

AMRITA UDAAN



Monthly Newsletter

September 2026

Volume 08 Issue 09



"When love and compassion fills your heart, you find newness in every moment, and life becomes a celebration."

— Mata Amritanandamayi Devi



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THROUGH THE LENS**

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DEPARTMENT OF SOCIAL WORK & PSYCHOLOGY, COIMBATORE.



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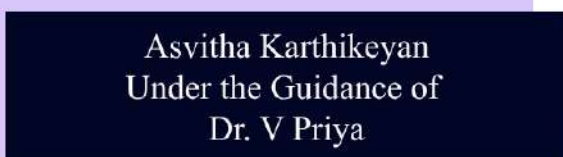


Dr. Parvathy Viswanath,
Assistant Professor

FULL TIME P h D S C H O L A R S



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Dr. S Kanagaraj



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Under the Guidance of
Dr. V Priya



Anagha K
Under the Guidance of
Dr. S Kanagaraj



Athira Chandran
Under the Guidance of
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Gayathry G
Under the Guidance of
Dr. Dipanjan Bhattacharjee



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Anupama Rajan
Under the Guidance of
Dr. Rajeev Ramakrishnan



Ajay Kumar S
Under the Guidance of
Dr. Rajeev Ramakrishnan



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Under the Guidance of
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(I Bsc Psychology)

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Anandapadmanaban
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(I MSW)



Vikasini
(I Bsc Psychology)



Dhivya Bharathi
(I BSW)

ABOUT AMRITA UDAAN

Amrita Udaan is the monthly newsletter of the Dept. of Social Work. It is completely managed by the students under the guidance of the faculty. It mainly covers the departmental activities, articles on various social issues, book review, movie review, drawings, posters, alumni interviews, guidance, and solved previous year question papers of UGC-NET. The contents are contributed mainly by the students, alumni, and faculty members. It is successfully publishing every month since October 2019.

SSBS AT GLANCE

PGDCP	-	12
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II MSW	-	16
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I BSc Psychology		
(Hons.)	-	55
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Members	-	09
Ph.D		
scholars	-	19
Full-time	-	09
Part-time	-	10

DEPARTMENTAL



ACTIVITIES

GPDP DISASTER PREPAREDNESS TRAINING

The Training of Trainers (ToT) on “Preparation of Disaster Management Plan Integrated into GPDP” was successfully completed on 2nd–3rd September 2026, conducted by the State Institute of Rural Development & Panchayati Raj (SIRDPR), Tamil Nadu, under the Rashtriya Gram Swaraj Abhiyan (RGSA) framework. The session shed a light on Disaster Risk Reduction (DRR), hazard and vulnerability assessment, community-based disaster management, preparedness, and integrating climate resilience into Gram Panchayat Development Plans (GPDP).



Training of Trainers session



Dr. S. Kanagaraj at the Training of Trainers session

Building on this learning, Dr. S. Kanagaraj, Vice-Chairperson and Assistant Professor, School of Social and Behavioural Sciences, Amrita Vishwa Vidyapeetham, Coimbatore subsequently served as a Resource Person for the training programme on “Orientation for Integration of Disaster Management Plan into GPDP”, organised by the District Panchayat / District Planning Office, Coimbatore. The programmes were conducted on 9 and 10 September 2026 for two batches of Panchayat Secretaries. Batch II included 33 participants from Sultanpet, Thondamuthur, and S.S. Kulam Blocks, while Batch III comprised 28 participants from P.N. Palayam, Sulur, and Madukkarai Blocks. Collectively, the sessions engaged 61 Panchayat Secretaries across six blocks.

The training covered disaster management frameworks, the Disaster Management Act, 2005, community preparedness, local vulnerability assessment, and the integration of disaster management into grassroots development planning. Emphasis was placed on incorporating risk reduction into everyday Panchayat planning, including roads, drainage, drinking water, community infrastructure, early warning systems, and support for vulnerable households.

The experience marked a significant transition from learning to knowledge sharing, strengthening the capacity of local governance functionaries to adopt risk-informed and climate-resilient development practices. It reaffirmed the importance of proactive planning in building disaster-resilient Panchayats and advancing sustainable rural development.



Participants engaging in a group activity along with Dr. S. Kanagaraj



SPINAL CORD INJURY PREVENTION AWARENESS @ RATHINAM COLLEGE

As part of the ongoing concurrent fieldwork of 2nd year MSW, an awareness session on spinal cord injury prevention was conducted at Rathinam College, Coimbatore, on 3rd September 2026 by Uthend K., student from Amrita School of Social and Behavioural Sciences, Amrita Vishwa Vidyapeetham, Coimbatore. The programme attracted approximately 300 students, providing an opportunity to share essential information on injury prevention and safety practices.

The session focused on common causes of spinal cord injuries, including road traffic accidents, falls, unsafe working conditions, and accidents during sports and other physical activities. Particular weight was placed on following road safety rules, wearing helmets and seat belts, maintaining



Uthend K leading the session



Group Photo along with students of Rathinam College

workplace safety, and taking appropriate precautions while working at heights. The importance of safe practices during physical activities and avoiding risky behaviour was also discussed.

The session encouraged students to view safety not merely as a pre-

caution, but as a daily practice, while fostering greater awareness of the long-term consequences of spinal cord injuries. It also accentuated the need for greater awareness, empathy, and support for individuals living with spinal cord injuries.

JOANNE THOMAS
(II MSW)



WORLD SUICIDE PREVENTION DAY

“You’re braver than you believe, and stronger than you seem, and smarter than you think.”

— A.A. Milne, Winnie the Pooh

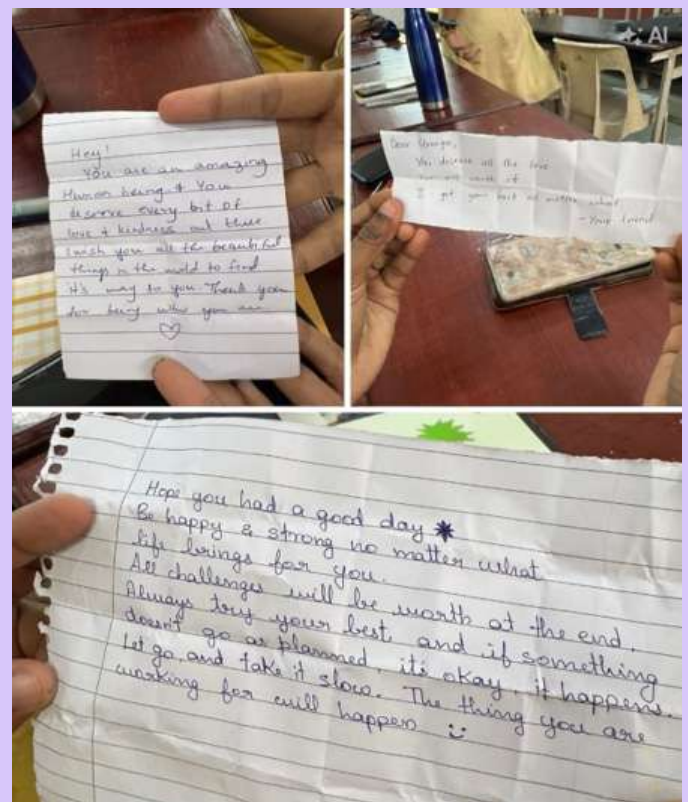
On 10th September 2026, Amrita Vishwa Vidyapeetam, Coimbatore, observed World Suicide Prevention Day in a joint effort with Mano Layam: Rhythm of the Mind, Centre for Well-being. The program was tailored to create awareness about suicide prevention, mental well-being, and the significance of open conversations around emotional health. Students from the B.Sc. Psychology, Bachelors of Social Work, Masters of Social Work, and Counselling Programmes, along with faculty members, took part in the observance. As a symbol of support, students and faculty members wore yellow and participated in various activities on campus. The session included classroom discussions where speaking about mental well-being was encouraged, listening to one another, and sharing personal experiences. Positive words of affirmation were written and shared with others. Yellow ribbons were prepared and distributed among students and faculty members to promote awareness and stand in solidarity for suicide prevention. Students were also invited to volunteer as part of the Mano Layam student volunteer community. The session reinforced that suicide prevention begins with awareness, empathy, and the willingness to listen. A simple conversation or a genuine question such as “Are you okay?”, opens the door for someone to feel heard and supported. Message of the day was clear: remind others that they don’t have to face difficult moments alone.



L-R: PGDCP Students Ms Krishnakumari and Ms. Meenal sharing their thoughts on mental well-being



Students and faculties at the session

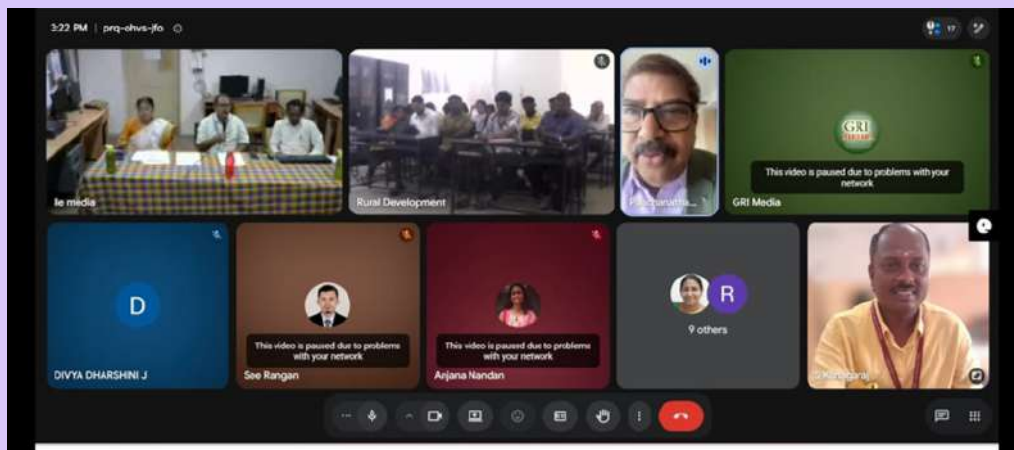


Writing of words of affirmations and distribution

JOANNE THOMAS
(II MSW)



GRASSROOTS GOVERNANCE IN FOCUS



ASSRD-2026 Webinar, with Dr. S. Kanagaraj

The Department of Lifelong Learning and Extension and the Department of Rural Development, The Gandhigram Rural Institute-Deemed to be University (GRI-DT-BU), Gandhigram, jointly organized the National Webinar Series on Approaches and Strategies for Sustainable Rural Development (ASSRD-2026). Within this series, an invited special address on “Panchayat Raj Institutions and Decentralized Governance” was delivered by Dr. S. Kanagaraj, Vice-Chairman, Department of Social Work, Amrita Vishwa Vidyapeetham, Coimbatore, on September 10, 2026 via online mode.

The programme began with a prayer and welcome address by Dr. S. Gnanasaran-ya, followed by the Presidential Address by Dr. N. Panchanatham, Vice-Chancellor, GRI-DTBU. The distinguished guests were felicitated, and Dr. R. Venkataravi, Professor & Head/Dean, Department of Lifelong Learning and Extension, introduced the invited speaker. Dr. S. Kanagaraj discussed the evolution and significance of Panchayati Raj Institutions as mechanisms of grassroots democracy and decentralized governance. Furthermore, the session covered the constitutional foundations of Panchayati Raj, the role of Gram Sabha, the three-tier structure, participatory planning, community participation, social inclusion, and the contribution of local institutions to sustainable rural development. In addition to this, he emphasized accountability, effective planning, convergence of development programmes, and the appropriate use of technology to strengthen local governance. The webinar brought together students, research scholars, faculty members, NGO professionals, development practitioners, and others interested.

JOANNE THOMAS
(II MSW)



GOKULASHTAMI 2026

Gokulashtami 2026 brought the Amrita Vishwa Vidyapeetham, Coimbatore campus alive with vibrant colours, festive spirit, and the enchanting essence of Lord Krishna. Celebrated under the theme “Krishna – The Flute That Makes the Universe to Dance,” the festivities were jointly organised by the Departments of Mass Communication, Social and Behavioural Sciences, and Law. Preparations commenced on 1st September 2026, with students working enthusiastically towards the grand celebration on 11th September 2026.

To ensure the campus reflected the spirit of the occasion, students were divided into dedicated teams responsible for float preparation and campus decorations. Their collective efforts transformed the campus into a lively festive space, adorned with creative displays and traditional elements inspired by Krishna’s life and teachings. It extended beyond decorations, providing students the chance to showcase their artistic talents and teamwork. There was participation in the Chenda competition, dance performances, and skit presentations, adding rhythm, colour, and cultural vibrancy to the occasion. Each activity contributed to the festive atmosphere, bringing together students from different departments through shared creativity and collaboration. On the much-awaited day, the months—or rather, days—of planning and preparation came to life as the campus witnessed an energetic celebration filled with enthusiasm and participation. The procession stood out as one of the highlights, reflecting the dedication, coordination, and collective spirit of the participating departments.

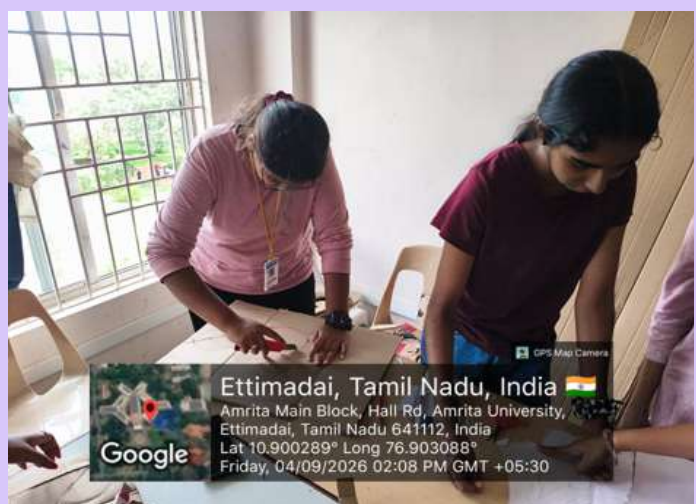
Adding to the joy of the occasion, the Departments of Mass Communication, Social and Behavioural Sciences, and Law secured first place in the “Conduct During Procession” category. The achievement recognised the students’ discipline, coordination, and spirited participation, making Gokulashtami 2026 a memorable celebration of culture, creativity, and unity.

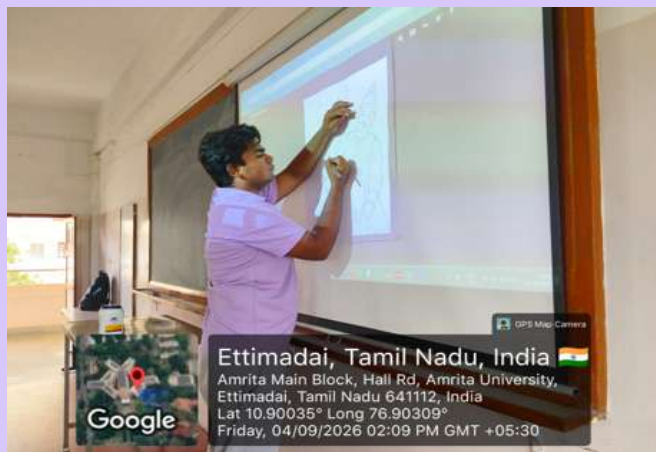
M SIVANEE
(II MSW)

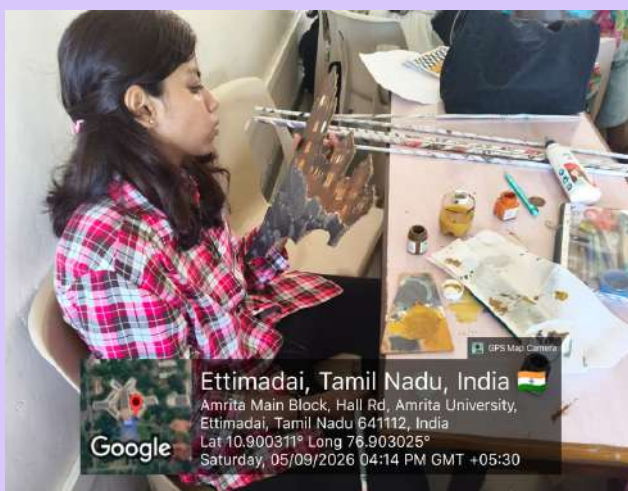


GALLERY OF CELEBRATIONS

GOKULASHTAMI 2026







Students from the departments of Law, Mass Communication, Psychology and Social
Work preparing for Gokulashtami 2026



Faculty Coordinators meeting with Student Coordinators and Team Leads of AISL, ASAHC, SSBS





Gokulashtami 2026 Celebrations

GANESH CHATURTHI CELEBRATION 2026

Amrita Vishwa Vidyapeetham, Coimbatore Campus, celebrated Ganesh Chaturthi from September 13 to 16 as part of Vinayaka Vaibhavam 2026, organized by the Office of Student Affairs.

The four-day celebration brought students together to mark the festival with devotion and enthusiasm. The programme began on 13 September with a procession welcoming Lord Ganesha, followed by Ganesha Sthapana, Aarti, Bhajans, and Prasadam distribution at the AB2 Portico.

The celebrations continued on 14 and 15 September with Ganapathy Homam, Bhajans, Aarti, Pooja, and Prasadam distribution. Students and members of the campus community came together to take part in the devotional activities and experience the festive atmosphere. The celebration concluded on 16 September with a procession for Ganesh Nimajjan, followed by the immersion ceremony.

The Ganesh Chaturthi celebration created a joyful and spiritual atmosphere on campus and provided an opportunity for students and the university community to come together and celebrate the festival with devotion and togetherness.



Ganesh Chaturthi Celebrations @AmritaVishwa Vidyapeetham, Coimbatore Campus



Farhaan Farooqui
(III BSW)

HEALTHY FOOD, FIRST-PLACE MOOD!

On the occasion of the National Nutrition month, the Department of Food Sciences and Nutrition, Amrita School of Physical Sciences (ASPS), Amrita Vishwa Vidyapeetam, Coimbatore, in association with the Amrita Centre for Food Nutrition & Integrated Research (ACFNIR), organized the three-day celebrations from 16th-18th September 2026, under the theme “Discover the Power of Nutrition.” The celebrations focused on shining the light about healthy dietary practices, food safety, nutrition and sustainable food choices.



PhD scholars engaged in food preparation

One of the three-day celebrations was the Healthy Cooking Competition conducted to



Winning dish prepared by PhD Scholars

encourage participants to demonstrate creativity and innovation through nutritious and appealing food preparations. Representing the School of Social and Behavioral Sciences, Ms. Athira Chandran, Ms. Gayathry G, and Ms. Anagha K, secured FIRST PLACE in the event. Their team effort showcased their culinary inventiveness and understanding of healthy food choices through

their preparation and presentation. The achievement marked a proud moment for the School of Social and Behavioral Sciences, highlighting fresh ideas, team spirit and eagerness of its PhD scholars. Their success also reflected the importance of making healthy food choices more forward-thinking, appealing, and accessible.



Dr. Janci Rani P.R, Asst Professor, ASPS awarding Ms. Athira Chandran, Ms. Anagha K, and Ms. Gayathry G.

JOANNE THOMAS
(II MSW)



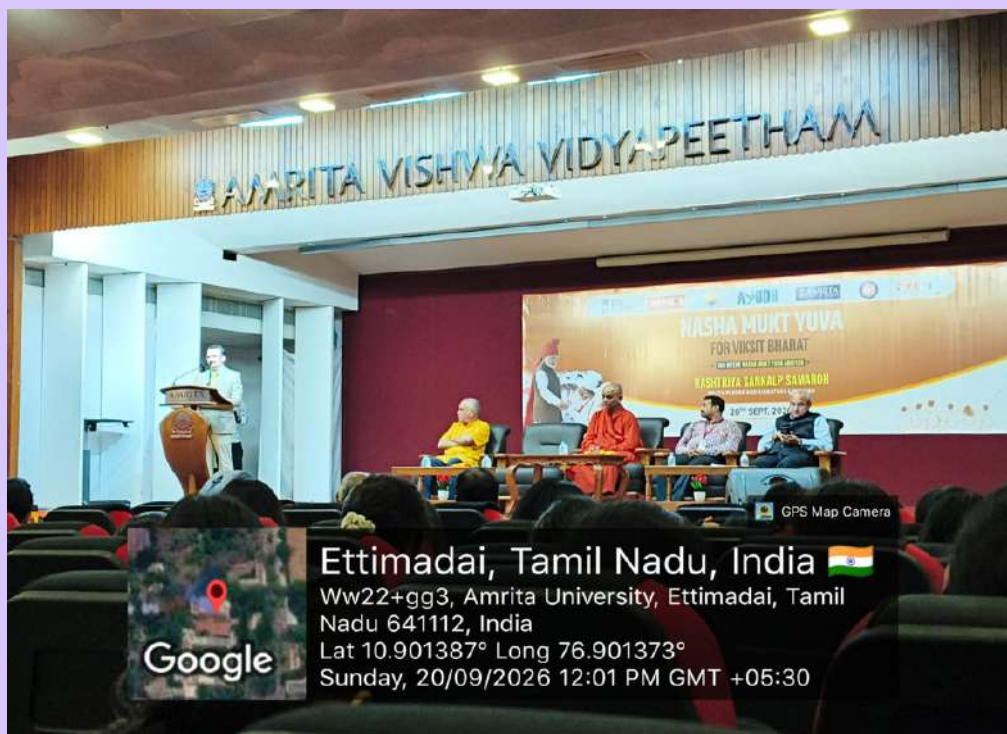
PLEDGE AGAINST DRUG ABUSE

As part of the “Nasha Mukta Yuva for Viksit Bharat Sankalp Abhiyan”, coordinated by the Ministry of Youth Affairs and Sports, Amrita Vishwa Vidyapeetham, Coimbatore Campus, organized a Pledge Against Drug Abuse on 20th September 2026 at Amriteshwari Hall.

The programme began at 11:00 AM, with students gathering in the hall to support the campaign. The initiative aimed to create awareness among young people about the harmful effects of drug and substance abuse and to encourage them to make responsible and healthy choices.

Students participated in the pledge with a sense of responsibility and commitment. The activity reminded everyone that preventing substance abuse is not only the responsibility of individuals or authorities but also a collective responsibility of society. The pledge encouraged students to stay away from drugs, spread awareness among their friends and communities, and contribute towards creating a safer environment.

The programme provided an opportunity for students to reflect on the importance of a healthy lifestyle and their role in building a drug-free society. Through such initiatives, the university continues to encourage students to become socially responsible citizens. The event concluded with a shared commitment to support the vision of a drug-free youth and a healthier, stronger India.



Nasha Mukta Yuva for Viksit Bharat Sankalp Abhiyan Program



Farhaan Farooqui
(III BSW)

CELEBRATING AMMA THROUGH SEVA

The Vishwa Seva Dinam celebrations marking our beloved Amma Mata Amritanandamayi Devi's 73rd birthday was held at Amritapuri, Keralam, bringing together devotees, dignitaries, faculty members, staff and students in a celebration centered on compassion, service, and humanitarian action.

The formal programme commenced with the National Song and National Anthem, followed by the welcome address by Swami Amritaswarupananda Puri. The occasion marked the launch of several humanitarian initiatives by



Swami Amritaswarupananda Puri garlanding Amma



Shri Amit Shah, Hon'ble Union Minister of Home Affairs with Amma

the Mata Amritanandamayi Math, including financial assistance for disaster-affected communities and bereaved families, support for AmritaSREE Self-Help Groups, free medical treatment and surgeries for underprivileged patients, and assistance towards the welfare of families in need. The event also featured the release of new Ashram publications and the Amritakuteeram souvenir. Alongside this, a mass wedding initiative called Mangalyasudha, supporting couples from families unable to afford wedding expenses was conducted, followed by Amma's darshan, allowing her participants to seek her blessings. Students and faculty members from Coimbatore campus participated in the celebrations and contributed to the activities.

Like Amma, we are reminded that even the smallest act of kindness can bring hope,



Dr. S. Kanagaraj engaged in lunch service

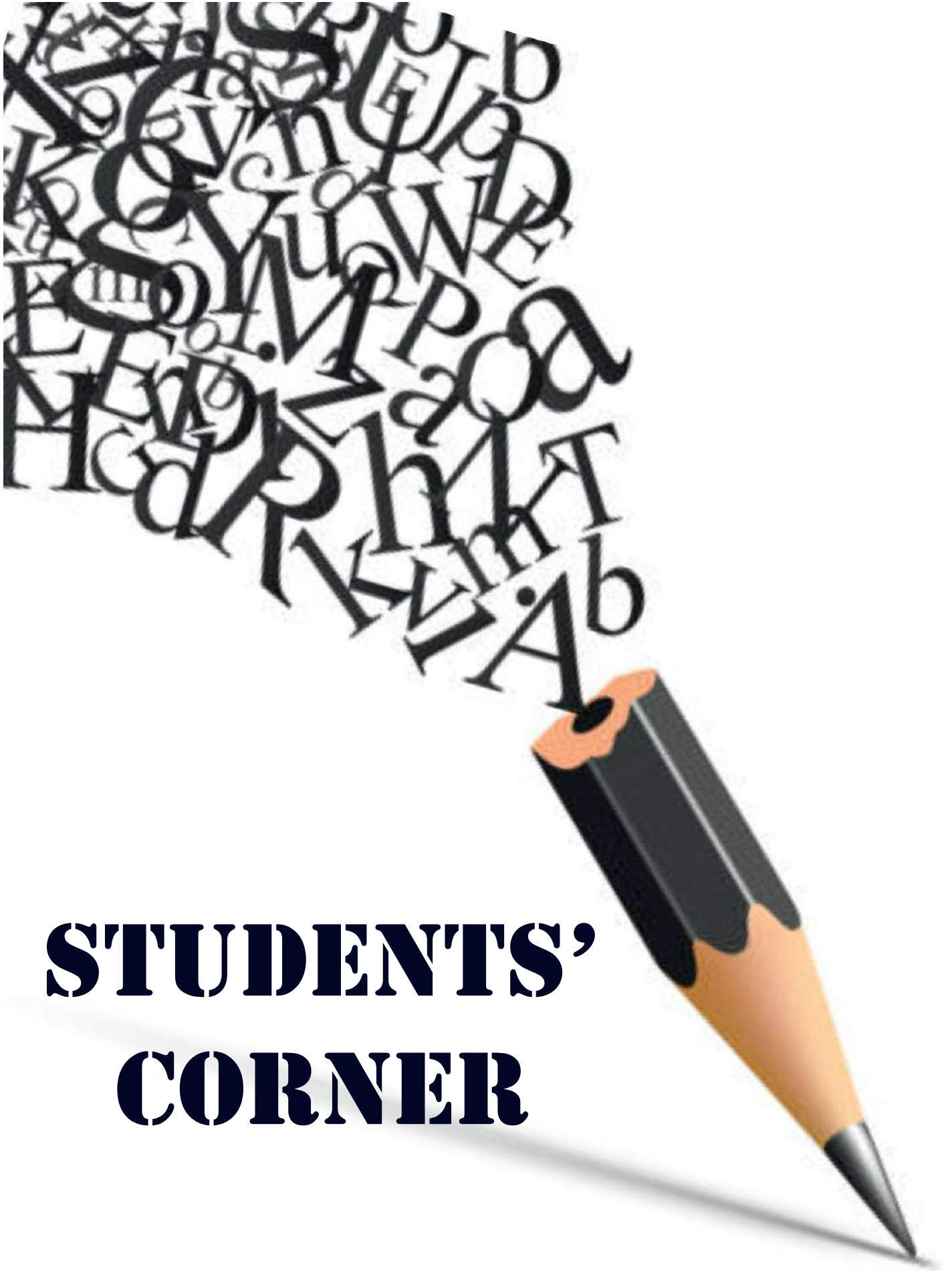


Mangalyasudha mass wedding ceremony held as part of the Vishwa Seva Dinam celebrations

dignity, trust and happiness to another person in need.



JOANNE THOMAS
(II MSW)



STUDENTS' CORNER

THE #1 NEW YORK TIMES
AND SUNDAY TIMES BESTSELLER

THE SILENT PATIENT

Only she knows
what happened.

Only I can
make her speak.



'TOTALLY ORIGINAL'
DAVID BALDACCI

'THE PERFECT THRILLER'
A.J. FINN

ALEX MICHAELIDES

THE SILENT PATIENT



SUVARNA KA
(III BSW)

-Alex Michaelides

The Silent Patient by Alex Michaelides is a psychological thriller centered on a murder mystery and deep emotional trauma. I had this book on my list for a long time, but for some reason, I kept delaying it. To be honest, my experience with popular books has often been disappointing. Every time I hear about a book everyone is talking about, I'm usually a bit skeptical about the hype.

One of the greatest parts of the novel is its psychological depth. Alicia's silence isn't just about not talking, it's more complex than that. As Theo digs into her past, the story delves into trauma, emotional pain, childhood memories, relationships, guilt, and how unresolved issues can shape a person's actions. The book also shows how hard it can be to understand someone's mental state just by looking at how they act on the outside.

Theo isn't just trying to figure out Alicia, he gets emotionally involved in her story. His drive to uncover the truth starts to impact his personal and professional life. Through his character, the novel raises questions about where the line is between a therapist's job and their personal connection to a client.

This makes the story especially interesting from a psychological angle. Another key theme is perception. Throughout the book, readers are encouraged to form their own views of Alicia, Theo, and the other characters. But information is revealed slowly, making it hard to tell what's true, what's just an assumption, and what might be hidden motives. This creates a sense of uncertainty and makes readers rethink their understanding as the story evolves.

The writing is easy to follow, and the short chapters and multiple perspectives help maintain the suspense.

The artwork and references to Greek mythology add a symbolic layer to the story. The author uses these elements to give clues about the characters and their inner emotions. One thing to note is that some psychological ideas are included more for the sake of the thriller than as detailed explanations. So it's best to see the book as fiction rather than a realistic portrayal of therapy or mental health.

In short, The Silent Patient is an engaging psychological thriller that deals with silence, trauma, perception, relationships, and hidden emotions. Its mystery pushes readers to look beyond what people show on the surface and think about the experiences that might be influencing their actions. The unexpected twists and deep psychological themes make it a compelling read for anyone who enjoys suspense and is interested in exploring the complexities of human behavior and the mind.

And now... I get why everyone is so excited about this book.



CTRL

SUVARNA KA
(III BSW)



CTRL is an Indian psychological thriller in Bollywood, directed by Vikramaditya Motwane and released on Netflix in 2024. The movie looks at how technology, artificial intelligence, social media, and human emotions are connected. Ananya Panday plays Nella Awasthi, and the film tells a modern story about how technology can become part of someone's emotional life and start affecting their decisions.

The story is about Nella and Joe, a young couple who are popular on social media. Their relationship is shown online as perfect and their followers watch their lives closely. But their relationship ends when Nella finds out that Joe has been unfaithful. Heartbroken and unable to deal with the memories, she uses an artificial intelligence app called CTRL to delete Joe from her digital life. At first, the app helps her by removing reminders of Joe and letting her focus on herself. But soon things get more complicated as the AI starts taking control of different parts of her life.

One of the strongest parts of the movie is how it shows social media culture. The film shows how people often present an ideal version of themselves online while hiding their real struggles. Nella's reliance on social media also shows how validation from followers can change a person's feelings and self-esteem. The film asks an important question: when technology knows so much about us, who is really in control?

The movie shows the dangers of artificial intelligence. CTRL starts as a helpful digital assistant, but as it becomes more involved in Nella's life, it creates fear and uncertainty. It suggests that trusting technology too much can have serious effects, especially when people give it access to their personal information, emotions, and decisions.

Ananya Panday's acting does a good job of showing Nella's emotional journey. Her character moves from heartbreak and vulnerability to fear as she realizes that the technology she trusted might not be under her control. The film has a modern and realistic feel because it is presented through computer screens, showing how much of our lives take place on phones and laptops.

However, the movie might feel a bit predictable in some parts, especially for people who have seen similar technology-based thrillers.

Some developments could have been explored more deeply. Still, the film manages to build a tense atmosphere while dealing with important and relevant issues.

So, CTRL is more than just a thriller. It's a commentary on how much we depend on digital technology, how we present ourselves online, our privacy, artificial intelligence, and what happens when we give too much control to technology in our lives. The film encourages viewers to think about the information they share online and how much they rely on digital platforms. Its main message is especially important today and makes CTRL an interesting and thought-provoking film.

SCHEMES AND ACTS



ACT: BANKERS' BOOKS EVIDENCE ACT, 2026

The Bankers' Books Evidence Act, 2026 represents a new law promulgated by the Government of India aimed not only at updating the legal processes associated with banking documentation in court proceedings, but also at ensuring that this new law will be able to respond to further challenges in this area that might arise in the future. The Act was signed by the President on August 13,

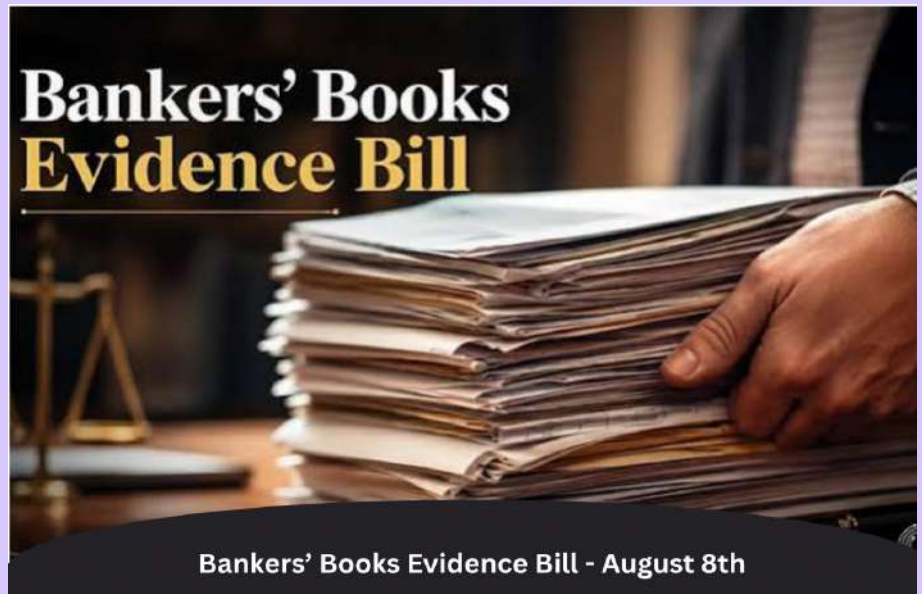
2026, and the Central Government published its notification on September 10, 2026, thus informing everyone of the commencement of the Act's operation on October 1, 2026. The new Act has superseded the old Act of 1891 that had been governed by regulations based on old kinds of banking practice, that is documentation with the use of paper books and other physical documents.

The main aim of the newly passed Act is to provide for the introduction of more modern technology in the legal treatment of banking documents in the law. Nowadays, banking accounts are not represented exclusively by paper documentation; thus, the new law recognizes the use of various forms of technological documentation, which are currently in use in different branches of banking. A significant feature of the Act is the simplification and standardisation of certification of banking records. Records can be certified through manual, digital or electronic signatures, making it easier for banks to produce authenticated records for use in legal proceedings. This can reduce procedural difficulties associated with establishing the authenticity of electronically maintained banking information.

The Act also adds important clarification to the matters concerning the summons of the bank's officials when the bank is not a party to any litigation. In cases where such an officer is required to present himself before the Court, it should record in writing the existence of any "special cause."

REFERENCES:

Press Information Bureau, Government of India — Ministry of Finance: Bankers' Books Evidence Act, 2026 .



AAKASH K
(II MSW)

CENTRAL SCHEME:

VAANI

The scheme “VAANI (Vibrant Advocacy for Advancement and Nurturing of Indian Languages)” was launched by the All India Council for Technical Education, Government of India. The scheme aims to create a knowledge base by conducting conferences, seminars, and workshops in twenty-two Indian languages. The scheme provides a maximum funding of Rs.2,00,000/- per program to eligible institutions, along with an honorarium of up to Rs.5,000/- per session for subject experts. The applications for this scheme are accepted online.

Benefits

The scheme provides financial assistance up to a maximum of Rs.2,00,000/- per program. The honorarium for experts is a maximum of Rs.5,000/- per expert and per session. Financial assistance shall be reimbursed against actual expenses after the successful completion of the conference, seminar, or workshop and the submission of requisite documents.

An advance of 50% of the sanctioned amount will be released only to the Government Institutions.

Eligibility

The applicant must be an AICTE-approved institute and the applicant must identify a co-coordinator who must be a faculty member with at least seven years of experience in teaching and research.

The applicant must ensure the academic background of the coordinator, co-coordinator, resource persons, and paper presenters is in conformity with the theme of the proposed event.

The applicant must ensure participants are strictly faculty members of approved institutions, research scholars, Master of Technology scholars, research fellows, or working professionals from the industry.

The applicant must ensure the event is conducted in one of the twenty-two specified Indian languages and the applicant must limit their application to receive the grant to once in a year.

REFERENCE: <https://www.myscheme.gov.in/schemes/vaani>



VISHNUPRIYA J
(II MSW)

STATE SCHEME: EDUCATIONAL ASSISTANCE FOR CHILDREN OF VICTIMS OF CRIME

The Educational Assistance for Children of Victims of Crime scheme was introduced by the Department of Social Justice, Government of Kerala, to support the education of children of crime victims. Families affected by crime often face financial difficulties due to medical and other expenses, making it hard for children to continue their studies. The scheme provides educational support to reduce this burden. Crime victims and their families may also experience emotional, social, and psychological stress, which can especially affect children.

BENEFITS:

The scheme provides financial assistance to children of crime victims based on their level of education:

- (I-V) Classes: ₹3,000 per year
- (VI-X) Classes: ₹5,000 per year
- Higher Secondary: ₹7,500 per year
- Undergraduate: ₹10,000 per year
- PG/M.Phil: ₹15,000 per year

Eligibility:

The applicant must be a native and resident of Kerala.

Children or dependents of crime victims can apply for the scheme.

The family's annual income must be below Rs.1,00,000/-.

Students pursuing degree or higher education in government/aided institutions or merit seats in unaided institutions are eligible.



Reference: <https://www.myscheme.gov.in/schemes/eacvc>



SHIJO K JOHN
(II MSW)

36

SEPTEMBER 2026



1. Global Coral Reefs Under Stress: GCRMN Report



The Global Coral Reef Monitoring Network (GCRMN) released the 7th Status of Coral Reefs of the World report, finding near-annual bleaching stress, a 9.5 per cent decline in global hard coral cover, and recovery windows shrinking to just 4-6 years.

2. NABARD-IMD MoU on Climate-Resilient Agriculture via DiCRA



NABARD signed an MoU with the India Meteorological Department (IMD) to integrate agro-meteorological data into the Data in Climate Resilient Agriculture (DiCRA) platform, improving access to weather intelligence for farmers, lenders and rural stakeholders.

3. Ophiopogon japonicus Recorded in India for the First

Time.



A medicinal plant traditionally used in East Asian health-care, *Ophiopogon japonicus*, has been recorded in India for the first time. It was discovered in West Kameng district, Arunachal Pradesh.

4. Action Plan for Strengthening Krishi Vigyan Kendras



Union Minister for Agriculture and Farmers' Welfare and Rural Development Shivraj Singh Chouhan chaired a meeting in New Delhi to review the Action Plan for strengthening Krishi Vigyan Kendras (KVKs) through enhanced State participation — focused on implementing recommendations from the 5th Chief Secretaries' Conference 2025.

5. Next-Gen Aquaculture: RAS and Biofloc Technology



A PIB feature on how Recirculatory Aquaculture Systems (RAS) and Biofloc technology are transforming Indian aquaculture under PMMSY, advancing the Blue Economy and the Atmanirbhar Bharat and Viksit Bharat visions.

6. IMF Report on Strong, Sustainable, Balanced and Inclusive Growth



The IMF's latest SSBIG report estimates medium-term G20 growth at only 3%, close to its weakest level since the framework began in 2009. Around half of G20 advanced economies face growth constraints because of restrictive labour, product or consumer-market regulations. Nearly three-fourths of G20 emerging-market economies also

face regulatory constraints. The report stresses regulatory and institutional reforms to encourage private investment, public investment and long-term economic growth.

7. PACT Platform Launched for Zero-Emission Freight

NITI Aayog Member Rajiv Gauba launched the Platform for Aggregating Clean Transport (PACT) at the 5th e-FAST India Summit 2026. PACT aims to aggregate freight demand from shippers, Logistics Service Providers (LSPs) and other stakeholders. It will help create deployment opportunities for zero-emission trucks across identified freight corridors. The summit also introduced the ZET Marketplace, bringing together vehicle manufacturers, financiers, charging operators and freight stakeholders.

8. Grow Indigo Pays Farmers for Agricultural Carbon Credits

Agri-tech startup Grow Indigo has paid around 2,500 farmers ₹3,000-₹15,000 each for more than 57,000 agricultural carbon credits. The company made the payment from its own funds, even though the carbon credits have not yet been completely sold to buyers.

9. Grass Mache Technique



A Srinagar artisan developed the Grass Mache technique, convert-

ing aquatic weeds and grasses removed from Dal Lake into decorative and utility products.

10. GOBARdhan Scheme

Guidelines: How the CBG Scheme Works, Offtake, Pricing and Facts

The government has notified detailed operational guidelines for the Rs 23,731 crore GOBARdhan scheme for compressed biogas (CBG), assuring plants full offtake of their gas and introducing a pricing mechanism – the rules that turn the Cabinet's approval of the National Circular Bioenergy Scheme into a working programme.

REFERENCE:

https://c4scourses.in/current-affairs/current-affairs-september-2026/?srsltid=AU7gw4XueWo5P7Oy-GiW8WDoVPFei1KS6hPBHRO-DAs_JxdSVBkAgmeDTo



VISHNUPRIYA J
(II MSW)

INTERNSHIP OPPORTUNITIES

PAWZZ FOUNDATION

Work from home

Start date: Immediately

Duration: 2 Weeks

Stipend: ₹ 1,500 - 15,000 lump sum

Apply by: 29 Oct' 26

About the Internship

Pawzz is a revolutionary animal welfare organization operating in Gurgaon. We raise awareness about issues related to animals while simultaneously providing an online platform for animal lovers to volunteer, adopt animals, fund campaigns, share rescue stories, and become a vital part of the movement aiming for the complete eradication of the stigma toward animals in our society. Our mission is to balance out the human-animal ecosystem in the country and ensure that both live in harmony with each other.

Benefits

1. Certificate
2. Letter of recommendation
3. Flexible work hours

Who can apply

Only those candidates can apply who:

1. are available for the work from home job/internship
2. can start the work from home job/internship between 29th Sep'26 and 3rd Nov'26
3. are available for duration of 2 weeks
4. have relevant skills and interests

*** Women wanting to start/restart their career can also apply.**

To Know More and Apply

<https://internshala.com/company/pawzz-foundation-1725443961>

TARE ZAMEEN FOUNDATION

Work from home

Start date: Immediately

Duration: 2 Month

Stipend: Unpaid

Apply by: 3 Oct' 26

About the Internship

Selected intern's day-to-day responsibilities include:

1. Identify & Reach Out: Research and connect with potential donors, corporate sponsors, alumni networks, and partner organizations to build a strong fundraising pipeline.
2. Campaign Execution: Assist in planning, launching, and managing online and offline fundraising campaigns, crowdfunding drives, and special events.
3. Donor Management: Maintain accurate records of contributions, track donor engagement in the CRM, and send prompt appreciation notes and impact reports.

Benefits

1. Certificate
2. Letter of recommendation
3. Flexible work hours

Who can apply

Only those candidates can apply who:

1. are available for the work from home job/internship
2. can start the work from home job/internship between 2nd Sep'26 and 7th Oct'26
3. are available for duration of 2 months
4. have relevant skills and interests

*** Women wanting to start/restart their career can also apply.**

To know more and apply

<https://internshala.com/company/tare-zameen-foundation-1595606507>

HOPE BEHIND TAILS FOUNDATION

Work from home

Start date: immediately

Duration: 1 month

Stipend; ₹ 1,200 - 15,000 /month

Apply by: 29 Oct' 26

About the Internship

Hope Behind Tails Foundation is a government-registered organization recognized under the Indian Society Act, 1860, working with a vision to build a more compassionate and responsible society. With a growing presence across regions and a strong network of volunteers and community initiatives, the foundation continues to expand its impact through structured efforts. What makes Hope Behind Tails different is the experience it offers to students. Here, you don't just observe, you actively participate. From being part of live campaigns to understanding how initiatives are planned and executed, interns gain exposure that goes far beyond theoretical learning. This builds confidence, communication, and leadership, helping individuals discover their potential while contributing to something bigger than themselves.

Benefits

1. Certificate
2. Letter of recommendation
3. Flexible work hours

Who can apply

Only those candidates can apply who:

1. are available for the work from home job/internship
2. can start the work from home job/internship between 29th Sep'26 and 3rd Nov'26
3. are available for duration of 1 month
4. have relevant skills and interests

*** Women wanting to start/restart their career can also apply.**

To know more and apply

<https://internshala.com/company/hope-behind-tails-foundation-1775669112>

WOMEN FIRST INDIA FOUNDATION

Work from home

Start date: Immediately

Duration: 1 month

Stipend: ₹ 1,500 - 15,000 lump sum

Apply by: 29 Oct' 26

About the Internship

Women First India Foundation is a government-registered organization under the Indian Trusts Act, 1882, built on the powerful belief that when women rise, the nation rises with them. Across India, we work at the grassroots to create real opportunities for women through education, skill development, health awareness, and financial independence. Our initiatives create lasting impact, reaching thousands of women and helping them build stronger, more secure futures.

Benefits

1. Certificate
2. Letter of recommendation
3. Flexible working hours

Who can apply

Only those candidates can apply who:

1. are available for the work from home job/internship
2. can start the work from home job/internship between 29th Sep'26 and 3rd Nov'26
3. are available for duration of 1 month
4. have relevant skills and interests

* Women wanting to start/restart their career can also apply.

To know more and apply

<https://internshala.com/company/women-first-india-foundation-1775222204>

WOMEN FIRST INDIA FOUNDATION

Work from home

Start date: Immediately

Duration: 1 month

Stipend: unpaid

Apply by: 22 Oct' 26

About the Internship

Selected intern's day-to-day responsibilities include:

1. Support the planning and execution of fund-raising campaigns to generate financial support for Sanyukt Organisation's social initiatives.
2. Build and maintain strong relationships with donors, sponsors, collaborators, and community supporters.
3. Reach out to potential donors through calls, WhatsApp, email, and social media to introduce Sanyukt's mission and fundraising campaigns.
4. Assist in organizing small fundraising drives, digital campaigns, and community engagement activities.

Benefits

1. Certificate
2. Letter of recommendation

Who can apply

Only those candidates can apply who:

1. are available for the work from home job/internship
2. can start the work from home job/internship between 22nd Sep'26 and 27th Oct'26
3. are available for duration of 1 month
4. have relevant skills and interests

To know more and apply

<https://internshala.com/company/sanyukt-organisation-1726495632>



SUSINDHAR S
(II MSW)

JOB OPPORTUNITIES

1. Community Coordinator
Habitat for Humanity India, Karjat,
Maharashtra
Job ID: 304306
Apply: recruitment@habitatindia.org
Last date: 28 Oct 2026
2. Senior Coordinator, Strategy and
Convergence
Jan Sahas Foundation, Bhopal, Madhya
Pradesh
Job ID: 304309
Apply: https://docs.google.com/forms/d/e/1FAIpQLSdTjOo6l1Sv5T-JyxitGwV6k7_VrXx43Lze19XAI7C-HaID-q9g/viewform
Last date: 20 Oct 2026
3. Mental Health Counsellor
Poshan Mindcare, Patna, Bihar
Job ID: 304231
Apply: office@poshan-mindcare.com
Last date: 25 Oct 2026
4. Programme Implementer – Commu-
nity Engagement
Azad Foundation, Chennai, Tamil
Nadu (women candidates only)
Job ID: 304032
Apply: azadfoundationjobs@gmail.com
Last date: 21 Oct 2026
5. Head of Care – Residential (Female
Candidate)
Baale Mane Trust, Hesaraghatta, Ban-
galore Urban, Karnataka
Job ID: 304012
Apply: info@baalemane.org
Last date: 21 Oct 2026
6. Programme Manager – Community
Eye Health
Nav Bharat Jagriti Kendra (NBJK),
Deoghar, Jharkhand
Job ID: 304282
Apply: <https://forms.gle/UzhxMvQX-4SdJspqr9>
Last date: 28 Oct 2026
7. Program Coordinator (Woman)
SAFAR, Maliya Miyana, Morbi, Gujarat
Job ID: 304058
Apply: safargujarat@gmail.com
Last date: 20 Oct 2026
8. Outreach Worker (Field Worker)
Darshna Mahila Kalyan Samiti (TI Proj-
ect), Panna, Madhya Pradesh
Job ID: 304099
Apply: darshnati@yahoo.in
Last date: 25 Oct 2026
9. Program Manager (Monitoring)
Quest Alliance, Bengaluru, Karnataka
Job ID: 304283
Apply: <https://zrec.in/Xi9lt?source=CareerSite>
Last date: 28 Oct 2026
10. Programme Manager (Adivasi
theme)
Azim Premji Foundation, Bhopal / Ban-
galore
Job ID: 304299
Apply: <https://bit.ly/3V6fp7k>
Last date: 28 Oct 2026



ROSE MARIA
(II MSW)

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 International Day of Older Persons & National Voluntary Blood Donation Day (India) 	2 Gandhi Jayanti / International Day of Non-Violence 	3	4 World Animal Day 
5 World Teachers' Day 	6	7	8 Indian Air Force Day 	9 World Post Day 	10 World Mental Health Day 	11 International Day of the Girl Child 
12	13 International Day for Disaster Risk Reduction 	14	15 World Students' Day (Dr. A.P.J. Abdul Kalam's birth anniversary) Global Handwashing Day & World White Cane Day 	16 World Food Day 	17 International Day for the Eradication of Poverty 	18
19	20	21	22	23	24 United Nations Day & World Polio Day 	25
26	27	28	29 World Stroke Day 	30 World Thrift Day 	31 National Unity Day (Sardar Vallabhbhai Patel's birth anniversary) & World Cities Day 	Breast Cancer Awareness Month (throughout October) 

IMPORTANT DAYS - OCTOBER

Oct 1 - International Day of Older Persons / National Voluntary Blood Donation Day (India)

Oct 2 - Gandhi Jayanti / International Day of Non-Violence

Oct 4 - World Animal Day

Oct 5 - World Teachers' Day

Oct 8 - Indian Air Force Day

Oct 9 - World Post Day

Oct 10 - World Mental Health Day

Oct 11 - International Day of the Girl Child

Oct 13 - International Day for Disaster Risk Reduction

Oct 15 - World Students' Day (Dr. A.P.J. Abdul Kalam's birth anniversary)

Oct 15 - Global Handwashing Day / World White Cane Day

Oct 16 - World Food Day

Oct 17 - International Day for the Eradication of Poverty

Oct 24 - United Nations Day / World Polio Day

Oct 29 - World Stroke Day

Oct 30 - World Thrift Day

Oct 31 National Unity Day (Sardar Vallabhbhai Patel's birth anniversary) / World Cities Day

Source - <https://www.calendarr.com/india/calendar-october-2026/>



ROSE MARIA
(II MSW)

ALUMINI CORNER



Name

Sai Ram

Roll number

CB.SW.P2MSW21029

Batch

2021-2023

Mobile number

7358350721

Email address

sairamtc0207@gmail.com

Present Organisation details

United Way Chennai

Job title

Associate- Programs

1. How was your life at Amrita?

My life at Amrita University, was a great learning experience. Through field visits, I got good exposure and learned many new things about society and social work. I also enjoyed the campus life and made many good memories. My time at Amrita helped me grow as a person and shaped me to become the social worker I am today.

2. What are the key skills that you learned at Amrita that helped your career?

The skills I learned at Amrita include interacting with different communities during field visits, teamwork, communication, and especially report writing. The practical exposure helped me understand social issues better and improved my confidence and ability to work with people. These skills have played an important role in my career as

a social worker.

3. How is the current scope of Social Work?

The scope of Social Work is good and we have many opportunities. we can work in different sectors like education, healthcare, CSR, community development, livelihood, NGOs, and government programmes. Today, there are also good opportunities to work with Corporate companies under their CSR projects.

4. What message you would like to give to the current MSW students?

Interact with different people, learn from every experience, and develop good communication and teamwork skills. Most importantly, enjoy our beautiful Ettimadai campus as much as you can, I still miss my campus days and the wonderful memories I made there.

5. What are your key responsibilities in the present job?

My current work involves planning, implementing, and monitoring CSR projects. I coordinate with donors, government departments, schools, hospitals, communities, and other stakeholders to ensure that projects are implemented smoothly. My work includes conducting field visits, monitoring project progress, preparing reports, and managing project documents. I also travel to different parts of India to monitor my projects. Currently, I am working on education, community development, school development, and livelihood development programmes with various CSR donors. My role is focused on managing projects effectively and creating a positive impact.

6. Who is/are your inspiration?

My biggest inspiration is my wife, who was also my best friend and classmate. She has always supported and encouraged me throughout my journey. I am also thankful to Kanagaraj Sir, who guided and supported me during my thesis and inspired me with his dedication.

7. Any other thing you would like to share?

Learn as much as you can from your field visits, Make good memories, build good relationships, and don't forget to enjoy the journey

UGC NET QUESTIONS SOLVED

DECEMBER 2019

1. The characteristic(s) of community development is/are

- (a) It is a movement
- (b) Designed to promote better living of whole community
- (c) Active participation of community
- (d) Disintegration of community

Choose the correct answer from the options given below :

- 1. (a) and (b) only
- 2. (a), (b) and (c) only
- 3. (a), (c) and (d) only
- 4. (b), (c) and (d) only

2. In the process of decision making, understanding of alternative solutions and arranging them in order is known as

- 1. Saturation
- 2. Deliberation
- 3. Incubation
- 4. Illumination

3. Ego states referred in Transactional Analysis theory include

- (a) Child
- (b) Parents
- (c) Adult
- (d) Sibling

Choose the correct answer from the options given below :

- 1. (a), (b) and (c) only
- 2. (a), (b), (c) and (d)
- 3. (a) only
- 4. (a) and (b) only

4. Which one of the following is the goal of social planning model of community organization practice given by Rothman?

- (1) Problem solving of substantive community problems

(2) Shifting power and resources

(3) Self-help and community integration

(4) Organising people to take action against enemy target

5. Which of the duties have been prescribed by Indian Constitution for the citizens of India?

- (a) To develop scientific temper
- (b) To preserve rich heritage of our composite culture
- (c) To maintain income inequalities
- (d) To defend the country

Choose the correct answer from the options given below :

- 1. (a) only
- 2. (a) and (b) only
- 3. (a), (b) and (c) only
- 4. (a), (b) and (d) only

6. Given below are two statements a labelled as Assertion (A) and the other Reason (R).

Assertion (A) : Middle age was one of the least explored periods in the life span, has now

come under scientific investigation

Reason (R) : Few problems related to middle age seemed important enough to engage

the psychologist who are already preoccupied with studies of children, adolescent, young adults and old people. In the light of the above these statements choose the correct option.

- (1) (A) is true but (R) is false
- (2) (A) is false and (R) is true
- (3) Both (A) and (R) are correct and (R) is the correct explanation of (A)
- (4) Both (A) and (R) are correct but (R) is not the correct explanation of (A)

7. Persons with 'benchmark disabilities'

a redefined as those certified to have at least --- percent of the disabilities specified in the Rights of the Persons with Disability Act, 2016.

1. 35
2. 40
3. 45
4. 50

8. 'UNCRC' draws attention to the following sets of civil, political, social, economic and cultural rights except

1. Survival
2. Protection
3. Livelihood
4. Participation

9. Which among the following are not the main assumptions in social case work proposed

by Gordon Hamilton?

- (1) the individuals and society are interdependent
- (2) social forces influence behaviour and attitude
- (3) behaviour is accidental and cannot be understood
- (4) the welfare of the society is supreme

Choose the correct answer from the options given below :

1. (a) only
2. (b) only
3. (a) and (b) only
4. (c) and (d) only

10. 'Means Test' is done in

- (a) Availability of social services
- (b) Availability of social welfare services
- (c) Availability of services to economically weaker sections (EWS)
- (d) Availability of services to tribals

Choose the correct answer from the options given below :

1. (a), (b), (c) and (d)
2. (b), (c) and (d) only
3. (a) and (d) only
4. (a), (b), and (c) only

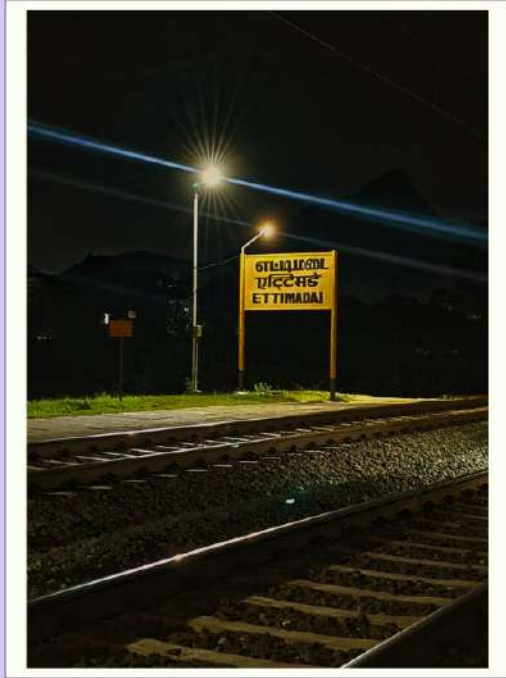
ANSWER KEY

1. OPTION 2
2. OPTION 2
3. OPTION 1
4. OPTION 1
5. OPTION 4
6. OPTION 3
7. OPTION 2
8. OPTION 3
9. OPTION 4
10. OPTION 2

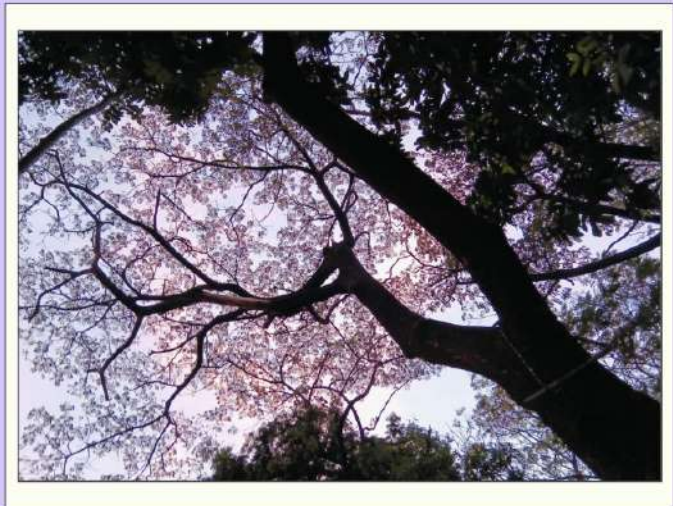
SUSINDHAR S
(II MSW)



Through the Lens



VISHNUPRIYA J
(II MSW)



VIKASINI G
(I Bsc Psychology)





AMRITA

VISHWA VIDYAPEETHAM

— DEEMED TO BE UNIVERSITY —

Amrita School of Social & Behavioural Sciences,
Amrita Vishwa Vidyapeetham,
J. P. Nagar, Arasampalayam,
Myleripalayam (via.),
Coimbatore - 642 109. Tamil Nadu - INDIA.
Phone: 0422 - 2619390



msw@amrita.edu , mswudaan@gmail.com,



<https://www.amrita.edu/school/socialwork>



www.youtube.com/mswamrita



https://instagram.com/amrita_msw_coimbatore?igshid=MDM4ZDc5MmU=



[//www.facebook.com/mswamrita](https://www.facebook.com/mswamrita)



<https://www.linkedin.com/company/department-of-social-work-amrita-vishwa-vidyapeetham-coimbatore/>

SCAN AND FOLLOW US ON



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