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# AMRITA DARPAN

Student Activities at Amrita Coimbatore Campus



**OFFICE OF STUDENT AFFAIRS**

Organised, Student-Centric, Approachable

## Office of Student Affairs

AMRITA VISHWA VIDYAPEETHAM, COIMBATORE

# 77<sup>th</sup> REPUBLIC DAY 2026

Inspiring wisdom and learning in campus



The Republic Day celebration at Amrita Vishwa Vidyapeetham was observed with great pride and patriotic fervor. The dignitaries hoisted the national flag, marking a moment of unity and national pride. As the tricolour unfurled, a shower of flower petals added vibrancy to the occasion, creating a memorable visual for everyone gathered. Faculty members, staff, and students assembled to witness the solemn moment, expressing their respect and admiration for the nation. The celebration reflected the institution's commitment to upholding the values of unity, service, and patriotism.





# ***Editor's Note***

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***Aswathi K B***  
**Head - Student Welfare**  
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## **Mindfulness in a Digital Age**

In an era of constant notifications and endless scrolling, mindfulness has emerged as an essential practice for maintaining clarity and balance. Even some of the world's most recognised personalities have embraced it as a way to stay grounded amidst overwhelming digital noise. Oprah Winfrey, American television host, known for her demanding schedule, has consistently emphasised the importance of beginning the day with silence and reflection. Her practice of meditation helps her remain centred despite the pressures of a fast-paced media world.

Virat Kohli has openly spoken about the role of mindfulness in his life. In high-pressure matches where every decision matters, Kohli relies on controlled breathing and mental discipline to maintain focus. Mindfulness is not just a wellness trend but also a performance tool that strengthens both resilience and clarity.











These stories highlight a powerful truth: success today is not merely about staying constantly connected but about knowing when to pause. Mindfulness is not a rejection of technology; rather, it is a conscious effort to use it without losing oneself in it.

The teachings of Mata Amritanandamayi Devi, Amma, offer a profound perspective on mindfulness. Amma often highlights the importance of practising awareness in even the simplest actions. Amma teaches that mindfulness is achieving a state of "stillness of mind" through gentle awareness rather than forced concentration.

For students navigating academic pressures and digital distractions, the lesson is simple yet profound. By cultivating small habits—moments of silence, focused attention, or mindful breathing, they can reclaim control over their time and thoughts. In a world that never stops, mindfulness becomes a quiet strength, helping individuals stay present, purposeful, and truly alive.

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# CONTENTS

	<b>Editorial Page</b>	<b>03</b>
	<b>Ammas' Message</b>	<b>05</b>
	<b>23rd Institution Day Celebrations</b>	<b>06, 07</b>
	<b>77th Republic Day</b>	<b>08, 09</b>
	<b>Mahashivarathri Celebrations</b>	<b>10, 11</b>
	<b>Thiruvizha Celebrations</b>	<b>12-14</b>
	<b>Ugadi Sambaralu</b>	<b>15, 16</b>
	<b>Holi Celebrations</b>	<b>17</b>
	<b>The 39th AIU National Youth Festival</b>	<b>18</b>
	<b>Club Corner</b>	<b>19-22</b>

# AMMAS' MESSAGE



## Embrace the New: 12 Ways to Begin Again



In her inspiring New Year message, Amma shared 12 powerful pointers to help us lead a more mindful, compassionate, and purposeful life. These thoughtful reflections are designed to guide us throughout the year—encouraging love, patience, and self-discipline in all that we do. By embracing these practices, we can move forward together in a spirit of unity and peace.

Whether you are looking to refine your daily habits or deepen your spiritual connection, these "pointers for 2026" offer a roadmap for transformation. Let us take these lessons to heart and strive to make every moment count as we begin again.

### Amma's Pointers for 2026

- **Master Your Time:** Since time cannot be postponed or carried forward, use it with utmost care; Create /Establish and stick to a daily routine.
- **Confront Weaknesses:** Write down your personal weaknesses and negative habits, then dedicate one specific day each week to consciously overcome them.
- **Continuous Growth:** Strive to be more mature and refined today than you were yesterday in at least one aspect of your life.
- **Connect with Nature:** Cultivate daily awareness of nature and use your imagination to embrace and love all of creation.
- **Awaken Selfless Love:** Let love express itself through you every day and care for at least one plant with true devotion.
- **Transcendent Self:** When facing praise, blame, victory, or defeat, reflect deeply and remind yourself that your true Self transcends them all.
- **The Power of Forgiveness:** Nurture the virtue of forgiveness by generously forgiving the mistakes of others and learning to forget them.
- **Mindful Action:** Devote a short period daily to perform your actions with complete awareness and presence.
- **Value Giving:** Use natural resources with care and place more emphasis on what you have given to life rather than what you have received.
- **Cooperate with Humility:** Cultivate humility and simplicity while respecting the opinions of others to move forward through mutual understanding.
- **Rest in Truth:** Spend a few moments daily remembering the form of your Guru, then remain silent to let your attention rest in your own true nature.
- **Gratitude and Responsibility:** Cultivate gratitude for your blessings and take full personal responsibility for your mistakes, sufferings, and losses.

# 23rd Institution Day Celebrations

**6 January 2026**

Institution Day celebrates the achievements of the past while inspiring the innovations of the future



The 23rd Institution Day was celebrated along with the inaugural ceremony of Anokha 2026 on 6 January 2026 at 6:45 PM at Amrita Vishwa Vidyapeetham, Coimbatore Campus. The event served as a prestigious platform to recognize and honour the outstanding contributions of faculty members, students, and staff, with over 250 awards presented during the ceremony.

The occasion was graced by the Chief Guest, Mr. Elango Narayanan, Managing Director of Polkart Logistics.



The programme began with a graceful welcome dance by the Natyasudha Club, showcasing the cultural vibrancy and artistic talents of the students. This was followed by the traditional lamp-lighting ceremony in front of Amma's photograph by the Chief Guest along with Dr. Maneesha Sudheer, Provost; Mr. Sreevalsan Menon, Director of ICTS; and Dr. Prasanth R. Nair, Associate Professor, School of Computing. A prayer session was conducted, after which Mr. Sreevalsan Menon formally welcomed the Chief Guest and introduced him to the audience. The students honoured Mr. Elango Narayanan with a traditional shawl and a memento as a mark of respect and appreciation. Dr. Maneesha Sudheer, Provost, delivered the keynote address, congratulating the awardees and highlighting the importance of academic excellence and ethical values. The Registrar, Dr. Ajith Kumar P, also addressed the gathering and appreciated the dedication and achievements of the award recipients.



Welcome dance: Natyasudha Club



Mr. Elango Narayanan



Dr. P. Ajith Kumar



Dr. Maneesha Sudheer

The Chief Guest, Mr. Elango Narayanan, delivered an inspiring speech encouraging the academic community to pursue excellence with perseverance and integrity. The programme concluded with the award distribution ceremony, the official inauguration of Anokha 2026 with a drone display, a vote of thanks by Dr. Prasanth R. Nair, and the National Anthem.

# 77th Republic Day

**26 January, 2026**

Republic Day reminds us that the strength of our nation lies in the unity, values, and responsibility of its people



The 77th Republic Day was celebrated with great pride and patriotic enthusiasm at Amrita Vishwa Vidyapeetham, Coimbatore Campus, on 26 January under the guidance of Registrar Dr. P. Ajith Kumar. The celebration marked the significance of the day when the Constitution of India came into force in 1950, reminding everyone of the values of freedom, equality, unity, and responsibility. From the early hours of the morning, students and staff assembled on campus, creating a respectful and dignified atmosphere for the programme. The event began with the ceremonial lighting of the lamp by the dignitaries, symbolising hope, wisdom, and unity.

This was followed by the hoisting of the National Flag by Registrar Dr. P. Ajith Kumar in the presence of distinguished dignitaries including Prof. K. P. Soman, Dr. S. Mahadevan, Dr. Nava Subramaniam, Air Commodore Satish R. Menon, Mr. Ajith Kumar, and Br. Sai Ram. As the Tricolour was unfurled, the gathering stood in respect and sang the National Anthem, expressing deep patriotism and pride. The programme continued with the Republic Day pledge taken by students and staff, reaffirming their commitment to uphold the unity and integrity of the nation. Registrar Dr. P. Ajith Kumar delivered an inspiring speech highlighting the relevance of constitutional values and encouraging everyone to live with integrity, discipline, and social responsibility.





The celebration was further enriched by patriotic and devotional songs performed by students, adding emotional depth and national spirit to the programme.



The event concluded with the distribution of sweets, leaving the campus community with cherished memories and a renewed sense of patriotism.

## Mahashivratri Celebrations

**15 February, 2026**

**Mahashivaratri celebrates the journey from darkness to light and from ignorance to wisdom.**

The sacred festival of Mahashivaratri was observed with deep devotion and spiritual fervour at Amrita Vishwa Vidyapeetham, Coimbatore Campus, where students, faculty members, and devotees gathered to honour Lord Shiva.



The campus was filled with a serene and prayerful atmosphere as the celebrations reflected the spiritual essence of the auspicious night dedicated to meditation and inner transformation. The observances commenced at 4:00 PM with the Ekadasha Rudra Parayana, during which sacred Vedic hymns were chanted, creating a spiritually uplifting environment.

This was followed by the Mahamrityunjaya Homa at 5:30 PM, invoking Lord Shiva, the embodiment of healing, protection, and spiritual renewal. Between 6:00 PM and 7:00 PM, the chanting of Rudra (Namaka and Chamaka), Shiva Ashtottara, and Mahamrityunjaya Mantra filled the pandhal with divine vibrations and devotion.



The celebration was graced by the presence of dignitaries including Dr. Anil G. Variath, Dr. Nava Subramaniam, Air Commodore Satish R. Menon, and Mr. Nandagopal, whose presence added dignity to the occasion. Prior to the main rituals, students presented elegant dance performances depicting themes of devotion and divine energy, adding a vibrant cultural dimension to the celebration. The observances concluded with Arati and Prasad distribution, followed by a cultural programme, leaving the campus community with a profound sense of spiritual unity and devotion.



A spiritually enlightening Satsang was delivered by Pujya Swami Tapasyamritananda Puri from 7:15 PM to 8:30 PM, accompanied by soulful bhajans that elevated the devotional spirit of the gathering. The sacred Abhishekam was performed on the Salagramam by Pujya Swami Tapasyamritananda Puri, along with Matrukripamrita Chaitanya and Gangadharamrita Chaitanya, symbolising devotion and gratitude to the Divine.



## Thiruvizha Celebrations

**17, 18 February, 2026**

**A culture grows stronger when its traditions are celebrated with pride and unity**

Tamil Thiruvizha 2026 was celebrated with great enthusiasm and cultural pride on 17 and 18 February 2026 at Amrita Vishwa Vidyapeetham, Coimbatore Campus, and was organised by the Office of Student Affairs. The two-day festival brought together students, faculty, and guests to honour the richness of Tamil heritage through a variety of cultural and traditional programmes.



The celebrations began with the auspicious Chithirai Amudhu ritual, symbolising gratitude, prosperity, and the spirit of Annadhanam, where students actively volunteered in preparing and serving food. Traditional games such as the Sack Race and Lemon and Spoon Race filled the campus with laughter and excitement, reviving the charm of rural festivities.

The Mehendi and Kolam competitions showcased the artistic creativity of participants through intricate and vibrant designs. The Thiruvizha Pattimandram provided an engaging platform for intellectual debate, where speakers presented thoughtful arguments with clarity and wit. A magnificent Therukoothu performance based on Thirumurugaatrupadai brought classical Tamil literature to life through expressive acting and musical narration. The dramatic stage presentation of Sivagamiyin Sabadham captivated the audience with its portrayal of historical themes of courage and cultural pride. A humorous skit titled “Kaipulla at Kodambakkam” added a lively and contemporary dimension to the programme. The evening concluded with the musical segment “Nachunu Naalu Paatu”, followed by energetic dance performances that brought Day One to a festive close.



The second day began with the traditional Pongal celebration organised by various departments, symbolising gratitude to nature and strengthening the spirit of community. A grand and colourful procession from the Saraswati Statue to the Main Ground showcased important cultural symbols including Maavilakku, Seval representation, Thiruvalluvar portrayal, and Silambam performances.



Department-wise dance performances by around fifteen departments highlighted diverse choreography ranging from classical to contemporary styles. The musical segment “Nachunnu Naalu Paatu 2.0” energized the audience with lively and engaging performances.





A traditional Valli Kummi dance beautifully depicted Tamil folk heritage through rhythmic movements and coordinated clapping. The celebration concluded with an electrifying Pro Show by Happy Tribe Jamming, performed by alumni Shree Vijay (2021 CSE) and Abhishek (2022 EEE). Tamil Thiruvizha 2026, organised by the Office of Student Affairs, successfully celebrated the spiritual, artistic, and cultural richness of Tamil heritage and left the campus community with cherished memories and a renewed sense of cultural pride.

# Ugadi Sambaralu

**2, 3 March, 2026**

**Culture is not merely something inherited from the past, but something actively lived, celebrated, and passed forward with love and pride**

Amrita Vishwa Vidyapeetham celebrated Ugadi Sambaralu 2026 with immense fervor and cultural pride over three memorable days on February 27, March 2 & 3. The festivities began with a spirited "Curtain Raiser" event designed to build anticipation for the Telugu New Year. Students first participated in a keenly contested Quiz Competition that tested their knowledge of Telugu history, literature, and traditions. Laughter then filled the air during a lively round of Musical Chairs, which brought the community together through traditional music and friendly rivalry. The first day concluded with a cleverly devised Treasure Hunt where teams navigated the campus to solve clues rooted in cultural folklore and heritage.



March 2nd marked the most ceremonially significant day, beginning in the early morning with the auspicious Ganapathy Homam. This sacred fire ritual invoked blessings for new beginnings and created an atmosphere of profound peace and sanctity. Following the ritual, a Grand Procession transformed the campus into a vibrant moving canvas of color and devotion. We honored our agricultural heritage by adorning a sacred bull with garlands and offering it traditional arati. Young women dressed in exquisite traditional sarees carried beautifully decorated diya plates, adding a luminous glow to the march.



The evening transitioned into the Sambaralu Cultural, which featured extraordinary student talent in music, dance, and theater. Choreographed dance performances and soulful musical renditions of Telugu folk songs resonated deeply with the enthusiastic audience. A well-crafted skit also provided a delightful mix of wit and social commentary, drawing appreciative laughter from the crowd. On the final day, the community gathered for the traditional Ugadi Bhojanalu feast. Dignitaries and students alike shared an authentic spread of delicacies, including the skill-intensive Pootharekulu sweet.



Everyone the symbolic Ugadi Pacchadi, savoured a chutney representing the six fundamental flavors and experiences of life. The celebration drew to a close with a relaxing evening movie screening that fostered a final sense of togetherness. Ultimately, Ugadi Sambaralu 2026 left a lasting legacy of cultural pride and successfully reaffirmed our shared heritage.



# Holi Celebrations

**7 March, 2026**

Holi 2026 brought students together in a celebration of friendship, harmony, and festive spirit



The college campus main ground transformed into a sea of color on March 7th as we hosted the "Holi 2026" celebration. This milestone marked the second time Holi was officially celebrated within the campus, and it was conducted on a grand scale to match the high spirits of our student body.

Throughout the evening, the atmosphere remained vibrant and energetic as students embraced the festival spirit. A dedicated music system played a variety of popular songs from multiple languages, ensuring the environment was both inclusive and lively. Students spent the evening dancing and celebrating, creating a joyous scene filled with music and enthusiasm. Overall, Holi 2026 was a resounding success that strengthened our campus community and created lasting memories for everyone involved.



Approximately 600 to 800 students gathered at the main ground to immerse themselves in the traditional festivities. To ensure everyone could join in, the campus distributed free colors to a large number of participants, fostering a true sense of togetherness



# Cultural Triumph: The 39th AIU National Youth Festival

**10th –14th March, 2026**



## Students Shine on the National Stage

Amrita Vishwa Vidyapeetham students recently showcased their artistic excellence at the AIU 39th Inter-University National Youth Festival 2026. The prestigious event, hosted in Chennai, brought together a massive cohort of approximately 2,963 students representing 142 universities from every corner of India.

Amidst this fierce national competition, our talented performers showcased exceptional skill and creativity. We are proud to announce that our students secured **second position** in both **Mimicry** and **Folk/Tribal Dance** categories.

## Our Award-Winning Participants

The following students represented our university with distinction across various events:

**Folk Dance** : Vismaya P, Nandana S, Malavika V Nair, Ananya R Krishnan, Vijay J, Harigovind M Panicker, Smera P S, Devananda S P, Nandana S, Namitha Prasad, Aathmasree K A, Aishwarya Thampi, Adithya S, Easwaran Nampoothiri K V, S Devanarayanan,

**Mimicry** : Abhiram S

This remarkable achievement at a national level highlights the dedication of our students to the performing arts and the vibrant cultural spirit of our campus.



# CLUB PROGRAMMES

# CLUB CORNER

## >>> SRISHTI LITERARY CLUB: MONTHLY ROUNDUP



The Srishti Literary Club recently concluded a vibrant series of events that celebrated the intersection of language, cinema, and performance across the campus. The festivities commenced with **"Bandhan '26,"** an induction programme organized by the Hindi and Malayalam wings to welcome new members into the fold. During this event, students performed a poignant skit emphasizing how words shape human relationships, followed by literary games that explored the poetic roots of Hindi songs and Malayalam vocabulary.

In early February, the **Kaleidoscope** wing presented a dynamic two-day twin event dedicated to the art of filmmaking. The first day saw a massive turnout for the screening of the Telugu sports drama *Jersey*, which explored themes of redemption and passion. The following day, the club hosted its first formal technical film discussion, where students deconstructed scenes based on lighting, direction, and editing techniques.

The club's **"Meraki"** event later provided a soulful evening of poetry and storytelling centered on the multifaceted nature of love. A collaborative poetry sequence traced the emotional journey of affection from initial curiosity to healing, while a guest's Tamil recital dedicated to his wife added a touching dimension of lifelong companionship.

The momentum continued with **"Pages on Stage,"** a collaboration between the Bhaava and Peek-a-Book wings that transformed written narratives into live performances. This theatrical showcase brought classical works like Shakespeare's *The Tempest* and *Julius Caesar* to life, alongside a comedic reimagining of *Red Riding Hood* that engaged the audience through humor and expression.

Finally, **"Srishti's MELA Quiz"** brought the month to a competitive close, attracting over 50 teams to test their knowledge of Media, Entertainment, Literature, and Arts. Quizmaster R.D. Tarun maintained a high-energy atmosphere as participants navigated challenging multimedia rounds and real-time scoring.

Throughout these gatherings, staff coordinator Ms. Ambika and the various wing heads provided the leadership necessary to bridge the gap between literature and lived experience. Each event served as a testament to the club's dedication to fostering a vibrant creative community and celebrating the diverse talents of the student body.

# CLUB PROGRAMMES

# CLUB CORNER

## >>> SADHANA CLUB : INSIGHTS FROM THE SADHU TALKS SERIES



The Sadhana Club of Amrita Vishwa Vidyapeetham recently hosted two enlightening sessions as part of its "Sadhu Talks" series, focusing on the lives and legacies of profound spiritual figures. These events provided students with a platform to explore diverse philosophical traditions and the deep-seated values of devotion and social reform.

### Exploring the Legacy of Sri Ramanujacharya

On January 3, 2026, the club organized a session titled "Ramanujacharya" at Acharya Hall, held during the spiritually significant period of Dhanur Māsa. Shreeram Kasturi, an Assistant Professor from the Amrita Dharashanam Department, delivered an insightful presentation on the 11th-century Acharya. The talk covered Ramanujacharya's role as the foremost proponent of Vishishtadvaita Vedanta and his significant literary contributions, such as the Sri Bhāṣya and Gītā Bhāṣya.

A central theme of the session was the doctrine of Prapatti (Śaraṅāgati), emphasizing complete surrender to the divine regardless of social distinctions. The speaker further highlighted Ramanujacharya's impact as a social reformer who challenged rigid caste barriers to make spiritual teachings accessible to all. The event concluded with reflections on his lasting influence on temple traditions and inclusive spirituality.

### Bama Kheypa: The Mad Saint of Tarapeeth

The series continued on February 12 with a session dedicated to Bama Kheypa, a renowned Tantric saint from West Bengal. Delivered by Anirudh VK, a second-year Integrated MSc Physics student, the talk explored the unconventional spiritual journey of the "Mad Saint".

The speaker explained how Bama Kheypa's intense devotion to Goddess Tara led him to practice sadhana in cremation grounds, often breaking social norms in favor of complete spiritual surrender. Attendees engaged in an interactive discussion regarding the essence of devotion beyond rituals and the spiritual significance of Tarapeeth. This thought-provoking session encouraged participants to see divinity in all beings and transcend conventional social barriers.

# CLUB PROGRAMMES

## CLUB CORNER

### TEAM MEDIA CLUB: INDUCTION PROGRAMME 2026

The Team Media Club of Amrita Vishwa Vidyapeetham successfully conducted its Induction Programme on 10th February 2026, with the objective of welcoming new members and introducing them to the club's vision, activities, and structure.

The programme provided students with a comprehensive understanding of various domains within Team Media, including photography, videography, poster designing, and content creation. It encouraged active participation and teamwork while creating an interactive platform for new members to connect with senior members and explore opportunities within the club.

The event was enriched with vibrant cultural performances. Members of the Raaga Sudha Club presented a melodious musical performance, followed by an engaging and graceful dance performance by the Natya Sudha Club, adding energy and enthusiasm to the programme. A key highlight of the event was the announcement of the new Team Media heads, whose details were shared with the audience to facilitate smooth communication and coordination for future activities.

Overall, the induction programme was conducted successfully and marked a promising beginning for the newly inducted members of Team Media.



### INIT CLUB ORGANIZES LINUX 101 WORKSHOP

The Linux 101 Workshop was successfully conducted on 26th February 2026 at Anugraha Hall (AB3) by **The INIT Club in collaboration with the IETE Student Forum**. The workshop aimed to introduce students to the fundamentals of Linux, its architecture, and its practical applications through the Command-Line Interface (CLI).

The session began with an introduction by Pavani from the Research Team, who explained the importance of Linux in modern computing and its role in the open-source ecosystem. Narasimha further elaborated on key concepts such as User Space and Kernel Space, system calls, Linux distributions, and the overall Linux architecture. The session provided clarity on the structural components of Linux, including the kernel, GNU utilities, and file systems.

Sai Nivedh, Head of the IETE Student Forum, addressed the participants and highlighted the significance of open-source technologies and collaborative learning. Pranesh, Student Mentor, delivered an engaging session on CLI, shell environments, directory structure, and essential Linux commands. An interactive questionnaire was conducted to assess participants' understanding, where students were rewarded with chocolates and stickers for correct responses. **Continued on Page 22**



# CLUB PROGRAMMES

# CLUB CORNER



Continued from Page 21

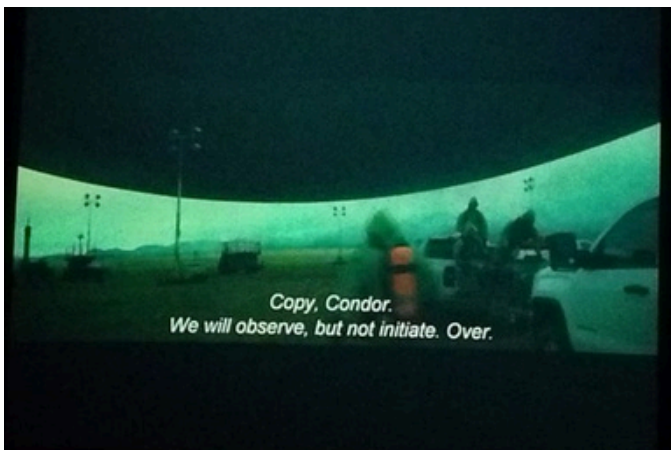
To enhance engagement, a fun-filled Bingo activity based on Linux terminology was conducted, encouraging active participation and reinforcing learning in an enjoyable manner.

The workshop then moved to a hands-on session led by Shruhath from the Web Development Team, where participants executed Bash scripts and performed file-searching tasks. This practical exposure helped students gain confidence in using Linux commands and understanding file system navigation.

The event maintained an interactive and beginner-friendly atmosphere throughout, supported by volunteers from both organizing teams. The programme concluded with a group photograph, marking the successful completion of the workshop.



## >>> ASTRA CLUB: HOSTS SCI-FICTION MOVIE SCREENING



The Astronomy Club of Amrita Vishwa Vidyapeetham, ASTRA, organized a **Sci-Fiction Movie Screening** on 7th February 2026 (Saturday) from 4:35 PM to 8:00 PM. The event featured the iconic science-fiction film *Arrival*, which attracted nearly 300 attendees.

The screening created an engaging atmosphere among participants, as the movie sparked curiosity and discussions about extraterrestrial communication and humanity's efforts to decode messages from unknown civilizations. The thought-provoking storyline captured the interest of the audience and encouraged conversations on science, space exploration, and possibilities beyond Earth. During the event, the club also introduced its activities and achievements. The former President, Dhanvi Anu, presented the annual report, highlighting the club's major events conducted over the past year and outlining plans for the upcoming semesters.

The event was conducted in the presence of Dr. Bharat Kishore Sharma, Assistant Professor from the Department of Physics and the faculty advisor of ASTRA Club, who extended his support and encouragement to the student organizers. The screening was well received by the participants and served as a platform to promote interest in astronomy and scientific discussions among students.

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# AMRITA DARPAN

Education for livelihood alone will never make our life full and complete. -Amma



## Entries Invited

We invite our students to submit entries - Articles, Artworks, Photography or Poems to  
✉ [amritadarpan@cb.amrita.edu](mailto:amritadarpan@cb.amrita.edu)

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