

AMRITA UDAAN

A LEAP FORWARD

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View on Citizenship Amendment bill
UGC NET July 2018 Solved
SPECIAL WALKATHON
Workshop in TISS
THEMATIC consultation

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Pure love makes you feel as light as a flower.
You won't feel any heaviness or burden. Ego creates the burden.
-Mata Amritanandamayi

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What Makes Someone a Social Worker?

As a profession, social work is often misunderstood and mischaracterized. Many people think anyone can be a social worker – that professional training is not actually necessary. Don't you simply have to like people and be a good conversationalist?

Not only is a degree in social work required, but, as most experienced social workers would note, there is a well-developed skill set that social workers must acquire, as well. Yes, of course, you do need to be able to interact with a variety of individuals, and yes, you do need to be a good listener, but that isn't nearly enough.

In addition to formal training in social work theory, methods, and techniques, social workers must have compassion and empathy. They don't prejudge or rush to judgment. They aren't interested in placing blame, but, instead, look for solutions. They respect individuality and eschew labeling, and they believe in self-determination and confidentiality. They look broadly at the person's environment. They see possibilities, not barriers, and they find strengths despite obvious weaknesses. They believe in positive change, and they don't quit because a client is not successful at changing negative behavior the first (or the tenth) time. They believe in resilience and they inspire hope. They are strong advocates for their clients, their patients, their agencies, their communities, and social causes. They work for better treatments, more acceptance, increased resources, and a just society.

The list may seem long, but every item is requisite if you are a professional social worker. The belief in these values and their corresponding skill set is so strong that they have all been codified within the profession's Code of Ethics (National Association of Social Workers, 2018):

Service

Social justice

Dignity and worth of the person

Importance of human relationships

Integrity

Competence

Anyone can learn theories, read research, or become proficient in the categories included in the Diagnostic and Statistical Manual. They can be paid to do a certain job, even have a title of "social worker," but that's not enough to make someone a social worker. It takes much more than that. You can't become a social worker by declaration any more than you can declare someone to be a physician or an attorney.

Similarly, other professions cannot simply assimilate the role of social workers in response to a lack of funding or scarce resources. Nurses share some of the components of the social work skill set, but that doesn't make a nurse qualified to be a social worker any more than years of medical social work make a social worker qualified to pass medicines or give injections. Similarly, teachers show great concern for the well being of their students, but that isn't sufficient to call them social workers. Volunteers are essential to help in social and community programs, and most have received some volunteer training. That still doesn't make the person working in a shelter a social worker.

So, the next time someone asks if you need to go to school to be a social worker, don't be defensive. Instead, say, "Yes, you do, but the degree is only the beginning."

Author - **Elizabeth J. Clark, PhD, MSW, MPH.**

An experienced CEO, national leader, author, and speaker. She is the President of the Start Smart Career Center, which helps women navigate nonprofit careers and become leaders. Her previous position of 12 years was CEO of the National Association of Social Workers.

Reference

National Association of Social Workers (NASW). (2018). Code of ethics. Washington, DC: Author. Retrieved from <https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English>.

DEPARTMENTAL ACTIVITIES

30 NOVEMBER 2019

II MSW students organised several activities for children from various children's homes in the Coimbatore district. The event was jointly organised by **Don Bosco Anbu illam at Nirmala College, Coimbatore**, commemorating the **30th Anniversary of the United Nations Convention on the Rights of the Child**.



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As part of 'Mission ODF', I and II MSW students conducted a Participatory Rural Appraisal (PRA) in **Pudupathi and Chinnampathi** villages. The various techniques used in the PRA were, Transect walk, Resource mapping, Social mapping, Problem Tree, Timeline, Wealth Ranking, Seasonal mapping etc. Also, for building rapport with the villagers, a **football match** was conducted by the students after the PRA. The match was conducted between the villagers and the students of the department.



I MSW students of the department volunteered a session on '**Personality Development and Personal Hygiene**', conducted by **AWARENESS**, an NGO, Coimbatore. The session was given to the students of **Equitas Gurukul Matriculation School, Sundarapuram, Coimbatore**.



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As part of the academic curriculum the students of Community Development specialization from MSW II Year was taken to an exposure visit to "**Tamil Nadu Agricultural University (TNAU)**" in order to get an idea regarding the different departments working for the well being of Farmers, Agriculture and allied activities. During the visit, the students went to the different departments of the University, namely, Centre for Agricultural Rural Development Studies, Water technology centre, Agro climate research centre, Department of remote sensing and GIS etc.



Amrita Centre for Child Protection, in partnership with UNICEF, along with the Department of Social Work, Amrita Vishwa Vidyapeetham, organised a **Two Day Thematic Consultation** on Ending Violence Against Children-Special Focus on Child Sexual Abuse.



The session was inaugurated by **Dr. Praveen Patkar**, Co-Founder, Prerana, Mumbai, Maharashtra.

Resource persons for the consultation were :

Dr. Praveen Patkar, Co-Founder, Prerana, Mumbai, Maharashtra

Mr. Ashok Kumar Mohan, Cyber Security, Amrita Vishwa Vidyapeetham, Coimbatore

Ms. Vidya Reddy, Tulir, Chennai, Tamil Nadu

Ms. Radhika Menon, I Create, Amrita Vishwa Vidyapeetham, Coimbatore.



After the consultation, Dr. Praveen Patkar, Co-Founder, Prerana, Mumbai, Maharashtra, interacted with all the students of the department. He provided various insights on the very basics of Social Work as a profession and also on the challenges it faces in the Indian society.

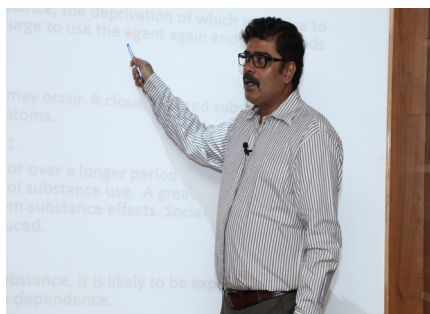
Following the consultation, Ms. Radhika Menon, I Create, Amrita Vishwa Vidyapeetham, Coimbatore, gave a lecture on Human Trafficking and familiarised the newly developed App, named 'Trafficking Aware', designed by Create, Amrita University, for creating awareness on human trafficking and the various ill effects of this social evil.



DECEMBER BEST MOMENTS



The Department of Social Defense, Govt. of Tamil Nadu, along with the Department of Social Work, Amrita Vishwa Vidyapeetham, Coimbatore, organized a series of Capacity Building Program on National Action Plan for Drug Demand Reduction (NAPDDR) on 11th, 12th, 20th and 21st December 2019.



The sessions were inaugurated by Dr. A. Thirumurthi, HOD, Department of Psychiatry, NIMHANS, Bengaluru. The resource persons for the workshop were Dr. Guru Rajesh Jammy, Medical Officer, Medicity Hospital, Hyderabad, L. Ponnuchami, Asst. Prof., Department of Psychiatry, NIMHANS, Bangalore, and Dr. P. Karuppuchamy, Training Manager, Capacity Building on NAPDDR.

The introductory sessions of the workshop focused on the basics of Drug and Substance Use. Dr. Guru Rajesh Jammy, Medical Officer, Medicity Hospital, Hyderabad, elaborated more on the various types of drugs and the ill effects of such drugs. The major types of substance are, Cannabinoids, Alcohol, Opioids, Cocaine, Amphetamines and other stimulants, Tobacco, Caffeine, Hallucinogens, Volatile Solvents, etc. Also, he provided more insights on the terminologies in Drug and Substance Use, such as Alcoholism, Withdrawal, Intoxication, Abuse, Tolerance, Misuse, Dependence, Addiction, Craving, Hallucination, Compulsive substance taking behaviour, etc.

The resource person then talked on the hazards of all such drugs and substances and the impact it has on Health, Society, Education, Work and Employment.

Dr. Jammy also extended his sessions on the 'Medical Management on Substance Use Disorders'. Mainly, there are two types of Assessments done in the medical management of such disorders, Clinical Assessment

Laboratory Assessment

Also, he provided extensive knowledge on the treatment settings of such drug and substance related disorders.

Following the introductory sessions, Dr. L. Ponnuchami, Asst. Prof., Department of Psychiatry, NIMHANS, Bengaluru, gave lectures on Group Therapy. He talked about the various types of groups, such as, Client Groups, Staff Groups and Family Groups. Then he elaborated more on the process of Group Therapy used for treating patients who are addicted to drugs and substances. Later, he asked the participants of the session to form groups and then asked them to do a role play on how to conduct a group therapy in a family setting. Finally, he took lectures on Group Dynamics and the Role of a Group Therapist in various settings of human interaction. In the next session, Dr. L. Ponnuchami catered on the Psychosocial problems related to Drug and Substance Use and its management. The different levels of such problems are classified into Individual level, Family level, Society level and Economic Level.



Dr. P. Karuppuchamy, Training Manager, Capacity Building on NAPDDR handled sessions on 'Counseling', as an effective method of treating drug and substance addicts. The sessions were focused more on Psychotherapies and the various types of it. Finally, he gave insights Motivation Enhancement Therapy, its importance on treating addicts of substance and drug abuse, various stages of it, etc.

The workshop was attended by participants hailing from different areas of social work and social service departments, namely, beneficiaries of NGOs, doctors, nurses, anganwadi workers, police officials, social workers working in NGOs and other organisations, students etc.

January 01- Global Family Day
January 02- Guru Gobind Singh Jayanti
January 06- World Day for War Orphans
January 09- NRI Day
January 11- Missionary Day
January 12- Swami Vivekananda birth anniversary
January 12- National Youth Day
January 14- Lohri
January 14- Bhogi
January 15- Pongal
January 15- Makar Sankranti
January 15- Army Day
January 16- Thiruvalluvar day
January 23- Netaji Subhas Chandra Bose Jayanti
January 24- National Girl Child Day
January 25 - National Voters Day
January 25 - National Tourism Day
January 26- Republic Day
January 26- International Custom Day
January 28 - Birth Anniversary of Lala Lajpat Rai
January 30- Martyrs Day, Shaheed Diwas
January 30- World Leprosy Eradication Day

SEMINARS , WORKSHOPS AND CONFERENCES

1. Professional and Personal Development Workshop
Announcement

Date: Jan. 20, 2020 - Jan. 24, 2020

Link: https://www.tiss.edu/view/5/homepage-data/homepage-events-and-announcements/_professional-and-personal-development-workshop-ann/

2. One-Week Executive Program on Policy Analysis and Program Evaluation

REGISTRATIONS OPEN

Date: Jan. 6, 2020 - Jan. 10, 2020

Venue: Tata Institute of Social Sciences, Mumbai

Link: <https://www.tiss.edu/view/5/homepage-data/homepage-events-and-announcements/one-week-executive-program-on-policy-analysis-and-/>

3. SOUTH ASIA CONFERENCE ON 'SOCIAL ENTERPRISE – VALUES AND PROCESSES'

REGISTRATIONS OPEN

Date: Jan. 8, 2020 - Jan. 10, 2020

Venue: Tata Institute of Social Sciences

Link: <https://www.tiss.edu/view/5/homepage-data/homepage-events-and-announcements/south-asia-conference-on-social-enterprise-values-/>

4. SEVEN DAY WORKSHOP ON RESEARCH METHODOLOGY

Link: <https://www.jmi.ac.in/>

STUDENTS CORNER

SEMINARS/WORKSHOPS ATTENDED

I MSW students, along with Mr. V. S. Varunan Velu, attended a two day seminar on **'Revisiting Reservation Policy in India'** organised by **Tata Institute of Social Sciences (TISS), Mumbai, Maharashtra.**

Students attended are :

Athira.T - CB.SW.P2MSW19001

Aiswarya.T - CB.SW.P2MSW19002

Nikhita Prasanth - CB.SW.P2MSW19025

Swetha.P - CB.SW.P2MSW19032

Raghavaditya. Y - CB.SW.P2MSW19033



I and II MSW students of the department attended a Five - day training program, **'Eco Studio Training'**, catalysed and supported by **Mission Eco NEXT, NCSTC, DST, Govt. of India**, facilitated by **Gangothri Charitable Cultural and Educational Trust.**

Students attended are :

Nair Athulia - CB.SW.P2MSW18024

P.V. Vidhya - CB.SW.P2MSW18026

Renjima.R - CB.SW.P2MSW19027



SPECIAL WALKATHON

I and II MSW students of the department participated in the 'Special Walkathon', organised by Kaumaram Prashanthi Academy, Coimbatore. Kaumaram Prashanthi Academy is a school with special needs, which began 10 years ago to create guided solutions and develop an optimal educational infrastructure for the children with special needs.

The walkathon, initiated by the academy is held on the World Disability Month (8th December), to create awareness on inclusion of people with special needs in every walk of life. The walkathon, is specially conducted for the fund raising activities of the academy, which is used for education and other needs of children with special needs.



WHAT IS MORE IMPORTANT: CHASING YOUR DREAMS OR DOING YOUR RESPONSIBILITIES?

What is more important: chasing your dreams or doing your responsibilities?

Both have its own importance in life but what if for instance you have to pick one; Every individual would have gone through any of the situations like one wants to do something and their parents would love you doing something else for example, your father wants you to take up family business where you will be interested in completely different thing!

Taking that one step without the willingness of the mind will eventually put us in the labyrinth of thoughts where, one finds it difficult to break that bond and get out of it.

It is much like the same in Frank Capra's 1946 released romantic fantasy drama- "Its a Wonderful life".



Our hero, George Bailey is sexist, arrogant and highly imperfect. Living in a small town called Bedford lives with his parents and a younger brother. George was ambitious and was a dreamer.

His primary goal was to get out of the dusty town and travel the world, construct bridges and to make a pile of money. Unfortunately, life did not unfold in the way as George wants it to be rather, it had many challenges in store. After George's father's demise, he had to take up the family responsibilities than chasing his dreams. He was trapped in his father's old shabby office space and was hoping to make everything right someday.

Years passed and in between George marries Mary Hatch, and they had 4 children. But one thing was left unfulfilled...., his dreams! A day before Christmas, due to some sudden circumstances, George decided to give up Gods greatest gift. that is HIS VERY OWN LIFE. this was the opening shot of the movie.

The thing i like about this movie is how a person who has decided to commit suicide have changed or was changed. The way he transforms, how he got aware of his importance in this world. The way George transforms is an eyeopener to every viewer and this movie leaves the viewer with the following messages. ...that is, to be Faithful, to be Motivated, and to Believe. The message this movie conveys is for a lifetime. The magic of this movie is that, it can make the viewers realise that their worst fears can be converted to their biggest blessings which was beautifully portrayed through George's

life.

James Stewart as George Bailey was perfect and was true to the character. Even after all these years, this movie is been on the card and the feelings of George is been debated among the movie experts. This movie is considered to be a classic. Thus the movie, "It's a wonderful life" is that tale that is been suggested in this month of Christmas.

HARI KRISHNAN 1st MSW.

CITIZENSHIP AMENDMENT BILL

The unveiled CAB shares deep rooted history of its past issue NRC and the birth of Pakistan. As the NRC issue continued fuming since 1951 peculiarly in Assam, when there were mass illegal immigrants who crossed borders from East Pakistan (present day Bangladesh) accounting the genocide, a parallel violence broke out during 1948 where mass non muslims were attacked which led to thousands of death and as a continuation of these events, persecution of non muslims continued in the new born nation where people immigrated to India from the arch rival nation. Present situation where the illegal immigrants still cross the Bangladesh border where most of them are Muslims it created havoc among the culture of the north eastern states notably in Assam.



Coming to the core side of CAB, the justification of including all non muslim immigrants in the eligible side of citizenship is a wise move as there is a reason where the neighbouring countries isn't a heaven for non muslims, at the same course muslims who entered the Indian territory will not be facing such persecution with the neighbors. Safety aspect, manning of the Islamic militants using these late immigrants who came to India after the partition and Liberation of Bangladesh becomes easy for the radicals, terror groups and organisation. To the concern of livelihood it affects Indian workers who live in the Indian villages bordering Bangladesh where the snatching of employment is faced by the Indians to the Illegal Bangladeshi immigrants.

The Immigrants irrespective of religion where given refugee status during 1971. And during 3rd Sept 2019 the Bangladesh National Party accepted the deportation of refugees and Illegal migrants to India. The Muslim immigrants can be deported from India as scope of persecution against them is near to zero, for safeguarding the value of the nation, preserving the culture, for security and for saving the livelihood of Indian daily wagers.

SIDDHARTH .P, 1st MSW.

UGC NET – JULY 2018 PAPER II SOLVED (Question number 21 to 30)

21. Under Juvenile Justice (Care and Protection of Children) Act, 2015, the State Child Protection Societies are constituted at _____.

- (a) District level (b) State level
(c) National level Code : (d) Tehsil level
(1) (a) and (b) only (2) (b) and (c) only
(3) (c) and (d) only (4) (a), (b) and (d) only

22. Point out the models in community organisation :

- (a) Social Action (b) Social Planning
(c) Locality Development Code : (d) Community Building
(1) (a), (b) and (c) only (2) (a) and (b) only
(3) (a) and (d) only (4) (a), (b), (c) and (d)

23. Which among the following is/are not the salient feature of current Indian population ?

- (a) large size and fast growth
(b) second stage of demographic transition
(c) rapidly rising density
(d) sex ratio composition favourable to female
(e) bottom weak age structure Code :
1. (a), (b) and (d) only (2) (a) and (b) only (3)
(b) and (c) only (4) (d) and (e) only

24. Mary Richmond in her book, "Social Diagnosis" described the three basic categories in the theory of social work practise. Choose those three from the code given.

- (a) investigation or fact finding (b) diagnosis
(c) treatment (d) social justice

Code :

1. (a) and (b) only 2. (a), (b) and (c) only
3. (b), (c) and (d) only 4. (a), (b), (c) and (d)

25. The five stages (Norming...etc) of group development was propounded by :

- (1) Tuckman (2) Peter Trucker
(3) H.B. Trecker (4) G. Konopka

26. Which among the following statements is/are true regarding t-test ?

- (a) an independent sample t-test compares the means of two groups.
(b) a paired sample t-test compares means from the same group at different times.
(c) the t-score is a ratio between the difference among two groups and the association within the group.
(d) one sample t-test tests the mean of a single group against a known mean.

Code :

- (1) (a) and (b) only (2) (c) and (d) only
(3) (a), (b) and (d) only (4) (a), (b), (c) and (d)

27. Which one of the following will NOT result following the introduction of a more decentralized system of management ?

- (1) Increased motivation amongst those empowered to take decisions.
(2) Greater consistency in the decisions made.
(3) The development of skills amongst the junior members of the management team.
(4) An increase in the speed at which essential decisions are made.

28. According to Zeltman and Duncun, which among the following is not a strategy of social action ?

- (1) Reeducative strategy (2) Persuasive strategy
(3) Facilitative strategy (4) Bargaining strategy

29. Which one of the following act does define a 'Child' as a person below the age of 14 ?

- (1) Child labour (Prohibition and Regulation) Act
(2) Juvenile Justice (Care and Protection) Act
(3) Protection of Children from Sexual Offences Act
(4) Prohibition of Child Marriage Act

30. Which among the following days of the calendar year of National importance are correctly matched ?

- | Event | Date of observance |
|----------------------------|---------------------------|
| (a) Anti Leprosy Day | - 24th February |
| (b) World Water Day | - 22nd March |
| (c) World Health Day | - 7th March |
| (d) World Earth Day Code : | - 22nd April |
| (1) (a), (b) and (c) only | (2) (b), (c) and (d) only |
| (3) (a) and (c) only | (4) (b) and (d) only |

(21. 1) (22. 1) (23. 4) (24. 2) (25. 1) (26. 3) (27. 2) (28. 4) (29. 1)
(30. 4)

Kanagaraj S.



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Job title: Marketing Assistant, Labour & Community Welfare

Name of the organization: Embassy of India, Doha - Qatar

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1. How was your life at Amrita?

Two years at Ettimadai Campus went through in a blistering pace engaging course plan tailored with workshops, field visits, seminars, internships etc. made the course a memorable experience.

2. What are the key skills that you learned at Amrita helped your carrier?

There is no other profession in the world that can equip you with more skill-set than the profession of Social Work. The holistic nature of the MSW curriculum prepared me professionally not only by enhancing key areas such as Active listening, Empathy and compassion, but also sharpened my leadership and management skills.

3. How is the current scope of Social Work?

Scope for professional social work is always high and will continue to be in the rise. At the same time, it may be mentioned that professional recognition on various sectors are still to be achieved.

4. What message you would like to give for the current MSW students?

As you are stepping into an eventful academic period, it is advisable that students should keep an open-mind and should be receptive to changes and developments across their entire learning curve as it is going to be instrumental in enhancing their personal and professional growth.

5. What are your key responsibilities in the present job?

Being placed in a multicultural work set up and the nature of the organization, I have been encouraged to be pro-active in dealing with some of the key issues faced by migrant Indian workforce.

6. Who is your inspiration?

Honestly, it is quite hard to curtail oneself to follow one inspirational figure or individual. It is pertinent that we continue to inspire from anything and everything around us, be it the chai-wala or the Prime Minister of the nation.

7. Any other think you would like to share?

Continue to dream and persist in your efforts to reach there. Nothing can



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