

GOKULASHTAMI SPORTS EVENTS 2026

GENERAL INSTRUCTIONS:

1) **List of sports events to be held on 09.09.2026 from 2.15 PM onwards: (NO SPOT ENTRY)**

S. No.	Event	Max. No. of participants	Mode of conduct
1	Tug-off war (Boys)	8 + 2 substitutes per team	Knock out
2	Tug-off war (Girls)	8 + 2 substitutes per team	Knock out
3	Uriyadi (Boys)	10 per team	Direct final
4	Lucky corner (Girls)	Max. 10 entries from each dept.	Direct final
5	Pole climbing (Boys)		Direct final (Time trial)
6	Lemon and spoon race (Girls)		Direct final (Time trial)

2) Team formation:

Team	Department / School	Team	Department / School
1	ASB	8	Agri
2	Civil Engg. / Architecture	9	AIE
3	Cyber Security	10	CSE
4	Chemical Engg.	11	EEE
5	Aerospace Engg.	12	ECE
6	MSW / ASCOM / LAW	13	Mechanical Engg.
7	ASPS		

3) The deadline for registration for all sports events is **04 September 2026, by 4:00 PM.**

4) Students are required to register their entries with their **Class advisors only.**

5) Class Advisors shall forward all entries to the concerned department's Gokulashtami Faculty Sports Coordinators by 3.00 PM on 05 September 2026 for scrutiny.

6) The Faculty Sports Coordinator of the concerned department is requested to send the final list for the Gokulashtami events to **ped@cb.amrita.edu** on or before **06.09.2026, by 4:00 PM.**

7) A student is allowed to compete in a maximum of two events.

8) Fixtures are scheduled to be drawn on **09 September 2026 at 11:15 AM** in the Office of Students' Affairs, in the presence of the concerned departmental sports coordinators.

9) Sports events to be held on **09.09.2026 from 2.15 PM onwards** @ Main Ground. **(NO SPOT ENTRY)**

Rules and Regulations of sports events:

1) Tug-off war (Boys & Girls):

- Matches will be conducted on a knockout basis. Initial rounds will have a single-elimination format, while the final will be played as a best-of-three.
- Weight Categories:
 - ✓ Men: 720 kg Category
 - ✓ Men: 820 kg Category
 - ✓ Women: 550 kg Category
 - ✓ Women: 650 kg Category
- Prizes shall be awarded to the teams securing first and second places.
- Detailed rules and regulations for the **Tug of War competition** are provided in **Annexure I (Page 3).**

II) Uriyadi (Boys):

- A team consists of 10 participants who in turn will hit the pot.
- Cumulative time will be recorded until the team breaks the third pot (Within three minutes). Team with shorter time will win. Maximum time duration will be three minutes.
- The participants should not throw the stick to break the pot which will be consider as foul.
- Prizes shall be awarded to the teams securing first and second places.

III) Lucky corner (Girls):

- There will be eight marked slots, numbered from 1 to 8.
- Participants shall move around the circle and, upon hearing the whistle, proceed to occupy a slot of their choice
- A randomly selected number will be announced, and the participants in that slot will be eliminated.
- The elimination process will continue until only three participants remain, who will be awarded prizes in reverse order, with the last remaining participant receiving the first prize

IV) Pole climbing (Boys):

- After the whistle, the participant must climb the 20-foot vertical pole and ring the bell positioned at its top.
- Each participant is allowed a single attempt, with a maximum time limit of two minutes.
- The time taken from the whistle blow to the ringing of the bell will be recorded as the score.
- The participant with the minimum time recorded will be considered the winner.
- Participants finishing in first, second, and third positions will be honoured with prizes.

V) Lemon and spoon race (Girls)

- Each participant is given **one spoon and one lemon**.
- Participant has to run or walk for 30 meters.
- The lemon must be placed **on the spoon**.
- On the starting signal, participants race toward the **finish line**.
- The lemon must remain on the spoon throughout the race.
- If the lemon falls out of the spoon, the participant is eliminated.
- Participants must not **touch or hold the lemon with their free hand** while racing.
- **Pushing, blocking, or interfering** with other participants is not allowed.
- Best Time trial will be considered for the First, Second and Third Positions

Note: Entry to all sports events is **permitted only with ID card.**

Dr. J Selvanambi
Sports Coordinator
Gokulashtami 2026

Annexure I: Tug of War Rules & Regulations (Men & Women)

1. Categories

- ✓ Men: 720 kg Category
- ✓ Men: 820 kg Category
- ✓ Women: 550 kg Category
- ✓ Women: 650 kg Category

2. Team Composition

- Each team shall consist of 10 members: **8 playing members + 2 substitutes.**
- A maximum of 8 members shall participate in a match at any given time.

3. Department Team Entry Restriction

- Each department can register only one team in one weight category for Men and one team in one weight category for Women. A department cannot register teams in both weight categories within the same gender, even if the players in the two teams are completely different.
- For Men, a department may register one team in either the 720 kg or 820 kg category, but not both.
- For Women, a department may register one team in either the 550 kg or 650 kg category, but not both.

4. Team Weight Limit

- The total body weight of the 8 playing members must not exceed the maximum permissible weight of the respective category.
- At the start of the match and at any point during the match, including immediately after a substitution, the combined weight of the 8 playing members shall not exceed the maximum weight limit of the category.
- A substitute can enter the match only if the total weight of the resulting 8 playing members remains within the prescribed limit.

5. Weigh-In

- All 8 playing members and 2 substitutes must undergo the official weigh-in before the competition.
 - ✓ **VENUE: Physical Education Department**
 - ✓ **DATE: 09/09/2026**
 - ✓ **TIME: 9:30 AM**
- The recorded body weight will be considered for determining eligibility.
- Players can participate only in the category registered by their department.

6. Substitution

- Substitutions shall be made only with the approval of the match official/referee.
- A substitute may replace a playing member only if the resulting 8-member playing team remains within the prescribed weight limit.
- No substitution will be permitted if it causes the team to exceed the maximum permissible weight.

7. General Rules

- All participants must carry their **ID cards** during the **official weigh-in and throughout the competition.**
- **Players must obtain authorization from the match officials before each match and for any substitution before the substitute enters the playing arena.**
- All matches shall be conducted under the supervision of the appointed officials.
- Players must follow the instructions of the referee and competition officials.
- Any form of deliberate obstruction, misconduct, or violation of competition rules may result in penalties or disqualification.
- The decision of the referee/officials shall be final.

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