



AMRITA
VISHWA VIDYAPEETHAM



NATIONAL SERVICE SCHEME (NSS)

Date: 12.05.2026

Platform: Microsoft Teams

Subject: Second Book Review Session

Introduction and Objective of the Programme

The National Service Scheme (NSS) of Amrita Vishwa Vidyapeetham, Coimbatore successfully conducted the second session of its Book Review initiative on 12th May 2026 through Microsoft Teams. The programme continued the objective of promoting reading habits, intellectual discussions, and knowledge sharing among students.

The session provided participants with an opportunity to explore leadership concepts through the review of a highly regarded book. The initiative aimed to encourage students to develop critical thinking, communication skills, and practical understanding of concepts that can be applied in both academic and professional settings.

Introduction of the Presenter

The session featured a presentation by **Mr. Sidharth R Varma (CB.EN.U4ARE25046)**, who reviewed the book **The Dichotomy of Leadership written by Jocko Willink**. The book focuses on leadership principles that help individuals effectively manage responsibilities, make sound decisions, and maintain balance while leading teams and organizations.

Presentation

The presentation explored important leadership lessons discussed in the book. The presenter explained that successful leadership requires balancing seemingly opposite qualities rather than relying on extremes.

One of the major lessons highlighted was the importance of balancing confidence with humility. Effective leaders must possess confidence in their decisions while remaining open to feedback and continuous learning.

Another key concept discussed was ownership and accountability. The audience learned that taking responsibility for both successes and failures builds trust and strengthens leadership effectiveness.

The presenter further explained the importance of balancing competing priorities. Leaders often face multiple challenges simultaneously and must learn to allocate attention and resources appropriately to achieve organizational goals.

Interactive Discussion Session

Following the presentation, participants engaged in an interactive discussion through Microsoft Teams. Students shared their perspectives on leadership challenges faced in academic projects, student activities, and everyday situations.

Questions were raised regarding decision-making, accountability, teamwork, and conflict management.

Conclusion

The second Book Review session of the NSS Book Review initiative was informative and engaging. Through the review of *The Dichotomy of Leadership*, participants gained practical insights into effective leadership and personal development.

The session reinforced the importance of balanced leadership, accountability, and adaptability in achieving success. The active participation of students contributed significantly to the success of the programme and further strengthened the objective of promoting reading, discussion, and lifelong learning.