

AMRITA UDAAN

Monthly Newsletter

January 2026

Volume 08 Issue 01



“A Mahatma’s life is like a cool breeze that caressed everybody and everything”
— Mata Amritanandamayi Devi



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SCHOOL OF SOCIAL AND BEHAVIOURAL SCIENCES

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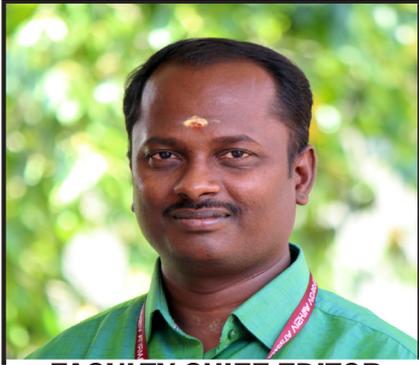
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ABOUT AMRITA UDAAN

Amrita Udaan is the monthly newsletter of the Dept. of Social Work. It is completely managed by the students under the guidance of the faculty. It mainly covers the departmental activities, articles on various social issues, book review, movie review, drawings, posters, alumni interviews, guidance, and solved previous year question papers of UGC-NET. The contents are contributed mainly by the students, alumni, and faculty members. It is successfully publishing every month since October 2019.

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DEPARTMENTAL ACTIVITIES

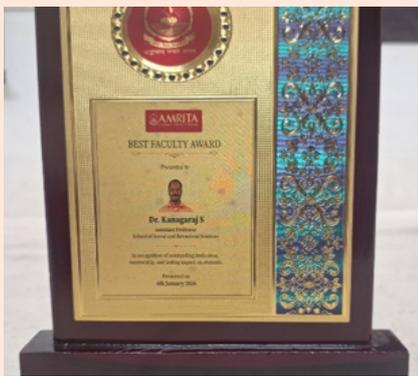


BEST FACULTY AWARD

On 6th January 2026, Dr. S. Kanagaraj, Vice-chairperson of School of Social Sciences and Behavioural Studies, Arasampalayam campus, was conferred with the “Best Faculty” award during the Institution Day celebration held at Amrita Vishwa Vidyapeetham, Ettimadai campus. This award was instituted for the very first time by the college, with the objective of recognizing faculty members who had made outstanding contributions to teaching, academic excellence and student development.



Dr. S Kanagaraj with 1st MSW



“Best Faculty” Award

The selection of Dr. S. Kanagaraj for this honour echoes his consistent dedication, commitment to quality education and major role in shaping the academic and professional growth of students. His unique teaching methods and active involvement in academic and departmental activities have earned him the respect and appreciation. Adding to the celebration, a few students from 1st and 2nd year, were present at the ceremony to cheer and extend their support, showcasing the strong rapport and mutual respect shared between the faculty and students.

Receiving this prestigious accolade during its inaugural years adds special significance to the achievement and stands as a testament to Dr. S. Kanagaraj’s valuable service. The department takes great pride in his accomplishment and extends heartfelt congratulations for bringing honour and recognition to the department and the institution.



Dr. Kanagaraj with 2-MSW



“Best Faculty” Certificate



JOANNE THOMAS
(1MSW)

PROMOTING MENTAL HEALTH THROUGH SELF-REFLECTION

A PSYCHOSOCIAL WORKSHOP AT ANOKHA 2026

A workshop on “Knowing Oneself” - a pathway to students’ well-being, was conducted at Amrita Vishwa Vidyapeetham, Ettimadai, Coimbatore, by social work department during the day 2 of tech fest “Anokha 2026”. It was led by the resource person Dr. E Aravind Raj from NIMHANS, Bengaluru. The session offered deep personal-professional insights and employed participatory methodology to foster self-awareness and mental health resilience.

Key learnings included weekly self-reflection practices, recognizing personal potential, managing stress through heightened self-awareness, cultivating mindfulness and presence, enhancing productivity, and contributing meaningfully to society mirroring WHO’s four essential elements for improving mental health.



Workshop at Anokha 2026

Participants examined healthy versus unhealthy qualities, the power of positive thinking, and tools like journaling to sustain optimism. A light-hearted “joke game” illustrated how a more positive cognitive level expands life alternatives and encourages proactive steps. Core motivational messages emphasized hope, persistence (“Keep Trying! It is more important to you”), and grounding beliefs in facts rather than distortions.

Personal safety reflections highlighted trusted support members for students. The three interconnected components learned are cognitive, emotional, and social underscored holistic well-being.

This experience equipped the participants with practical, evidence-informed strategies for promoting mental health, self-reflection, and resilience. It reinforced the value of integrating psychosocial tools into social work practice, enabling empathetic interventions that empower individuals and communities in diverse settings.



Workshop at Anokha 2026 - Group photo with participants



M SIVANEESH
(I MSW)

GUEST LECTURE BY DR. MIRIAM ON COUNSELLING SKILLS

Dr. Miriam Silverman, who is a psychologist and specialist in Infant-Family and Early Childhood Mental Health Reflective Practice gave a really interesting talk to the PGDCP students on 21st January 2026. She shared about infant-parent psychotherapy and childhood mental health consultation. She also shared about helping neuro-children and their families. The talk was about the skills that counsellors need to be good, at their job. She has a lot of experience in this area and it was great that she could share it with the PGDCP students.

Dr. Miriam said that empathy is the base of counselling. She thinks it is very important to understand how clients feel and to show them that we get it. We have to be listeners, which means we have to pay attention to what clients say. She further talked about ways to do this like saying what we heard in our own words and showing that we care about how they feel.

She also talked about being real which means that the counsellor has to be honest and do what they say. This helps clients trust us, which is very important for counselling to work. When a counsellor is real and honest clients feel safe. They start to trust them which is a big part of the counselling relationship. She said that counselling is about empathy and being real and that these things are very important, for helping clients.

She talked about how important silence is for helping people. When you use silence the way it helps people think about their thoughts and feelings more deeply. She also said that it is very important to not judge people especially when you are working with people who are already feeling vulnerable. This helps to create a caring space for people to talk and share their feelings. Silence and not judging people are both really important, for helping people feel comfortable and safe when they are talking about their thoughts and feelings.

The session was very interactive, as students participated in discussions and posed questions regarding actual counselling situations. The lecture offered important perspectives on practical counselling abilities and improved students' comprehension of successful therapeutic communication.



SOUMYA DWIBEDY
(PGDCP)

DELIGHTFUL DISCUSSION WITH DR. MIRIAM

An enriching and insightful discussion was held on 21st January 2026, with Dr. Miriam Silverman, a clinical psychologist. Dr. S A Rajalakshmi had given a brief introduction to Dr. Miriam's professional background quoting that she was "a clinical psychologist by profession and a social worker by heart." The session provided meaningful perspectives on personal growth, self-awareness and professional development, especially relevant to students pursuing social work.

Dr. Silverman began with sharing insights from her personal and professional journey. She then proceeded to emphasize the importance of acceptance in its truest form, explaining that genuine acceptance of oneself and others lays the foundation for emotional well-being, empathy, and healthy relationships. She highlighted that acceptance goes beyond tolerance and requires conscious effort, understanding, and self-reflection. She further spoke on the need to change unhelpful habits and remain open to learning new things, stressing that growth is a continuous and intentional process. According to her, personal development begins when individuals are willing to unlearn certain behaviours and adopt healthier patterns for their own well-being.

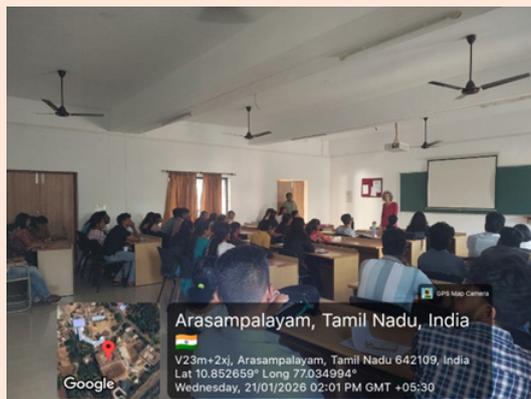


Dr. S A Rajalakshmi addressing social work students

A key focus of the discussion was the need to maintain professional boundaries, especially in helping professions like social work and psychology. She stressed on how clear boundaries are required for ethical practices, emotional balance and effective client relationships. Overall, the session helped students gain deeper understanding of ethical conduct, boundaries, self-awareness and compassionate engagement, leaving them better prepared to approach their future roles as social workers with responsibility, empathy and integrity.



Dr. Miriam Silverman addressing social work students



JOANNE THOMAS
(1MSW)

77TH REPUBLIC DAY CELEBRATION

The 77th Republic Day was celebrated with pride and respect at Amrita Vishwa Vidyapeetham, Arasampalayam, Coimbatore Campus, on 26 January 2026. Students, faculty members, and staff gathered at the Front Block to mark the occasion.

The programme began with the lighting of the lamp and prayer, followed by the welcome address by Ms. Joanne Thomas, I Year, MSW, she spoke about the importance of Republic Day and the values that guide the nation. Her words set a thoughtful tone for the celebration.

The National Flag was unfurled by Dr. Sudheesh Manalil, Dean, Amrita School of Agricultural Sciences, and the gathering stood together for the National Anthem, reflecting unity and national pride.

The celebration was further enriched by patriotic song performed by Ms. Suvarna K.A (II BSW), Ms. Diya Jayachandran (II Masscommunication) and Mr. Adwaith G Nair (I Masscommunication) and they were received with appreciation. The programme concluded with a vote of thanks, leaving everyone with a renewed sense of respect for the nation and its democratic values.



Flag hoisting by Dr. Sudheesh Manalil Dean, Amrita School of Agricultural Sciences.



Students, faculty members, and staff attending the Republic Day programme



Welcome address by Ms. Joanne Thomas (I MSW)



Patriotic song by Ms. Suvarna K.A (II BSW), Ms. Diya Jayachandran (II Masscommunication) and Mr. Adwaith G Nair (I Masscommunication).



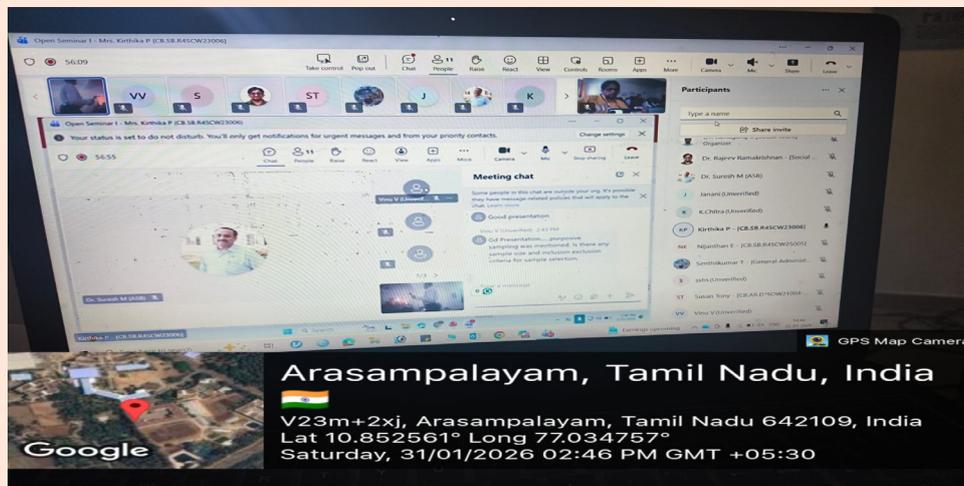
FARHAAN FAROOQUI (II BSW)

OPEN SEMINAR-I

PHD SCHOLAR MRS. KIRTHIKA P, DEPARTMENT OF SOCIAL WORK

The Open Seminar- I presentation by Mrs. Kirthika P, a dedicated PhD scholar in the Department of Social Work at Amrita School of Social and Behavioural Sciences, Amrita Vishwa Vidyapeetham, Coimbatore, took place on January 31, 2026. It was held in a hybrid mode from 2:00 pm to 3:00 pm at C26, First Floor, Architecture Block, Arasampalayam, the session marked an important academic milestone in her doctoral journey.

Her thesis, titled “Navigating Challenges and Enhancing Opportunities: A Comprehensive Study on Direct Marketing Practices among Farmers in South India”, explores the real-world realities faced by farmers as they move away from traditional intermediaries toward direct marketing channels. This approach allows farmers to sell produce straight to consumers, retailers, or through organized setups, potentially fetching better prices and reducing exploitation by middlemen.



Online Panelists for Open Seminar

Her research delves into key aspects like the cause-and-effect relationships in agricultural challenges using the DEMATEL methodology. Small land farmers in South India, who dominate the agricultural landscape, struggle with produce quality due to limited resources, yet direct marketing offers hope by enabling better control over sales and consumer connections. The seminar highlighted navigation of challenges like inadequate infrastructure, crowd logistics and marketing gaps, while identifying opportunities to boost farmer incomes through direct channels. It also touched on research gaps and the study’s aim to provide actionable insights for sustainable practices. more success in the future.



Offline attendees for Open Seminar

The seminar highlighted navigation of challenges like inadequate infrastructure, crowd logistics and marketing gaps, while identifying opportunities to boost farmer incomes through direct channels. It also touched on research gaps and the study’s aim to provide actionable insights for sustainable practices.

The event saw enthusiastic participation from MSW 1st and 2nd-year students, faculty including Dr. S. Kanagaraj (Thesis Advisor, Dept. of Social Work), Dr. M. Suresh (Co-Advisor, Amrita School of Business), Dr. P. Rangasami (Member Dept. of Social Work), Dr. V. Priya (Member Dept. of Social Work), Rajeev Sir, and other PhD scholars in the Dept. of Social Work. The atmosphere was vibrant, blending academic rigor with interactive sessions of question and answer.

Mrs. Kirthika’s work resonates deeply in today’s context, where smallholder farmers contribute immensely yet face persistent vulnerabilities. Her research promises to illuminate pathways for empowering them, promoting fairer markets, and strengthening rural livelihoods in South India. Congratulations Mrs. Kirthika on achieving this milestone, and wishing you more success in the future.



Open Seminar by Phd Scholar Mrs. P Kirthika

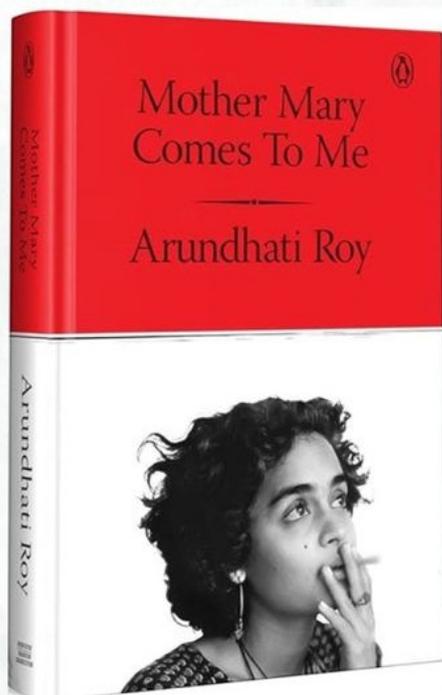


M SIVANEE
(I MSW)

STUDENTS' CORNER



Book Review: Mother Mary Come to Me



Revathy B.
I MSW

Arundhati Roy is a Booker winning author and activist known for her works such as *The God of Small Things*, *Algebra of Infinite Justice* and *Ministry of Utmost Happiness*. Her contributions to the world of Indian English literature remain incomparable.

Mother Mary Comes To Me is the author's memoir recounting her tumultuous relationship with her mother Mrs. Mary Roy, published on her passing in 2024.

The book begins with the author's earliest childhood memories in Ayemenem, her hometown in Kottayam where she grew up with her brother and her single mother. In the following chapters we discover a vivid recollection of growing up in a disjointed family and the events that would lead to the creation of wounds which in the author's own words, "*catch on soft tissue as my blood makes its way to and from my heart*" even today. These wounds would eventually lead to her leaving home when she turned sixteen and moving to Delhi, where she studied, worked and lived the life that would eventually inspire the creation of her award-winning debut *The God of Small Things*.

The book is heavily themed around the author's complicated relationship with her mother. As the story progresses, we not only see the author grow into the woman and intellectual the world knows today, but we also see a person who is forever dominated by the contention between being herself and being her mother's daughter. At times, it becomes impossible to distinguish one from another.

Mother Mary Comes To Me is a haunting portrait of a relationship with a parent whose influence is both the best and worst, and ultimately the most indelible part of one's life. It is also the author's last farewell to her dear mother, who was "both her shelter and her storm" amongst the choppy seas of her life.

Movie Review: BORDER 2



SUVARNA KA
(II BSW)

Border 2 picks up the thread of the 1971 Indo-Pak war and, rather than confining itself to another Longewala-style standoff, spreads the action across bigger set pieces the Battle of Basantar, Operation Chengiz Khan so you get a sense of the whole theatre of war, not just one tense outpost. The film foregrounds courage, sacrifice and strategic grit. Expectations were predictably high. Director Anurag Singh takes that challenge head on. He understands what made the original resonate: its emotional core. Instead of retreading beats, he amplifies them, enlarging the scale, spectacle and storytelling to fit a contemporary audience. On the ground we follow Hoshiyar Singh (Varun Dhawan); in the skies Nirmaljit Singh (Diljit Dosanjh) stakes his claim as a daredevil IAF pilot; at sea Mahendra Rawat (Ahan Shetty) helms operations in the Arabian Sea. Pulling them together is Fateh Singh (Sunny Deol), now a storied officer whose presence anchors the narrative.

As coordinated strikes batter the country from every flank, the film builds toward an inevitable demand for leadership, bravery and, yes, sacrifice. Where Border 2 earns its keep is in its emotional register. The battles are big, but spectacle doesn't swallow the human story. There are quiet moments soldiers sharing a smoke before dawn, the metallic smell of diesel and dust, a simple joke to cut the tension, a letter read aloud at home that give weight to what's at stake. Those softer scenes stop the film from becoming a hollow pyrotechnic show and instead root it in real feeling. That said, the action is one of the film's chief attractions. Dialogues lean into their loud, chest-beating self. Lines such as "Tum ek maroge toh hazaar aayenge" are written for whistles and applause. Subtlety is not the order of the day; this is old-school patriotic cinema wearing its heart and its slogans on its sleeve. For many viewers, that's part of the charm. For others, it's precisely why nuance is limited.

Musically, the film knows its cues. 'Ghar Kab Aaoge' is staged to become a lasting patriotic number, and the score otherwise does the heavy lifting pushing emotions, tightening tension when needed, smoothing transitions between beat-driven set pieces and quieter family scenes. Still, Border 2 isn't without flaws. The runtime can feel indulgent, especially during prolonged second-half battles that sometimes sag. A handful of emotional beats tread familiar ground and predictability creeps in.

Visually, the film occasionally falls short next to contemporary, CGI-heavy war pictures like Fighter or War the effects don't always land, and a gritty, harsh colour grade during combat scenes can be tiring to the eye. In short: Border 2 is a robust, emotionally driven war picture that honours its lineage without being imprisoned by it.



SCHEMES AND ACTS



ACT

RIGHT OF PERSONS WITH DISABILITIES (RPWD) ACT, 2016

The Rights of Persons with Disabilities (RPwD) Act was enacted in 2016 and came into force on 19th April, 2017. It replaced the earlier Persons with Disabilities (Equal Opportunities, Protection of Rights, and Full Participation) Act, 1995. The Act defines a Person with Disability (PwD) as someone having a long-term physical, mental, intellectual, or sensory impairment with at least 40% disability. It recognizes 21 types of disabilities, including blindness, low vision, cerebral palsy, autism spectrum disorder, and intellectual disabilities. The Act guarantees equality, non-discrimination, and equal protection of law to persons with disabilities. It protects them from cruelty, abuse, violence, and exploitation. It also emphasizes the right to live independently in the community, reproductive rights, and ensures accessibility in public transport, buildings, and services. The Act establishes the Chief Commissioner for Persons with Disabilities at the central level and State Commissioners at the state level to monitor implementation and address complaints.



Features

- **Education:** Free education is provided to children with benchmark disabilities between the ages of 6 to 18 years in inclusive schools or special schools.
- **Employment:** The Act provides 4% reservation in government jobs for persons with benchmark disabilities and encourages the private sector by offering incentives to employ persons with disabilities.

Accessibility: The Act makes it mandatory to follow accessibility standards in physical infrastructure, transportation, information, and communication technology so that persons with disabilities can access public spaces easily.

Legal & Protection: Persons with disabilities are granted legal capacity to make decisions. The Act allows limited guardianship and promotes supported decision-making instead of full guardianship.

Special Provisions: Special provisions are included to protect the rights of women and children with disabilities, focusing on their safety, education, health, and development.

Penalties and Offences under RPwD Act, 2016:

The Act also provides strict punishment for offences against dignity and safety. Anyone who intentionally insults or intimidates a PwD, or sexually exploits a woman or child with a disability, shall be punished with imprisonment ranging from 6 months to 5 years, along with a fine.

To ensure speedy justice, the Act mandates the setting up of Special Courts in every district to deal with cases related to violation of the rights of persons with disabilities.

SHIJO K JOHN
(I MSW)



STATE SCHEME

TAMIL NADU CHIEF MINISTER'S SOLAR ROOFTOP CAPITAL INCENTIVE SCHEME

Chief Minister's Solar Rooftop Capital Incentive Scheme was launched in 2013 by government of Tamil Nadu. Under this Scheme, Consumer can install Solar PV plants at their home at subsidized costs. Subsidy of Rs.20,000 will be provided by state government of Tamil Nadu. Solar PV plants will have free comprehensive maintenance for five years. Installations of solar PV plants will result in reduction in Electricity bills. Only Domestic consumers with a TANGEDCO service connection are



eligible under this scheme. Applicants can apply for Chief Minister's Solar Rooftop Capital Incentive Scheme either online or offline.

Applicants can apply for Chief Minister's Solar Rooftop Capital Incentive Scheme either online or offline. After submission of application form registration number will be communicated through SMS. Applications received will be scrutinized in tandem with TANGEDCO for the confirmation of Electricity Board's tariff category. After successful verification applicant can avail the benefit of the scheme.

Documents Required:

Aadhaar Card.

Voter Id Card.

PAN Card.

Electricity DISCOM Bill.

Passport size photograph.

REFERENCES:

<https://www.govtschemes.in/tamil-nadu-chief-ministers-solar-rooftop-capital-incentive-scheme>

SEJAL PATASKAR
(I MSW)



CENTRAL SCHEME

VIKSIT BHARAT–GUARANTEE FOR ROZGAR AND AJEEVIKA MISSION (GRAMIN) ACT, 2025

The Viksit Bharat–Guarantee for Rozgar and Ajeevika Mission (Gramin) Act, 2025, is a significant legislative reform enacted by the Parliament of India. Its primary objective is to establish a new statutory framework for rural employment and livelihood support, aligning with the national vision of Viksit Bharat @2047. This Act was passed by both Houses of Parliament in December 2025 and received the President's assent in the same month, replacing the Mahatma Gandhi National Rural Employment Guarantee Act (MGNREGA), 2005. The Act is all about making sure rural families get a job with a guaranteed wage. It also wants to link job creation with building better roads, schools, and other things that help people thrive. Plus, it's extending the wage guarantee from 100 days to 125 days each year for eligible families with adults doing manual work.

The Act has four main goals:

1. **Helping Rural Families:** It's all about giving rural families jobs and making sure they have enough money to get by.
2. **Building Stronger Rural Areas:** The Act wants to create things that last, like roads and schools, to help the countryside grow.
3. **Bringing Together Different Development Plans:** The Act is trying to mix and match different plans to make sure they work better and help people in the local area.
4. **Making Sure Everyone in Rural India Gets What They Need:** The Act is all about making sure eligible households and infrastructure are well-covered across rural India.

The law is pushing for some changes in how things are implemented. Even though the main goal is still to get people employed, the new plan wants to connect work guarantees with bigger goals like improving rural connections, saving water, and building things up. Plus, the Act is trying to work together with other central and state programs. When the Act was passed, it sparked lots of discussions in Parliament and among the public. People who support it think updating the framework is a good move, making sure rural jobs match what's needed today. But some folks are worried about replacing the old MGNREGA law and how that might affect funding and the way people live in the countryside. So, the Viksit Bharat–Guarantee for Rozgar and Ajeevika Mission (Gramin) Act, 2025, is a big change in how India handles rural employment. It's expanding what's guaranteed and trying to link jobs with making rural areas more sustainable.

<https://www.pib.gov.in/PressReleasePage.aspx?PRID=2207187®=3&lang=1>



AAKASH K
(I MSW)



CURRENT AFFAIRS



JANUARY 2026



1. Defense Research and Development Organization (DRDO) successfully conducted a salvo launch of two 'Pralay' missiles off Odisha coast in quick succession.

Pralay, is an indigenous surface-to-surface short-range quasi-ballistic missile.

Pralay has an operational range of approximately 400 km and carries a payload capacity of 500 to 1, 000 kg. It is powered by a solid-propellant rocket motor. The missile is equipped with a state-of-the-art navigation system and integrated avionics, ensuring precision targeting even in challenging terrains. It is capable of carrying multiple types of warheads to engage a wide range of targets.



2. State-owned telecom operator Bharat Sanchar Nigam Limited (BSNL) has launched Voice over Wi-Fi (VoWiFi) services nationwide across all telecom circles, allowing users to make voice calls and send SMS over Wi-Fi networks.

Voice over Wi-Fi (VoWiFi) is a technology that enables users to:

Make and receive voice calls and SMS using a Wi-Fi network instead of a mobile tower. Use the same mobile number and default phone dialer. Operate without any third-party app. It is built on IMS (IP Multimedia Subsystem) architecture ensuring carrier-grade call quality and security.



3. India has become the world's largest producer of rice, surpassing China.

India's rice production has reached 150.18 million tons, compared to China's 145.28 million tons. ICAR has developed India's first genome-edited rice varieties called DRR



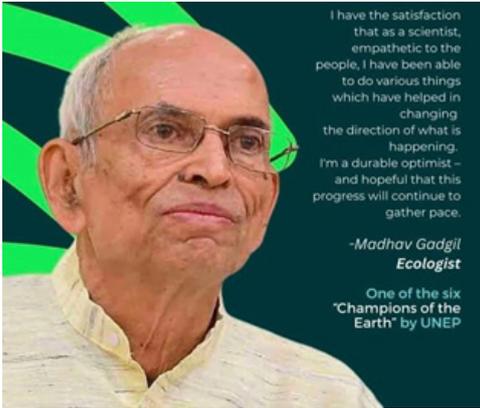
Rice 100(Kamla) and Pusa DST Rice 1. These varieties have the potential to bring about revolutionary changes in terms of higher production, climate adaptability, and water conservation.



4. The Union Government has proposed a Battery Pack Aadhaar Number (BPAN) system to create a unified digital identity for battery packs, especially electric vehicle (EV) batteries, to ensure their traceability across the entire lifecycle.

Battery Pack Aadhaar Number (BPAN) is a 21-character unique identification number proposed for every battery pack introduced in the Indian market. It works like a digital Aadhaar for batteries, allowing authorities to track batteries from manufacturing to recycling or disposal. The focus is primarily on EV batteries, which form the bulk of India's lithium-ion battery demand. This will promote efficient recycling, second-life use and safe disposal of batteries.

5. Noted ecologist Madhav Gadgil, known for his work on the conservation of Western Ghats, has passed away.



In 2010, the Ministry of Environment and Forests appointed Madhav Gadgil to chair the Western Ghats Ecology Expert Panel (WGEEP), known as the Gadgil Commission. His 2011 report recommended classifying 64% of the 1,40,000 sq km Ghats, spanning six states, as Ecologically Sensitive Areas (ESAs) in three tiers: ESZ-1 (no mining, dams or large projects), ESZ-2 (restricted activities) and ESZ-3 (regulated development). It led to debate and discussion on the significance of the Western Ghats as an ecological hotspot and the efforts to conserve them. He played a key role in declaring the Nilgiris as India's first biosphere reserve in 1986. He later helped shape the Biological Diversity Act, 2002, and Forest Rights Act 2006, introducing the concept of People's Biodiversity Registers to document and protect local ecological knowledge. He served on the Prime Minister's Scientific Advisory Council and the National Tiger Authority, successfully bridging academic research with grassroots environmental activism. His contributions were widely recognized with major honors, including the Padma Shri (1992), Padma Bhushan (2006), the Tyler Prize for Environmental Achieve-

ment (2015) and the UNEP Champions of the Earth award (2024). The annual Champions of the Earth award is the U.N.'s highest environmental honor awarded for his seminal work in the Western Ghats.



6. The US has withdrawn from 66 international organizations, including 31 UN entities and 35 non-UN bodies.

The entities include forums such as the UN Framework Convention on Climate Change (UNFCCC), the Intergovernmental Panel on Climate Change (IPCC), the International Renewable Energy Agency (IRENA), and the International Solar Alliance (ISA). It also names development/governance and rights related entities such as UN Women, UNFPA (UN Population Fund), UNCTAD, and UN-Habitat, along with multiple UN offices linked to peacebuilding and protection of children in conflict.



7. An UN-backed treaty on biodiversity in international waters, formally known as the Biodiversity Beyond National Jurisdiction (BBNJ) Treaty, has entered into force, creating

the first legally binding global framework to conserve and sustainably use the high seas.

The Biodiversity Beyond National Jurisdiction (BBNJ) Agreement was adopted in 2023 by an Intergovernmental Conference on Marine Biodiversity of Areas Beyond National Jurisdiction, convened under the auspices of the United Nations. They cover nearly two-thirds of the global ocean and about half of the Earth's surface. It is the third implementing agreement under the United Nations Convention on the Law of the Sea (UNCLOS), after: 1994 Part XI Implementation Agreement (Deep Seabed Mining) and 1995 UN Fish Stocks Agreement. 83 countries have ratified the treaty so far and India has signed but not yet ratified the BBNJ Agreement.



8. World leaders, including the US President, addressed annual summit of World Economic Forum at Davos, Switzerland.

The WEF is an international non-profit organization that brings together business, political, and social leaders to discuss global challenges. Established in 1971, the WEF promotes stakeholder theory for broader societal impact. This body has a concise mission: 'To improve the state of the world through public-private cooperation.'

The WEF is best known for its an-

The WEF is best known for its annual WEF Meeting at Davos, the Swiss ski resort. The WEF Annual Meeting brings together top decision-makers from government, business, and civil society to address major global issues and priorities for the year ahead. WEF addresses major global concerns such as climate change, economic challenges, and global security.

The organization is funded by its diverse membership, which includes prominent global figures.



9. Recently, the United States convened the inaugural Pax Silica Summit, emphasizing reducing coercive dependencies, securing the flow of critical minerals, and promoting trusted digital ecosystems.

The term 'Pax Silica' derived from Latin 'Pax' (peace) and 'Silica' (a core compound in semiconductors). It symbolizes the pursuit of technological peace and prosperity through resilient, transparent, and cooperative supply chains.



10.5. The US President Donald Trump's a new organization named the Board of Peace and invited various countries to join, including India.

It is an international body chaired by US President Donald Trump, first created to oversee the October 2025 ceasefire in the Israel-Hamas war and manage Gaza's postwar transition. The Board will supervise a transitional Palestinian technocratic administration in the Gaza Strip, known as the National Committee for the Administration of Gaza (NCAG). The Board's mandate also includes efforts to disarm Hamas and oversee the deployment of an International Stabilization Force (ISF), a multinational peacekeeping mission tasked with maintaining security and training a new Palestinian police force.

Reference: <https://www.madeeasy.in/weekly-current-affairs>



VISHNUPRIYA J
(I MSW)

INTERNSHIP OPPORTUNITIES

1 WEEK VIRTUAL CHARITY DRIVE (FUNDRAISING)

Work from home

Start date: Immediately

Duration: 1 Week

Stipend: ₹ 1,500 - 15,000 lump sum

Apply by: 26 Feb' 26

About the Internship

As an intern at the She Can Foundation, you'll support the mission of empowering girls and women by helping create engaging social media content, organizing events and fundraisers, researching partners and funding opportunities, managing online platforms, and supporting volunteers. You'll also contribute to innovative strategies that expand the foundation's reach and take on additional projects as needed. This internship offers hands-on experience in a dynamic environment for passionate individuals who care about gender equality and want to make a meaningful impact while developing professional skills

Benefits

1. Certificate
2. Letter of recommendation

Who can apply

Only those candidates can apply who:

1. are available for the work from home job/ internship
2. can start the work from home job/internship between 27th Jan'26 and 3rd Mar'26
3. are available for duration of 1 week
4. have relevant skills and interests

To Know More and Apply

<https://internshala.com/internship/detail/work-from-home-1-week-virtual-charity-drive-fundraising-internship-at-she-can-foundation1769506696>

BASTI KI PATHSHALA FOUNDATION

Work from home

Start date: Immediately

Duration: 1 Week

Stipend: ₹ 1,500 - 15,000 lump sum

Apply by: 25 Feb' 26

About the Internship

1. Assist in brainstorming and rolling out innovative campaigns to raise funds and meet financial goals.
2. Explore and analyse potential sources of support, including individual donors, corporate sponsors, and grant providers.
3. Create and edit engaging content for donor outreach through emails, newsletters, and social media updates.
4. Be actively involved in coordinating and executing fundraising drives, workshops, or awareness events.
5. Keep donor information organized and updated to ensure smooth communication and follow-ups.
6. Contribute to donor engagement activities by participating in discussions and presenting the real impact of our work

Benefits

1. Certificate of Completion
2. Letter of Recommendation

Who can apply

Only those candidates can apply who:

1. are available for the work from home job/internship
2. can start the work from home job/internship between 26th Jan'26 and 2nd Mar'26
3. are available for duration of 1 week
4. have relevant skills and interests

To know more and apply

<https://internshala.com/company/basti-ki-pathshala-foundation-1707819243>

NAYE PANKH FOUNDATION

Work from home

Start date: Immediately

Duration: 1 Month

Stipend: ₹ 1,500 - 15,000 lump sum

Apply by: 26 Feb' 26

About the Internship

As a Fundraising Intern at Naye Pankh Foundation, you will support grassroots initiatives that uplift underserved communities through education, life skills, and sustainable development. Working closely with the core team, you'll help plan and execute fundraising efforts, build relationships with donors and partners, conduct outreach and research for potential supporters, manage volunteer and donor communications, and contribute to digital and social media campaigns. This internship provides hands-on experience in nonprofit fundraising, communication, and stakeholder engagement while allowing you to contribute to meaningful social impact

Benefits

1. Certificate
2. Letter of recommendation
3. Flexible work hours

Who can apply

Only those candidates can apply who:

1. are available for the work from home job/ internship
2. can start the work from home job/internship between 27th Jan'26 and 3rd Mar'26
3. are available for duration of 1 month
4. have relevant skills and interests

To know more and apply

<https://internshala.com/company/nayepankh-foundation-1664433378>

SKILL SHIKSHA FOUNDATION

Work from home

Start date: Immediately

Duration: 2 Weeks

Stipend: ₹ 4,500 - 6,500 /month

Apply by: 26 Dec' 25

About the Internship

1. Assisting in the curation and structuring of government-supported workshops
2. Supporting SEBI-related financial literacy sessions, focused on public awareness and education
3. Helping organise and coordinate free workshops for students, professionals, and communities
4. Assisting in participant engagement and outreach for workshops
5. Being part of live or virtual workshop sessions to ensure smooth execution
6. Supporting basic feedback collection to improve future workshops

Benefits

1. Certificate
2. Letter of recommendation
3. Flexible work hours
4. 5 days a week

Who can apply

Only those candidates can apply who:

1. are available for the work from home job/ internship
2. can start the work from home job/internship between 23rd Jan'26 and 27th Feb'26
3. are available for duration of 2 months
4. have relevant skills and interests

To know more and apply

<https://internshala.com/company/skill-shiksha-foundation-1768843313>

ODISHA DEVELOPMENT MANAGEMENT PROGRAMME (ODMP)

Work from home

Start date: Immediately

Duration: 1 Weeks

Stipend: ₹ 350 - 1,300 /week

Apply by: 26 Feb' 26

About the Internship

This internship involves supporting ODMP's welfare initiatives for underprivileged communities, including waste picker families. Interns will take part in charity awareness, outreach activities, and help in raising charitable support (funds) to strengthen ODMP's welfare programs.

Selected intern's day-to-day responsibilities include:

1. Raise funds to support ODMP's welfare and charity programs.
2. Create awareness about ODMP's welfare initiatives.
3. Support charity drive activities as guided.
4. Share ODMP's information on approved platforms.
5. Maintain daily and weekly activity records.

Benefits

1. Certificate
2. Letter of recommendation
3. Flexible work hours
4. 5 days a week

Who can apply

Only those candidates can apply who:

1. are available for the work from home job/ internship
2. can start the work from home job/ internship between 23rd Jan'26 and 27th Feb'26
3. are available for duration of 1 week
4. have relevant skills and interests

To know more and apply

<https://internshala.com/company/odisha-development-management-programme-odmp-1627223489>

JANKALYAN MULTIPURPOSE EDUCATION SOCIETY

Work from home

Start date: Immediately

Duration: 1 Weeks

Stipend: UNPAID

Apply by: 26 Feb' 26

About the Internship

Selected intern's day-to-day responsibilities include:

1. Understand the vision of the organisation and the value creation of projects for the underprivileged sector
2. Communicate with the team efficiently
3. Formulate strategies and pitch to raise funds
4. Promote our NGO's initiatives on various social media platforms
5. Identify donors and raise funds

Benefits

1. Certificate
2. Letter of recommendation
3. Flexible work hours

Who can apply

Only those candidates can apply who:

1. are available for the work from home job/ internship
2. can start the work from home job/ internship between 27th Jan'26 and 3rd Mar'26
3. are available for duration of 1 week
4. have relevant skills and interests

To know more and apply

<https://internshala.com/company/jankalyan-multipurpose-education-society-1610251506>



SUSINDHARS
(I MSW)

MSW JOB OPPORTUNITIES

1. Communication Coordinator
SNEHA (Society for Nutrition, Education and Health Action)

Location: Mumbai, Maharashtra

Job Id: https://www.devnetjobsindia.org/Job-Description.aspx?Job_Id=285496

Job Email Id: diksha.bisht@snehamumbai.org

Apply by: 01-March-2026

2. Project Associate

Zealgrit Foundation

Location: Triveniganj, Supaul, Bihar

Job Id: https://www.devnetjobsindia.org/Job-Description.aspx?Job_Id=285372

Job Email Id: info@zealgrit.org

Apply by: 27-February-2026

3. Program Field Executive

Suryoday Foundation

Location: Bhubaneswar, Odisha

Job Id: https://www.devnetjobsindia.org/Job-Description.aspx?Job_Id=285412

Job Email Id: hr@suryodayfoundation.in

Apply by: 28-February-2026

4. Content Writer Cum Documentation Expert
Pankh

Location: Dehradun, Uttarakhand

Job Id: https://www.devnetjobsindia.org/Job-Description.aspx?Job_Id=285489

Job Email Id: society.pankh@gmail.com

Apply by: 01-March-2026

5. Field Worker (Domestic Workers& Adolescent Girls)

Mehnatkash Kalyan Evam Sandarbh Kendra
Sanstha

Location: Jaipur, Rajasthan

Job Id: https://www.devnetjobsindia.org/Job-Description.aspx?Job_Id=285494

Job Email Id: manisha22sh@gmail.com

Apply by: 23-February-2026

6. Outreach Project Manager

Hana Mahila Welfare Trust

Location: Darampur, Valsad, Gujarat

Job Id: https://www.devnetjobsindia.org/Job-Description.aspx?Job_Id=285423

Job Email Id: hanamahilawelfaretrust@gmail.com

Apply by: 28-February-2026

7. Field Coordinator

Pragati Prayass Samajik Sewa Sanstha

Location: Bastar And Dantewada, Chhattisgarh

Job Id: https://www.devnetjobsindia.org/Job-Description.aspx?Job_Id=285275

Job Email Id: pragatiprayas.ngo@gmail.com

Apply by: 25-February-2026

8. Program Coordinator- Rural Development

Gautama Buddha Rural Development Society

Location: Karamchedu, Bapatla District, Andhra Pradesh

Job Id: https://www.devnetjobsindia.org/Job-Description.aspx?Job_Id=285280

Job Email Id: yarlagaddahavisha@gmail.com

Apply by: 25-February-2026

9. Outreach Coordinator

Waste Warriors Society

Location: Corbett, Ramnagar, Uttarakhand

Job Id: https://www.devnetjobsindia.org/Job-Description.aspx?Job_Id=285284

Job Email Id: hr@wastewarriors.org

Apply by: 28-February-2026

Source: <https://www.devnetjobsindia.org/>



ROSE MARIA
(I MSW)

february 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1 	2	3	4 	5	6 	7
8	9	10	11 	12 	13	14
15	16	17	18	19	20 	21 
22 	23 	24	25	26	27 	28 

IMPORTANT DAYS - FEBRUARY

1st February – Indian Coast Guard Day
 2nd February – World Wetlands Day
 2nd–8th February – International Development Week
 4th February – World Cancer Day
 4th February – National Day of Sri Lanka
 6th February – International Day against Female Genital Mutilation
 11th February – World Day of the Sick
 12th February – Darwin Day
 12th February – Abraham Lincoln’s Birthday
 13th February – Sarojini Naidu’s Birth Anniversary
 14th February – Saint Valentine’s Day
 18th–27th February – Taj Mahotsav

20th February – World Day of Social Justice
 21st February – International Mother Language Day
 22nd February – World Scout Day
 23rd February – World Peace and Understanding Day
 24th February – Central Excise Day
 27th February – World Sustainable Energy Day
 28th February – National Science Day
 Last day of February – Rare Disease Day



ROSE MARIA
(I MSW)

Source - <https://www.calendarr.com/india/calendar-february-2026/>

ALUMNI CORNER


Name

Dr. T. Sathishkumar

Roll number

CB.SW.P2MSW08009

Batch

2008-2010

Mobile number

9171831801

Email address

sathishkumarmsw@gmail.com

Present Organisation details

UYIR

187, Koundampalayam, Coimbatore,

Tamil Nadu 641030

Job title

Project Coordinator

1. How was your life at Amrita?

Life at Amrita University was a truly formative and enriching experience that shaped both my professional journey and personal outlook. As an MSW student, I found the environment to be deeply supportive, with a balance of academic rigor and practical exposure that prepared me for real-world challenges in social work. The facilities were well-structured to encourage holistic learning libraries with rich resources, classrooms equipped for interactive sessions, and opportunities for fieldwork that connected theory with practice. Beyond academics, the campus provided a nurturing atmosphere that fostered discipline, values, and community engagement.

Equally important were the faculty members, who were not only knowledgeable but also deeply committed to mentoring students. Their guidance went beyond textbooks,

encouraging us to think critically, engage empathetically, and develop leadership qualities. They instilled in me the confidence to take initiatives, the clarity to communicate effectively, and the passion to serve communities with dedication. The combination of excellent facilities and inspiring faculty made my time at Amrita a transformative chapter, laying the foundation for my career in social work and community empowerment.

2. What are the key skills that you learned at Amrita that helped your career?

I experienced a truly formative period that shaped both my professional identity and personal values. The program's blend of academic rigor and practical exposure gave me a strong foundation in social work education, while fieldwork deepened my empathy and commitment to community service. I learned to engage with diverse groups, adapt communication to different audiences, and

document activities with precision. Leadership opportunities within projects and participatory methods helped me cultivate confidence, teamwork, and strategic thinking, preparing me to coordinate campaigns effectively. This enriching journey instilled in me the clarity, passion, and dedication that continue to guide my efforts in community support today.

3. How is the current scope of Social Work?

The current scope of social work is broad and dynamic, reflecting the evolving needs of society and the growing recognition of social workers as essential change-makers. Today, social work extends beyond traditional community service into diverse fields such as healthcare, mental health, education, corporate social responsibility, policy advocacy, and environmental sustainability. Social workers are increasingly involved in hospitals, schools, NGOs, and corporate sectors, where they design and implement programs that address pressing issues like poverty, inequality, youth empowerment, and climate resilience. With technology integration, digital outreach, and data-driven impact measurement becoming central, the profession is adapting to modern challenges while staying rooted in empathy, advocacy, and service. This expanding scope ensures that social work remains a vital force in building inclusive, resilient, and compassionate communities.

4. What message you would like to give to the current MSW students?

As MSW students, you are stepping into a profession that is both challenging and profoundly rewarding. Social work is not just a career it is a calling to serve, uplift, and empower communities. Use this time to build strong foundations in theory, but never forget that the true essence of social work lies in practice, empathy, and human connection. Be curious, engage

actively in fieldwork, and learn from every community you serve. Cultivate resilience, because the path will test your patience and commitment, but also nurture compassion, because it is your greatest strength.

Remember, you are not only preparing for jobs you are preparing to be change-makers. Whether in healthcare, education, CSR, or grassroots activism, your role will be to bridge gaps, amplify voices, and design solutions that bring dignity and hope to people's lives. Carry forward the values of empathy, integrity, and service, and let your passion for social justice guide you. The world needs social workers who are bold, innovative, and compassionate and you are the future of this profession.

5. What are your key responsibilities in the present job?

In my present role as Project Coordinator at UYIR NGO, my responsibilities revolve around designing and executing impactful road safety and health awareness campaigns that reach youth, frontline workers, and institutions. I actively engage with stakeholders such as colleges and community organizations, securing their participation and motivating them to contribute meaningfully. A key part of my work is training and mentoring volunteers through interactive modules that build confidence and leadership skills, while also ensuring meticulous documentation and reporting of every initiative. Alongside campaign planning, I manage logistics to ensure smooth and inclusive program delivery, and I place strong emphasis on recognizing and appreciating collaborators, which sustains morale and strengthens partnerships. This blend of strategic coordination, empathetic leadership, and creative communication defines my role and ensures that each campaign leaves a lasting impact on the community.

6. Who is/are your inspiration?

I draw inspiration from the many human beings around me at different stages of my life. From my teachers and mentors who guided me with wisdom, to the youth and volunteers whose energy and creativity motivate me, and the frontline workers whose dedication to community service strengthens my resolve, each person has played a role in shaping my journey.

7. Any other thing you would like to share?

From my personal journey as a social work professional, I have always believed that true impact comes from combining empathy with action. Every campaign I coordinate whether on road safety, health awareness, or youth empowerment is not just an event, but a collective effort to build responsibility and care within society. My role has taught me the importance of meticulous planning, clear communication, and recognizing every contributor, because change is never achieved alone. The inspiration I draw from youth, volunteers, and community workers continues to fuel my dedication, reminding me that social work is about uplifting lives and creating spaces where communities feel empowered, safe, and valued.

UGC NET QUESTIONS PAPER II SOLVED JUNE 2020 PAPER 2

1. Arrange the following systems in order:

- (A) Change Agent System
- (B) Client System
- (C) Target System
- (D) Action System

Choose the correct answer from the options given below:

- (1) (B), (C), (D), (A)
- (2) (A), (C), (B), (D)
- (3) (A), (B), (C), (D)
- (4) (D), (A), (B), (C)

2. The convention on the Elimination of all forms of Discrimination Against Women (CEDAW) was adopted by the UN General Assembly in year

- (1) 1995
- (2) 1998
- (3) 1980
- (4) 1984

3. A process where social policy is transformed into social service is called

- 1. Social welfare administration
- 2. Social reform
- 3. Social welfare administration Social security
- 4. Social action

4. Which of the following models was developed in response to the prevailing limitations in

conceptualizing social work method i.e.

'Integrated Social Work Practice'

- (1) Pincus and Minhan Model
- (2) Task Centred Model
- (3) Cognitive Behaviour Model
- (4) Shultz Delinzsch Model

5. Which one of the following statements is not correct?

- (1) Qualitative study is conducted by case study
- (2) Quantitative study is conducted by survey method
- (3) Interview is conducted in questionnaire method
- (4) Each unit of universe has equal chance of selection in sample through random sampling

6. Which Article of Indian Constitution makes provision for maternity relief?

- 1. Article 47
- 2. Article 42
- 3. Article 43
- 4. Article 41

7. The Human Development Index (HDI) is a comparative measures of:

- (A) Life expectancy
- (B) Literacy
- (C) Standard of Living
- (D) Income

Choose the correct answer from the options given below:

- (1) (A), (B) and (C) only
- (2) (A), (B) and (D) only
- (3) (A), (C) and (D) only
- (4) (B) and (C) only

7. Given below are two statements: One is labelled as Assertion (A) and the other is labelled

as Reason (R)

Assertion (A) : Education leads to participation.

8. What are the functions of community council in community organisation?

- (A) Fact finding
- (B) Promoting public understanding
- (C) Fund raising
- (D) Coordination of activities

Choose the correct answer from the options given below:

- (1) (A), (B) and (C) only
- (2) (A), (B), (C) and (D) only
- (3) (A), (B) and (D) only
- (4) (B), (C) and (D) only

9. Arrange following steps of community organisation process in order:

- (A) Identify needs
- (B) Prioritising needs
- (C) Developing progress
- (D) Exploring resources

Choose the correct answer from the options given below:

- (1) (A), (B), (D), (C)
- (2) (A), (D), (C), (B)
- (3) (A), (C), (B), (D)
- (4) (A), (B), (C), (D)

10. Given below are two statements: One is labelled as Assertion (A) and the other is labelled

as Reason (R)

Assertion (A) : Purposefully established relationships are key to the solution of problems..

Reason (R) Establishment of relationship is the essential part of rapport building leading to

the solution of the problems

In the light of the above statements, choose the correct answer from the options given below.

(1) Both (A) and (R) are true and (R) is the correct explanation of (A)

(2) Both (A) and (R) are true but (R) is NOT the correct explanation of (A)

(3) (A) is true but (R) is false

(4) (A) is false but (R) is true

ANSWER KEY

OPTION 1

OPTION 3

OPTION 2

OPTION 4

OPTION 2

OPTION 3

OPTION 3

OPTION 1

OPTION 4

OPTION 1



SUSINDHAR S
(I MSW)





AMRITA

VISHWA VIDYAPEETHAM

DEEMED TO BE UNIVERSITY

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https://instagram.com/amrita_maw_coimbatore?igshid=MDM4ZDc5MmU=



[//www.facebook.com/mawamrita](https://www.facebook.com/mawamrita)



<https://www.linkedin.com/company/department-of-social-work-amrita-vishwa-vidyapeetham-coimbatore/>

SCAN AND FOLLOW US ON



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