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AMRITA DARPAN

Student Activities at Amrita Coimbatore Campus

OFFICE OF STUDENT AFFAIRS
Organised, Student-Centric, Approachable

Office of Student Affairs

AMRITA VISHWA VIDYAPEETHAM, COIMBATORE

Editor's Note

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Head - Student Welfare
Editor-in-Chief

New Beginnings with Positive Approach:

Every new beginning carries the promise of hope, growth, and endless possibilities. For students, the start of a new academic journey is more than just new books, classrooms, or timetables—it is a chance to dream bigger, learn better, and become stronger. The past, whether filled with achievements or setbacks, should never define what lies ahead. Instead, every day offers an opportunity to improve, explore new ideas, and build confidence. Challenges may arise, but they are stepping stones to success, not barriers. A positive attitude, consistent effort, and the willingness to learn from mistakes can make all the difference. Equally important is showing kindness, respecting others, and supporting classmates, because learning is a journey best shared. As students step into this new chapter with enthusiasm and determination, they carry the power to shape not only their own future but also the world around them. Let this beginning be filled with purpose, positivity, and the courage to shine.

CONTENTS

Editorial Page	02
Ammas' Message	04
World Environment Day 2026	05
SADGAMAYA 2026 – A Cultural and Spiritual Retreat	06–08
International Day of Yoga 2026	09–11
Amrita Team Secures Second Position at National-Level Hackathon	12
Club Corner	13–15

AMMAS' MESSAGE

Yoga As A Bridge To The Divine: Amma

International Yoga Day ,

Amma said:

"It was Sage Patanjali who contributed Yoga to the world. Everything that manifested in the Sage's meditation are various paths to the oneness of the individual self and the Supreme Self (Jiva-Brahma Aikyam). For that very reason, this should not be viewed merely as a solution for physical and mental health or other difficulties. The true goal of Yoga is the realization of God. What needs to be achieved through Yoga is transforming the body into a bridge to reach God. Although the practice of Yoga is external, it has many subtle dimensions. Yoga must serve to help one know and realize those states of consciousness."

World Environment Day 2026

05 June 2026

Plant a tree today, and let future generations enjoy its shade tomorrow.

On the occasion of World Environment Day 2026, Amrita Vishwa Vidyapeetham, Coimbatore Campus organized a sapling plantation drive to promote environmental awareness and sustainability. The programme witnessed enthusiastic participation from students, faculty members, and staff. The event was conducted within the campus premises, where participants planted saplings in designated areas. Faculty members joined students in the planting activity, emphasizing the importance of environmental stewardship.

The newly planted saplings symbolized the institution's commitment to biodiversity conservation and ecological balance. Participants also took part in watering the saplings and pledged to nurture them for future growth. The initiative highlighted the significance of collective action in addressing environmental challenges. Through this activity, the campus community demonstrated its dedication to creating a greener and healthier environment. The programme concluded with a renewed commitment to sustainable practices and environmental responsibility.

SADGAMAYA 2026 – A Cultural and Spiritual Retreat

15–16, June 2026

A Journey from Knowledge to Wisdom

SADGAMAYA 2026, the annual Cultural and Spiritual Retreat of Amrita Vishwa Vidyapeetham, was conducted on 15 and 16 June 2026 at Amriteshwari Hall. The two-day programme was organized under the guidance of Poojya Swami Tapasyamritananda Puri and Poojya Swami Shubhamritananda Puri of the Mata Amritanandamayi Math. Faculty members, academic staff, and administrators actively participated in the retreat, which focused on spiritual growth, Indian Knowledge Systems, educator well-being, and values-based education.

The programme commenced with the ceremonial lighting of the lamp, symbolizing the triumph of knowledge over ignorance. The inaugural session included a welcome address by Dr. Sripad Ghalgi, followed by the Ashirvachanam delivered by Poojya Swami Tapasyamritananda Puri. A Ma-Om session created a contemplative atmosphere and prepared participants for the sessions ahead.

On the first day, Poojya Swami Shubhamritananda Puri delivered an insightful talk on Vedantic Wisdom and the Inner Teacher. Dr. Lata Satish shared valuable perspectives on teaching, learning, and institutional development. Dr. Gayathri Padmanabhan highlighted the convergence of tradition and technology, while Sri Senthil Kumar conducted an engaging session on educator well-being and resilience.

The second day began with Sangaganam, fostering a sense of unity among participants. Dr. Mala kapadiya spoke on education, society, and Indian Knowledge Systems. Dr. Anu facilitated a Ma-Om session that encouraged inner awareness and reflection. Shefali Vaidya Ma'am delivered a transformative address that deeply inspired the audience. The programme concluded with spiritual reflections by Br. Chidanandamrita Chaitanya.

Throughout the retreat, participants engaged in Sangaganam, contemplative practices, interactive sessions, and curated video presentations. Traditional Shawl Samarpana ceremonies were conducted to honour the speakers for their valuable contributions.

The retreat provided participants with a deeper understanding of Vedantic philosophy and Indian Knowledge Systems. It also offered practical insights into educator well-being, mind-body balance, and values-based education. The programme strengthened the sense of community among faculty members and reaffirmed the institution's commitment to holistic education.

The valedictory session featured faculty feedback sharing and a vote of thanks. The programme concluded with the distribution of Prasadam by Poojya Swami Tapasyamritananda Puri, marking a blessed and memorable conclusion to the retreat. SADGAMAYA 2026 successfully combined academic excellence, spiritual wisdom, and community building, leaving a lasting impact on all participants.

International Day of Yoga 2026

Theme: Yoga for Healthy Ageing

21 June 2026

International Day of Yoga 2026: Promoting Health, Harmony, and Holistic Living

The 12th International Day of Yoga was celebrated at Amrita Vishwa Vidyapeetham, Coimbatore Campus, on 21 June 2026 under the global theme, "Yoga for Healthy Ageing." The programme was jointly organized by Amrita Darshanam–ICSS and the Office of Student Affairs. More than 400 students, teaching faculty, and non-teaching staff enthusiastically participated in the event, demonstrating their commitment to health, wellness, and holistic living.

The programme commenced with the ceremonial lighting of the lamp by the dignitaries, symbolizing the dispelling of ignorance through the light of knowledge. This was followed by an invocation prayer presented by a student, creating a serene and spiritual atmosphere. Dr. Sripad H. Ghaligi, Chairperson of Amrita Darshanam, welcomed the gathering and introduced the significance of the International Day of Yoga and the relevance of the 2026 theme. He emphasized the importance of integrating yoga into everyday life for physical, mental, and emotional well-being.

The programme was graced by the presence of Pujya Swami Tapasyamritananda Puri, a senior disciple of Amma, along with Brahmachari Matrukripamrita Chaitanya and other Brahmacharis of the Mata Amritanandamayi Math. In his inspiring address, Swamiji highlighted the timeless wisdom of yoga as described in the Patañjali Yoga Sūtras and the Haṭha Yoga Pradīpikā. He spoke about the role of yoga in promoting physical health, mental balance, emotional resilience, and spiritual growth throughout every stage of life.

The event was further enriched by the presence of distinguished guests from the judiciary, Sri D. Balu, Special District Judge, Tiruppur, and Smt. Ambika , Sub-Judge, Erode. During the programme, four senior yoga practitioners from the campus community were felicitated in recognition of their lifelong dedication to yogic living. Their inspiring experiences and reflections beautifully reflected the theme, "Yoga for Healthy Ageing," and motivated participants to adopt yoga as a way of life.

The Common Yoga Protocol prescribed by the Ministry of AYUSH was conducted under the guidance of Mr. B. Senthil Kumar, Yoga Faculty, Amrita Darshanam–ICSS. The yoga session included a series of yogāsanas, prāṇāyāma, and meditation practices that promoted flexibility, strength, concentration, and inner peace.

Participants actively performed practices such as Utkatāsana, Vajrāsana, and Setu Bandhāsana, followed by Nāḍī Śodhana Prāṇāyāma and deep abdominal breathing exercises. The session concluded with meditation, leaving everyone refreshed, rejuvenated, and inspired.

The celebration was attended by several university dignitaries, including Air Commodore Sathish Menon, Campus Director; Prof. Mahadevan S., Associate Dean, Student Affairs; Dr. Nava Subramanian, Dean, Amrita School of Business; Prof. Anil G. Variath, Dean, Amrita International School of Law; and Prof. Sasangan Ramanathan, Dean, School of Engineering. Their presence added significance to the occasion and encouraged the participants to embrace yoga as an integral part of a healthy lifestyle.

The proceedings were smoothly coordinated by Sri Kartik M. S., who served as the Master of Ceremonies. The programme concluded with a heartfelt vote of thanks delivered by Dr. Amaravathi E. Prasadam was then distributed to all participants by Pujya Swami Tapasyamritananda Puri Ji and Brahmachari Matrukripa Chaitanya Ji. The celebration successfully reinforced the values of holistic education, healthy living, and inner transformation. It also reaffirmed Amrita Vishwa Vidyapeetham's unwavering commitment to preserving and promoting the timeless wisdom of yoga for the well-being of individuals and society.

Amrita Team Secures Second Position at National-Level Hackathon

Students Clinch National Honors and ₹1.5 Lakh Prize

22 May 2026

Innovation with purpose creates solutions that truly impact society.

Students from Amrita Vishwa Vidyapeetham secured the second position at the prestigious national-level DEVTrails University Hackathon held in Bengaluru. The team won a cash prize of ₹1.5 lakh for their outstanding innovative solution.

The hackathon was organized jointly by Guidewire and EY and witnessed participation from over 15,000 students and 4,400 teams from across the country.

The Amrita team developed an AI-driven parametric insurance platform titled "Contingency", aimed at providing financial protection for delivery personnel and gig economy workers. The platform was designed to address income instability caused by heavy rainfall and flooding, atmospheric pollution, and unexpected lockdowns. The project focused on creating an intelligent insurance solution capable of reducing the impact of sudden income loss resulting from environmental and social disruptions.

The award-winning team comprised students from various technical disciplines, including Computer Science, Cyber Security, Artificial Intelligence, and Electrical & Computer Engineering. The team members were K. Ashwin, P. Kavinesh, Ram Pratap, V. Sreekrishna, and Anirudh S. Warrior.

The achievement reflects the institution's continued commitment to innovation, interdisciplinary learning, and socially impactful technological development.

CLUB PROGRAMMES

CLUB CORNER

>>> SADHANA CLUB: A SPIRITUAL JOURNEY IS NOT ABOUT REACHING A DESTINATION; IT IS ABOUT DISCOVERING ONESELF ALONG THE WAY

A Sadhana Yatra to Amritapuri Ashram was organized from 3rd to 5th April 2026 for students of Amrita Vishwa Vidyapeetham. The spiritual tour aimed to provide students with an opportunity to experience a spiritually enriching environment. It also sought to cultivate values of discipline, devotion, self-reflection, and inner peace among the participants. A total of 27 students from various departments took part in the yatra. During the visit, students participated in meditation sessions, bhajans, satsangs, and spiritual discourses. They attended inspiring sessions conducted by swamis, devotees, and university officials. The participants also took part in Yoga Nidra sessions and various spiritual activities organized at the Ashram. Interactive sessions enabled students to gain deeper insights into Indian philosophy and spirituality.

The students enthusiastically engaged in seva activities, including cleaning vessels and other community service tasks. They also visited significant places such as the Kali Temple, Kalari, and Amma's House. The most memorable highlight of the yatra was receiving Darshan and blessings from Amma. The experience left a profound and lasting spiritual impression on all participants. Excellent discipline and active involvement were maintained throughout the programme. The feedback received from students reflected their enthusiasm and appreciation for the spiritually transformative experience. The Sadhana Yatra concluded successfully, enriching the participants with valuable life lessons and contributing significantly to their personal, spiritual, and overall development.

CLUB PROGRAMMES

CLUB CORNER

>>> SRISHTI CLUB: CHEERIO 2026- SRISHTI CLUB BIDS A HEARTFELT FAREWELL TO OUTGOING OFFICE BEARERS

The Srishti Literary Club of Amrita Vishwa Vidyapeetham organized "Cheerio," a farewell programme on 29 June 2026 at E-103, AB-1, to express gratitude to its outgoing office bearers and conduct the annual review meeting for the academic year 2025–26. The programme was coordinated by the faculty coordinator, secretaries, and office bearers of the club and witnessed enthusiastic participation from members.

The programme commenced with a welcome address by the secretaries. The outgoing office bearers then shared their experiences, reflected on the events they had organized during the academic year, and expressed their gratitude to the club. They also encouraged the newly elected office bearers by sharing valuable insights and messages for the future.

Mrs. Ambika P., Faculty Coordinator of the Srishti Club, addressed the gathering and appreciated the dedication and hard work of the outgoing office bearers. She highlighted the club's flagship events and fondly recalled Srishti's successful journey, including its activities during the pandemic. She expressed her gratitude to the graduating office bearers and conveyed her confidence that the newly elected team would continue to uphold the club's legacy with commitment and enthusiasm.

The programme also provided an opportunity to reflect on the achievements and milestones of the academic year, discuss the challenges encountered, and exchange ideas for future initiatives. The interaction between the outgoing office bearers and the club members created a meaningful platform for sharing experiences and strengthening the bond within the club.

The event concluded with a vote of thanks. The active participation of members and the enthusiasm displayed by both the graduating office bearers and the new members contributed to the success of the programme. The farewell not only honoured the contributions of the outgoing team but also familiarized the new members with the vision, goals, and functioning of the Srishti Literary Club. The programme concluded on a positive note, with the club looking forward to organizing more productive and engaging activities during the academic year 2026–27.

CLUB PROGRAMMES

CLUB CORNER

>>> AMRITA TOASTMASTERS CLUB : CELEBRATED ITS 400TH MILESTONE MEETING

The Amrita Toastmasters Club celebrated its 400th Milestone Meeting on 30 June 2026 at Acharya Hall, AB1, under the theme "Crescendo." The milestone event brought together club members, distinguished Toastmasters, and guests for an engaging evening dedicated to communication, leadership, and fellowship.

The meeting commenced with the Sergeant at Arms, TM Abhinav N, calling the gathering to order and introducing the Toastmasters mission. TM Namitha Madhu, the Presiding Officer, formally declared the meeting open, welcomed the members and guests, and highlighted the significance of reaching the club's 400th milestone. The proceedings were then led by TM Anand, the Toastmaster of the Day, who introduced the theme, outlined the agenda, and set the tone for the evening.

The event was graced by the presence of distinguished Toastmasters, including DTM Parthasarathy, DTM Vidothkumar, TM Renuga, and DTM Jyothika Shetty. Their addresses and words of encouragement added value to the celebration and inspired the members to continue their journey of personal and professional growth.

The General Evaluator, TM Madhumita, introduced the TAG Team comprising the Timer, Ah-Counter, and Grammarian, who explained their respective roles in evaluating the meeting. The Prepared Speech Session featured TM Abhinav R, who delivered a speech as part of the Toastmasters Pathway programme, demonstrating effective communication and public speaking skills.

The meeting also included an interactive Table Topics Session conducted by TM Harshitha, where participants showcased their impromptu speaking abilities by responding to thought-provoking topics. An engaging game session led by TM Dayitha encouraged enthusiastic participation and added a lively dimension to the programme.

Towards the conclusion of the meeting, the TAG Team presented their evaluation reports, highlighting speaking durations, language usage, and areas for improvement. TM Madhumita delivered the overall evaluation, appreciating the efforts of the organizing team, role players, and participants while offering constructive feedback for future meetings.

The programme concluded with reflections by the Toastmaster of the Day, followed by the closing address by TM Namitha Madhu. During the closing ceremony, the newly elected Executive Committee for the upcoming term was formally introduced and congratulated. The celebration concluded with a group photograph of the distinguished guests, Executive Committee members, club members, and attendees, commemorating the successful completion of the club's 400th milestone meeting.

The milestone celebration reflected the enduring spirit of the Amrita Toastmasters Club and reaffirmed its commitment to developing communication, leadership, and public speaking skills while strengthening the sense of community among its members.

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AMRITA DARPAN

Education for livelihood alone will never make our life full and complete. ~Amma

Entries Invited

We invite our students to submit entries - Articles, Artworks, Photography or Poems to
amritadarpan@cb.amrita.edu

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