



AMRITA
VISHWA VIDYAPEETHAM



NATIONAL SERVICE SCHEME (NSS)

BOOK REVIEW

Date: 28.04.2026

Venue: Amrita Vishwa Vidyapeetham, Coimbatore

Subject: The Book Review

Introduction and Objective of the Programme

On 28th April 2026, the National Service Scheme (NSS) unit of Amrita Vishwa Vidyapeetham, Coimbatore, successfully launched the first session of its new initiative titled "**Book Review**". The programme was organized with the objective of cultivating a strong reading culture among students and encouraging meaningful discussions based on valuable literary works.

In an age dominated by digital content and short-form media, students often find limited opportunities to engage deeply with books. Recognizing this challenge, NSS introduced the Book Review initiative as a platform where students can share insights gained from impactful books while inspiring others to explore reading as a lifelong habit.

The programme aimed to promote intellectual growth, critical thinking, communication skills, and self-reflection. By presenting key learnings from carefully selected books, students were encouraged to broaden their perspectives and apply practical lessons to their academic and personal lives.

The initiative was designed not only to increase awareness about important books but also to create an environment where knowledge could be exchanged through discussion, interaction, and reflection.



Coordinator's Address

The programme commenced with a warm welcome of Dr. Venkataraman D., Associate Professor, School of Computing and NSS Programme Coordinator, Amrita Vishwa Vidyapeetham, Coimbatore, who introduced the vision behind the Book Review initiative.

He emphasized that books have the power to transform individuals by shaping their thoughts, values, and decision-making abilities. They highlighted how reading plays an important role in developing creativity, leadership qualities, emotional intelligence, and problem-solving skills.

The audience was informed that the Book Review sessions would be conducted on second and fourth Tuesday of every month from 5:00 PM to 6:00 PM at Anugraha Hall. The coordinators also announced that online participation facilities would be made available whenever necessary to ensure maximum accessibility.

Chief Guest Introduction

The programme was inaugurated and graced by the presence of Dr. Anil G. Variath, Dean and Head, Department of Law, Amrita Vishwa Vidyapeetham, Coimbatore. An accomplished academician and legal scholar, he has made significant contributions to the fields of legal education, research, and academic administration. As the Chief Guest, he formally inaugurated the programme, and his presence added great value to the event, inspiring students to actively engage in intellectual discussions and lifelong learning.

Introduction of the Presenters

The first session featured student presenters from various departments who shared reviews of books covering themes such as personal growth, leadership, financial literacy, habit formation, and human behavior.

The presenters were introduced individually, along with the books they had selected for review. The diversity of books reflected the broad learning objectives of the initiative and demonstrated the varied interests of students across departments.

The selected books were chosen for their practical relevance and ability to provide meaningful insights that could positively influence students' academic journeys, career aspirations, and personal development.

Book Review Presentations

Presentation 1: Discover Yourself by Radheyshyam Das

The first presentation was delivered by Dr. Venkataraman D. from the Department of Computer Science and Engineering.

The book emphasized the importance of self-awareness as the foundation of personal growth. The presenter explained how understanding one's strengths and weaknesses helps individuals make informed decisions and set realistic goals.

The presentation highlighted the role of mindset in determining success and demonstrated how continuous learning contributes to long-term personal and professional development.

Students appreciated the practical examples provided during the presentation and actively engaged with the key concepts discussed.

Presentation 2: Psychology of Money by Morgan Housel

The second presentation was delivered by Mr. Tatsam Kumar (CB.SC.U4CSE25061) from the Department of Computer Science and Engineering.

The presenter discussed key lessons from the book regarding financial behavior and wealth creation. The audience learned that financial success often depends more on habits, discipline, and decision-making than on intelligence alone.

Several important concepts were explored, including consistent saving, long-term thinking, risk management, and the psychology behind financial choices.

Students found the discussion highly relevant because it connected financial literacy with everyday life decisions and future career planning.

Presentation 3: And Then There Were None by Agatha Christie

The third presentation was delivered by Ms. Jiya P (CB.SC.U4CSE25719) from the Department of Computer Science and Engineering.

The book review focused on the famous mystery novel and explored themes related to human behavior, morality, justice, and consequences.

The presenter explained how the story illustrates the complexity of human actions and the impact of individual decisions. The audience was encouraged to think critically about ethical choices and accountability.

The session demonstrated that literature can offer valuable lessons beyond entertainment by encouraging reflection on human nature and social responsibility.

Presentation 4: Atomic Habits by James Clear

The fourth presentation was delivered by Mr. Sri Rama Saikarhikeya (CB.SC.U4CSE25344) from the Department of Computer Science and Engineering.

The presenter discussed concept of habit formation and how small, consistent improvements can produce significant long-term results.

The review highlighted the importance of focusing on systems rather than goals and explained how identity-based habits contribute to sustainable personal growth.

Students found the practical techniques for habit building particularly useful and relatable to their academic and personal routines.

Presentation 5: Indomitable Sardar by KL Panjabi

The fifth presentation was delivered by Mr. Sabarish Narayanan B Assistant Professor from the Department of Electrical and Electronics Engineering.

The presenter reviewed the life and leadership journey of Sardar Vallabhbhai Patel, emphasizing his courage, determination, and unwavering commitment to national unity.

The presentation highlighted important leadership qualities such as discipline, perseverance, and responsibility.

The session provided valuable historical insights while also offering practical lessons applicable to leadership roles in the society.

Interactive Discussion Session

Following the presentations, an engaging discussion session was conducted where students and faculty members interacted with the presenters.

Participants raised questions regarding the practical implementation of lessons discussed in the books. Topics included personal productivity, financial planning, leadership development, reading habits, and self-improvement strategies.

The interaction session encouraged active participation and demonstrated that meaningful learning extends beyond reading into discussion and application.

Conclusion

The programme successfully created an environment that encouraged reading, reflection, discussion, and knowledge sharing among students. Through diverse book presentations and interactive discussions, participants gained valuable insights into personal growth, leadership, financial literacy, human behavior and habit formation.

The event reinforced the importance of continuous learning and demonstrated how books can serve as powerful tools for self-improvement and intellectual development.

The enthusiastic participation of students contributed significantly to the success of the programme. The NSS Book Review initiative is expected to continue fostering a culture of reading, critical thinking, and lifelong learning through its regular fortnightly sessions.