

# AMRITA UDAAN

Monthly Newsletter

November 2025

Volume 07 Issue 11



*“Our duty towards God is Compassion and Love towards the poor and needy. ”*

*— Mata Amritanandamayi Devi*



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## ABOUT AMRITA UDAAN

Amrita Udaan is the monthly newsletter of the Dept. of Social Work. It is completely managed by the students under the guidance of the Faculty. It mainly covers the departmental activities, articles on various social issues, book review, movie review, drawings, posters, alumni interviews, guidance and solved previous year question papers of UGC-NET. The contents are contributed mainly by the students, alumni and faculty members. It is successfully publishing every month since October 2019.

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# DEPARTMENTAL ACTIVITIES



# EXPLORING AND OBSERVING THE REALITIES OF FIELD VISITS

## VIDYA VIKASINI OPPORTUNITY SCHOOL

On 04th November, 2025, the Department of Social Sciences and Behavioural Studies (SSBS) from Amrita Vishwa Vidyapeetam, had the pleasure and opportunity to visit the Vidya Vikasini Opportunity School to observe their dedicated work with children with special needs. The school ensure that every child receives the support and care they require to progress not just academically, but also socially, physically and emotionally.

The school has an Early Intervention Centre that focuses on providing foundational developmental skills for children under the age of 6years and below. Following that, the students visited the Sensory Integration Therapy Unit that accommodates children with Autism, Down Syndrome and Cerebral Palsy, to help them eye coordination, concentration and sensory regulation. The Institution also provides training in daily life-skills such as money handling, traffic rules, stitching, etc to empower them for future independence, in Vocational Classes. Children with different age groups blend together in classrooms with creativity and inclusive practices. They practise typing, drawing, formatting, while on the other hand examinations are modified to those who require different evaluation. Lastly, they dropped in to see the Physiotherapy Unit where children with Cerebral Palsy and Autism are given individualized training to focus on their movement-based therapy and coordination activities.



All-in-all, the visit to the Vidya Vikasini Opportunity School helped the students understand how each unit works together to support children with different developmental needs in a caring and structured way. Early intervention, individualized planning, and consistent therapeutic activities, makes a big change in a child's progress. This experience has helped the students to appreciate the importance of inclusive education and the need for specialised programs that help every

child grow, learn and become more important in their daily life.

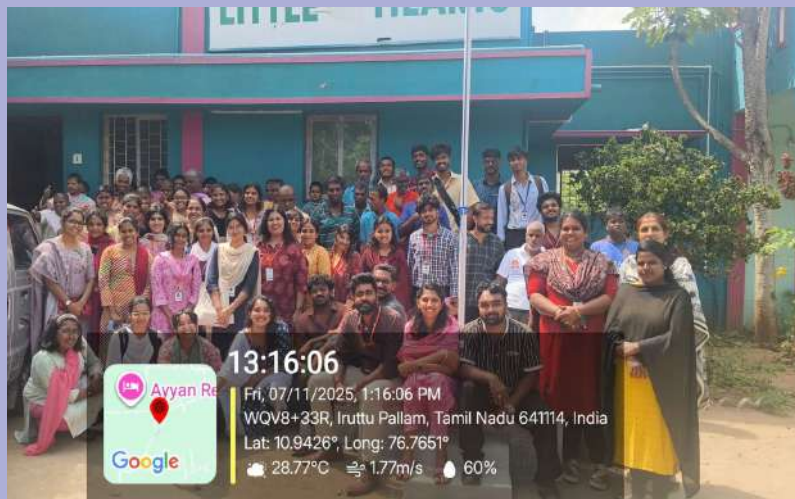


JOANNE THOMAS  
(I MSW)

# LITTLE HEARTS VOCATIONAL TRAINING CENTRE FOR MENTALLY CHALLENGED

“Alone we can do so little; together we can do so much,” a well-known quote said by Helen Keller, truly describes the Little Hearts Vocational Training Centre at Iruttupallam. Students and Faculties from the School of Social Sciences and Behavioural Studies, Amrita Vishwa Vidyapeetam, Coimbatore, had visited the organization on 7th November, 2025, as part of their observation visit. They were greeted by Ms. Nazima, the In-charge at the institution and had graciously provided a deeper insight into the services provided for people with intellectual and developmental disabilities, such as Autism, Down Syndrome and Cerebral Palsy.

The institution conducts tailoring, various handicrafts, baking, basic computer skills and gardening as part of their vocational training. Additionally, they provide education on life skills including colours, numbers, identification of objects, money recognition and even personal hygiene. Occupational therapy, speech therapy and behavioural support are integrated into the program.



Their teaching methods are detailed and practical, with extensive hands-on training and maintains a positive environment for the individuals. They are residents that include a mix of orphans, semi-orphans and references that come from police. At present, the centre shelters an approximate of 65 individuals with age group around 30-60 years of age. Overall, the visit highlighted the significance of collective effort, holistic care and practices in empowering persons with disabilities. The centre

exhibited how coordinated efforts can help promote independence, confidence and self-worth. It also reinforced the importance of the role social workers play in advocating for inclusive environments, reducing social stigma and supporting individuals over their limitations.

M.SIVANEE  
(I MSW)



# GOVERNMENT PRIMARY HEALTH CENTRE , ARISIPALAYAM

On 10th November, 2025, the Department of Social Work, Amrita Vishwa Vidyapeetam, Coimbatore had the opportunity of visiting the Government Primary Health Centre at Arisipalayam as an observation visit. The staff at the health centre warmly greeted the audience and briefed them on the importance of community health services at present times.

The session majorly focused on antenatal care, and sharing insightful guidance on nurturing both, mother and child from early pregnancy stages. They emphasized on the need for regular check-ups, proper nutrition and timely identification of any risks to support safe motherhood. Additionally, the session covered diabetes awareness, emphasizing how lifestyle choices and early screening can prevent serious health complications, especially in pregnant women who face increased vulnerability. In addition to maternal health, the health centre has an integrated engaging youth program aimed at combating drug abuse. The program uses creative dialogue and peer-led discussions to encourage awareness and resilience against substance misuse.

All-in-all, this orientation visit was a vivid reminder of how healthcare is a human-centred journey, where knowledge, empathy, and community action come together to nurture healthier futures. It left a lasting impression about the power of grassroots health initiatives led by committed professionals striving to uplift their communities every single day.



M.SIVANEEL  
(I MSW)

# COODU: COMMUNITY ORGANISATION FOR OPPRESSED AND DEPRESSED UPLIFTMENT

The Department of School of Social Sciences and Behavioural Studies (SSBS), from Amrita Vishwa Vidyapeetam, Arasampalayam campus, visited the Community Organization for Oppressed and Depressed Upliftment on 11th November, 2025 as part of their field visit. The team was welcomed by Ms. Nisha, Project Manager, who graciously provided an interactive orientation regarding the organization's ongoing initiatives and missions.

Ms. Nisha enlightened the students about COODU's significant work in advocating for the rights of Transgender people. She emphasized the importance in strengthening the Transgender identity through legal recognition, while also stressing on the need to address the welfare independently rather than subsuming it under the LGBTQ+ label. The organization also provides regular health camps to raise awareness on the control and prevention of HIV/AIDS. Identifying those at risk, individual counselling and ongoing support, is offered through the health camp. Raising awareness on safe sexual practices and the dangers of unprotected sex, also forms a significant part of their outreach, making sure the vulnerable communities receive proper information and guidance.

Overall, this visit gave the students a deeper understanding of how organizations like COODU, work tirelessly to bring in transformation, be it through advocacy, awareness or/and direct support. COODU is an example on how committed social work can create safe spaces and a life filled with dignity and respect



JOANNE THOMAS  
(I MSW)

# FFIRE NGO-FOUNDATION FOR INCLUSIVE REHABILITATIVE & EMPOWERMENT

On 13th November 2025, students and faculties from the School of Social Sciences and Behavioral Studies, Amrita Vishwa Vidyapeetham Coimbatore had visited the FfIRE NGO (Foundation for Inclusive Rehabilitation & Empowerment) and were offered invaluable insight into how grassroots organizations can shape social transformation by empowering individuals who have long been pushed to the margins. The team was warmly received by the project staff, who walked students through the NGO's mission, programs, and community-driven approach.

FfIRE works primarily with women, children, and socially vulnerable groups, ensuring that every individual receives support not only for survival, but for long-term independence. The staff highlighted their work in community rehabilitation, livelihood training, educational support, and psychosocial interventions.

One of the key takeaways was the organization's emphasis on capacity-building, especially among women. Skill training in tailoring, home-based entrepreneurship, digital literacy, and microfinance helped women reclaim confidence and economic stability. The NGO also conducts awareness programmes on gender equality, domestic violence, child protection, and health.

Overall, the visit to FfIRE highlighted how committed social workers, when grounded in compassion and community participation, can nurture resilience, restore hope, and create pathways for long-term empowerment.



SOUMYA DWIBEDY  
( PGDCP )

# BLOCK DEVELOPMENT OFFICE KINATHAKADAVU

On 14th November 2025, the students and faculty from Department of Social Work, Amrita Vishwa Vidyapeetam, had visited the Block Developmental Office (BDO) located at Kinathukadavu for their field visit. The session was led by Mr. Mohan, Block Development Officer, focused on the functioning, importance and roles and responsibilities of the Block Development Officer. The students learned that the BDO plays a vital role and is responsible for overseeing various development programs within the block. The BDO also acts as an Executive Authority of the Panchayat Union, ensuring that government schemes and development plans are efficiently implemented at the grassroots level. Their team consists of technical officers, ministerial staff, and field workers, providing guidance to carry out the various projects that address rural development, public welfare, infrastructure, and social programs. This role also involves coordinating with different government departments, NGOs, and financial institutions to smoothen program execution. The orientation emphasized how the BDO's leadership influences the success of social welfare projects aimed at improving education, health, sanitation, livelihood, and women and child welfare in the block. The importance of transparency, responsibility, and responsiveness to public needs was a key learning point. Overall, the day provided students with a comprehensive



M.SIVANEE  
(I MSW)

# DISTRICT DIFFERENTLY ABLED WELFARE OFFICE & DISTRICT SOCIAL WELFARE OFFICE FOR WOMEN EMPOWERMENT

On 13th November 2025, students and faculties from the School of Social Sciences and Behavioral Studies, Amrita Vishwa Vidyapeetham Coimbatore, visited to District Differently Abled Welfare Office (DDAWO) and the District Social Welfare Office for Women Empowerment (DSWO-WE) as part of their observation visit. The students were greeted by Mr. Karthick Krishnan, Project Implementation Specialist, provided students with a comprehensive understanding of how government systems work to promote inclusion, accessibility, and gender empowerment. Both offices demonstrated how policy meets practice, ensuring that welfare schemes reach those who need them the most.

Students learnt about how the government supports



diversity, inclusion and equality. At DDAWO, they were enlightened about the various services provided such as disability cards, financial assistance, scholarships, aids, skill training, travel concessions and even marriage assistance, all while promoting and emphasizing independence and dignity. At the DSWO-WE, the team educated students on major services such as One- Stop Centers, legal aid, counselling, skill training, SHGs and helplines. The two offices emphasized heavily on awareness, advocacy and empowerment,

preparing students about the vital role social workers play in ensuring equal opportunities, safety and promoting rights.

To wrap up, the visit surely was a purposeful experience that inculcated classroom knowledge with real-world practice. It helped students appreciate the government welfare systems, the roles social workers play and has left a deep sense of responsibility in ensuring that there would be empowerment, inclusion and social justice in society.



SOUMYA DWIBEDY  
PGDCP

# VAZHIKATTI MENTAL HEALTH CENTRE

As part of the field visit, the department of Social Sciences and Behavioural Studies, from Amrita Vishwa Vidyapeetam, visited the Vazhikatti Mental Health Centre on 20th November, 2025, to learn and understand the services and rehabilitation practices in the Mental Health field. Ms Nivedita, warmly welcomed the students and faculties and oriented them about the centre's main aim and approaches.

The Institution provides both inpatient and outpatient services, seeing that every individual receive appropriate treatment based on their mental health needs. The students observed that the Family counselling was strongly encouraged and emphasized. It enforced the idea that Counselling not only is meant for the individual, but also quite important for the family to understand and be supportive of their journey towards recovery. The Centre also has a deaddiction program where individuals come in for medical intervention, counselling and psychological assistance. The Occupational Therapy Unit at the centre, has only inpatients battling depression, anxiety, Bipolar Disorder, Schizophrenia, to enhance their cognitive functions, emotional balance, daily life-skills by engaging them in brain-oriented activities and recreational activities like simple to complex puzzles, card games, table tennis, carrom, and many more.

To conclude, the visit to the Vazhikatti Mental Health Centre, provided the students a deeper knowledge of the various approach required to treat patients in the Mental Health field. The Institution is a prime example of holistic, compassion and care- where not just medical intervention, therapy, counselling play a role in the individual's life, but also ensuring family



participation stand united to support recovery with confidence, worthiness and hope.

JOANNE THOMAS  
(I MSW)



## LAKSHMI MENTAL HEALTH CENTRE

The field visit to Lakshmi Mental Health Centre, occurred on 25th November 2025, to provide students of School of Social Sciences and Behavioral Studies, Amrita Vishwa Vidyapeetham Coimbatore, with a compassionate, real-world understanding of mental health care and rehabilitation. Upon arrival, the students were greeted by the staff team, who took time to explain the centre's philosophy of holistic, person-centred healing. The Centre offers inpatient and outpatient services, with a multidisciplinary team of psychologists, psychiatrists, counsellors, and therapists. The staff emphasised the importance of early intervention, timely diagnosis, and individualized treatment planning. A unique feature of the Centre is its emphasis on family therapy, ensuring that caregivers also gain awareness, coping tools, and emotional understanding. The Occupational Therapy Unit was particularly inspiring where clients engaged in cognitive activities, art-based therapy, recreational games, and skill-building exercises aimed at improving emotional balance, fine motor skills, and daily functioning. The environment felt safe, warm, and non-judgmental—offering clients a sense of belonging. The visit reinforced the idea that mental health recovery requires medical care, emotional support, structured rehabilitation, and family involvement. Lakshmi Mental Health Centre stands as a testimony to how compassion, professionalism, and empathy can help individuals rebuild their lives with dignity and hope.



SOUMYA DWIBEDY  
PGDCP

# AMRITA INSTITUTE FOR DIFFERENTLY ABLED (AIDA) AND AMRITA INSTITUTE FOR MEDICAL SCIENCES (AIMS)

The final field visit for the School of Social Sciences and Behavioural Studies, Amrita Vishwa Vidyapeetam, Coimbatore took place on 27th November 2025, at Amritapuri, Kochi. The final trip truly reflected the idea that, "no one has ever become poor by giving," quoted by Anne Frank, how compassion, service and care can positively change lives.

During the visit to Amrita Institute for Differently Abled, the student learned that the organization provides early intervention programs for children with Autism, Down Syndrome, Epilepsy and Cerebral Palsy. The staff explained in detail about the individualized plans created intricately to meet every child's needs. Creative activities like art and music therapy help children express themselves and build confidence at every step of the way. Furthermore, the students and faculties wrapped their last visit, at the Amrita Institute of Medical Sciences and Research Centre. They attended the informative sessions held by the Department of Fetal Cardiology and Paediatric Cardiology, where the professionals explained in detail about the importance of early diagnosis, various treatment methods and long-term care for heart-related conditions in children, specially for those with disabilities.

To conclude, the overall visit truly was a learning experience for the students, showing how the integration of medical science, personalized education, and engaging therapies come together to support individuals in living enriching lives.



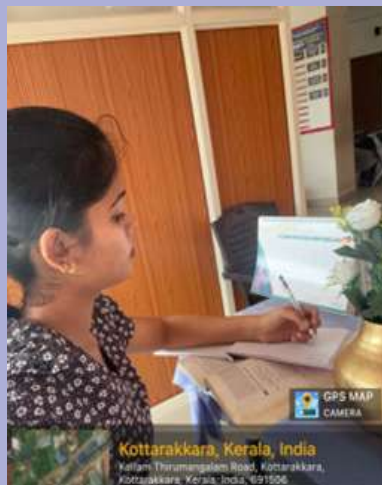
M.SIVANEE  
(I MSW)



# EXPERIENTIAL NARRATIVES FROM THE FIELD

## 1. ORGANISATION NAME: Kottarakkara Taluk Hospital

My overall experience in the field has been really good. I got to see how things work in a real psychiatric setting and learned many new things from the patients and staff. I am still learning, but this experience is helping me understand mental health better and feel more comfortable in the clinical setting.



VISHAL KRISHNA

## 2. ORGANISATION NAME: Infopark Phase I

My fieldwork experience at Infopark has been highly informative and professionally enriching. Through continuous data collection, I gained confidence in interacting with employees, improving my communication, clarity, and approach while handling research tools. The various orientations such as Leave Rules, Allowances, RTI Act, RTS Act, and the IT Policy 2023 helped me understand how administrative systems, employee welfare measures, and government policies operate in a real organizational setting. Visiting buildings like Thapasya, Vismaya, Athulya, and Jyothirmaya provided practical exposure to workspace management, infrastructure classification, and how companies utilize furnished and unfurnished office spaces. Preparing documents such as the organizational chart and detailed reports strengthened my documentation and analytical skills. Overall, the fieldwork allowed me to connect theoretical knowledge with real-world applications, understand workplace dynamics, and develop essential HR and administrative competencies that will support my future professional growth.

MALAVIKA K



### 3. ORGANISATION NAME: ASTER MEDCITY

My overall fieldwork experience was very positive. I was able to gain wide exposure across different departments, which helped me clearly understand the role of a social worker in the medical setting. Observing the functions of social workers in each department gave me a better idea of how they support patients, families, and the healthcare team.

**EVANGELIN SUNIL**



### 4. ORGANISATION NAME: Amrita Institute of Medical Sciences and research center

My overall experience in the Psychiatric Department at Amrita Hospital was highly meaningful. I got the opportunity to attend new cases on a daily basis and observe how different psychiatric conditions are assessed and managed. I was also able to interact and talk with patients, which helped me understand their concerns, symptoms, and the importance of building trust in a clinical setting. Along with this, I participated in ward activities such as recreational activities, patient and assisting the team whenever needed. These experiences strengthened my communication skills, improved my understanding of psychiatric illnesses, and gave me confidence in handling patients with empathy and professionalism.

**SHANTHI PRIYA**



### 5. ORGANISATION NAME: DCPU- District Child Protection Unit Kozhikode

This field has made a lot of learning through the activities and as part of it it has helped me in my professional growth and to learn more about Child Rights and Protection, the understanding of different aspects to that they work for and to learn more about the organisation through this field.

**AMRITA R. MENON**



## 6. ORGANISATION NAME: Keltron Component Complex Ltd

The field work experience at Keltron Component Complex was highly informative and practical. It gave me the opportunity to observe real industrial processes and to understand how different departments function. Learned how HR activities are carried out in a professional setting.

**GOURI ULLAS**



## 7. ORGANISATION NAME: National Health Mission

My fieldwork at NHM was very helpful and a good learning experience. I worked in different departments like HMIS and Finance. I learned how to enter data, check records, and update important information. I also helped in sorting financial records and ASHA workers' details like names, wards, and phone numbers. I had fieldwork visits at the Women and Child Hospital and UPHC. There, I saw how the staff treat patients and support the health needs of women, children, and the community. I also understood how different departments work together to give better health services. During the fieldwork, I also participated in a medical camp conducted on World Diabetes Day. In the camp, I saw how screening and awareness programs are done to help people understand diabetes and take care of their health. Overall, this experience was very useful and it helped me learn how NHM supports the people in the community.

**ASWATHI K R**



## 8. ORGANISATION NAME: SOS Children's Village India

I learned about how to interact and deal with children. Trainee took some classes on body's alarm system and child rights and responsibilities. A group project work was also initiated. I learned about the working of organisation and understood importance of family for a child. As it was one month internship, it helped to experience SOS village fully.

**NAVYA SUNIL**



## 9. ORGANISATION NAME: DCPU Ernakulam

The experience gave the trainee a lot of practical knowledge about child rights and child protection. The trainee was able to develop professional relationship with officers.

**DIYA RAJESH**



## 10. ORGANISATION NAME: Aster Medcity

My fieldwork at Aster Medcity was a very helpful and meaningful learning experience. I had the opportunity to observe different departments such as NICU, PICU, Cardiology, Oncology, Nephrology, Pulmonology, IVF, Liver Care, and Clinical Research. These visits helped me understand how each unit functions and how healthcare professionals work together to provide quality treatment and support to patients. During my internship, I observed counseling sessions, learned about patient documentation, and assisted in entering and organizing data. I also understood how basic assessment tools are used in clinical settings and how proper documentation supports patient care. This experience improved my communication skills, confidence, and understanding of ethical practices in a hospital environment. I also participated in various programmes conducted by the hospital, including the Children's Day inauguration and an awareness session on menstrual hygiene. As part of my exposure, I attended an antenatal class for pregnant women, where I learned how health professionals educate mothers about pregnancy care, nutrition, and preparation for childbirth. This helped me understand the importance of health awareness and patient education during pregnancy. Overall, my fieldwork at Aster Medcity was very valuable. It helped me gain practical exposure to hospital-based social work, understand multidisciplinary teamwork, and develop skills that will support my future professional growth.

**ASHWATHI V R**



## 11. ORGANISATION NAME: Taluk Headquarters hospital kodungallur

My overall experience in the field at Taluk Headquarters Hospital, Kodungallur, was very positive. I gained practical knowledge about hospital services, observed different departments, and improved my communication and professional skills. The fieldwork helped me understand real-life situations, patient needs, and the role of social work in a medical setting. It was a meaningful and enriching experience.

**SREESHMA**



## 12. ORGANISATION NAME: PROPEL INDUSTRIES PRIVATE LIMITED

My field experience at Propel Industries provided valuable exposure to core HR functions such as recruitment support, onboarding, attendance and leave management, documentation, and employee welfare activities. The HR team was supportive and explained each process clearly, allowing me to understand how HR practices are applied in an industrial setting. This experience strengthened my practical skills, improved my confidence, and gave me a clear understanding of the role of HR in ensuring smooth organisational functioning.

**SWATHI**

## 13. ORGANISATION NAME: Don Bosco Nivas

The overall experience was good and learned many things from the organization especially about how to organize a program as well as the importance of preparing and planning before the program. Developed observation skill while dealing with the children.

**S ARYA**



#### 14. ORGANISATION NAME :Amrita Institute of Medical Sciences (AIMS)

Your fieldwork provided valuable exposure to patient assessment, ward rounds, and the daily functioning of different medical departments. It helped you understand the psychosocial, financial, and emotional challenges faced by patients and the vital role of social workers in addressing them. Overall, the experience strengthened your practical skills, confidence, and understanding of multidisciplinary teamwork in a hospital setting.

**GOPIKA K S**

#### 15. ORGANISATION NAME: Sut pattom Hospital

My overall field experience was very positive and informative. It helped me apply theoretical knowledge in practical settings and improved my understanding of psychological disorders, counselling skills, and professional ethics.

**VAIDEHI SAJU**

#### 16. ORGANISATION NAME: M S Swaminathan Research Foundation

The fieldwork provided a wonderful opportunity to apply the theories and methods we learned in the classroom. It provided practical exposure to the life, traditional skills, and livelihoods of a flood-affected community, and helped in understanding the challenges they face.

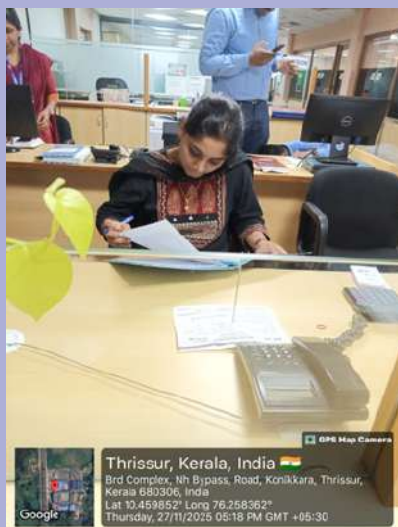
**LEKSHMI PRIYA**



## 17. ORGANISATION NAME: BRD car world maruthi suzuki arena thalore Thrissur

It was a nice experience get practical understanding about several things such as ESI, PF employee data verification, joinee verification etc. In overall it was a wonderful experience for me. I learned several things more than classroom learning.

**SISIRA**



## 18. ORGANISATION NAME: District Child Protection Unit

The experience at the District Child Protection Unit (DCPU) was highly informative, meaningful, and enriching for the student trainees. Throughout the fieldwork period, the trainees were exposed to various aspects of child protection work, enabling them to connect classroom learning with real-life practice. The experience provided them with a deeper understanding of the structure and functioning of the child protection system and the crucial role played by the DCPU in safeguarding the rights and well-being of children in vulnerable situations. They also able to organise programs and activities.

**Anisha Daphi Kharshiing**



## 19. ORGANISATION NAME: CHC, THRIKADAVOOR

Overall, my field work was a very good and useful learning experience. I got the chance to see how different health services work in real life and how staff manage patients and community activities. I learned many practical skills, improved my confidence, and understood the importance of teamwork and proper documentation. It was a meaningful and memorable experience for me.

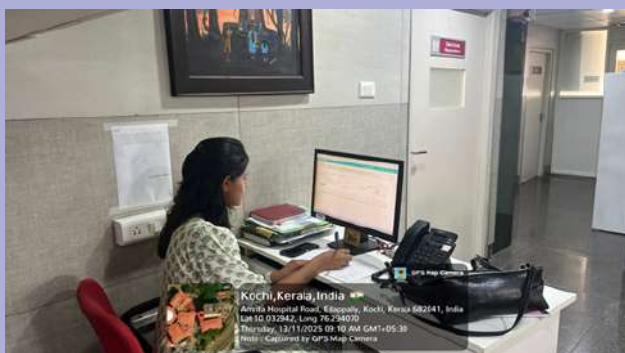
**ABHINAV KRISHNA K**



## 20. ORGANISATION NAME: Amrita Institute of medical sciences and Research.

The fieldwork experience at Amrita Institute of Medical Sciences and Research Centre proved to be a highly enriching and meaningful learning opportunity for the trainee. Exposure to different departments such as GI Surgery, Neurosurgery, Nephrology, and the ICU enabled her to understand the diverse roles and responsibilities of medical social workers within a multidisciplinary healthcare environment. Through participation in ward rounds, counselling observations, patient interactions, administrative tasks, and critical care briefings, the trainee developed essential professional skills and gained deeper insight into the psychosocial dimensions of illness and recovery. This placement helped bridge the gap between theoretical classroom knowledge and practical hospital-based practice, strengthening her competence and confidence as a future medical and psychiatric social worker. The trainee learned the importance of empathy, precise communication, documentation, teamwork, crisis intervention, and patient-centred care. Overall, the internship contributed significantly to her personal and professional growth, equipping her with the foundational understanding, practical exposure, and reflective insights necessary to advance in the field of medical and psychiatric social work.

**NAYANA K A**



## 21. ORGANISATION NAME: KERALA MINERALS AND METALS LTD, KOLLAM,

My fieldwork experience at KMML was very meaningful and helped me understand how a large public-sector industry works in a practical way. By visiting different departments and interacting with supervisors, I learned how HR, Finance, Marketing, Production, Quality Control, and other units function together. I also saw how labour laws, safety systems, medical services, and CSR activities are applied in real workplace settings. Observing issues like strikes helped me understand industrial relations better. Overall, the fieldwork improved my practical knowledge, communication skills, and confidence, and helped me connect classroom learning with real industrial practices.

**RAMYA**



## 22. ORGANISATION NAME: (Ahill Knit Exports), 47-A, SRC Mill Compound, BS Sundaram Rd,

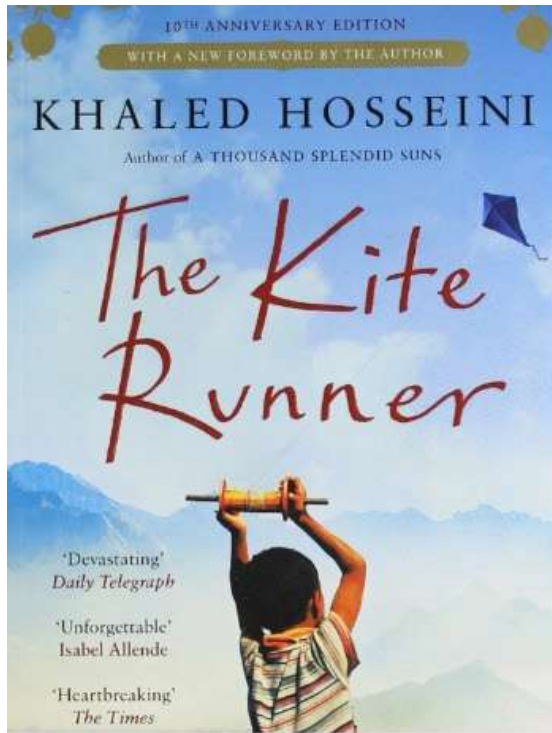
My internship at Ahill Knit Exports was a very useful and meaningful experience. I learned many HR activities and understood how a company works in real life. I observed employee data management, ESI and EPF processes, wage calculation, policy checking, grievance handling, and daily HR operations. The staff were helpful and guided me whenever I had doubts.

**JEHATHISH V**



# STUDENTS' CORNER





# BOOK REVIEW

## THE KITE RUNNER

### -KHALED HOSSEINI

The story revolves around a boy and his friendship with Hassan, the son of his father's servant. It is set against the backdrop of Afghanistan's history, which includes the fall of the monarchy, the Soviet invasion, the rise of the Taliban, and Amir's journey to save Hassan's son by returning to his hometown. The story follows themes like childhood and betrayal, life in America, redemption and confrontation, and a glimmer of hope. After reading it, I felt conflicted.

: After reading this book, I experienced conflicting emotions. Although I thought the novel had a profound impact on me, it did not have a positive effect on me in terms of description. I felt that the other descriptions of scenes accurately depicted Afghan culture and gave me a sense of a real Afghanistan as a place to live. However, I also felt that the novel manipulated and overpowered my emotions throughout. The primary cause is that the metaphor, allegory, and shadowing are completely clumsy. Tell the other to give me a heavy hit. Hassan's cleft plate and Amir's break up appear right away. It depicts the agony of the servant class and the unimaginable disaster in a wonderful way.

The book makes the reader feel a great deal of pity and kinship for people who have no fault of their own and endure constant suffering, but it also makes them fear sympathy for the wrong-privileged boy who beats his breast over the emotional torment of living with the scars he selfishly inflicted upon others.



ARYA A S  
II MSW

# Movie Review

Padman is a socially relevant Bollywood movie directed by R. Balki, highlighting the real-life story of Arunachalam Muruganantham—a man who fought against the deep-seated menstrual taboos in rural India by producing low-cost sanitary pads. The movie revolves around Lakshmikant Chauhan, enacted by Akshay Kumar, who is driven by his wife Gayatri's health and dignity concerns. Social resistance, mockery, and family problems notwithstanding, Lakshmikant strives persistently to spread awareness and affordable menstrual hygiene solutions to women accustomed to unhygienic alternatives in the form of cloth or leaves.

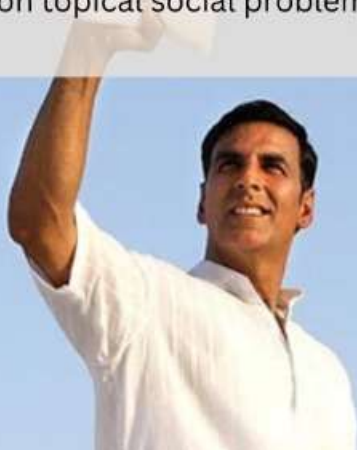
The film combines humor, drama, and emotional moments to talk about a really taboo social stigma. Some parts do feel draggingly slow or overly explanatory, like some sort of public service announcement, but those elements also make the subject more palatable for greater audiences. The director balances rural issues with an urban sensibility, and many scenes speak volumes of unmentioned emotions, such as when Gayatri observes her husband's genuine care amidst neglect in society. Akshay Kumar has gone all out with the role—including wearing pink underwear and a pad—to drive the point home that one should and can talk of menstruation as normally as possible. Radhika Apte brings sensitivity and relatability to her portrayal of Gayatri, and Sonam Kapoor adds charm and modernity to the movie in her supporting role.

Padman is not a mere biographical drama but rather a gutsy statement against the shame and silence on menstrual health in India. Yes, the narrative has its share of cinematic liberties and melodrama, rounded off with convenient plot turns, but these do not take away from the larger purpose of the film in education and social change. The story culminates into a speech at the United Nations, emphasizing global awareness about menstrual hygiene and women's dignity.

Overall, Padman is an important film that dares to take on a hitherto shunned subject and leverages entertainment as a medium to stir discussion on issues deemed imperative. Its merits are in the sincere performances and the kindling of empathies challenging social biases, even if its narrative falters a few times. Eventually, it inspires a change in perspective and brings empowerment through awareness; thus, the movie adds strength to Indian cinema on topical social problems.



SUVARNA KA  
BSW



## THE PAD MAN

# सत्यमेव जयते

# ACT

## THE BHARATIYA NAGARIK SURAKSHA SANHITA (BNSS), 2023

The Bharatiya Nagarik Suraksha Sanhita (BNSS), 2023, is an Act of the Indian Parliament that replaces the Code of Criminal Procedure (CrPC), 1973. The BNSS, along with the other new criminal laws, the Bharatiya Nyaya Sanhita (BNS) and the Bharatiya Sakshya Adhiniyam (BSA), came into effect on July 1, 2024. The primary objective of the BNSS is to reform India's criminal justice system by making legal procedures more efficient, transparent, and victim-centric, with an emphasis on technology so that, ordinary citizens feel more supported and less intimidated when dealing with the justice system. One of the biggest changes brought in by the BNSS is the use of technology. From digital tools for investigation and evidence collection to technology enabled court processes, the law encourages methods that reduce delays and increase transparency. This shift is meant to ensure that justice is not only delivered, but delivered efficiently and openly.



### KEY FEATURES

1. **Technology Integration:** Digital evidence is formally recognized, and even search and seizure operations can be recorded through audio-video tools, making the entire process more transparent and reliable.
2. **Mandatory Forensic Investigation:** For crimes that carry a punishment of seven years or more, forensic investigation is now compulsory. This means trained forensic experts must visit the crime scene and collect scientific evidence, ensuring investigations are more accurate and trustworthy.
3. **Timelines for Justice:** To reduce delays, the BNSS introduces clear timelines at different stages of investigation and trial. Courts must deliver a judgment within 30 days after the completion of arguments, with an extra 15 days allowed only when absolutely necessary.
4. **Victim Rights:** For the first time, the law makes it mandatory for police to keep victims informed about the progress of the investigation.
5. **In-Absentia Trials:** If an accused person absconds and deliberately avoids the trial, the BNSS allows the court to conduct the trial and even deliver the judgment in their absence.
6. **FIR Registration:** People can now register an FIR at any police station, regardless of where the incident actually took place. This concept, known as Zero FIR, helps victims get quicker assistance without worrying about jurisdiction.

### Reference:

<https://prsindia.org/billtrack/the-bharatiya-nagarik-suraksha-second-sanhita-2023>



VISHNUPRIYA J  
(I MSW)

## STATE SCHEME

# DISTRESS RELIEF FUND FOR DIFFERENTLY ABLED



The Kerala government started a scheme called “Distress Relief Fund for the Differently Abled (Medical Treatment)” to help people with disabilities when they’re in tough situations. Back in 1995, the government put ₹1 crore in the Treasury as a corpus fund. The Interest earned from that money is used to give financial help to disabled people. The help is mainly for three things: Medical treatment or surgeries, people who became disabled because of accidents, any other needs that aren’t covered under existing disability schemes.

### **BENEFITS :**

Under this scheme, a disabled person — or someone who became disabled because of an accident — can get ₹5,000 a year to help with their medical treatment, including surgeries.

### **ELIGIBILITY:**

1. Only Kerala residents can apply.
2. They must be disabled or have become disabled because of an accident.
3. Their yearly income should be low. Rural areas: below ₹20,000 per year. Urban areas: below ₹22,375 per year

### **DOCUMENTS REQUIRED:**

To apply, one need a few basic documents:

1. ID proof like Aadhaar or Voter ID
  2. A passport-size photo
  3. Doctor’s certificate
  4. Original incomcertificate5. Bank passbook copy for account details
- other required documents, if any



SHIJO K JOHN  
(II MSW)

## CENTRAL SCHEME

# PRADHAN MANTRI VISHWAKARMA YOJANA

On September 17, 2023, the Government of India launched the Pradhan Mantri Vishwakarma Yojana (PMVY) to support traditional artisans and craft workers. This centrally sponsored scheme recognizes the importance of India's age-old artisanal skills and aims to preserve them in a modern economy. The program works through the Ministry of Micro, Small and Medium Enterprises (MSME), with support from multiple agencies, including banks, training institutions, and state governments.

The scheme is designed to uplift individuals working with inherited traditional skills—such as carpenters, masons, potters, goldsmiths, tailors, instrument makers, and many others. Unlike earlier programs that focused mainly on factory-scale enterprises, PM Vishwakarma directly targets individual livelihood artisans from rural and urban areas.



A key objective of the scheme is formalizing informal artisans into the mainstream economic system. Registered beneficiaries receive a Vishwakarma certificate, an artisan ID card, training, toolkits, and access to loans with subsidized interest rates. The government provides financial support in two stages of credit—₹1 lakh in the first phase and ₹2 lakh in the second phase, with an interest rate of 5%, significantly lower than typical market rates. Importantly, no collateral is required, reducing financial barriers for skilled craft workers.

The program further supports the value chain of traditional crafts. Beneficiaries are given recognition and branding benefits, digital and social media promotion, and opportunities to connect with larger markets, including e-commerce and government procurement systems. In addition, beneficiaries are trained in both skill enhancement and business development, enabling them not only to improve craft quality but also to sell more effectively.

Overall, PM Vishwakarma aims to preserve India's traditional artisanal heritage, integrate grassroots workers into modern economic structures, and promote sustainable livelihoods for millions of craft practitioners across the country.

REFERENCES: <https://www.pmvishwakarma.gov.in> , <https://pib.gov.in>



AAKASH K  
(I MSW)

# CURRENT AFFAIRS



# NOVEMBER 2025



## 1. Army to Honour Operation Pawan Martyrs

After almost four decades, the Indian Army is preparing to formally honour the soldiers who died during Operation Pawan, the major mission carried out in Sri Lanka between 1987 and 1990. This mission, launched under the Indo Sri Lanka Accord, aimed to control violence and disarm groups like the LTTE, but soon turned into intense fighting in tough forest terrain. More than a thousand soldiers were killed and many more were injured, making it one of India's heaviest overseas losses. Families of martyrs had been remembering them privately for years, as there was no official day of tribute. Now, on 26 November, the Army leadership will lay wreaths at the National War Memorial, joined by veterans and relatives. This ceremony is seen as long overdue recognition for those who served and sacrificed in one of the most demanding military operations.

## 2. Delhi to Increase Revenue Districts to Thirteen

Delhi is set for a major administrative change as the government plans to increase the number of

revenue districts from eleven to thirteen. This move is meant to make public services easier to access by bringing offices closer to residents. As part of the plan, the number of subdivisions will also rise from thirty three to thirty nine, reducing long travel for routine work. After Cabinet approval, the proposal will be sent to the Lieutenant Governor for the final nod. Each district will have a mini secretariat to streamline services. The new districts are mapped using existing municipal zones, with areas like Old Delhi, Shahdara North, Shahdara South, and Najafgarh taking shape. Officials expect shorter queues, faster processing of files, and better service delivery as the workload gets divided more evenly across the new administrative structure.



## 3. Greenex Environmental Partners with Norway's EPD Global

Greenex Environmental from Pune has joined hands with Norway's EPD Global to help Indian manufacturers access better Environmental Product Declaration (EPD) services. Under the agreement, Greenex will study

the environmental impact of products made in India, while EPD Global will publish certified declarations. This teamwork brings together Indian technical skills and Norwegian certification quality. The collaboration is especially helpful for MSMEs and export oriented industries that need strong environmental documentation to reach global markets. With buyers worldwide demanding clear sustainability records, EPDs can boost credibility and competitiveness. The partnership also makes certification nearly 70% cheaper, which means more companies can afford it. Greenex plans to expand its services across major industrial centres as environmental reporting becomes a global necessity.

## 4. India and Canada Resume High-Level Trade Talks



After two years of tension, India and Canada have decided to restart their talks on a Comprehensive Economic Partnership Agreement. This decision came after a meeting between Prime Minister Narendra Modi and Canadian Prime Minister Mark Carney during the G20 Summit in Johannesburg. Both countries want to increase their trade to 50 billion USD by

2030, and they see this agreement as a big step towards that target. Earlier, talks were stopped because of diplomatic issues in 2023, but recent discussions have helped restore confidence. Trade between the two countries is already growing, especially in services where Canada has an advantage. The talks also cover cooperation in civil nuclear energy and long term uranium supply. If the agreement is finalised, it will give businesses clearer rules and more opportunities in both markets.

### **5. Indian Navy Commissions Indigenous ASW Vessel Mahe**

The Navy is commissioning Mahe, the first vessel of a new class of Anti Submarine Warfare Shallow Water Craft. Built with over 80% indigenous components by Cochin Shipyard, Mahe is an example of India's growing naval self reliance. The commissioning ceremony in Mumbai will be led by senior naval and army leaders. Designed for coastal operations, Mahe is compact, fast and equipped to track and destroy submarines hiding in shallow waters. It will help guard vital sea routes and support patrol missions along the Western coast. Named after the historic coastal town of Mahe, the ship's crest features the traditional Kerala weapon Urumi. The induction comes just before Navy Day 2025 celebrations, where the force will display its expanding maritime capability.



### **6. India Pushes Critical Minerals Circularity and Satellite Data Sharing at G20**

India has urged G20 nations to work together on sustainability through two major proposals, a critical minerals circularity plan and a global system for sharing satellite data. The minerals initiative encourages recycling, re-use and urban mining to reduce dependence on fresh extraction and strengthen future energy security. India argued that such circular practices are essential for meeting global clean energy goals. The second proposal, an open satellite data partnership, aims to make space based information easily available to developing countries for agriculture, weather forecasting, fisheries and disaster preparedness. India also highlighted concerns about climate change and food security, sharing its own experiences with large scale food programmes and the promotion of millets. The country supported further global initiatives such as traditional knowledge repositories and health-emergency response teams.



### **7. Constitution 131st Amendment Bill and Chandigarh Governance Debate**

The central government's plan to introduce the Constitution (131st Amendment) Bill has triggered debate in Punjab and

Chandigarh. The proposal seeks to include Chandigarh under Article 240, which allows the President to issue regulations for Union Territories without legislatures. If approved, Chandigarh would come under the same category as territories directly governed by the Centre, potentially changing how rules are framed for the city. Political parties in Punjab object strongly, saying this step could weaken Punjab's historical claim over Chandigarh, which serves as a shared capital for Punjab and Haryana. In response, the Union Government clarified that the intention is not to change the administrative structure but to simplify legislative procedures. The discussion continues as parties raise concerns about federal balance and regional rights.

### **8. Uranium Found in Breast Milk Across Bihar Districts**

A recent study has found traces of uranium in breast milk samples taken from women in several districts of Bihar. Although the levels were within global safety limits, researchers noted that about seventy percent of the infants showed hazard levels above the ideal range, raising concerns about long term exposure. Infants are more vulnerable because their bodies cannot filter heavy metals effectively, which may affect kidney and brain development over time. However, experts say that most uranium consumed by mothers is removed through urine rather than milk, so breastfeeding should continue. Uranium can enter groundwater naturally or through human activities like mining and the use of fertilisers.

The study highlights the need for regular monitoring in states where people depend heavily on groundwater for daily use.

### 9. Unified Pension Scheme: Rules on Resignation and Benefits

The Department of Pension and Pensioner's Welfare has issued a clarification about what happens when central government employees under the Unified Pension Scheme resign from service. According to the rules, a person who resigns loses the assured payout unless the resignation is withdrawn in public interest. However, the employee will still receive the pension corpus they have accumulated, but only after a 90 day processing period. If the subscriber dies before this period ends, the amount goes to the spouse or legal heir. Employees are also allowed a one time shift back to the National Pension System within specific time windows, though they give up UPS benefits if they switch. Experts warn that losing the assured payout can affect long-term financial security, so employees should think carefully before leaving service.



### 10. Kerala Becomes India's First State to Eliminate Extreme Poverty

Kerala has announced that it has successfully ended extreme poverty, becoming the first state in India to do so. Chief Minister Pinarayi Vijayan declared this on

ts in 2021 and was implemented with support from KILA and local bodies. Thousands of trained workers helped identify families in need, and the state lifted over sixty four thousand families out of severe poverty through targeted planning and interventions. The achievement received praise from the government, though some opposition leaders questioned the claim. Nationally, this milestone places Kerala alongside global examples of successful poverty reduction models.



REFERENCES : <https://www.gk-today.in/current-affairs/month/current-affairs-november-2023/>



ACHU ELZA ROY  
(I MSW)

# INTERNSHIP OPPORTUNITIES

## TARE ZAMEEN FOUNDATION

**Work from home**  
**Start date: Immediately**  
**Duration: 1 Month**  
**Stipend: 1,500/ lump sum**  
**Apply by: 13 Dec' 2025**

### About the Internship

Tare Zameen Foundation, established in 2018 in Delhi, is a non-profit organization dedicated to improving the lives of underprivileged children, women, and divyangjan. It supports children's education, empowers women through employment opportunities, and promotes awareness about the importance of saving and supporting girl children. The foundation also works closely with divyangjan by connecting them with trainers to enhance their skills and providing platforms to showcase their achievements.

### Benefits

1. Professional Experience in the non-profit sector
2. Internship Certificate & Letter of Recommendation
3. Support for Higher Education Background Checks

### Who can apply

Only those candidates can apply who:

1. are available for the work from home job/ internship
2. can start the work from home job/ internship between 12th Nov'25 and 17th Dec'25
3. are available for duration of 1 month
4. have relevant skills and interests

### To Know More and Apply

<https://internshala.com/internship/detail/work-from-home-part-time-fundraising-internship-at-tare-zameen-foundation1763008360>

## HAMARI PAHCHAN NGO

**Work from home**  
**Start date: Immediately**  
**Duration: 4 Weeks**  
**Stipend: Unpaid**  
**Apply by: 15 Dec' 25**

### About the Internship

Hamari Pahchan NGO is a youth-led non-profit organization dedicated to driving social change and empowering communities through impactful initiatives. Our mission is to create awareness, educate, and transform lives. We believe in the power of storytelling and creative media to amplify voices and make a difference. Join us to contribute your creativity toward meaningful social impact.

### Benefits

1. Certificate of Completion
2. Letter of Recommendation
3. Flexible Work Hours
4. Exciting Gift Hampers for Top Performers
5. Exclusive Feature in Window to the Future Magazine
6. Access to Profile-Building Internship Opportunities
7. Performance-Based Job Offers (CTC 3-5 LPA for top candidates)

### Who can apply

Only those candidates can apply who:

1. are available for the work from home job/ internship
2. can start the work from home job/ internship between 15th Nov'25 and 20th Dec'25
3. are available for duration of 4 weeks
4. have relevant skills and interests

### To know more and apply

<https://internshala.com/internship/detail/work-from-home-part-time-swaraj-fellowship-social-entrepreneurship-internship-at-hamari-pahchan-ngo1763184375>

## SOURISH DE COSMOPOLITAN FOUNDATION

### Work from home

**Start date:** Immediately

**Duration:** 1 Weeks

**Stipend:** UNPAID

**Apply by:** 25 Dec' 2025

### About the Internship

The selected intern will support the organization's mission by designing and implementing nationwide social impact initiatives, conducting fundraising and outreach campaigns, and engaging with donors, communities, and partners to build lasting relationships. They will work independently or in small teams to ensure smooth project execution, use storytelling and digital outreach to raise awareness, and create effective digital content and marketing strategies. Additionally, the intern will conduct research, prepare reports, assist in program monitoring and evaluation, and coordinate with management to provide operational, administrative, and strategic support.

### Benefits

1. Certificate
2. Letter of recommendation
3. Flexible work hours 5 days a week
4. Job offer

### Who can apply

Only those candidates can apply who:

1. are available for the work from home job/internship
2. can start the work from home job/internship between 25th Nov'25 and 30th Dec'25
3. are available for duration of 1 month
4. have relevant skills and interests

**\* Women wanting to start/restart their career can also apply.**

### To know more and apply

<https://internshala.com/internship/detail/work-from-home-national-social-impact-corporate-management-internship-at-sourish-de-cosmopolitan-foundation1764058224>

## PAWZZ

### Work from home

**Start date:** Immediately

**Duration:** 3 Weeks

**Stipend:** ₹ 1,500 - 15,000 /month

**Apply by:** 25 Dec' 2025

### About the Internship

Pawzz is an upcoming aggregation platform in animal welfare for rescuers and non-profit organisations. We raise awareness about issues related to animal cruelty while simultaneously providing a platform for animal lovers to volunteer, adopt animals, fund campaigns, post rescue stories and become a vital part of the movement aiming for the complete eradication of the stigma towards animals in our society. Our mission is to balance out the human-animal ecosystem in the country and ensure that both live in harmony with each other.

### Benefits

1. Certificate
2. Letter of recommendation
3. 5 days a week

### Who can apply

Only those candidates can apply who:

1. are available for the work from home job/internship
2. can start the work from home job/internship between 25th Nov'25 and 30th Dec'25
3. are available for duration of 3 weeks
4. have relevant skills and interests

**\* Women wanting to start/restart their career can also apply.**

### To know more and apply

<https://internshala.com/internship/detail/work-from-home-part-time-strategic-partnership-internship-at-pawzz1764076174>

## ODISHA DEVELOPMENT MANAGEMENT PROGRAMME

### Work from home

**Start date:** Immediately

**Duration:** 1 Week

**Stipend:** ₹350 - 1,300 /week

**Apply by:** 24 Dec' 2025

### About the Internship

Odisha Development Management Programme (ODMP) is a network of grassroots NGOs, environmentalists, and academicians that emerged after the 1999 super cyclone in Odisha. Starting from Puri district in 2001, it brought together 51 NGOs across 11 blocks to implement UNICEF- and state-supported water and sanitation programs, earning state and national recognition.

### Benefits

1. Certificate of Completion from ODMP
2. Letter of Recommendation (based on performance)
3. Performance-based Stipend linked to funds raised & contributions
4. Top Performer Certificate (for interns who deliver notable involvement)
5. Enhanced communication, outreach & social impact experience

### Who can apply

Only those candidates can apply who:

1. are available for the work from home job/ internship
2. can start the work from home job/ internship between 23rd Nov'25 and 28th Dec'25
3. are available for duration of 1 week
4. have relevant skills and interests

### To know more and apply

<https://internshala.com/internship/detail/work-from-home-part-time-welfare-support-charity-drive-internship-1-week-internship-at-odisha-development-management-programme-odmp1763961790>

## INAMIGOS FOUNDATION

### Work from home

**Start date:** Immediately

**Duration:** 2 Weeks

**Stipend:** ₹ 4,500 - 6,500 /month

**Apply by:** 26 Dec' 25

### About the Internship

InAmigos Foundation is a non-profit organization registered under Section 8 and licensed by the central government. It has 200+ volunteers from different parts of India. The purpose of our organization is to promote arts, commerce, sports, protection of the environment, and all. The only religion followed by our organization is 'humanity'.

### Benefits

Certificate

Flexible work hours

### Who can apply

Only those candidates can apply who:

1. are available for the work from home job/ internship
2. can start the work from home job/ internship between 26th Nov'25 and 31st Dec'25
3. are available for duration of 2 weeks
4. have relevant skills and interests

### To know more and apply

<https://internshala.com/internship/detail/work-from-home-part-time-crowdfunding-internship-at-she-can-foundation1753706423>



SUSINDHAR S  
(I MSW)

# MSW JOB OPPORTUNITIES

1. Senior Program Manager  
Digital Empowerment Foundation (DEF)  
Location: Delhi  
Job ID: [https://www.devnetjobsindia.org/JobDescription.aspx?Job\\_Id=281909](https://www.devnetjobsindia.org/JobDescription.aspx?Job_Id=281909)  
Job email ID: rizwan@defindia.org & shweta@defindia.org  
Apply by: 28th December 2025

2. Mobilization Executive  
PanIIT Alumni Reach for Madhya Pradesh Foundation (PARAM Foundation)  
Location: Madhya Pradesh  
Job ID: [https://www.devnetjobsindia.org/JobDescription.aspx?Job\\_Id=281890](https://www.devnetjobsindia.org/JobDescription.aspx?Job_Id=281890)  
Job email ID: dhirendra.b@parfi.org  
Apply by: 31st December 2025

3. Program Officer  
Concern For Humanity  
Location: South Delhi, Delhi  
Job ID: [https://www.devnetjobsindia.org/JobDescription.aspx?Job\\_Id=281846](https://www.devnetjobsindia.org/JobDescription.aspx?Job_Id=281846)  
Job email ID: info@concernforhumanity.org  
Apply by: 27th December 2025

4. Field Facilitator  
The PRIDE India  
Location: Jawhar, Maharashtra  
Job ID: [https://www.devnetjobsindia.org/JobDescription.aspx?Job\\_Id=281828](https://www.devnetjobsindia.org/JobDescription.aspx?Job_Id=281828)  
Job email ID: hr@prideindia.org  
Apply by: 27th December 2025

5. MEAL Officer – Child Protection  
Bal Kalyan Sangh  
Location: Ranchi, Jharkhand  
Job ID: [https://www.devnetjobsindia.org/JobDescription.aspx?Job\\_Id=281836](https://www.devnetjobsindia.org/JobDescription.aspx?Job_Id=281836)  
Job email ID: shivanipriya@bksranchiorg.in  
Apply by: 27th December 2025

Source: <https://www.devnetjobsindia.org/>

6. Project Coordinator  
The PRIDE India  
Location: Jawhar, Maharashtra  
Job ID: [https://www.devnetjobsindia.org/JobDescription.aspx?Job\\_Id=281827](https://www.devnetjobsindia.org/JobDescription.aspx?Job_Id=281827)  
Job email ID: hr@prideindia.org  
Apply by: 27th December 2025

7. Program Manager – Urban & Rural Skilling Programs  
Smile Foundation  
Location: New Delhi, Delhi  
Job ID: [https://www.devnetjobsindia.org/JobDescription.aspx?Job\\_Id=281823](https://www.devnetjobsindia.org/JobDescription.aspx?Job_Id=281823)  
Job email ID: jobs@smilefoundationindia.org  
Apply by: 27th December 2025

8. State & District Program Managers-Foster Care Centre of Excellence in Alternative Care (CEAC)  
Location: Chhattisgarh  
Job ID: [https://www.devnetjobsindia.org/JobDescription.aspx?Job\\_Id=281795](https://www.devnetjobsindia.org/JobDescription.aspx?Job_Id=281795)  
Job email ID: ceac@alternativecareindia.org  
Apply by: 21st December 2025

9. Centre Manager  
Lokbharti Education Society  
Location: Rohini Sector 22, Delhi  
Job ID: [https://www.devnetjobsindia.org/JobDescription.aspx?Job\\_Id=281780](https://www.devnetjobsindia.org/JobDescription.aspx?Job_Id=281780)  
Job email ID: sachin.sharma(at)lokbharti.ac.in  
Apply by: 26th December 2025

10. Manager – Partnerships, Fundraising & Digital Communications  
Access Livelihoods  
Location: Hyderabad, Telangana  
Job ID: [https://www.devnetjobsindia.org/JobDescription.aspx?Job\\_Id=281762](https://www.devnetjobsindia.org/JobDescription.aspx?Job_Id=281762)  
Job email ID: hr@accesslivelihoods.org  
Apply by: 25th December 2025



SIDHARTH P S  
(I MSW)



## IMPORTANT DAYS - DECEMBER

Dec 1 - World AIDS Day  
 Dec 2 - International Day for the Abolition of Slavery  
 Dec 3 - International Day of Persons with Disabilities  
 Dec 4 - Wildlife Conservation Day  
 Dec 5 - International Volunteer Day  
 Dec 5 - World Soil Day  
 Dec 6 - Mahaparinirvan Din  
 Dec 7 - Armed Forces Flag Day  
 Dec 7 - International Civil Aviation Day  
 Dec 8 - Bodhi Day  
 Dec 9 - International Anti-corruption Day  
 Dec 10 - Nobel Prize Day  
 Dec 10 - International Animal Rights Day  
 Dec 10 - Human Rights Day  
 Dec 11 - International Mountain Day

Dec 11 - UNICEF Birthday  
 Dec 12 - International Day of Neutrality  
 Dec 12 - International Universal Health Coverage Day  
 Dec 14 - Hanukkah  
 Dec 14 - Monkey Day  
 Dec 18 - International Migrants Day  
 Dec 20 - International Human Solidarity Day  
 Dec 21 - Winter Solstice  
 Dec 23 - National Farmers Day  
 Dec 24 - Christmas Eve  
 Dec 24 - National Consumer Day  
 Dec 25 - Christmas  
 Dec 26 - Kwanzaa  
 Dec 27 - International Day of Epidemic Preparedness  
 Dec 31 - New Year's Eve



SIDHARTH P S  
(I MSW)

Source - <https://www.calendarr.com/india/calendar-december-2025/>

# ALUMNI CORNER



**Name**

**Sakthi Sree K**

**Roll number**

**CB.SW.P2MSW21030**

**Batch**

**2021 - 2023**

**Mobile number**

**8870333759**

**Email address**

**dr.sakthisree23@gmail.com**

**Present Organisation details**

**Kalasalingam Academy of Research  
and Education, Virudhunagar Dist,**

**Job title**

**Assistant Professor, Department of  
Social Work**

## 1. How was your life at Amrita?

My life at Amrita was truly transformative. Studying MSW (Community Development) in the Department of Social Work didn't feel like just an academic journey it felt like a deeply personal evolution. The environment at Amrita nurtured me in a way that balanced discipline, compassion and spiritual grounding. The classroom learning was rich, but what impacted me even more were the field visits, rural camp and interactions with people from diverse backgrounds. They made me understand the real essence of social work not as a subject, but as a way of life rooted in empathy and responsibility. The faculty members were not just teachers; they were mentors who modelled integrity, sensitivity, and a genuine commitment to society.

## 2. What are the key skills that you learned at Amrita that helped your career?

Studying at Amrita helped me build a set of

core skills that continue to shape my career as an Assistant Professor. The MSW program gave me not just academic grounding, but also a practical and value-based skill set that now influences the way I teach, mentor and engage with students. Another key area of growth was communication and facilitation skills. Presentations, community meetings and group activities helped me develop confidence in teaching, conducting discussions, and engaging diverse audiences. This now translates into creating an interactive, student-centred classroom environment

## 3. How is the current scope of Social Work?

The scope of Social Work today is very practical, with MSW graduates working across corporates, hospitals, NGOs, and government sectors. Many large companies like Tata Group, Infosys Foundation, Wipro, Reliance Foundation, HCL Foundation, TVS and L&T hire social workers for CSR, HR support, employee well-being, and

community development projects. In the health sector, hospitals such as Apollo, CMC Vellore, MIOT, Meenakshi Mission and government medical colleges regularly recruit medical and psychiatric social workers. NGOs and international organisations like UNICEF, World Vision, Save the Children, CRY, Pratham, and DHAN Foundation employ MSW graduates for fieldwork, programme coordination, research, and project management. There is also strong demand in government welfare departments, ICPS, DCPU, disability rehabilitation, livelihood missions, and in schools and colleges for counselling and student support roles. Overall, the field offers meaningful, people-centred careers with growing opportunities across sectors.

#### **4. What message would you like to give to the current MSW students?**

Remember that social work is not just a degree it's a commitment to people. Stay grounded, stay compassionate, and take every fieldwork experience seriously. The more you connect with real communities, the stronger and more meaningful your future as a social worker will be.

#### **5. What are your key responsibilities in the present job?**

In my current role as an Assistant Professor, my key responsibilities include teaching and

mentoring students, guiding them through fieldwork and research, preparing academic content and creating a supportive learning environment. I also coordinate with NGOs and agencies for student placements, contribute to departmental activities, and take part in curriculum development, evaluation and academic planning. Along with this, I engage in research, documentation, and outreach initiatives that strengthen both the department and the community we serve.

#### **6. Who is your inspiration?**

My biggest inspirations have been Dr.S. Kanagaraj, Dr.V.Priya, Mr.Varunanvelu, Dr.T.Sathishkumar, Dr.P.Rangasami and all the faculty members at Amrita, Department of Social Work. Their dedication, humility and genuine passion for social work shaped not only my academic journey but also the way I see people, communities and this profession. They inspired me to grow, to stay grounded, and to carry forward the values they taught with so much sincerity.

#### **7. Anything else you would like to share?**

I would just like to share that MSW is a beautiful journey make the most of your fieldwork, learn from people and enjoy the process. These experiences will stay with you long after the degree is over.

## UGC NET QUESTIONS PAPER III SOLVED JUNE 2019

1. The statement that “social group work is concerned with normal persons and social casework with abnormal persons” may be considered as

- (A) completely wrong and incorrect statement
- (B) partially correct statement
- (C) partially incorrect statement
- (D) one of the goal of the social work

2 ‘The concept of ‘Gestalt’ meaning ‘in its totality’ or ‘in aggregate configuration’ formed as a result of interaction between client and environment is used in

- (A) Social case work
- (B) Social group work
- (C) Community organisation
- (D) Social work research

3. Social group work is basically related with

- (A) development of the identity
- (B) development of the personality
- (C) development of standard programmes
- (D) development of ways of working for group members

4. Which of the following stages of programme development in community organisation are

In . order.

- (A) Initial stage, middle stage, expansion stage and institutionalising programme stage
- (B) Initial stage, expansion stage, middle stage and institutionalising programme stage
- (C) Initial stage, institutionalising programme stage, middle stage, expansion stage
- (D) Expansion stage, initial stage, middle

5. Which of the following are four core stages of social work profession in evolutionary manner?

- (A) Charity, Development , Welfare and Empowerment
- (B) Empowerment, development, Welfare and Charity
- (C) Charity, Welfare, Development , and Empowerment
- (D) Development , Welfare, Charity and Empowerment

6. All forms of physical, sexual, verbal, emotional and economic abuse that can harm, cause, injury to endanger health safety, life or well being either mental or physical of the aggrieved persons are covered under

- (A) Sexual harassment
- (B) Domestic violence
- (C) Molestation
- (D) Criminal intimidation

7. Which are the typical characteristics of bureaucrats?

- (A) Dependence on regulations
- (B) Impersonal relations
- (C) Great votary of rules and procedures
- (D) Indifference from rights and privileges of office

Choose the correct answer from the options given below :

- 1. (a) and (d) only
- 2. (a), (b) and (d) only
- 3. (a), (b) and (c) only
- 4. (a), (b), (c) and (d)

8. The influence of a rater's general impression on ratings of specific ratee qualities is known as

- (A) Halo effect
- (B) Leniency problem
- (C) Recency effect
- (D) Unclear standards problem

9. Arrange the stages of research process, after data collection, in correct sequence.

- (A) Editing the filled in tool, Coding, report writing, tabulation
- (B) Coding, report writing, editing the filled in tool, tabulation
- (C) Editing the filled in tool, coding, tabulation, report writing
- (D) Report writing, editing the filled in tool, coding, tabulation

10. 'Social Planning' is referred to as "-----" when it takes place in community settings.

- (A) Micro Planning
- (B) Neighbourhood Planning
- (C) Mezzo Planning
- (D) Grass Root Level Planning

#### ANSWER KEY

OPTION A

OPTION A

OPTION B

OPTION A

OPTION C

OPTION B

OPTION C

OPTION A

OPTION C

OPTION B



SUSINDHAR S  
(I MSW)





# AMRITA

## VISHWA VIDYAPEETHAM

— DEEMED TO BE UNIVERSITY —

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