



BOOK REVIEW

Date: 21.07.2026

Venue: Seminar Hall, Amrita Vishwa Vidyapeetham, Coimbatore

Subject: Book Review Session 6

Introduction and Objective of the Programme

The National Service Scheme (NSS) unit of Amrita Vishwa Vidyapeetham, Coimbatore, successfully organized the **6th session of its ongoing Book Review initiative** with the objective of reading habits, critical thinking, and effective communication among students.

Books have the power to shape perspectives, inspire self-improvement, and broaden one's understanding of society and life. Through this initiative, students are encouraged to explore books from diverse genres and present their insights before an audience.

Programme Proceedings

The programme commenced with **Amma's Prayer**, invoking the blessings of Mata Amritanandamayi Devi and creating a peaceful and positive atmosphere for the session.

Following the prayer, **Dr. Venkataraman D., Associate Professor, School of Computing and NSS Programme Coordinator**, addressed the gathering. He emphasized the importance of reading beyond academic textbooks and encouraged students to make books an integral part of their personal and professional development. He appreciated the enthusiasm of the participants and motivated students to continue sharing their knowledge through the Book Review initiative.

Introduction of the Presenters

The session featured two student presenters who reviewed books belonging to different genres, namely **self-development** and **inspirational literature**. Both presentations

highlighted valuable life lessons and encouraged the audience to reflect on personal growth, purpose, resilience, and the significance of human values in everyday life.

Book Review Presentations

Presentation 1: *Ikigai – The Japanese Secret to a Long and Happy Life*

The first presentation was delivered by **Mr. Kavın V. C.**

The presenter reviewed *Ikigai – The Japanese Secret to a Long and Happy Life*, a globally acclaimed book that explores the Japanese philosophy of discovering one's purpose in life. The presentation explained how identifying the intersection of passion, profession, vocation, and mission leads to a meaningful and fulfilling life.

The review highlighted important concepts such as living with purpose, maintaining healthy habits, continuous learning, resilience, and finding happiness in everyday activities. Students were encouraged to reflect on their own goals and develop a balanced lifestyle that promotes both personal well-being and professional success.

Presentation 2: *I Came Upon a Lighthouse*

The second presentation was delivered by **Mr. Tejas.**

The presenter reviewed *I Came Upon a Lighthouse*, an inspiring biography of **Mr. Ratan Tata**, written by **Shantanu Naidu**. The book offers a unique and personal perspective on one of India's most respected industrialists through the experiences of the author, who worked closely with Ratan Tata. Rather than focusing solely on his business achievements.

The presentation emphasized valuable qualities demonstrated by Ratan Tata, including ethical leadership, empathy, integrity, simplicity, and a commitment to creating a positive impact on society. Students learned that true leadership is reflected not only through professional success but also through kindness, humility, and service to others.

Interactive Discussion Session

Following the presentations, an engaging interactive discussion session was conducted where students and faculty members shared their thoughts and reflections on the ideas presented.

Participants discussed the importance of finding purpose in life, maintaining a healthy work-life balance, developing resilience during challenges, and learning from inspiring personalities such as Dr. A. P. J. Abdul Kalam.

Conclusion

The **6th Book Review Session** successfully provided the platform for students to explore valuable life philosophies and inspiring real-life experiences through literature.

The programme reinforced the importance of reading as a means of intellectual growth, personal development, and lifelong learning.

The enthusiastic participation of students and faculty contributed significantly to the success of the session, and the NSS Book Review initiative continues to strengthen the culture of reading, knowledge sharing, and effective communication within the university.