



# NATIONAL SERVICE SCHEME (NSS)

<u>Community Outreach Visit – Scheduled Tribe Children's Ashram</u>

Subject: Nurturing Social Inclusion and Uplifting Underprivileged Communities

**Date:** 20.07.2025, Sunday

Location: Vadavalli, Coimbatore.

#### **Introduction:**

As part of our ongoing commitment to social service and inclusive development, the **NSS** volunteers of **Amrita Vishwa Vidyapeetham** organized a community outreach visit to an ashram dedicated to the upbringing of Scheduled Tribe (ST) children on 20th July 2025.

The visit aimed to engage with the children through meaningful activities, foster educational support, and promote a sense of belonging.



## **Objective of the Event:**

The outreach program was designed to:

- Support the educational and emotional well-being of children
- Create awareness among volunteers about tribal communities and their challenges
- Provide interactive, fun, and motivational activities for children
- Foster values of empathy, compassion, and unity among NSS volunteers





#### **Event Overview:**

- The team of 30 volunteers, including 4 coordinators, departed from the campus at 08:00 AM and reached Gokulam Ashramam by 09:15 AM.
- The event commenced with a brief introduction to NSS and its vision of community service and compassion.
- From 10:00 to 11:30 AM, a variety of fun and educational activities were conducted
- At 11:30 AM, volunteers interacted more personally with the children and distributed prizes to winners of the games and activities.
- A group pledge was led by student representatives at 12:00 PM, reinforcing the values of unity and service. Simultaneously, a cleaning drive and tree plantation activity was carried out by volunteers to enhance the environment of the ashram.
- The visit concluded at 12:30 PM, and the team departed with hearts full of joy and gratitude.



### **Activity Details:**

- During our visit to the ashram, we interacted with the children across different age groups, primarily focusing on engaging with the younger kids. We began by initiating friendly conversations to make them feel comfortable and heard. This helped us build a quick rapport and understand their interests.
- Following the introductions, we organized several outdoor games to create a lively and inclusive atmosphere. The children enthusiastically participated in dodgeball, cricket, and football, with volunteers actively joining in to ensure everyone felt involved and encouraged. The games not only brought smiles and energy to the environment but also fostered teamwork and bonding.

• Towards the end of our visit, we had a thoughtful interaction with the head of the ashram (or you can say ashram coordinator / ashram lead / caretaker if you prefer). This discussion gave us deeper insight into the daily lives of the children, the challenges faced by the ashram, and how we could contribute more meaningfully in the future.



#### **Participation and Team Effort:**

A total of 30 NSS volunteers, guided by faculty members and student coordinators, ensured smooth planning, safe travel, and engaging execution of activities. Every volunteer contributed wholeheartedly, making the event impactful and fulfilling for both the children and themselves

## **Impact and Outcome:**

- Strengthened children's confidence through inclusive and joyful interactions
- Encouraged volunteers to understand the importance of community care
- Contributed to environmental awareness with clean-up and plantation drives
- Built long-lasting memories and set the foundation for future outreach programs

#### **Conclusion:**

The visit to Gokulam Ashramam under the Sadhguru Sevashram Trust was a fulfilling and inspiring experience. The smiles, laughter, and warm interactions stood as a testament to the power of simple acts of kindness. The event reaffirmed NSS's commitment to shaping responsible citizens through service, compassion, and active community engagement.

