



**AMRITA**  
**VISHWA VIDYAPEETHAM**  
DEEMED TO BE UNIVERSITY UNDER SECTION 3 OF UGC ACT, 1956

**Coimbatore**

# **NSS SPECIAL CAMP**

**REPORT**

**UNIT – II**

**July 8, 2024 – July 12, 2024**



**Village:** Ettimadai

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## Introduction

Guided by the principles of the National Service Scheme (NSS), UNIT II embarked on a mission to enhance the educational experience at Ettimadai Government School.



## NSS Unit II

Embracing the NSS motto, "Not Me, But You," our dedicated volunteers set out with the aim of offering valuable services and engaging experiences to the students and staff of the school. This report highlights the meaningful activities and interactions that took place throughout the course of our special camp.

# DAY 1

## Planning and Local Community Engagement at Ettimadai Government School

**Date:** 08-07-2024

**Location:** Government High School, Ettimadai Village

### Agenda

#### Morning session:

The morning of 08-07-2024, began with a sense of enthusiasm and purpose. Our NSS volunteers gathered at our college at around 9:30 AM, ready to embark on our journey. After a short trip, we arrived at the Ettimadai Government School at approximately 9:45 AM.

activities and initiatives we intended to undertake. This planning session was crucial in ensuring that our camp would run smoothly and effectively.



Following this session, Dr. Alagiri, specializing in acupuncture and Siddha medicine, shared insights on mudras and pranayama's for managing common ailments. He highlighted that "health is not just the absence of illness but a state of well-being," stressing the role of a positive mindset in health management.



#### Afternoon session:

Post-lunch, our UNIT II NSS volunteers went around the village to announce and invite the local residents for our "Health Checkup" drive, specifically focused on

people suffering from sugar and thyroid issues. The enthusiasm of our volunteers was palpable as they went door-to-door, spreading the word about the upcoming health drive. The villagers responded warmly, showing great interest in the health services we planned to provide.



### **Conclusion:**

Day 1 was a success, focusing on effective planning and health awareness. Dr. Veera Alagiri's session on acupuncture and Siddha medicine underscored holistic well-being. Volunteers' enthusiastic outreach for the health checkup drive received a warm response from villagers, setting a positive tone for future activities. We look forward to continuing our impactful initiatives on Day 2.

## DAY 2

### Community Engagement and Health Initiatives at Ettimadai Government School

**Date:** 09-07-2024

**Location:** Government High School, Ettimadai Village

#### Agenda

#### **Morning session:**

##### **Activity 1: Health Camp for Local Residents**

On Day 2, we held a health camp for Ettimadai village residents. Dr. Alagiri consulted patients, focusing on diabetes and thyroid issues, and provided natural remedies, acupuncture, and lifestyle advice. The camp was well-received, with many residents benefiting from personalized consultations and gaining valuable health awareness.



##### **Activity 2: Cleaning and Painting of Walls and School Main Gate**

Our volunteers cleaned and painted the outer walls of the school and its main gate. The fresh white paint revitalized the school's appearance, fostering a sense of pride among students and the community. This activity aimed to enhance the school environment and inspire community involvement in maintaining public spaces.



## Afternoon session: Volunteer Interaction with Students

### Activity 3: Embedded and IoT Demonstration

To spark interest in IoT, our volunteers demonstrated basic projects to the students. These hands-on demonstrations helped students understand the practical applications of IoT technology, encouraging their curiosity and enthusiasm for learning more about it.





#### Activity 4: Spell bee Contest and other fun games

We organized an engaging spell bee contest along with other fun brain-teasing games, to enhance the students' vocabulary and spelling skills. The friendly competition fostered a fun learning environment, with students eagerly participating and cheering for their peers.





**Activity 5: Origami Workshop**

Our volunteers demonstrated various designs and guided the students to create their own. This activity was met with great enthusiasm, as students enjoyed the creative process and proudly displayed their handmade origami pieces.



### Activity 6: Impact of nature and science

Our faculty co-ordinator, Mr. M.E. Harikumar, delivered an insightful talk on the importance of science in everyday life. He highlighted the role of scientific thinking in problem-solving and encouraged students to pursue their interests in scientific fields.



### Conclusion:

Day 2 was a success, focusing on student engagement and community interaction. The IoT projects, spell bee contest, and origami workshop ignited students' interest, while Mr. Harikumar's talk on science inspired critical thinking. The day ended with a sense of achievement and excitement for upcoming activities.

## DAY 3

### Community Art, Health Initiatives, and Educational Engagement

**Date:** 10-07-2024

**Location:** Government High School, Ettimadai Village

#### Agenda

#### Morning session:

##### Activity 1: Painting the Main Gate and School Walls

The morning session began with volunteers continuing the painting of the main gate and the school walls. This task aimed to enhance the visual appeal of the school, making it a more welcoming place for students and staff.



##### Activity 2: Painting and drawing on the Outer Walls

Volunteers then focused on painting the outer walls of the school and drawing inspiring pictures. These colourful and motivational images aimed to create a positive and stimulating environment for the students



### **Activity 3: Preparing Charts with Inspiring Messages**

Volunteers prepared charts with inspirational messages to be pasted in the classrooms. These charts were designed to motivate students and encourage a positive mindset towards learning and personal growth.



### **Activity 4: Continuing the Health Camp**

The health camp from Day 2 continued, providing essential medical consultations to the residents. Dr. Veera Alagiri focused on diabetes and thyroid issues, offering natural remedies and lifestyle advice, further promoting health awareness in the community.

#### **Afternoon session:**

##### **Activity 1: Educational Talk on Medicinal Plants**

In the evening, Dr. Veera Alagiri educated the students on the properties of various medicinal plants. His session aimed to increase students' awareness of natural remedies and the importance of plants in maintaining health.



### Activity 2: Fun Math and Brain Teasing Games

The day continued with fun math games and brain teasers for the students. These activities not only entertained the students but also taught them the importance of teamwork and critical thinking, enhancing their problem-solving skills in a fun and engaging way.



### Activity 3: IoT Demonstrations and Art Activities

IoT demonstrations for higher classes continued, showcasing basic projects to spark interest in technology. Meanwhile, lower classes were engaged with art activities such as drawing with numbers and origami. These creative activities aimed to develop fine motor skills and encourage artistic expression among the younger students.



### Conclusion:

Day 3 was productive and engaging, with activities focusing on environmental awareness, health, and education. The morning saw continued efforts in painting and beautifying the school, along with a successful health camp. The evening sessions were filled with educational talks, creative activities, and fun games, enriching the students' learning experience.

## **DAY 4**

### **Health, Creativity, and Empowerment**

**Date:** 11-07-2024

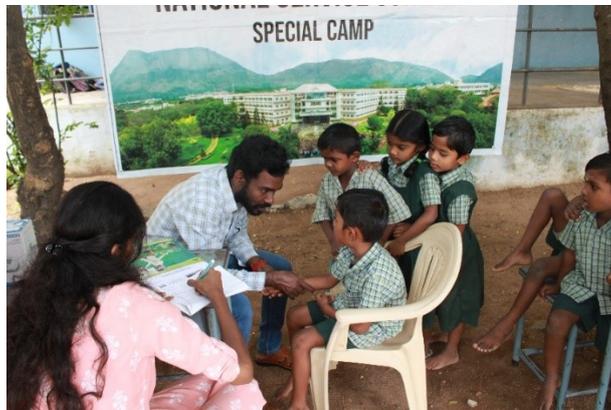
**Location:** Government High School, Ettimadai Village

#### **Agenda**

#### **Morning session:**

##### **Activity 1: General Health Checkup for Students**

On Day 4, we started with a general health checkup for all the students at Ettimadai Government School. This checkup aimed to ensure the well-being of the students and identify any health issues that needed attention.



##### **Activity 2: Continuing Painting and Drawing on School Walls**

Our volunteers continued painting and drawing inspiring pictures on the walls both outside and inside the school premises.



### Activity 3: Scraping and Painting Stair Rails

Volunteers scraped dirt and old paint from the stair rails and applied a fresh coat of paint. This activity not only improved the school's aesthetics but also ensured the safety and cleanliness of the stairways.



### Afternoon session:

#### Activity 1: Talk on "Bad Touch and Good Touch" and Hygiene for Higher Class Girls

In the evening, our volunteers conducted a session for higher class girls on the concepts of "bad touch and good touch" and girls' hygiene and sanitation. This talk aimed to educate and empower the girls with important knowledge about personal safety and health.



#### Activity 2: Chess and Sudoku

Chess and Sudoku sessions were conducted to improve students' critical thinking and problem-solving skills. These activities helped enhance their concentration and cognitive abilities while making learning fun and engaging.



### Activity 3: Yoga Session for Students

We organized a yoga session for the students, demonstrating various poses and mudras. The session highlighted the benefits of yoga for physical and mental well-being, encouraging students to incorporate these practices into their daily routines.



### Activity 4: Outdoor Physical Games

To promote physical activity, we conducted outdoor games for the students. These games aimed to encourage a love for sports and outdoor activities, emphasizing the importance of physical fitness and teamwork.



We had a surprise visit from our chairperson, Dr. N Madhu Mohan, to ensure all the work was going well. He expressed his satisfaction with the work done so far, providing encouragement and motivation to all the volunteers.

**Conclusion:**

Day 4 was a great success, combining health initiatives, creative activities, and educational sessions. The general health checkup ensured the well-being of students, while ongoing painting projects enhanced the school environment. Educational talks and yoga sessions empowered students with knowledge and well-being practices. As we approached the end of our camp, we eagerly anticipated Day 5, ready to implement new ideas and conclude our activities on a high note.

# DAY 5

## The Finale Day

**Date:** 12-07-2024

**Location:** Government High School, Ettimadai Village

### Agenda

#### Morning session:

##### Activity 1: Informative painting of the outer wall

The day began with the volunteers finally completing all the pending painting work on the walls and pictures, adding a vibrant and inspiring atmosphere to the school. The painting of the stair rails was also finished, ensuring a fresh and neat look.



##### Activity 2: Conduct of competitions for lower grade kids

Students were given topics and were asked to prepare for the competitions (elocution, drawing, and essay writing) scheduled for the post-lunch session.



**Activity 3: General Health Checkup for Students**

Dr. Alagiri continued the health camp for higher class students, providing essential health checkups and advice.



**Afternoon Session:**

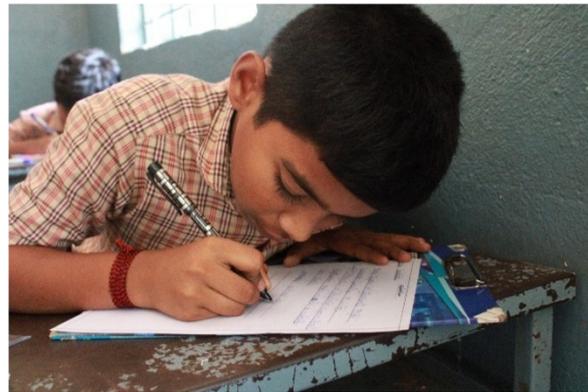
**Activity 1: Conduct of Art competition**

An art competition was conducted for all classes with topics such as "Nature & Its Beauty" for classes 1-3 and "My Village" for classes 4-8.



### Activity 2: Conduct of essay competition

An essay competition was held for classes 4-8, with topics including "The Dream of Abdul Kalam" and "The Progress of Education Towards It."



### Activity 3: Conduct of rhymes

An elocution competition was organized, with topics like "Rhymes" for classes 1-3 and "Bharath's Technological Advancements" for classes 4-8.

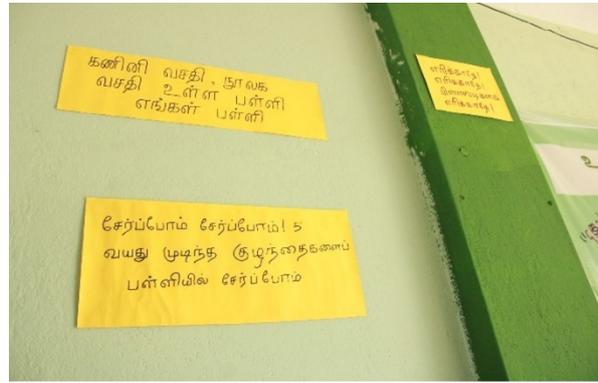
### Activity 4: Conduct of medical camp for school faculties

A health checkup was provided for the school staff, ensuring their well-being. They were provided with accupressure and sidha treatment.



### Activity 5: Completion of the painting and poster activity

All the posters prepared during the camp were put up on the walls of the main building, enhancing the school's visual appeal and motivational atmosphere.



### Activity 6: Prize distribution

The day concluded with a prize distribution ceremony for all the winners, attended by the school HM and our chairperson, adding a memorable and celebratory end to the camp.



Our NSS unit gifted the school with chessboards and medical kits. The chess boards aim to encourage strategic thinking and enhance the students' cognitive skills through the game of chess. The medical kits, equipped with essential first aid supplies, are intended to ensure the health and safety of the students and staff.



### **Conclusion:**

Overall, the NSS special camp fostered a sense of accomplishment and unity among all participants, setting a positive example for future endeavors. The volunteers' dedicated efforts, the support from the school staff, and the guidance from the chairperson and coordinators ensured the camp's success, making it a truly rewarding and transformative experience for everyone involved.



Our NSS UNIT II had the privilege of taking a photo with our esteemed Chairperson, Dr. N Madhu Mohan. This memorable moment highlighted the support and encouragement we received throughout our camp activities.



## Additional works carried out during the period of camp:

**Main Gate:**

**Before:**



**After:**



**Schools Exterior Walls:**

**Before:**



**After:**



**Scraping Old Paint Off the Temple's Exterior Walls:**

**Before:**



**After:**



**Stair rails:**  
**Before:**



**After:**



**Side walls:  
Before:**



**After:**



**School decorations:  
Before:**



**After:**



Finally, the day ended with the HM of the school conveying her warmest wishes and thanks to our volunteers for their excellent work. She expressed her happiness with the neat and thorough job we did and appreciated the way we interacted with the students. With her heartfelt words, our five-day camp came to an end, leaving us with a sense of accomplishment and fulfillment.



Throughout the camp, we were united by our purpose but divided by our tasks. We carry with us the lessons learned, cherished memories, and strengthened resolve to work towards a more sustainable, harmonious, and compassionate world. Seeing their joy was a valuable opportunity to share knowledge and learn life lessons. We thank our faculty in charge, Mr. M E Harikumar, our chairperson, Dr. N Madhu Mohan, the school HM, and all the management for giving us this invaluable opportunity to serve and learn.