

Course Code:
L-T-P—C3-1-0-4

Hours of Instruction/week—4

No. of Credits—4

Total 60 hrs.

Prerequisite: protein chemistry, protein structure, functional properties of protein, protein applications in food industry

Course Objectives:

To provide students with a comprehensive understanding of protein chemistry in the context of food systems covering structural aspects, physicochemical and functional properties, advanced molecular behavior, and real-world applications, including the significance of plant-based and alternative protein sources. The course also aims to develop analytical, technical, and critical thinking skills for addressing current and future challenges in food protein utilization.

Course Outcomes:

CO1: Explain the structure, bonding, classification, and biological functions of proteins in food and nutrition.

CO2: Analyze physicochemical and functional properties of proteins in various food systems and their industrial relevance.

CO3: Demonstrate an understanding of protein chemistry at a molecular level, including interactions, enzyme activity, and structural characterization.

CO4: Evaluate real-world applications of food proteins, particularly plant-based innovations, their benefits, limitations, and regulatory issues.

CO5: Analyze and evaluate recent advances and interdisciplinary approaches in protein research and apply emerging technologies.

Skills:

Understand molecular structure, classification, and biochemical functions of proteins in food.

CO-PO Mappings

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
CO1	2	2	2	-			1	1	1	1	2
CO2	2	2	2		-		1	1	1	1	2
CO3	2	2	2	-		-	1	1	1	1	2
CO4	2	2	2				1	1	1	1	2
CO5	2	2	2			-	1	1	3	3	3

Syllabus:

Unit I: Introduction to Proteins in Food

12hrs

Overview of proteins, definition and importance in food and nutrition, chemical composition and peptide bonds, protein structure, levels of protein structure: primary, secondary, tertiary, quaternary, types of bonding in protein structures: hydrogen, ionic, disulfide, hydrophobic interactions, classification and functions of proteins, structural, storage, enzymatic, transport, and regulatory proteins, globular vs. Fibrous proteins, role in metabolism, muscle synthesis. **Unit**

II: Protein Properties in Food Systems

12hrs

Protein solubility, water-holding and oil-binding capacities, emulsifying properties, foaming capacity and stability, gelation properties, viscosity and thickening, protein denaturation, protein aggregation, Maillard reaction and glycation, oxidation, fermentation, germination, and cross-linking, protein folding, cold-set vs. heat-induced gels, film and coating formation - edible films, antimicrobial and biodegradable packaging.

Unit III: Technology in Protein Chemistry

12hrs

Protein extraction and isolation technologies, protein purification and concentration, Electrophoresis: SDS-PAGE, Native PAGE, 2D-GE, Mass spectrometry, NMR and X-ray crystallography, amino acids and the peptide bond, protein folding and denaturation, protein-ligand interactions, membrane proteins and transport, enzymes and enzyme mechanisms, enzyme kinetics and enzyme inhibition, metalloproteins and motor proteins, protein-protein interactions, protein structure analysis, protein quality assessment.

Unit IV: Protein Applications

12hrs

Application of protein in supplements, hospital/nutritional therapy applications, food industry, application in texturized vegetable protein (TVP) and meat analogs, Microencapsulation of proteins and peptides, use of protein-based hydrogels, coatings, and films, protein-based emulsions, plant-based protein meat, plant-based dairy products, plant-based egg simulation products, alternative proteins: Insect proteins, single-cell proteins (algae, fungi, yeast), and lab-grown meat, limitations of plant-based food, regulations and safety concerns.

Unit V: Emerging Trends in Protein Research

12hrs

Proteomics and peptidomics in food science, sustainable sourcing and utilization of proteins, role of proteins in addressing global nutrition challenges, protein fortification strategies in

staple foods, current trends in protein research and innovation, designer and functional proteins: health-promoting peptides, immunomodulatory proteins, Precision nutrition and protein personalization, AI and machine learning in protein prediction and formulation, Integration of metabolomics and proteomics in diet-health research.

Book References:

1. Nakai S. & Modler H. W., Proteins in Food Systems, CRC Press, Reprint Edition, 2020, v
2. Kessel, A., & Ben-Tal, N. (2018). Introduction to proteins: Structure, function, and motion (2nd ed.). CRC Press.
3. Berg, J. M., Tymoczko, J. L., Gatto, G. J., & Stryer, L. (2019). Biochemistry (9th ed.). W. H. Freeman.
4. Hettiarachchy, N. S., Sato, K., Marshall, M. R., & Kannan, A. (Eds.). (2012). Food proteins and peptides: chemistry, functionality, interactions, and commercialization. CRC Press.
5. Rickey Y. Yada, Proteins in Food Processing, (2nd Edition), Woodhead Publishing, 2017, ISBN: 9780081007213.
6. Fidel Toldrà Advances in Food and Nutrition Research: Proteins in Food Processing and Product Development. Academic Press, 2021.

Evaluation Pattern:

Assessment	Internal	External
Continuons Assessment (CA)	50	
End Semester		50