departmental Activities | 6 |
| CURRENT AFFAIRS | 8 |
| Upcoming Seminars/ Workshops/ Paper Presentations | 8 |
| UGC - NET Previous Question paper | 9 |
| Students Corner | 10 |
| Upcoming International Days | 13 |

MEET *OUR* TEAM

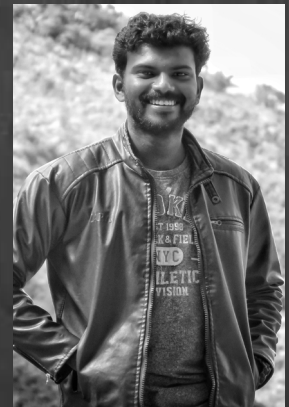
STUDENT CHIEF
EDITOR
DEEPTHI MENON
I MSW



CONTENT
CREATOR
AISHWARYA T
I MSW



DESIGN
ARUN JS
I MSW



FACULTY CHIEF EDITOR
Mr.S. KANAGARAJ
Field coordinator



CONTENT CREATOR
M KALYANI
RADHAKRISHNAN
I MSW



SHUTTERBUG
CREDITS
RAGHAVADITYA Y
I MSW

The Art of Adaptability – The Social Worker's Superpower

Social workers are expected to do a lot. We expect a lot from ourselves. With endless applications of the social work skill set, the field attracts many. As an advisor working with social work graduate students at Columbia University, I pleasantly observe the eager enthusiasm of those embarking on a chosen career of purpose. Yet, not all social workers stick it out for the long haul. It can be a draining occupation, often not rewarded financially. Social workers at times become too familiar with the concepts of vicarious trauma and burnout. Serving a purpose overrides serving ourselves.

On both the macro and micro levels, social workers aim to empower individuals, families, communities, and organizations to sustain and thrive. We creatively find ways to increase access to resources for our clients while teaching them how to navigate complicated systems and maneuver their way through the bumpy trajectory of life. But life can be bumpy for all of us, and empowering ourselves is the only way we can make a real difference for others. What's the secret to surviving in social work?

What's the secret to not only surviving but succeeding in this rich yet demanding field? How do social workers move things forward? We adapt. We reinvent ourselves as necessary. We recreate the situation in a way that better serves us, so we can better serve others. I consider this ability to be a social worker superpower. When we bump into a roadblock, we can see the alternate pathways waiting to be discovered. Whether it's at a current job or an entirely different career direction, social workers have the advantage of plugging their dynamic skill sets into new outlets for a professional recharge.

As I look back on the 20-plus years I've been a social worker, I marvel at the twists and turns I've taken, some chosen, some dealt. Maintaining an open mind to new opportunities that were not an obvious fit has kept things fresh for me. Variety has bred versatility. In a field where we often juggle the curveballs, flexing our adaptability muscles can make all the difference in sustainability.

What does adaptability mean in social work?

Adaptability is about survival. According to Charles Darwin, "It is not the strongest of the species that survives, nor the most intelligent; it is the one most adaptable to change." Adaptability involves cognitive, emotional, and physical adjustment. It may be considered one of the most basic instincts we have, yet we often find ourselves stuck in professional patterns that work against us. Our environment and our situations send us signals constantly. If we pay attention, we can respond in a way that welcomes change rather than resists it. Understanding this for ourselves as social workers and for our clients is what gives us an edge in staying in the game.

What does adaptability look like in social work?

Resilience – To adapt means to bounce back and then forward. It's like a rubber ball that keeps finding its momentum to launch itself into a new space. A graduate school professor offered me this advice while I was struggling to find my first full-time social work job – "Take a job that you can imagine staying in at least one year. It will give you enough momentum to move on to an even better thing." Each of our experiences make us more ready for whatever may be next. **Stamina** – The field of social work is rewarding, fulfilling, and challenging, but at times may steal our bounce. It's up to us to be proactive in finding the resources that can bring us back to life when needed. During one of my early jobs, one of the directors observed that the workload was draining the staff. She reminded us that we can't be social workers who are hungry and tired. Schedules were reworked to ensure staff got the fuel they needed each day.

Self-direction – As social workers, we intentionally and creatively steer our way out of a maze that has grown around us. We always see a way out, because we don't believe in dead ends. When I started to feel burnt out from overseeing a program that had gone through a whirlwind of change, I explored other opportunities within the organization. I steered myself in that direction by advocating for myself and outlining a transition plan.

Flexibility – We often ask clients to be flexible in their thinking to expand how they may approach situations. Thinking outside the box yields additional possibilities and helps us break repetitive behavioral cycles. It may feel uncomfortable, but loosening our grip on rigid assumptions about what we can or should do can make all the difference in our personal and professional satisfaction.

Self-confidence – Suddenly shifting gears can be scary. If we don't believe that we can land on our feet no matter what happens, who will? This sense of empowerment is a powerful example for our clients. How can you exercise adaptability in your social work career?

Embrace and view change as a fresh opportunity to grow. As clinical social workers, we know the impact of the cognitive lens we look through. When possible, choose to see the change as new territory to explore, rather than a dead end.

Allow for ambiguity to exist, not only tolerating the mixed bag of circumstances, but also welcoming all it can offer. In my experience, one of our main functions as social workers is to help our clients accept and manage ambiguous circumstances and feelings. When we can do this, we can find a way to keep moving rather than staying stuck in the mud waiting for crystal clear perfection.

Invite new and unexpected possibilities by saying "yes" to things outside your comfort zone. When we say "yes," we are opening a door rather than remain-

ing within the four walls we know so well. We always have the option to say "no." However, it is the "yes" that often leads us to expand what we are capable of. Know your triggers and self-manage your reactions. As we progress and mature in our careers, we become more self-aware of what we react to and how. Learning how to manage these reactions within the workplace with both colleagues and clients is a form of emotional intelligence that is very valuable.

Prepare Plan B and C. We know too well that our Plan A won't always pan out. So go ahead and be proactive in having a Plan B and C, and you will feel ready for anything.

Expand your knowledge and learn additional skills. Licensed social workers are required to maintain their continuing education hours, but that shouldn't be the only driver for us to seek out new professional education opportunities. The more tools in our toolbox, the more adept we can be in serving others while also supporting ourselves.

Adaptability is a muscle that requires exercise like any other muscle we want to flex. In the field of social work, the art of adaptability is what can set us apart from the pack, allowing us to become leaders who set an example. If we want to foster sustainability in families, communities, and organizations, we need to have a system of sustainability for ourselves. If we wish to empower our colleagues and teams in meeting the demands of their work while remaining fulfilled, then we need to keep our sense of fulfillment alive. If our aim is to strengthen the resilience and resourcefulness of our clients to live healthier and more satisfying lives, then we need to fuel our own power so we can lift them up and teach them to fly.

Reference: <https://www.socialworker.com/feature-articles/practice/adaptability-social-worker-superpower/>.

Author : Karen M. Carlucci, LCSW, CPC.

MSW ADMISSIONS 2020 OPEN



AMRITA
VISHWA VIDYAPEETHAM
DEEMED TO BE UNIVERSITY

Department of
Social Work

ELIGIBILITY

MSW: Graduation in any discipline from a recognized university

Admission Procedure: Selection is based on academic performance in the qualifying examination and personal interview

Duration: 2 Years

SPECIALIZATIONS OFFERED IN MSW

Child Rights & Child Protection | Community Development |
Physical & Mental Health | Disaster Management

HOW TO APPLY

Apply online www.amrita.edu/msw or visit our Coimbatore campus directly.

FIELDS

Health | Sanitation | Education | Sustainable Development | Juvenile Justice | Family Courts | Family counseling centers | Adoption centers | Child Welfare Services | Organizations Working in Specialized areas of Rural & Tribal Development | Disability | HIV/ AIDS | Disasters | Departments field action projects | Think Tanks & Research agencies

COLLABORATION

- University at Buffalo - New York for Research & Development projects
- Amrita Center for Child Protection in partner with UNICEF - Chennai
- National Commission for Women - New Delhi
- Department of Social Defence - Chennai
- National Commission for Protection of Child Rights (NCPCR)
- Tamil Nadu State Commission for Protection of Child Rights (TNSCPCR)



Ms. Janani Arunagiriraj
2012 Graduate
HCL Foundation - Chennai

CONTACT DETAILS:

Admission Coordinator
Department of Social Work
Amrita Vishwa Vidyapeetham
Amrita Nagar (P.O.), Ettimadai
Coimbatore, Tamil Nadu - 641 112
Tel. No.: 0422-2685851
Mobile No.: 9566643196
7708992270
E-mail: mswadmissions@cb.amrita.edu

Ranked 8th Best

India University NIRF Rankings 2019

100%

Placements

Companies Visit for **Campus Recruitment**

Ranked No. 1

International Faculty as per TIMES
World University and QS Rankings
2019

Students Avail Study

Abroad Program Every
Semester

International Collaborations

for Student Exchange Programmes

DEPARTMENTAL ACTIVITIES

12 January 2020

As part of Mission ODF at Chinnampathy tribal village, the department organised Pongal celebrations on 12th January 2020. the program was organised in association with Vijay's Fans Club, Coimbatore. The club distributed free sanitary kits which included buckets, cleaning brushes and phenoyl. The activities were coordinated by Vignesh R , II MSW. He was also supported by Aravind , II MSW.





CURRENT AFFAIRS -JANUARY 2020

1) Coronavirus in India: Global death toll crosses 630, All Indian evacuees from Wuhan test negative.

The Indian Government announced on February 6, 2020 that all the 645 Indians evacuated from China's Wuhan city have tested negative for the coronavirus infection. The evacuees have been kept in isolation in army camps at Manesar in Gurgaon and ITBP camps in Delhi. India, so far, has three confirmed cases of the virus in Kerala and all the three patients are reported to be stable. No new case has been reported till now.

2) Brexit: Britain formally leaves European Union after 47 years.

The United Kingdom formally left the European Union on January 31, 2020, ending 47 years of membership and marking the beginning of an uncertain future. Britain's exit was celebrated as an independence day by Brexiteers with many toasting to the moment. The United Kingdom has become the first-ever nation to leave the European Union.

3) Budget 2020 Highlights: Government launches Kisan Rail, Krishi Udan; 5 archaeological sites to be developed.

Budget 2020 Highlights:

Agriculture Highlights

- Kisan Rail and Krishi Udan: The initiatives have been launched to facilitate smooth and fast transport of perishable goods to assist the farmers.

- Solar Pumps: The Government will also help 20 lakh farmers to set up standalone solar pumps.

Education Highlights

- Funds: The Government has announced allocation of Rs 99,000 crore for the education sector.

- New Universities: The government will be setting up National Police University and National Forensic University.

IND-SAT test: The government has also proposed

to set up IND-SAT test for foreign students wishing to pursue higher education in India.

Tourism Highlights

- Five archaeological sites will be developed as iconic sites with on-site museums in 5 different states. The sites include- Rakhigarhi in Haryana, Hastinapur in UP, Shivsagar in Assam, Dholavira in Gujarat and Adichanallur in Tamil Nadu.

4) Economic Survey 2020: Key Highlights

Finance Minister Nirmala Sitharaman presented the Economic Survey for the financial year 2020-21 in Parliament. The growth rate is expected to be 6-6.50 percent in this report. The survey report highlights that agriculture and its allied sectors may grow at 2.8% while industries will get 2.5% of growth rate. It was also mentioned in the survey that India.

5) A special Supreme Court bench to frame

issues about gender inequality at religious places. The apex court recently announced that a nine-judge bench will frame issues related to the discrimination against women in different religious places in India. The court will consider issues like restriction on Muslim women to enter into mosques. The court will also hear issues related to female genital mutilation in Dawoodi Bohra Muslim community.

6) Rani Rampal wins 'World Games Athlete of the Year' award

Rani Rampal has become the first hockey player in India to win 'World Games Athlete of the Year' award. She won the title after a 20-day voting process. She got the maximum votes, 1,99,477, to grab the first position. The World Games give away this award every year and it is for the first time when a hockey player got the first prize. Stanislav Horuna of Ukraine won the second prize.

SEMINARS, WORKSHOPS, PAPER PRESENTATIONS

1) Start date: 15th april

End date: 24th april

ICSSR Sponsored National Workshop on Research Methodology in Social Sciences. Sarojini Naidu Centre for Women's Studies, JMI.

Link: <https://www.jmi.ac.in/bulletinboard/event-module/latest>.

2) start date: 17th april, 2020

End date: 18th april, 2020

National Conference on CHANGING PARADIGMS OF SOCIAL WORK ISSUES AND CONCERNS 17th- 18th March, 2020.

Link: <https://www.jmi.ac.in/bulletinboard/event-module/latest>.

3) National Conference on Working Women in Unorganized Sector: Issues and Challenges in Contemporary India.

Last date of abstract submission is on 15th feb ,2020.

link: <https://conferencencw20.wixsite.com/am-commerce/call-for-papers>.

4) National Conference on " Democracy and Citizenship- A social work perspective".

Date: 21, feb 2020.

Venue: Tag auditorium, MSSW.

5) National conference- Co-creating a positive and sustainable urban environment.

Date: 19-20 march, 2020.

Venue: Chennai.

6) AGNEYA- National conference on "Suicide Prevention Among Youth".

Date: March 6, 2020.

Venue: Auditorium, St. Gregorios College of Nursing.

UGC NET – JULY 2018 PAPER II SOLVED (31 to 40)

31. "Criminal Law falls under _____, a theory of justice that considers proportionate punishment morally acceptable response to crime.
- (1) Corrective justice (2) Distributive justice (3) Procedural justice (4) Retributive justice
32. The interview guide will be used during interview by :
- (1) Interviewee (2) Interviewer (3) Different people (4) Both interviewer and interviewee
33. How many disabilities are listed in the Rights of Persons with Disabilities Act, 2016 ?
- (1) 7 (2) 14 (3) 21 (4) 28
34. The 2017 Global Hunger Index (GHI) Report ranked India _____ country out of 118 countries with a serious hunger situation.
- (1) 45th (2) 58th (3) 97th (4) 101st
35. National Policy for Persons with Disability was adopted in India in the year _____.
- (1) 2004 (2) 2006 (3) 2008
36. National Mental Health Policy was adopted in the year : (4) 2010
- (1) 2005 (2) 2010 (3) 2014 (4) 2017
37. According to 2011 census of India, the total Scheduled Caste and Scheduled Tribe population is _____.
- (1) 16.6% and 8.6% respectively (2) 18.5% and 7.6% respectively
- (3) 19.5% and 9.6% respectively (4) 21% and 8% respectively
38. A manager may delegate any of the following except :
- (1) Authority (2) Workload (3) Responsibility
- (4) Attendance at meetings to represent the department
39. The strongest evidence for causality comes from _____ research method.
- (1) Experimental (2) Causal-comparative (3) Correlation (4) Ethnography
40. "The weapons with which the bourgeoisie felled feudalism to the ground are now turned against the bourgeoisie itself" are the words of :
- (1) Engels (2) Arnold J. Toyenbee (3) Zorokin (4) Karl Marx

1-4, 2-2, 3-3, 4-3, 5-2, 6-3, 7-1, 8-3, 9-1, 10-4

One of the best ways to improve your chances of finding employment after graduation is to participate in an internship during your school years. You can gain hands-on experience in your chosen field, significantly increase your networking contacts, and learn how corporate cultures, environments, and structures work. However, it's also important that you put in the effort to find the right internship for you.

1. Your Objective

Before choosing an internship you must determine for yourself what you expect to gain from it. Are you looking for general industry knowledge or are you focusing on a specific skill set? As you determine your objectives, don't be clouded by the allure of working at a major company when experience at a small business might be best for your career. Remember, when it comes to a job interview, your prospective employer is going to be more concerned with what you learned during your internship rather than where you worked. As you begin to investigate different internships, find out what you can expect to gain and make sure that lines up nicely with your own objectives.

2. Paid or Unpaid?

Obviously, a paid internship is in your best interest from a financial standpoint. However, money isn't everything and it's not a good idea to eliminate unpaid positions before you do your research. First of all, there may not be any paid internships available in your field of study. This happens frequently in government and public sector positions. Additionally, prospective employers may look only at how you performed during your internship and they won't care if you received a stipend or not.

With that said, it's always nice to be paid, and in a recent study done by the National Association of Colleges and Employers, close to two-thirds of college graduates who worked at a paid internship eventually received a job offer, compared to slightly more than one-third of those working at unpaid internships. If you do opt for an unpaid internship, find out about office perks. Free lunch on Fridays? What about a transit card? It never hurts to ask.

STUDENTS CORNER

3. Is There Structure Put in Place?

Once you've narrowed down your search to your top company choices, make sure you find out what type of structure is in place for interns. This includes, among other things, a list of learning objectives, expectations, responsibilities, and the evaluation process. You could ask the hiring manager or even reach out to other interns who have had experiences there before. While a smaller company with no intern structure doesn't necessarily provide a bad experience, you want to avoid getting stuck in a dead-end internship where you spend your days running errands. If the company has an official intern program in place, that's a good sign.

4. Big or Small Organization?

Deciding whether to intern at a large company or a smaller company isn't easy – there are pros and cons to both. A big company comes with name brand recognition and may offer you an opportunity to work with more experienced mentors. The work environment at larger companies, however, can be much more compet-

itive, and you may struggle to interact with the higher-level executives within the organization. Choose a small company and you can typically get a feel for how the organization operates overall, and gain more hands-on learning experience as well. You won't benefit, however, from any name brand recognition, and if the company isn't experienced with interns, you may not find much structure.

-Final Thoughts

Take as long as you like to find the right internship, but remember that it's how you perform in the job that counts. Dress professionally, show up on time, and willingly accept any assignment given to you. Consider meeting with your supervisor to set some goals for your experience, and always do your best work. Once your internship is complete, thank your mentors and be sure to remain in touch going forward.

Reference: <https://www.wayup.com/guide/community/college-students-can-choose-right-internship/>



ABHIJITH KU CRACKED UGC-NET IN FIRST ATTEMPT



For cracking the UGC NET Exam, personally i didn't have any specific strategy. I did refer to previous year question papers. But the number of questions I referred to was minimal. But, I strongly feel that is ignorable. Basically, I went to write the exam with a blank mind. Maybe having no pressure helped me to answer questions without confusing too much between the options. The only strategy I adopted was regarding the way I attended the exam. I didn't let myself be stuck with one question for too long and divided time between the two papers in a 1:2 ratio. That is 1 hour for Paper 1 and 2 hours for Paper 2. I always kept that in mind while attending the exam. Paper 1 was tough for me. I got only 26 answers right out of 50. And it took exactly one hour for me to complete it. Paper 2 was comparatively easier than I thought. I completed it within 1.5 hours. Lots of questions came from the portions that I learned over the last 1.5 years. I don't think I would have qualified if I was not in touch with Social Work. A maximum of 10% of the questions were there which, I had no idea. But the rest, I knew something about it. Also, as I had 30 minutes to spare, I went through all the questions once again and I found that I had selected the wrong option for at least 5 questions. If I didn't have that spare time I would have lost 10 marks at the least.

ABHIJITH KU
IInd MSW

FIELD EXPERIENCE

NAME : Himavarsha. M
ROLL No. : CB.SW.P2MSW18023
NAME OF THE ORGANIZATION : RAMKY FOUNDATION
ADDRESS : RAMKY GRANDIOSE,
9TH FLOOR,
RAMKY TOERS COMPLEX,
GACHIBOWLI, HYDERABAD,
TELANGANA 500032.



ACTIVITIES DONE DURING WINTER INTERNSHIP

During the period of internship the social work trainees were involved in various sectors, where the organization is actively working. This organization especially renders its services for the development of communities in order to provide the platform for the individuals for their holistic development.

Trainees got an opportunity to interact with the Rag pickers during the capacity building session that was organized to help the rag pickers to open the bank accounts. Here, the trainees were asked to give awareness to the rag pickers regarding the precautions that should be taken while segregating the waste materials.

Trainees also interacted with the women at the skill development centre which is located in Andhra Pradesh. Through this interaction the trainees were able to develop success stories of the women who are trained as professional tailors under the sector of Women Empowerment

RESEARCH EXPERIENCE

The word research scares the students if they think of the steps involved in it. But, it actually helps the students to develop their skills in many aspects such as, exploring, interacting, finding facts and documenting. Research had helped me to understand the hidden problems faced by the individuals living in the interior parts of the society.

My research revolves around the semi urban communities located in Palakkad, Kerala who took up the initiative of conservation of water through different techniques and also strived to manage the watersheds for availing pure and safe drinking water round the clock. These communities had faced a lot of challenges in consuming safe water especially post the floods. In order to support these communities, an NGO called People's Service Society; Palakkad (PSSP) had come into picture to address the issues related to water.

Through my research I was fortunate to understand the

aspects of a particular NGO and its functions especially in the communities to make them sustainable in the aspect of water resources. For this, PSSP had started forming societies to manage the methods that are been implemented. This could be one great thought to involve the people in the communities to monitor whatever is being implemented.

Initially it was very difficult to interact with the individuals as my mother tongue was Telugu and the study was in Kerala where the language spoken is Malayalam. But I was able to continue my research and complete my data collection with the help of my research guide and one of my friends. Entering into the community made me understand the dynamics of human behaviour and the way the people welcome strangers into their communities.

With this research I was able to understand the importance and role that water occupies in our lives. There are many NGOs' working for providing safe water to the communities but, PSSP made a unique attempt in guiding the individuals in managing conservation techniques which can be seen as sustainable attempt. These methods can also be applicable in urban areas by modifying the town plan in a possible way.

This study had given me the platform to understand the various water resources and also taught me the ways of transforming the "Waterless Communities into Water Wise Communities."

FIELD WORK EXPERIENCE

OPEN SETTING

4th SEMESTER

NAME OF THE VILLAGES: PUDUPATHY & CHINNAMPATHY

FIELD COORDINATORS: Mr. KANAGARAJ

: Mr. SATHISH KUMAR

As part of the field work curriculum the students of Community Development specialization are been placed in 2 different villages in order to get an exposure in the open setting.

The students were been given the task of making the selected villages 100% Open Defecation Free (ODF) during the span of their concurrent field work. Also the trainees are guided by the field coordinators to make the villages 100% hygienic.

This field work has helped me to add new inputs for my existing knowledge regarding the attitudinal behaviour of villagers in the aspect of learning the concept of Open Defecation and understood the infrastructure that should exist while building the washrooms. It was very difficult to interact with the individuals initially as they are not ready to welcome any outsiders to help them in case of transforming the village into 100% hygienic place. Also we faced few challenges as there is a language barrier among our group. But, gradually we were able to communicate with a few women by gathering them in order to conduct some awareness sessions such as screening a few videos which will make the villagers think about the consequences of Open Defecation. This was possible only because of regular home visits made by our team on every field work day. These home visits had revealed many facts about the village and the individuals in various aspects. This field work had also changed my thinking about the living standards of the individuals who live in the interior parts. It is really shocking that even today in the developed state there are places that do not use toilets. They are still bound to superstitions and are unwilling to change their attitude.

But the saddest part here is that, the government had already declared that India is 100% hygienic in the aspect of sanitation. The officials are only bothered about providing the required infrastructure that is toilets to all the households but they are least bothered about the monitoring aspects that is, at present there is no one to check and guide the villagers regarding the health effects of Open Defecation. It was also found that children and women play an important role in transforming the village and the individuals within.

Leena Chandran PhD Scholar received award from Hogi court judge Calicut for her work with transgender people, organised by Punarjani cultural society.



UPCOMING INTERNATIONAL DAYS

- 01 February – Indian Coast Guard Day
- 02 February – World Wetlands Day
- 04 February – World Cancer Day
- 12 February – Darwin Day
- 20 February – World Day of Social Justice
- 21 February – International Mother Language Day
- 24 February – Central Excise Day
- 28 February – National Science Day

INTERNSHIP DETAILS

| Name | Organisation Name | Organisation place |
|-------------------------|---|----------------------|
| SeethaLakshmi.A.P | Childline kannur | kannur, kerala |
| C.Nandhaa | Trust for Rural Reconstruction and Women Activities | cuddlore,Tamilnadu |
| Siddharth Padmanabhan | The Mind Care India | Chennai, Tamil Nadu |
| Nafeesathul Misriya | Kottapuram Integrated Development Society (KIDS) | Thrissur, Kerala |
| Aiswarya T | Kottapuram Integrated Development Society (KIDS) | Thrissur, Kerala |
| Swetha P | Kottapuram Integrated Development Society (KIDS) | Thrissur, Kerala |
| Nikhitha Prasanth K.P | PANTECH Suraksha | Kanhangad, Kerala |
| AATHIRA T | ATMA FOUNDATION | Thrissur, Kerala |
| Raghavaditya Y | WWF - India | Hyderabad |
| M. Devi Meenakshi | VIDIYAL Centre for Social Interaction | Theni, Tamil Nadu |
| Deepthi Menon | Centre for harmonious living | kumbidi, Kerala |
| Abhirami AS | Karunasai Psychopark | Trivandrum, Kerala |
| Harikrishnan M G | Quilon social service society | kollam, kerala |
| Siddharth Santhosh | Quilon Social Service Society | kollam, kerala |
| Ajoy Gilbert | Quilon Social Service Society | kollam, kerala |
| Kannan M | Solai special school | Dindigul,Tamilnadu |
| Jerry George | OISCA International | Kozhikode, Kerala |
| Hari Krishnan. S | Oisca International | Kozhikode, Kerala |
| M Kalyani Radhakrishnan | Human Rights Law Network | Kochi, Kerala 682018 |
| Harsha R Nair | Human Rights Law Network | Kochi, Kerala 682019 |
| KRISHNA UNNI | HUMAN RIGHTS LAW NETWORK. | Kochi, Kerala 682020 |
| ATHIRA E A | SOS Children's Village | Aluva Cochin Kerala |
| Arathy Prasad | SOS children's village | Aluva Cochin Kerala |
| Namitha Rajeev | SOS Children's Village | Aluva Cochin Kerala |
| Arun JS | RONALD MCDONALD HOUSE CHARITIES FOUNDATION INDIA | Mumbai,Maharashtra |
| Anagha S Kumar | THANAL NILA SEVA SAMITHI | Thrissur, Kerela |
| Aruna P K | Thanal Nila Seva Samathi | Mayannur, Kerala |
| BHANOORI VASU | Ramky Foundation | Hyderabad, Telangana |
| Sruthi K | AADI(Attapadi Adivasi Development Initiative) | Attapadi, Palakkad |
| Emin Elsa Mathew | AADI(Attappady Adivasi Development Intiative) | attappady, Palakkad |
| Athullya Sebastian | Navadrshana Deaddiction Center | Iduki, Kerala |
| RENJIMA.R | CENTER FOR LIFE SKILL LEARNING | Nemmara,Palakkad |
| Raghave s | Universal Elder Care | Coimbatore,TamilNadu |

PRAISE FOR UDAAN FROM ALUMNI

WOW!

Great work is going on! it was really nice to see the updates from the department.

-Nandika Chandra (2009-2011).

This is a great initiative. The newsletter is designed so professionally and very informative and crisp. These students are really creating a difference in how social work will be viewed in the future. Super initiative and i am very proud of my juniors.

-Akshaya Deepa D.(2017-2019)

Happy to see such a great initiative from our department. Wish each and everyone behind this, all the very best.

-Chippy Raj (2016-2018).

It is a very good initiative. Really appreciate the effort of the students to come up with such a good newsletter that connected me to my college life. All the best to the team.

-Monisha Murali (2011-2013).





Contact:

Dept. of Social Work
Amrita Vishwa Vidyapeetham University
Amrita Nagar (P.O)
Coimbatore - 641 112. Tamil Nadu-INDIA
Email: msw@amrita.edu, mswudaan@gmail.com,
Website: www.amrita.edu/msw
Like us at www.facebook.com/mswamrita,
Subscribe at : www.youtube.com/mswamrita

Disclaimer

This newsletter is intended only for informational purposes. It does not constitute legal advice, and should not be construed as such. It is intended only for spreading information about the departmental activities. It is only meant for internal circulation. The views and facts expressed are not necessarily in the view of Amrita Vishwa Vidyapeetham.